

*York* **INSIDE: THE LATEST ICE CREAM TIPS FROM YOUR NEIGHBORS! SEE PAGE 21!**

# The Independent

*The hometown voice of the greater York region*

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Aug. 13 - 26, 2010 Volume 12 ~ Issue 15

# PATHWAY TO THE PAST

**TWO MILES OF WALKWAY  
REVEAL THREE CENTURIES  
OF YORK HISTORY P6**



# Two miles, too many stories

By **DAN SZCZESNY**  
The York Independent

Through the months, as I've explored and worked in the Yorks, I constantly found myself walking from place to place on one path or another—particularly in the summer, when parking was scarce and the sound of waves on rocks beckoned.

At various times I found myself on the Cliff Walk, at the harbor beach, on one of the wharves and then on Fisherman's Walk. It occurred to me that I could cobble together a whole long walk that encompassed not only all of York's history, but its current living workings as well. So, that's what we did in this issue.

It's an odd two miles, full of all the quirks and character of an old area that hasn't quite yet become the stomping grounds of tourists. In fact, it may be the only place left in York that hasn't been overrun with t-shirt and souvenir shops.

Without trying, I came across so many tales, it was hard to fit them in. For example: in the area of the cliffs where I tried (and failed) to figure out a way to get into the old Fergus Reid estate, the classic story tells of a town selectman becoming so infuriated after the owners constructed a gate across the path that he



Dan Szczesny

ripped it out and threw it into the ocean. Did that happen?

Another scarier story tells of a Klu Klux Klan rally being held long ago near the Wiggley Bridge and the burning cross

being seen from various parts around the harbor. Is that true?

I also learned that John Hancock owned only half the Hancock Wharf, that Mark Twain was a terrible golfer, that Lucky Lindy stopped here on his honeymoon and that Gen. Billy Mitchell landed war planes on Long Sands. And that's just in two miles!

But even more important than the history of the harbor is the fact that the life blood of what was once York is still in fact the life blood of today's York. Descendants of the Donnells are still fishing and selling lobsters. The Steedmans still protect and care for those woods.

The past is tied to the present, the connection along those two miles is still strong, and real. If you're really interested in York, and you've had your fill of soft serve and flip flops, take a walk along the harbor trails. You'll feel better for it, and the views are just as good.

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JEFF RAPSIS PHOTO

Michaël Boodoo, a visitor from Quebec, braves the sort-of-crosswalk on Route 1 in Cape Neddick.

## COMMUNITY NEWS

# DON'T WALK HERE...

...without looking very carefully both ways

Many York residents are wondering what it will take to get the attention and needed funding to make the intersection of Route 1 and River Road in Cape Neddick more safe for pedestrians.

Alexandra Mahabir was hit by a car at the intersection on Saturday, July 17 at 9 p.m. Two of the bones in Mahabir's right leg were broken, and she has since had to have them reinforced with a permanent titanium rod.

Still, the Department of Transportation has looked at the traffic in the area and determined that it is not among the most problematic intersections in the state.

Rob Pinkham, co-owner of the Roost Bistro Cafe at the intersection, said he has seen at least 15 near-accidents at the spot, and has a friend who was rear-ended there. He said that the issue is that people drive very fast around the corner and aren't prepared for people turning into businesses like the Roost Bistro Cafe and Cat 'N Nine Tale General Store. They often swerve to the right of the vehicle at the last second, and "if anyone is walking there on the shoulder, they're dead," Pinkham said.

"The traffic through there is so fast that it's scary," Pinkham said. "I'm waiting for someone to drive into our patio."

This isn't the first time the safety of this intersection has been called into question by the community. After several accidents occurred at the intersection, about 30 residents met with state traffic engineers to explore solutions for the dangerous intersection. At that time, it was determined that a traffic light would be problematic due to the many

cars that pull out of parking lots at nearby businesses. The idea to install a blinking yellow light was raised, but that solution would mean placing a pole outside the historic Pie in the Sky Bakery, which may be met with opposition from the Maine Historical Commission.

Another possible solution would be an established crosswalk, in addition to the movable pedestrian signs that are currently there. The Public Works said they could not put in crosswalks because there are no sidewalks at the intersection.

Pinkham said that he has seen these pedestrian signs run over multiple times because people don't see them, an indication that those, and the blinking light that reminds drivers of the 25 mph speed limit, aren't working.

Pinkham said that speed bumps or even a small roundabout would be necessary to keep drivers' speed down.

All of these solutions would require considerable funding, but the town could try to get grant money from programs like the Safe Roots to School Program, which aims to create safer roadways so that children can walk to and from school.

One issue that may be harder to fix but doesn't cost anything to fix, is the attentiveness of drivers. A witness of the accident, Fritz Schermer, said that the driver of the car that hit Mahabir, David Williams, appeared very inattentive. Other store owners and residents of the area have also voiced concerns that many people who drive through the intersection simply aren't paying attention.

—Madeleine Staub

**York Independent**  
The Independent

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## COMMUNITY NEWS

# Healthy seashore, or not?

Water tests raise questions about local beaches

By **MADELEINE STAUB**

The York Independent

Sun, surf, sand, and bacteria. The Natural Resources Defense Council's 20th Annual Water Quality Beach Report makes it look as though beach-goers who frequent local beaches are getting a sizable dose of all of these things.

The survey, released recently, included Long Sands Beach, Short Sands Beach and Central, North End and Ocean Park Old Orchard Beaches. Each got only one of five possible stars in the report. They all failed water quality standards in the past three years and failed to post advisories and closings on a timely basis.

But Keri Lindberg, Program Coordinator of the Maine Healthy Beaches Program, said people should not avoid the ocean in York County, because there are important elements the report does not consider.

While Short Sands Beach failed 13 percent of water quality tests for the second year in a row, several York County beaches saw a spike in water contamination. The three Old Orchard Beaches mentioned went from failing no tests in 2008 to failing between 6 and 13 percent in 2009. Lindberg said these spikes can be attributed to the massive amount of rainfall that drenched the Northeast last summer. Contaminated runoff pours into York County beaches, especially in Cape Neddick and Short Sands Beaches, where a significant number of streams that flow into them.

If the high percentages scare you, they are lower this summer because there has been much less rainfall. The percentages also appear high because even one spike in the bacteria level during the weekly tests can cause a high percentage failure rate due to Maine's short beach season.

"Any one exceedence is amplified because there are only 30 records," Lindberg said.

Another issue the report brought up was that York beaches failed to post advisories and closings quickly. Lindberg said this was misleading because there are legitimate reasons for waiting to post the advisory. When York sends out water to be tested, the results don't come back until 24 to 36 hours later,

and by then the bacteria levels could be back down to acceptable levels of under 104 parts per 100 milliliters of sample water.

The York beaches make a point of checking water in the "high risk" areas, such as storm drain openings and stream mouths. Oftentimes they will wait on posting advisories if there has been a recent rainfall or other event that would cause a sudden, but short-lasting spike. When they notice a spike, they send the water in for retesting, and 94 percent of the time, the resamples come back clean.

Lindberg said York has been an impressive leader in working toward achieving high water quality.

"They are probably one of the most proactive communities in the program," Lindberg said.

York hasn't limited their efforts to the beach.

"The bacteria that we monitor for doesn't tell us if it's human or non-human waste," Lindberg said. She said that studies have shown that human illness is generally more closely correlated to human waste.

"Someone's septic tank way up in the watershed could be causing the contamination on that beach," Lindberg said.

York has worked to educate homeowners in the area that pumping and maintaining septic systems is important to keeping the water clean. Lindberg said the whole town must be on board, including town officials, plumbing regulators, and the parks and recreation department. She said Beach Manager Mike Sullivan has been an exemplary leader in the effort to keep beaches safe. Sullivan uses the data and from the Healthy Beaches Program and presents it to the selectmen so that the town can work together to fix the issue.

"It's evolved and it's really been spearheaded by Mike," Lindberg said.

Lindberg said that if people worry about bacterial contamination, which can lead to health issues, they should avoid swimming after it has rained and try not to swallow water.

"If you're feeling gastrointestinal illness, go to your physician because they're the ones that need to report it to the CDC," Lindberg said.

## GREEN MACHINE



COURTESY PHOTO

Three new hybrid diesel-electric buses rolled out June 26 on Shoreline Explorer routes: the Kennebunk Shuttle, Shore Road Shuttle and Sanford Ocean Shuttle. York County Community Action Corporation operates the three shuttles as part of the Shoreline Explorer, a seasonal network of public and private trolleys and buses linking Kennebunk, Kennebunkport, Wells, Ogunquit, York and Sanford. For more info, visit [www.shorelineexplorer.com](http://www.shorelineexplorer.com).

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AUDREY GOTTLIEB

## Q &amp; A

## THE PHOTOGRAPHER

By **TARYN PLUMB**  
The York Independent

Camera in hand, she watches the world. Europe, Africa, South America, the U.S.—chronicling shepherds tending sheep; women draped in colorful fabric; fields of ruffled sunflowers; umbrella-stuffed beaches; rippling Mediterranean waters; sunwashed Grecian architecture; carnivals with their lights and endless swirl of action.

The world is beauty and chaos—and for decades, York photographer Audrey Gottlieb has been there to capture it.

**Name:** Audrey Gottlieb

**Lives in:** York

**What are your favorite subjects to photograph?**

It depends on my mood. I love photographing people, celebration, rituals, traditions. I also love photographing landscapes and cloud formations. I like to be an observer and also to belong—which is hard. Maybe I’m a bit of a voyeur: I like to sit in a park or at an amusement park or

an agricultural fair, watch people absorbed in what they’re doing. At parks and fairs, it’s the color and the light and the kitsch, the loud music, the whole atmosphere.

“What I try to do is maintain the integrity of whatever it is I’m photographing...”

**Where has your photography taken you?**

I went on my very first European tour the summer of my junior year in college. I would consider Europe the highlight of my life, it opened up so many horizons for me. At that point, I had a little Kodak Instamatic. I arrived in Holland; we toured France, Italy, Switzerland. I still have the pictures from that trip. (Since), I’ve been to France, Italy, Greece—I spent 12 years of my life off and on in Greece, and



DANE KALLOO PHOTO

I worked for the U.N. in Somalia. I have some pretty interesting work from that period of time, which captures Somali people, not the war aspect as much. I’ve been to Kenya, Japan—I loved being in Japan, I spent six weeks photographing a cherry blossom festival, staying with friends. I learned “May I take your photograph, please?” in Japanese. I’ve been to Ecuador, Argentina; I used to travel as a courier. You can’t keep me down, I need to explore. I’ve dreamed of traveling since I was a kid—it was the influence of “Pinocchio,” “Heidi,” Aesop’s Fables. I would consider myself a traveler as opposed to a tourist. I really like traveling independently. I can get up when I want to get up, first thing in the morning when the light is just starting to come up beautiful. I walk a lot and photograph.

**What do you use for a camera?**

I went from a Brownie box camera to a Nikon D100, one of the first of the digital SLRs.

**Ultimately, what do you want people to take away from your work?**

I want people to feel the intensity of what I felt when I took the picture. It’s basically to evoke a feeling.

**What adjectives would you use to describe your pictures?**

Funny, honest, painterly, pretty, educational, enlightening, illuminating. (My pictures) have a classic quality. I’m also a very reactive photographer. I don’t always

plan—and often when I do, it turns out to be something totally different. What I try to do is maintain the integrity of whatever it is I’m photographing. If it’s a person, I want to make sure I portray their dignity, or pride. In Greece, I photographed a lot of elderly ladies—they all had a sort of wisdom that came across visually.

**What initially spurred your interest in photography?**

I’ve been doing it since I was 8 years old (growing up in New Jersey). I got my first camera, which was a Brownie box camera, and I remember taking a family trip, a big excursion, to the Bronx Zoo. They were the first photographs I ever made, square photographs with dolloped edges. It played such an important part in my life to be able to hold these little snapshots in my hand and feel the memories.

(Later), when my mom ran a day camp, the head counselor taught me the darkroom, which we had in the cellar. That’s when the magic of black and white photography really came alive for me. That dark room was the same place where my parents, when they ran a chicken farm, candled eggs. That’s when you put the eggs on a scale and shine a light through to see if there are any imperfections. If there are, you see a silhouette of something, and you cannot sell them. I think that the visual contrast of black-and-white might have come to me from watching and helping my parents candle the eggs.

**What did you like so much about the**



### darkroom process?

The magic of putting a piece of paper into the developer tray after exposing it without being able to see any picture at all. And all of a sudden the image you exposed starts forming in the dark with only the light from the red safe light. To this day, I still get excited if I watch a photograph being printed. And what you can do in the dark room is more than what people think—you can darken or lighten parts, work with chemicals to make things disappear.

### What was it like switching from film?

I didn't (switch over) right away, I was really stuck on film. But within just 12 months time, everything changed. Now everybody's a photographer. Digital has revolutionized the world. The whole realm of photography has changed. I'm still not completely won over by digital. It's not tactile. But it has its pluses and its minuses. It's a lot more economical, more efficient, it can do things very quickly. One of the biggest pluses is it's not as destructive to the environment as film chemicals have been. When I think of the harsh chemicals that have been dumped into our pipes, it makes me rationalize digital a lot more easily. But, as an artist, I really like the quality of film, because it's alive. I used to shoot Kodachrome. I still have my film cameras, but I'm not shooting in film anymore.

### As for the travel—any future trips planned?

I have places I'm dreaming about going. I would love to go to India. I have nothing coming up because I'm so involved here. But if something interesting came up, I'd be on the next plane.

### What have you learned from your experiences traveling?

I learned that family always comes first,

“To this day, I still get excited if I watch a photograph being printed.”

no matter what culture you are. I learned early on to be as diplomatic as possible, but to also ask questions. I learned a lot about religion. I learned a lot in general: A smile goes a long way. Learning a few words in another person's language makes all the difference, it opens up so many doors.

For more, visit [www.audrey-gottlieb.com](http://www.audrey-gottlieb.com).

Have a suggestion for someone who could be skewered—er, interviewed—here? Contact Taryn Plumb at [taryn-plumb1@gmail.com](mailto:taryn-plumb1@gmail.com).

### YORK LIBRARY

#### Maine Wildlife on the Move—Global Climate Change

The Maine Audubon will present a program about global climate change, how it impacts Maine's wildlife and habitat, and how Maine citizens can take action. The event will be held Tuesday, Aug. 24 at 6:30 p.m.

Visit the York Public Library at 15 Long Sands Road; contact us at 363-2818 or visit [www.york.lib.me.us](http://www.york.lib.me.us) for the most up-to-date information.

### Events

- **"Fantastic Mr. Fox"** will be shown Sunday, Aug. 15 as part of the Summer Film Festival at 7 p.m. George Clooney is the voice of Mr. Fox, urbane but unable to resist his farm raiding ways, in this Oscar nominated animated film. (2009) Rated PG for action, smoking and slang humor. 87 minutes.

- **"Invictus"** will be shown on Sunday, Aug. 22 at 7 p.m. Newly elected President Nelson Mandela (Morgan Freeman) cheers on the South African National rugby team in the 1995 World Cup. (2009) Rated PG-13 for brief strong language. 133 minutes.

- **"The Last Station"** will be shown on Sunday, Aug. 29 at 7 p.m. Leo Tolstoy struggles to balance fame and wealth with his commitment to a life devoid of material things. Christopher Plummer, Helen Mirren, Oscar nominated. Rated R for a scene of sexuality/nudity. 112 min.

- **An informational meeting** on condominiums will be held Tuesday, Aug. 31 at 6:30 p.m. Experts on condominium legal and insurance issues will present practical information for owners, prospective buyers, board members, property man-

agers, and the general public.

- **"The Young Victoria"** will be shown Sunday, Sept. 5 at 7 p.m. A majestic tale of romance, intrigue, and power, covering the turbulent first years of Queen Victoria's rule and romance with Prince Albert. Oscar - Best Costume Design. Rated: PG for mild sensuality, a scene of violence, and brief incidental language and smoking. 105 minutes.

### For children

- **Infant Lapsits** (infants to two years old) on Thursdays, 10:30 a.m. Come for a program of stories, songs, fingerplays and rhymes.

- **Preschool Story Hours** on Fridays at 10:30 a.m. Join us for stories, songs, fingerplays, crafts, and science.

### Monthly programs

- **Rediscover your roots:** The Monthly Genealogy Club is a regular gathering for people who want to "shake their family trees." The group generally meets on the second Wednesday of each month at 1 p.m. Local genealogist Don Michel leads the group. Call the library for more details at 363-2818.

### Art exhibits

- **Local photographer and York Art Association member** Audrey Gottlieb will show her photography in the Kennebunk Room through August. The



exhibit titled: "From New York to Old York: Vignettes of Multicultural America" reflects the lives and celebrations of immigrant groups in Queens, N.Y.

- **York artist Joyce Amend** presents an exhibit of her original sailors' valentines celebrating this maritime folk art at the York Public Library through Saturday, Aug. 14. Sailors' valentines were originally made by artisans in Barbados during the 1800s as romantic tokens from the sea. Each intricate seashell valentine was encased in an eight-sided hardwood box and purchased by homesick sailors as gifts for loved ones back home.

- **Cape Neddick artist Jill Poyourow** will show her exhibit titled "From Books to Brains: Selected Works 1990-2010." Inspired by the compelling nature of images from books, Poyourow's practice for the past two decades has turned to images of peoples of the earth as well as the food we eat. She will hang a selection of works chosen from several series at the library during the months of July and August. Free and open to the public.

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COVER STORY

# PATHWAY TO THE PAST



DAN SZCZESNY PHOTO

A view looking back from the far eastern end of the Cliff Walk toward York Harbor Beach and the Stage Neck.

## Two miles of walking along the water's edge passes through three centuries of York history

By **DAN SZCZESNY**

The York Independent

Captain Dan Donnell careens down the dock to tie up the huge cruiser pulling in. He grabs the tow lines tossed off the boat and expertly wraps the rope around the dock anchor. Then he moves down the dock and does the same along the length of the boat, which gently nudges the dock and comes to a perfect stop.

“Howdy, Cap’n Dan,” people call down from the boat.

Cap’n Dan waves, and then almost absently says to me, “Oh, did I mention Lindbergh docked here on his honeymoon?”

“Charles Lindbergh?” I say cluelessly, betraying my obvious landlubberness.

Cap’n Dan smiles. “I was there, right up on that dock, watching.”

Cap’n Dan is 93. He’s been running this wharf in one form or another for 62 years. His family’s been here since the early 1800s. He’s perfectly tanned, and his shock of still thick white hair seems permanently windswept. If I saw a picture of him, I’d swear he wasn’t more than 60.

We’re along Fisherman’s Walk, that mish-mash of paths that zig and zag along the York River just before feeding out into the ocean. I didn’t mean to run into Cap’n Dan down here, but

he’s impossible to miss. Everyone knows him, and he knows York Harbor like, well, like he’s lived here all his life.

“That path,” he says, gesturing to the walkway that cuts through his family’s property. “It’s kind of been there forever.”

He’s right. Riverside Path. Shore Path. Cliff Walk. It’s all kind of the same. When you talk about Fisherman’s Path today, technically you are referring to the small section from



DAN SZCZESNY PHOTO

Rosalind Fedeli has sold and displayed her unique assemblage art out of her River Current Studio near Steedman Woods for 14 years.

the end of Barrell Lane Extension to the Donnell property at the foot of Varrell Lane.

But the path that rolls along York Harbor by the river is so much more. Starting at Sewall’s Bridge at the foot of Organug Road, the casual walker can track York history down Lindsay Road, through the Steedman Woods, over the Wiggley Bridge, along Fisherman’s Walk to the York Harbor Beach, then up into the cliffs. Two miles approximately—two miles that encompass nearly 300 years in the life of York. So goes Fisherman’s Walk. So goes York.

So let’s go for a walk...

### It begins: Sewall’s Bridge to River Current Studio

Boston has its Freedom Trail. Newport has its Cliffwalk. Those trails are designed and maintained for tourists, little

pockets of history encased in amber for visitors to gawk at and take pictures.

In York, the history is still real, organic and ever-changing. All along York’s harbor, the wharves are still active, and the ancestors of the families who created York are still there, still working on the art that is this town.

And through it all, a path has remained.

When Major Samuel Sewall bought a wharf in 1748, he understood his geographic position as being a gateway of sorts. York’s main artery back then was the river—goods coming in and going out flowed right past his wharf. He took advantage of that, first by operating a ferry and running merchants and residents back and forth. Then, when the town hired him to build a bridge, he invented the pile driver to do the task, and America’s first wooden pile driven bridge was built. In 1771, the town levied a toll on those crossing the bridge—except, of course, for those going to church or public meetings.

• *Park your car off Lindsay Road someplace, or at Hancock Warehouse and walk down to check out the bridge. Be sure to stop at the historic plaque in the island at the end of Organug Road. The current bridge dates from 1934.*

York is a beautifully maintained and pretty town. You can



DAN SZCZESNY PHOTO

The Wiggley Bridge was built in the 1930s and according to legend, its “wiggley” moniker was coined by a troop of girl scouts.

thank Mr. George Marshall for that. In 1867, Marshall bought the land and property of Alexander Dennett, which included the 18th century house of Capt. John Tucker. (The Tucker house was sold and then floated down the river to become part of the York Harbor Inn.) Meanwhile, Marshall built and opened the George Marshall Store and sold pretty much anything you can think off.

It was a popular place, and attracted all kinds of artists and writers, including Mark Twain and William Dean Howells. Trouble

was, George was kind of messy, and tended to leave a lot of junk in his yard.

Enter the York Historic and Improvement Society, created in 1896 to clean up and beautify York. Which they did, starting with George Marshall. Later, in 1900 and again in 1910, the Society mapped out and created the first established walkways for leisure strolling through town. At that time, they named Fisherman’s Walk the ‘Riverside Path’ and the Cliff Walk as ‘Shore Path.’

• *Stop at the Marshall Store, which today is an art gallery run by the Museums of Old York that features regional artists. Curator Mary Harding said that extensive renovations will be made to the wharf behind the gallery. The gallery is open to the public pretty much from April through December.*

*Stop by next door at the beautiful Hancock Warehouse. The colonial building is set up as an interactive museum and dis-*



DAN SZCZESNY PHOTO

The Hancock Wharf Warehouse is the only remaining commercial building from York’s Colonial past.



DAN SZCZESNY PHOTO

The 17-acre Steedman Woods is preserved for pedestrian use and connects Lindsay Road to the Wiggley Bridge.





DAN SZCZESNY PHOTO

Jon Woodward from York’s Public Works Department lays down gravel and sand along Fisherman’s Walk.

play of what an 18th century merchant’s warehouse might have looked like. The Museums of Old York also run the warehouse.

Just around the corner from the Marshall Store, right before you head into the Steedman Woods, a unique artist has set up shop out of her garage. Rosalind Fedeli has been creating art out of wood, metal, bone and feathers at River Current Studio for 14 years. She might be there, she might not. Either way, stop by and check out the game board art.



DAN SZCZESNY PHOTO

The path takes many twists and turns along the way, including this one that spits the walker out onto the Donnell Family properties.

**Into the woods: Steedman Woods, over the bridge and York’s most famous Tory**

Charlie Steedman moves slowly through the woods his father preserved, sure-footed and savoring the spectacle of the bikers, runners and dog walkers who pass by. The younger Steedman currently chairs the town’s Budget Committee and he seems to know many of the passersby. And most acknowledge him gratefully.

“We’re happy to have anyone here who wants to walk through the woods,” Steedman says.

Over the years, a lot of people had their eye on this 17-acre parcel of prime real estate, including a 19th century developer who wanted to erect a grand hotel. Even Charlie’s father, Charlie Richard Steedman, considered building a house here when he bought the land after World War II. Originally from Providence, R.I., the senior Steedman was a summer resident but fell in love with York.

“He loved the York River and didn’t want to see it developed,” Charlie says.

So, when the senior Steedman bought a permanent residence, he didn’t need the woods property anymore. But instead of selling, he deeded it to the Old York Historical Society with the stipulation that it will be forever protected for pedestrian enjoyment.

• To get to the Steedman Woods, continue down Mill Dam Road until you get to the trail board marking the paths. You can go left or right; both paths reconnect at the foot of the



DAN SZCZESNY / MUSEUMS OF OLD YORK

Built by George Marshall in 1870, the Marshall store sold everything from groceries to hardware. Today, the Marshall Store Gallery is used as an art gallery for regional artists.



DAN SZCZESNY PHOTO

Captain Dan Donnell, left, has run the Simpson Wharf in one form or another for 62 years. Now 93, Capt. Dan is still bringing them in. On this occasion, he brings in the Belvedere.

*Wiggley Bridge. Be sure to stay on the trails, though!*

Is there anyone in York who doesn’t know the Wiggley Bridge? According to local lore, an original bridge was built over Mill Dam around 1896. The current bridge, built in the 1930s by a North Berwick company that also made seats for baseball stadiums, has become something of the symbol of York. According to legend, its “Wiggley” moniker was coined in the 1940s by a group of girl scouts who thought it was, well, wiggley.

The bridge crosses the tidal mud flats of Mill Pond and reconnects near the Route 103 bridge. But there is some controversy.

About four years ago, Steedman says the town amended its dog ordinance and listed the mud flats near the bridge as a public beach, but that was not in the deed.

“It should never have been put there,” Steedman says. “That’s just mud flats and marsh grass.”

Despite the very clear signage that warns people to keep off the flats, there were dozens of families and children beached out by the pond during a recent walk. Steedman says it’s also a public safety hazard, as rescue vehicles have no access to the flats. He says the Friends of Steedman Woods are working to change the ordinance.

• Your hike will now take you over the Wiggley Bridge and Mill Dam toward the construction site of the Route 103 bridge. Be careful as you move over the street, and watch for obstacles and machinery. Bridge construction there will be going on through spring of 2011.

The fact that Jonathan Sayward wasn’t lynched is testament to the patience and common sense of York residents, even in the middle of the 18th century.

I’m standing with Elizabeth Farish, the site manager for the Sayward-Wheeler House and Gary Wetzel, the historic site’s landscape manager. It’s mid-week and the house museum is closed to the public. A stale, muggy prestorm quiet has draped York Harbor.

They’re both skittish about the weather, as just a month earlier the microburst storm that swept through York ravaged the site, busting off a section of the 150-year-old Sycamore Maple on the property, which came crashing down into Wetzel’s beautiful waterfront garden. The fence is still broken and the lilac bushes flattened.

As we talk, Wetzel—a tall passionate man—trims and spruces up the garden. He maintains seven properties of Historic New England, but the Sayward-Wheeler home is the smallest.

**CONTINUED ON PAGE 10**



# PATHWAY TO THE PAST

## TWO MILES OF WALKING, THREE CENTURIES OF YORK HISTORY

Here's a map of key spots along the nearly two miles of pedestrian paths that skirt both the York River and the Atlantic Ocean. The paths are all free and open to the public.

### START HERE:

Sewall's Bridge—Major Samuel Sewall's bridge, the first built in 1761, was the first wooden pile driven drawbridge in the country. The current bridge was constructed in 1934.

### GEORGE MARSHALL STORE GALLERY

Built in 1870 as grocery/hardware store. Currently houses a gallery for regional artists. 140 Lindsay Road.

### RIVER CURRENT STUDIO

Artist Rosalind Fedeli sells her mixed media pieces from out of her garage. Corner of Lindsay & Mill Dam Road.

### STEEDMAN WOODS

This 17-acre nature preserve is open to pedestrian traffic only, donated in the late 1970s by Charles Richard Steedman.

### SAYWARD-WHEELER HOUSE

Merchant and ship-owner, and Tory, Joseph Sayward set up shop here in 1720. It now belongs to Historic New England and is open to the public on certain days. 79 Barrell Lane Extension.

### YORK GOLF AND TENNIS CLUB

Opened in 1902, it was one of the first private golf clubs in the country. Mark Twain played golf there, badly. 62 Organug Road.

### JOHN HANCOCK WAREHOUSE

Built in 1785, Hancock owned half the warehouse from 1787-1793. The warehouse is the only remaining commercial building from York's colonial period. On the grounds of the Marshall Gallery.

### YORK RIVER

### WIGGLEY BRIDGE

York's beloved and odd green bridge was built in the early 1930s at a cost of \$3,940.

103

### THE ROUTE 103 BRIDGE

It's under construction until spring of 2012. Be aware of construction as you cross the road to continue the trail.

103



DAN SZCZESNY PHOTO

This colonial-era coffin was made by the Sash Blind Door Shop, which did business near Sewall's Bridge. You can find it inside the Hancock Warehouse.



DAN SZCZESNY PHOTO

This 200- to 300-year-old maple sits beside the road on Barrell Lane Extension near the Sayward-Wheeler House.



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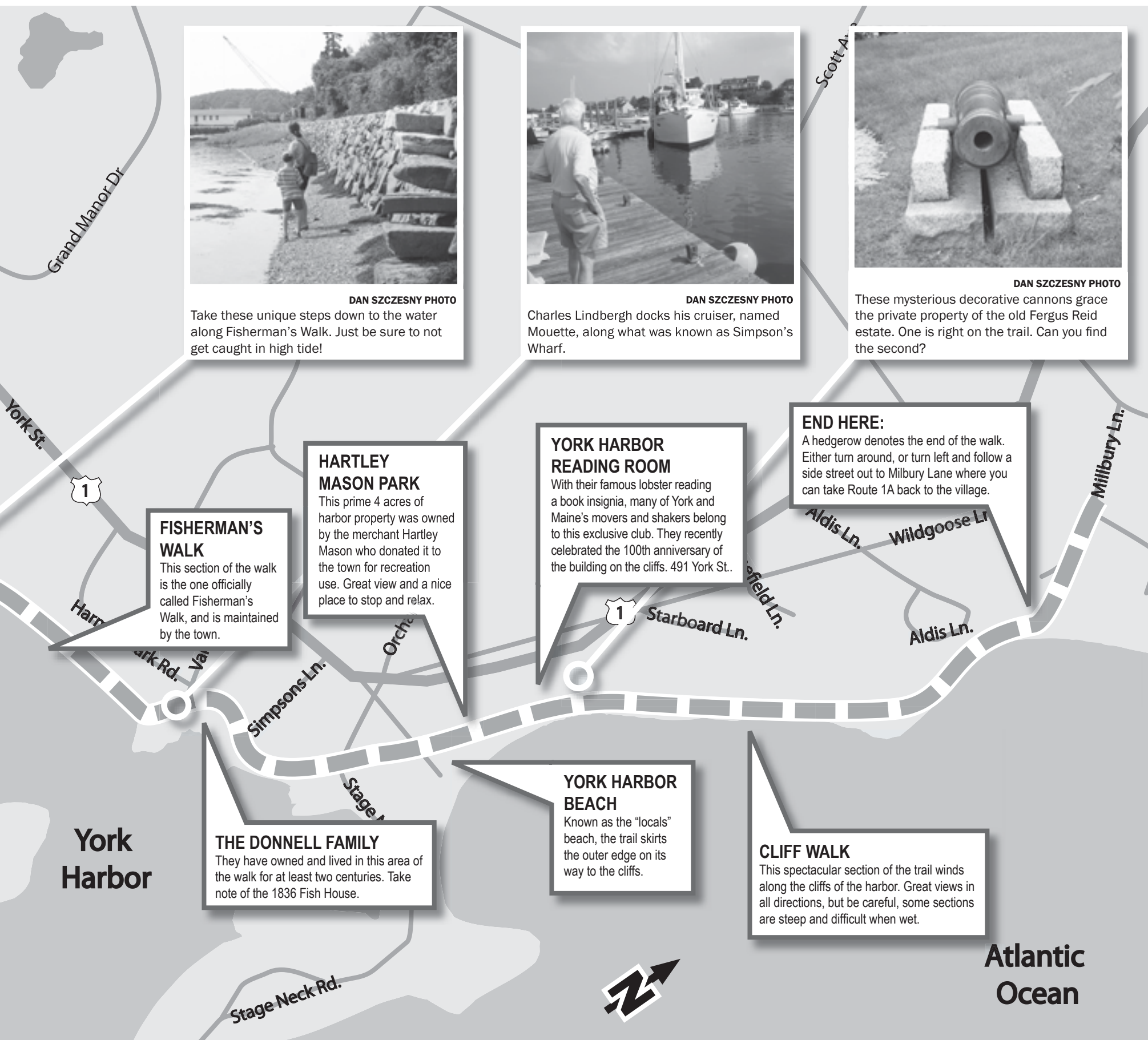
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DAN SZCZESNY PHOTO

Take these unique steps down to the water along Fisherman's Walk. Just be sure to not get caught in high tide!



DAN SZCZESNY PHOTO

Charles Lindbergh docks his cruiser, named Mouette, along what was known as Simpson's Wharf.



DAN SZCZESNY PHOTO

These mysterious decorative cannons grace the private property of the old Fergus Reid estate. One is right on the trail. Can you find the second?

### FISHERMAN'S WALK

This section of the walk is the one officially called Fisherman's Walk, and is maintained by the town.

### HARTLEY MASON PARK

This prime 4 acres of harbor property was owned by the merchant Hartley Mason who donated it to the town for recreation use. Great view and a nice place to stop and relax.

### YORK HARBOR READING ROOM

With their famous lobster reading a book insignia, many of York and Maine's movers and shakers belong to this exclusive club. They recently celebrated the 100th anniversary of the building on the cliffs. 491 York St..

### END HERE:

A hedgerow denotes the end of the walk. Either turn around, or turn left and follow a side street out to Millbury Lane where you can take Route 1A back to the village.

### YORK HARBOR BEACH

Known as the "locals" beach, the trail skirts the outer edge on its way to the cliffs.

### CLIFF WALK

This spectacular section of the trail winds along the cliffs of the harbor. Great views in all directions, but be careful, some sections are steep and difficult when wet.

### THE DONNELL FAMILY

They have owned and lived in this area of the walk for at least two centuries. Take note of the 1836 Fish House.

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CONTINUED FROM PAGE 7

“We don’t have a landscaping history,” Wetzel explains. “We’ll just import old-fashioned things that can get by in times of drought.”

Or survive a rampaging maple tree, apparently.

In Sayward’s day, the river came right up to the house, and a wharf spread out in front to welcome guests and his merchant concerns. Sayward purchased the house in 1720 and was a judge and leading citizen in York around the time of the Revolution. And it was a good thing he was well respected, since he was also a Tory, or loyal to the British crown.

He wasn’t run out of town, but he was stripped of his positions and basically spent the rest of his days sitting around his house listening to his tall clock, as he wrote in his diaries. That tall clock is still there by the way, right where Sayward left it.

In fact, they didn’t know it at the time, but it was those actions by the York citizens that helped preserve the house. Due to the declining fortunes of the Sayward’s decedents, the house has remained much the same—few renovations, updates or demolition. Even better, there was no middle man. The house belonged to Sayward and his descendants for nearly 250 years, until Historic New England took it over in 1979.

Ironically, it was also the state that nearly wrecked some of those priceless treasures. As I stand chatting with Farish, the noise from the nearby construction on the Route 103 bridge forces us to stop talking for a few moments.

“Members had to remove the china and other antiques from the house,” Farish says. “The whole place was shaking from the drilling.”

Historic New England had to grant right of way to the state to put in the new pilings, and now the part of the path over the bridge is compromised. Nonetheless, people appear to ignore the Do Not Enter signs and walk right through construction to get from the Mill Dam to the Sayward-Wheeler property. Workmen just look on, smoking, as families walk through.

• *The Sayward-Wheeler House is not open often, but you’re in luck. It will be open from 11 a.m. to 4 p.m. for tours this Saturday, Aug. 14. The cost is \$5. If you’re walking, the entrance is on the east side of the house, off Barrell Lane Extension.*

## Walk with the locals: From Fisherman’s Walk to York Harbor Beach

What is technically known as Fisherman’s Walk begins after the Sayward-Wheeler House, down Barrell Lane Extension, past the 300-year-old Silver Maple tree.

This pleasant walk on a crushed gravel path abuts the most private and still-in-use wharves and docks in the harbor. I was fortunate enough to run into Jon Woodward of public works. Using a small front loader, Woodward was putting down new gravel and clearing brush along the path. With barely enough room for his truck, he’d stop and wait every time a pedestrian would walk by, including myself.

Town Manager Robert Yandow said that the town does clear brush and cut back weeds and such about once a year or so on the walkways to try to keep it safe, but times are tough. Up until two years ago, the town dedicated \$10,000 in its yearly budget to walkway repairs. That money is now gone, and while the lower parts of the trail don’t seem any worse for wear, the cliff walk area is in

need of a good trimming and pedestrians have to battle thickets full of bees that push out over the cliffs.

On this day, I step down to the water on beautiful extended steps and walk along the pebbles around kids searching for shells. A whole crew of kayakers power by. About a half hour later, on my return walk, the stairs are gone, lost in high tide.

• *Fisherman’s Walk can be reached at the bottom of Barrell Lane Extension. Take your time through this beautiful and wide open section of the path just feet from the river. This might be a good time to take a rest or just enjoy the river traffic. Dog walkers and joggers are about all you’ll encounter here, and mostly locals.*

Beyond Fisherman’s Walk, the Donnells await. This family, in town for two centuries, owns or has owned most of the property and wharves in the Varrell Lane area near Stage Neck. Besides Cap’n Dan, his daughter Mary runs the lobster business near the Fish House and her husband

Bill still charts boats. Mary buys her lobsters from the locals and the two amiable, long-time residents can often be found enjoying the shade of their porch overlooking the harbor. At the Stage Neck Inn, in an exhibit on local fishermen, many members of the Donnell family can be found in various states of have caught or catching fish, including Mary and Bill grinning madly over a giant tuna.

Cap’n Dan’s granddad fished and ran a business there, as did his father. In the 1960s, Dan’s wife, Georgiana, ran Captain Dan’s Restaurant in the harbor. Cap’n Dan’s father was friends with William “Billy” Mitchell, the infamous World War I general who was court-martialed. The two would go tuna fishing when Mitchell rented a cottage nearby. In fact, it was that connection that likely led to one of the most famous moments in York history when Mitchell landed a squad of war planes on Long Beach during military maneuvers.

But it was Lucky Lindy that Cap’n Dan remembers. He was only a teenager when the aviator, famous for his 1927 solo flight across the Atlantic, pulled into what was then Simpson’s dock, but who forgets a thing like that? The 38-foot cabin

cruiser named Mouette pulled up in June, 1929. Lindbergh and his new wife Anne Morrow had managed to sneak a few days of peace and quiet in their honeymoon trip, but by the time they reached York, the press was waiting. Morrow remembers York residents being protective of Lindy, laughing at the reporters and calling Lindbergh “Skipper” like he was one of their own.

Today, Cap’n Dan is bringing in the Belvedere, a cruiser belonging to John Bockstoce, the Arctic historian and archaeologist. Bockstoce is giving a lecture in York later in the week, and Cap’n Dan

greets him and his whole crew warmly, and his affection is returned.

The Belvedere’s own skipper turns to me and says of Cap’n Dan, “This man is a miracle, just amazing.”

Cap’n Dan smiles again and goes about his business, just like he has for more than half a century.

A small jag across Stage Neck Road, to the north of the tennis courts and back down Harbor Beach Road will bring you to York Harbor Beach. The trail is faint but clear as you approach the beach. The bad news is that the beach is likely to be the busiest area along the trail. The good news is that York Harbor Beach is considered a beach for locals, and life down here is a little slower. No soft serve vendors, no beach ultimate Frisbee—this little cove has always served as a beach away from the beach for York residents.

There’s a single changing room, and a lifeguard, and nothing but time on your hands down here.

• *The path passes through the Donnells’ property, in front of the lobster house, near the 1838 Fish House and around Cap’n Dan’s waterside home. The path continues toward Stage Neck along a cement walkway. Cross the lawn to the north of the tennis courts and back down Harbor Beach Road to continue your tour.*

## The cliffs of York: From Hartley Mason Reservation to the end of the Cliff Walk

Like Charles Richard Steedman, Hartley Mason loved York so much he gave the town his land, 4 acres that sat right above York Harbor Beach. As one of the first developers in York, Mason built a whole complex for himself, his family and his business up there. At one time, the site had a tea room, several cottages and even retail complexes.

In his will, Mason stipulated that when he died, those 4 acres be turned into a park, and in the 1990s, that’s exactly what York did. The reservation may be one of the finest small parks in the world: benches, historic plaques and winding paths that provide ideal views in every direction. The park is also the beginning of the cliff walk, the winding, sometimes wild, sometimes concrete path that tips up and down the coast for more than half a mile.

I pass below the York Harbor Reading Room with its strange lobster-reading-a-book logo. Pretty much every name mentioned in this article was, is or has a family member who belonged to that exclusive club of York’s movers and shakers. The

clubhouse itself turned 100 years old in May.

Beyond the Reading Room, the imposing fortress-like structure of the old Fergus Reid mansion looms. Complete with turrets and decorative cannons, this section of the cliff walk actually ducks below tree line, into a tunnel of trees and brush.

Beyond that is all ocean. And when the tide is low, it’s easy to clamber down and kick around in the surf and rocks, with postcard views in every direction. Out here, some property owners have pitched in to the cause, keeping the path clear, building walkways and landscaping that add to the appeal.

The cliff walk existed in one form or another for more than a century, but as Cap’n Dan said, over the years some property owners just pushed the trail out to sea. Now, the walker can get as far as Milbury Lane, where a hedgerow directs them back up to Route 1A.

I decide instead to turn around and go back the way I came, preferring the sound of the waves crashing on the rocks to traffic. Though the path is truncated, it still connects York to its rich and varied history as a coastal harbor, fishing, and resort town.

• *The best way to reach the cliff walk is to park along Route 1A above Hartley Mason Reservation and walk down through the park to reach the path. Parking up there is two hours.*

*Dan Szczesny, associate publisher of the York Independent, is an avid hiker and mountaineer who has scaled the summits of all 48 New Hampshire summits that rise 4,000 feet or higher. He’s now working on Vermont and Maine.*



DAN SZCZESNY PHOTO

Charles Steedman explores the woods his father, Charles Richard Steedman, donated to the town in the late 1970s. The younger Steedman is currently the chair of York’s Budget Committee.



DAN SZCZESNY PHOTO

Some residents abutting the Cliff Walk have built their own stairs and gates to enjoy access to the ocean.



DAN SZCZESNY PHOTO

Mary Harding, curator of the Marshall store Gallery, stands in front of the lift wheel that carried goods to the upper levels.







## T VISUAL ARTS LISTINGS

• **The Clown**, 659 US Route 1, York, will host a Summer Wine Tasting and a Meet The Artist night on Friday, Aug. 13, from 5 to 8 p.m. Taste wines perfect for all things summer and meet artist Lisa Dornbek. For more information, call The Clown at 351-3063.

• **The York Art Association Gallery and Gift Show** presents their Juried Summer Members Show from Thursday, Aug. 12 through Saturday, Aug. 28. The show will include artwork and crafts from some of the 150+ members of the association. The Opening Wine and Cheese Reception will be held Friday, Aug. 13, from 5 to 7 p.m. with live entertainment featuring award-winning international chanteuse Lucie Therrien and

guitarist Neal Zweig. The gallery hours are Thursday and Friday 1 to 7 p.m. and Saturday and Sunday 11 a.m. to 4 p.m. For more information, contact the YAA at 363-4049 and visit [www.yorkartassociation.com](http://www.yorkartassociation.com).

• **On Friday, Aug. 13**, The Gallery at 100 Market will open its eleventh "Summer Juried Exhibition," with an artist's reception, from 5 to 7 p.m. The show features the work of two-dozen artists from throughout New England and will continue through Nov. 1. The gallery is located at 100 Market St., Portsmouth, N.H. Contact Jean at (603) 436-2818 for more information.

• **The Beth Ellis Cove Gallery** in Perkins Cove, Ogunquit will

feature a show called "Fresh Wet Works...and other Shore Paintings" through Saturday, Aug. 14. Gallery hours are 10 a.m. to 9 p.m. daily. Call 646-7700 for more information or visit [www.bellisart.com](http://www.bellisart.com).

• **Whitney Art Works** will exhibit *Assembled Thoughts*, a showcase of two witty, bizarre, and entirely self-sufficient/contained/referential worlds. Both creators Ethan Hayes-Chute and Yeshe Parks use old paper materials to draw on/cut out, creating images that problem-solve internal situations. The exhibit will be on display through Saturday, Aug. 28 at 492 Congress St., Portland. Hours are Wednesdays through Saturdays, from noon to 6 p.m. Visit [www.whitneyartworks.com](http://www.whitneyartworks.com)

## ART

# CREATIVE ANIMATED INSPIRING

Busy local artist Kelly Jo participates in more than 30 exhibits each year

By **SUZIE GOODWIN**  
The York Independent

It's a funny thing—creativity. I believe we're all born with it, encouraged as children to develop it, and then somewhere along the way we bury it. Often times as adults we find we have to relearn it. When I was in the corporate world, it was called "thinking outside the box." I doubt Kelly Jo was ever in that box; but if she was in the box—it was the coolest box.

Kelly Jo is a full-time artist and painter. She is creative, animated and inspiring, but don't just take my word for it. She participates in more than 30 shows and exhibits each year and also does commissioned pet portraits for clients all over the country through her Web site. She pulled a sketchbook out of her knapsack as she told me about a current project she's working on called the 'sketchbook' project. Over 10,000 artists have received a sketchbook which they are free to fill anyway they wish. The collection will then travel from city to city like a rock tour. Her sketchbook is already 'pretty twisted.' (I think that's good).

Kelly Jo lives in Kennebunk, with her partner, Heather, also a working artist. They moved here in 2001 from San Francisco, where they met. Her home, an old New Englander, looks traditional on the outside. As you step through the back door, you enter her studio...not so traditional. Art, collectibles and stuff everywhere. Continue through into the kitchen and the rest of the home is uncluttered and full of art—not off the wall, but definitely not in the box.

She grew up in Houston, in a conserva-



The self-portrait that led artist Kelly Jo to a whole s

tive community built to house NASA's employees and their families. Her dad worked for NASA for 31 years. She was

“...they hadn't noticed the tide coming in until they were standing in water.”

artistic as a child and by the time she reached her senior year in high school, she had taken all the art classes the school had to offer. So they created additional classes



SUZIE GOODWIN PHOTO

Artist Kelly Jo's studio in the converted Kennebunk farmhouse she calls home.

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KELLY JO PHOTO

series of shoe art called "From the Sole."

for her. Her appetite for art hasn't changed and she shares freely, teaching summer classes at Heartwood College.

With a limited palette of colors, she can instinctively make just about any shade she needs. Her mom, aunt and grandmother are also artists. Encouraged by them all, it was her grandmother who taught her at a very young age to mix colors. She loves to paint with oils, but like many artists, often crosses over to other mediums. A recent visit from her aunt included a trip to the beach with their paints in tow. They became so immersed in their painting that they hadn't noticed the tide coming in until they were standing in water.

Art is life, life is art. Kelly Jo is both—she lives her art. She finds inspiration everywhere. One of her recent projects included a self portrait, which wasn't a portrait at all. It was a portrait of her essences, her soul, her personality...it was her shoes. That led her to a whole series of shoes called "From the Sole."

Another project started when she was out digging worms one morning—yes, worms, for her duck. Did I mention she loves animals? In fact, this past year her home was also home to a family of raccoons. The mommy raccoon had made herself at home in Kelly's attic, where she gave birth to five babies. They had made a mess of things and Kelly helped trap them

so they could be released into the wild.

"That momma raccoon was a good momma, all the babies were fat and healthy" she told me. I had a squirrel in my attic once...she also had babies, and I didn't care what kind of mother she was. Is that bad?

Oh yeah, the worms. So one morning when she was digging worms for the duck, she found an old bottle. As she was cleaning it, she discovered how things become distorted looking through it. Another project was born. That's how she is...her mind is continuously in motion. She never gets bored—though sometimes she may take a break from a project to work on another. For her "it's not just the art but it's about experimenting with the process." I believe that follows true in her life, if life is about the ride—she's enjoyed every moment, wherever it takes her.

Future plans include a studio out back where she can have one-night shows with her many artist friends.

I plan to be there.

Visit [www.fernoart.net](http://www.fernoart.net) for more information about Kelly Jo Shows.

*Suzie Goodwin, a local artist who works in photography and mixed media, writes about the visual arts for the York Independent. Send comments and story suggestions to [editor@yorkindependent.net](mailto:editor@yorkindependent.net).*



SUZIE GOODWIN PHOTO

Artist Kelly Jo

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## FOOD

# THINKING OUTSIDE THE RESTAURANT BOX

‘Farm 2 Fork Project’ results in innovative dining experience

By **SARAH GRANT**  
The York Independent

Imagine an alternate universe where restaurants as we know them do not exist.

Instead, altruistic chefs share their knowledge and talents in temporary residencies at working farms. Instead of going to a restaurant, we go to the farms to dine on several courses of the best the season and local farms can offer as interpreted by the chef. We don’t choose from a dizzying assortment of menu items; we allow the chef to focus on a fixed menu of the freshest, most honest foods he can harvest or forage within a twenty or so mile radius.

I guess you could generalize that the quality of these ingredients the chef personally gathers as “organic,” as we glibly label way-too-many expensive foods in the 21st century. But, our pre-World War II grandmothers simply would have called it “food.”

Anyway, back to the alternate universe. We pay less than the norm for this six-course dinner, say \$45 to \$55, and that includes our beverages. The big difference in this type of alternate eatery is that it is not for profit. The big reward for the chef is the proliferation of better eating, sustaining the farmer who grows with sustainable methods, and most of all, raising awareness of local food at the source.

## An alternate dining reality

This is the universe of the virtuous Chef Sebastian Carosi, his wife Heather, and their host farmer this year, Stephen Eveld, of Raven Hill Farm at 255 Ossipee Hill Road in East Waterboro.

Sebastian and Heather call their endeavor “The New England Farm 2 Fork Project,” and they describe it as “a roving, rural eco-gastronomic organization.” It has been in the works since 2005 when the state of New Hampshire organized a few harvest dinners on host farms to raise money and call attention to local foods. Sebastian and Heather set out with their own version of the enterprise last year after the birth of their son, Zander. Now they function in work, play and times in-between independently as a family. Zander even hangs out in the kitchen while mom and dad cook, serve and clean. No babysitters. No daycare.

In 2009, the Carosis made use of several farms as their host venues for these unique feasts, but this year they set up quarters for the entire season at Raven Hill Farm, an heirloom apple farm, currently home to one happy goat and a flock of friendly chickens. The East Waterboro farm has an eat-in bakery with trays of delicious doughnuts and other goodies. The picturesque loft dining room of the bakery was where my dining partner and I enjoyed Chef Carosi’s Maine game feast on Friday, Aug. 6.

## Our eating adventure

The dinner featured many flavors and foods I had never had. We started with an elixir: a spiced red wine and antique apple cider punch. My first sip was suffused with apple flavor enhanced by the wine’s bouquet and intensified by sweet allspice and clove that our great grandmothers used with apples. The



SARAH GRANT PHOTO

Chef Sebastian Carosi works in the Raven Hill Farm kitchen with wife Heather and son Zander.

mason jar of punch garnished with minced apples was difficult to put down.

However, it was necessary to put down the jar in order to enjoy the first appetizer: a tiny peppered buttermilk biscuit containing Magret duck prosciutto and homemade five-pepper jelly. Each chew revealed another layer of smokiness, spice or sweet and finished with the tingling sensation that the spice left on my lips for a few minutes. The happy circus of flavors played on my palate for at least as long. It is a wonder that such a small morsel can pack so many lingering dimensions.

## Not gamey at all

Next, Heather brought us the cutest mini moose burger sliders on benne (sesame) seed rolls dressed with orchard smoked coffee barbecue sauce. Sebastian is rather sure that Raven Hill Bakery is the only roaster who also smokes coffee beans. I have never tasted moose that was not gamey until then. The burgers were spiced with a modicum of chili powder, cumin, jalapeno, and adobo to foil any vestige of gaminess. The sweet barbecue sauce complemented the savory blend, and the smoky coffee enhanced chocolaty tones in that deeply red meat. Sebastian says he combines what makes sense. The detail of flavor concepts behind this tiny burger on a bun is cooking genius.

Meatballs of locally farmed elk and wild black bear were mixed with a bit of rosemary and served in a rich cider gravy, cut by a single candied sage leaf and the citrusy undertones of wild greens. Again, no gaminess. Not even a hint.

At some point in time, a small plate of cheddar-ale rolls arrived at the table with molasses butter.

These were created by the host farmer, Stephen Eveld, an extraordinarily talented baker. The rolls didn’t last long.

## A party in my mouth

Ah, and then came the salad: spicy arugula dressed with simple sweet vinaigrette and garnished with smoked rabbit and milkweed pods (a tasty adventure in and of themselves). This combination and others followed one of Sebastian’s philosophies of flavor pairing. He says, “Flavors that grow together, go together. You always find rabbits hanging around milkweed.” I found that it worked well and was one of my most favorite courses. The refreshing salad left a party in my mouth until the main course was served.

The main course was a roast of Maine red deer, natural pan drippings on a bed of local heirloom corn grits. A few wild mushrooms gave the dish a winter stew quality, but I found it sating on the cool August evening.

Antique orchard apple tart tatin with barrel-aged Allagash (beer!) caramel and homemade yogurt was a perfect sweet ending.



SARAH GRANT PHOTO

Farmed elk and wild black bear meatballs in cider gravy, another course of the meal.

## What about the profit?

After the expenses of food, extra labor (I counted one extra person in the kitchen), utilities and so forth are covered, the Carosis give most of the remaining money from the price of the dinners and other public meals to the host farm. They also contribute heavily to favorite non-profits such as Slow Food and the Chef’s Collaborative. Heather and Sebastian pay themselves a \$50 stipend each for every meal they prepare and serve. Did I mention that they are altruistic?

The Carosis take only what money they need for their modest expenses, but they give freely all the time it takes for them to personally forage for wild greens and mushrooms, track down suppliers of local farmed and game meats and to make several visits to other farms and farmers’ markets for other food products. Their spare time is filled with creative planning, making hundreds of phone calls, marketing, maintaining and updating their Web site and giving attention to the multitude of other minutia necessary to run a business. Sebastian Carosi is an idealist’s idealist and a chef’s chef.

Make Reservations for dinner: Visit [www.thenewengland-farm2forkproject.com](http://www.thenewengland-farm2forkproject.com) to learn more about the project or to make reservations for one of the remaining 10 feasts of the season or a weekend brunch. This harvest season, East Waterboro (at the junction of Routes 4 and 5 inland from Saco) is a dining destination with an out-of-this-world epicurean experience.



SARAH GRANT PHOTO

Molasses butter, cheddar ale rolls and an elixir of red wine, heirloom apple cider and sweet spice at a dinner served Friday, Aug. 6.



## EAT HERE

## A weekly column about local food

By SARAH GRANT

The York Independent

## • Summer Wine Tasting at the Clown:

It's a summer wine tasting and a meet-the-artist-night Friday, Aug. 13, from 5 to 8 p.m. Taste wines perfect for all things summer and meet artist Lisa Dombek. The Clown is located at 659 U.S. Route 1, York. Telephone 351-3063

## • Farmers' Market finds:

Brook Ridge Farm is a family owned and operated, certified organic, ideally sized operation in Lyman. Their pasture-raised herd (25 heads) of registered Milking Shorthorns (heritage breed) provide delicious dairy products and several cuts of some of the best local beef (from bull-calves in the meat herd) I have tasted. I have been buying their raw butter (\$6/half pound), very lightly salted with sea salt. This time of year, when the grass is the greenest, the butter is the very yellow because it is full of beta carotenes from the cow's milk and cream. And, it's really delicious on some of fresh breads you can also buy at almost all farmers' market.

I have also been buying the ground beef from Brook Ridge. Meat from grass-fed animals has two to four times more omega-3 fatty acids than conventional grain-fed beef and is lower in fat than commercial chicken dark meat. It makes the tastiest burgers. Brook Ridge sells their ground beef for \$5/lb, the lowest price I have found for local grass fed beef.

Mike Guilmotte is the owner/farmer of Brook Ridge Farm. He partners with his son Richard, and daughter-in-law Suzanne is the friendly face you'll see at the farmers' markets. Mike tells me that Brook Ridge will begin selling organically-raised chickens starting Friday, Aug. 13 for the awesome price of \$4/lb. I have ordered three. Brook Ridge sells at the North Berwick Farmers Market (21 Main St., Town Hall parking lot) on Friday afternoons from 3 to 6 p.m. and at the Gateway Farmers' Market (York Chambers Visitors Center, Route 1) from 9 a.m. to 1 p.m.

• **New to North Berwick Farmers' Market...** is a 6th grade science teacher and mushroom forager, River Bissonnette. He sells chanterelles, Black Trumpets and Chicken of the Woods wild mushrooms that he forages from local woods. Fresh black trumpets and chanterelles are \$1.50/ounce up to 4 ounces and then the price drops to \$1.40/ounce from 4 to 8 ounces. 1 to 3 ounce of dry mushrooms are \$6.50/ounce. I purchased about two ounces of fresh Black Trumpets for just a few dollars. They were delicious sautéed in some raw butter from Brook Ridge Farm, my own fresh garlic and a splash of white wine. Then I added them as part of the ingredients for an upscale meat-loaf made from Brook Ridge Farm grass-fed ground beef. By the way, if you are trying wild mushrooms for the first time, remember to cook them very thoroughly. Don't use them raw in salads as we sometimes use button mushrooms. Raw or undercooked wild mushrooms will make you sick.

## • Food festivals and fairs in Maine:

If you love the native foods of Maine and need an extra excuse for a road trip adventure through our unique and beautiful



state, here is your opportunity. Check out two lobster festivals and three others dedicated to blueberries in various locations.

**Lobster Festivals:** Winter Harbor is near Acadia National Park and Bar Harbor. Satur-

day, Aug. 14 Winter Harbor will celebrate its 46th annual Lobster Festival. It is a fun-filled day with many scheduled events. Eat a Maine lobster dinner and stay for the late afternoon parade. Lobster, corn on the cob, dessert, coleslaw, & drinks will be served from 11 a.m. to 3 p.m. under the big Tent behind the Peninsula CSD Grammar School. Go to [www.acadia-schoodic.org/lobster-festival.html](http://www.acadia-schoodic.org/lobster-festival.html) for more information.

The historic fishing village of Frenchboro on Long Island, also near Acadia State Park and Bar Harbor, will host the 49th annual Frenchboro Lobster Festival on Saturday, Aug. 14. The dinner, served on the banks of scenic Lunt Harbor, includes Maine lobster, chicken salad, hot dogs, cole slaw, homemade pies, potato chips and soda. Dinner is served from 11 a.m. to 2 p.m. rain or shine. Proceeds benefit the 121-year-old Outer Long Island Congregational Church. Frenchboro is one of just a handful of year-round island fishing villages on the coast of Maine. It's the quintessential picturesque Maine fishing village.

The Maine State Ferry (passengers only) will make a special Frenchboro Lobster Festival run, leaving Bass Harbor at 9 a.m. and then leaving Frenchboro for the return trip at 3:30 p.m. Purchase ferry tickets only on the day of the event outside the Bass Harbor Ferry Terminal. Moorings and anchorage are available in Lunt Harbor and fuel and water are available at the Lunt & Lunt dock (334-2922 or 334-2902). For more info, go to [www.frenchboroonline.com](http://www.frenchboroonline.com) or call 334-2974 or 334-2923.

**Blueberry Fests:** Winslow, Maine is just a couple of hours up the pike near China (Maine). There is an interesting story behind this festival that benefits the Congregational Church. Some years ago, a local blueberry grower bequeathed 400 pounds of blueberries to the church every August as long as they held the Blueberry Festival. This year, on Saturday Aug. 14, Winslow will celebrate their 39th year of this tradition. They will translate some of those blueberries into more than 400 pies made by about 30 volunteers just before the festival. Pies will go fast, but are available for sale throughout the morning. Enjoy blueberry pancakes at the breakfast held as part of the fest at the Winslow Congregational Church on Lithgow Street (overlooking the river) from 7 to 10 a.m. For more information, call Tammy Gould at 872-8638.

Located in Western Maine in the mountains, Rangely will celebrate the mighty blueberry on Thursday, Aug. 19 from 10 a.m. to 3 p.m. All kinds of foods made with blueberries, including jams, muffins and pies will be available for purchase.

Up to Washington County there's the Machias Blueberry Festival. This is a very big deal in Machias, but no wonder—this area supplies 95 percent of the world's blueberry crop, harvested here each August. Celebrate the powerful little fruit that put this corner of Down East Maine on the map for three full days from Friday, Aug. 20 through Sunday, Aug. 22. Centre Street Congregational Church and the United Church of Christ roll out the blue carpet with crafts, food, entertainment, contests, and all things blueberry. There's no admission charge. This is a blueberry wing-ding not to be missed. Go to [www.machias-blueberry.com](http://www.machias-blueberry.com) for more information.

*Sarah Grant, a local chef and organic farmer who has taught culinary arts at Le Cordon Bleu, writes about food for the York Independent. Send your local food thoughts to [editor@yorkindependent.net](mailto:editor@yorkindependent.net).*

## FOOD LISTINGS

## Send us your listings!

Got a food-related event coming up? Wine tasting? Chicken BBQ? Send the info to [yorkindependent@gmail.com](mailto:yorkindependent@gmail.com). Listings run on a space available basis.

## Fairs, special events

## • Holy Cross Lutheran

**Church** of Kennebunk will hold their annual Blueberry Festival on Saturday, Aug. 14, from 9 a.m. to 1 p.m. in their social hall on Storer Street at Mechanic Street. Baked goods, including homemade donuts and blueberry pies, will be available for purchase, as well as a variety of hand-made crafts. Proceeds from sales will be donated to the Biddeford Free Clinic.

## • St. George's Episcopal

**Church** in York Harbor will hold its annual Chocolate and Dessert Fest on Friday, Aug. 20, from 6 to 8:30 p.m. Proceeds from this event will benefit the church library and other church programs. For more information, contact St. George's Church at 363-7376 or go to [www.stgeorgesyorkharbor.org](http://www.stgeorgesyorkharbor.org). St. George's Episcopal Church is located at 407 York Street, York Harbor.

• **The Union Congregational Church**, Church St., York Beach, will hold a continuous serve roast pork dinner on Thursday, Aug. 26, from 5:30 to 7 p.m., \$10.00, for adults, and \$5.00, for children 10-years and under. Reservations are not required.

• **Annual Chili Fest** will be held Saturday, Aug. 28 at Wells Junior High School, 1470 Post Road, Wells. the event will feature an International Chili Society sanctioned contest, food, music, and crafters.

• **The York VFW** will hold a "Lobster Bake (or Steak)" dinner on Saturday, Aug. 28, from 12 to 3 p.m. Tickets are \$20 in advance and \$25 at the door. For more information, call 363-9827.

• **The York County Shelter Programs** will be hosting an Apple Festival on the grounds of the Shaker Hill Road property in Alfred, on Saturday, Sept. 25 and Sunday, Sept. 26 from 9 a.m. to 4 p.m. There will be a juried art and craft show, silent auction in the barn, pancake breakfasts each day, a yard sale, lunch wagon refreshments, apple crisp and ice cream, and children's activities. For more information, contact Mary Doyle at 324-1137 or e-mail [mqdoyle@gmail.com](mailto:mqdoyle@gmail.com).

• **The York VFW** serves public meals at their 75 Cape Neddick Road, York, location. "Friday Night Dinners" are

served each week at 5:30 p.m., and followed by karaoke for \$7. "Chix Shoots" meals are served each first and third Saturday of the month at 6:45 p.m. Sunday breakfasts are held each week from 8 a.m. to 11 a.m. For more information, call 363-9827.

## Farmers Markets

## • Gateway Farmers Market:

1 Stonewall Lane, York. Saturdays, 9 a.m. to 1 p.m.

## • Kennebunk Farmers'

**Market:** Municipal Parking Lot, Kennebunk. Saturdays, 8 a.m. to 1 p.m.

## • Wells Farmers' Market:

Town Hall Parking Lot, Route 109, Wells. Wednesdays, 1 to 5:30 p.m.

## • North Berwick Farmers'

**Market:** 449 Maple St., North Berwick. Fridays, 3 to 6 p.m.

## • Sanford Farmers Market:

Gowen Park Drive and Route 109, Sanford. Saturdays, 8 a.m. to noon.

## • Seacoast Farmers Market-

Dover: Atlantic Culinary Academy Parking Lot, 23 Cataract Ave. Dover, N.H. Wednesdays, 2:15 to 5:30 p.m.

## • Seacoast Farmers Market-

Portsmouth: Centennial Park, Portsmouth, N.H. Saturdays, 9 a.m. to noon.

Back issues at:

[www.yorkindependent.net](http://www.yorkindependent.net)

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All photos by [shanesmainephotography.com](http://shanesmainephotography.com) York Harbor, Maine





SARAH GRANT PHOTO

Frills, at 49 Shore Road in Ogunquit, offers an entirely outdoor dining experience.

## Lunch with ‘Frills’

Small Ogunquit eatery offers big value

By SARAH GRANT

The York Independent

As you explore the many nooks and crannies of the densely inhabited Shore Road near Ogunquit Village Square, you may discover Frills nestled in a side pocket behind Ro’s and next to Van Wards Gallery. Frills, at 49 Shore Road, is an outdoor dining experience—only their tiny kitchen is housed immediately adjacent to the patio.

Just last week, I enjoyed lunch with a friend in the tree-shaded space that seats 50. Our table was decidedly close to our neighbors, but spaced adequately so that we could chat with them or just have our own private conversation. And it’s a friendly, happy atmosphere. After all, we are outside enjoying the beautiful weather, smelling the fragrant sea, and delighting in a bevy of choice from the bar: Maine Mojitos, Rum Punch, Ocean Breeze, six different martinis and many others the imaginative bartender and owners have created. Each of them is priced under \$7. It’s a good thing we are walking, not driving. I cannot think of another restaurant or lounge in the area that offers cocktails for \$5.75, martinis for \$6.25 and margaritas for \$6.75. There is also a limited but complete wine list with every selection but one available by the glass or bottle. Imported, domestic and draft beer choices round out the spirits menu.

Jodi Dinardo, who owns Frills with her husband Mike, admitted to me that they have not raised any of their menu prices in the four years they have been in business. Lunch items are all under \$10 on a menu with choices of sandwiches, wraps, paninis, burgers, salads, soups and appetizers. The turkey club (\$7.95) is untraditional and exceptionally good. Thick slices of roasted turkey and tomato join with plenty of bacon, lettuce leaves and cranberry mayonnaise inside a buttery croissant, which replaces the customary three slices of bread or toast.

My lunch companion said he enjoyed the caprese panini (\$8.95), a lightly grilled sandwich featuring thickly sliced

tomatoes and mozzarella with mixed greens all tossed in basil balsamic vinaigrette.

Our neighbors at the next table said the lobster croissant (market price) was the best lobster sandwich they had ever had. Jodi Dinardo told me that freshly picked lobster meat is mixed with a bit of mayo to order for that sandwich. Of course the buttery croissant way exceeds in flavor what a buttered, grilled hot dog roll merely attempts to accomplish.

Dinner prices are all less than \$20, with the obvious exceptions of two lobster dinner choices at market price, seafood fettuccini (\$22.95) and Frills Oscar (\$20.95) which involves two crab cakes, more local crabmeat, lobster meat, asparagus and a drizzle of béarnaise sauce.

Other seafood entrées, pan seared haddock (\$17.95), organic Scottish salmon (\$18.95), crab cakes (\$18.95), parmesan crusted scallops (\$19.95) and Haddock Oscar (\$19.95) are all comforting choices and an excellent value, with two choices of sides included in the price.

Meat lovers may choose from ribs, two steak dishes, chicken or a mixed grill plate, all under \$20 and including the same sides deal as the seafood and fish dishes. The four pasta dishes on the regular menu feature our local, high quality Terra Cotta pasta.

I noticed there is plenty of vegetarian choice on the lunch menu and a nightly special entrée for this eating preference.

Everything on the menu is prepared from scratch, including all sauces and salad dressings, and in such a small kitchen with limited storage space, you can be sure that it is fresh on a daily basis.

Remember that this is an entirely al fresco dining and drinking venue, so don’t go to Frills on a rainy night. That’s the only time during the high season that this hard-working couple closes the restaurant. Otherwise, Frills is open seven days a week. Lunch is served from 11:30 a.m. until 4 p.m. and dinner is from 5 p.m. until close. Give Frills a call at 641-0601.

### MY KIND OF SHOW

## ‘SUNSET BOULEVARD’ STUNS

Review: Dark musical, great drama on Ogunquit stage

By JENNIFER L. SAUNDERS

The York Independent

Have you seen *Sunset Boulevard* yet at the Ogunquit Playhouse? If not, this weekend is your last chance, so pack the paper up and go get your tickets. You can read while you’re waiting for the show to start.

After all, this is an all-new production of Andrew Lloyd Webber’s Tony Award-winning hit that is an unexpected mix of beautiful music, mystery and humor—a meeting of light and darkness that is not unlike the silent movies that gave main character Norma Desmond her fame. And that’s no surprise, given that the show has at its root the film noir classic by Billy Wilder.

The Ogunquit Playhouse production, which ends this Saturday, Aug. 14, is the first fully staged regional theater production in the entire country, and on opening night, the crowd’s excitement at being part of such an historic event had the theater buzzing and kept the applause and ovations coming. The production features the original Tony-nominated costumes by Anthony Powell against the backdrop of a set designed especially for the Ogunquit Playhouse by Todd Ivins. Director Shaun Kerrison, resident director on the Broadway production of *Mary Poppins*, is no stranger to the playhouse, having directed *My Fair Lady* and *Les Misérables* in recent years. This production features a strong cast and innovative set design that blends both stage and screen elements to bring the story to life.

Fans of Andrew Lloyd Webber are sure to love the music in this production, ranging from the melodic beauty of songs like “With One Look” and “Too Much in Love to Care” to the upbeat “This Time Next Year.”

*Sunset Boulevard* stars television and film veteran Stefanie Powers as Norma Desmond, the tragic star of yesteryear who leaves the audience wondering whether she is manipulative, tragic or purely insane. The crowd could not contain its excitement when Powers descended the staircase as Desmond, belting out some of the show’s most well-known songs.

While fans probably remember Powers best for her performance on television series “Hart to Hart” with Robert Wagner, she actually began her performing career at the tender age of 15 as a dancer for famed choreographer Jerome Robbins. In addition to her television career, she appeared in 15 films and toured in many theatrical productions including *Under the Yum Yum Tree*, *How the Other Half Loves*, *Sabrina*, *A View From the Bridge*, *Oliver!* and *Annie Get Your Gun*. She also appeared in the first revival of *Applause*, the musical version of *All About Eve*, and Off-Broadway in *The Vagina Monologues*. In the U.K., Powers succeeded Elaine



Page in *The King and I*. She recently released her debut CD and her memoir, “One From the Hart,” will be available in this fall. Her biography also notes one of her key

interests away from stage and screen: she is the co-founder and president of the William Holden Wildlife Foundation, which is committed to conservation work in Africa.

Todd Gearhart brings down-on-his-luck screenwriter Joe Gillis to life on the Ogunquit stage. With his strong voice and conversational connection with the audience, he pulled the opening night crowd right into the story so that we all traveled with him into Norma Desmond’s all-too-strange world. Gearhart’s credits include *Bye Bye Birdie* on Broadway as well as many television and film appearances.

In a show with such dark themes as seduction, mental illness and murder, the happy moments shine all that much brighter. As the clever, idealistic Betty Schaefer, Christina Decicco won the hearts not only of two of the show’s leading men but of the audience as well. Her lovely soprano voice is perfectly suited to her duets with Gearhart. Schaefer’s credits include Cindy Lou in the final Off-Broadway cast of *The Marvelous Wonderettes* and Glinda in the National Tour of *Wicked*—which just happens to be one of my favorite musicals of all time.

Also giving an excellent performance was Sal Mistretta as Max, who was last seen at the Ogunquit Playhouse in *Guys and Dolls* last summer and was part of the original Broadway cast of *Sunset Boulevard*. Mistretta’s stirring performance of Norma Desmond’s devoted “German shepherd” is not to be missed. David Perlman is also especially memorable in the role of Artie.

The full ensemble deserves credit for fabulous energy, delightful characters and beautiful voices, especially in their delightful rendition of “This Time Next Year” and “Auld Lang Syne.”

So, head out to the playhouse this weekend before your chance to see this historic production passes as this season’s lineup moves from film noir to film hilarious with the musical production of Monty Python’s *Spamalot* from Wednesday, Aug. 18, through Saturday, Sept. 11.

After the Monty Python hilarity, this year’s season will wrap up with *Chicago*, featuring playhouse favorite Sally Struthers in the roll of Matron “Mama” Morton through Oct. 24.

Main Stage tickets prices range from \$49 to \$67 per show. For tickets or more information, visit [www.ogunquitplayhouse.org](http://www.ogunquitplayhouse.org) or call 646-5511.

Jennifer Saunders is a contributing editor for the York Independent.



## MUSIC LISTINGS

## WHO'S PLAYING, WHEN &amp; WHERE

## FRIDAY, AUG. 13

- **Dave Berry Band**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Eastern Sound Orchestra**, 7 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Deely Stan vs. the Guv'Nors**, 8:30 p.m., The Landing at Pine Point, 353 Pine Point Road, Scarborough, Maine (207) 774-4527.
- **Flash Allen**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Jumbo Circus Peanuts**, 7 p.m., Rotary Arts Pavillion at Henry Law Park, Dover, N.H. (603) 742-2218.
- **Ben Killcollins**, 10:30 p.m., Federal Jack's Brew Pub, 8 Western Ave., Kennebunk, Maine (207) 967-4322.
- **Sarah Lee Guthrie & Johnny Irion**, 8 p.m., Jonathan's, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.

## SATURDAY, AUG. 14

- **Alasdair Fraser & Natalie Haas**, 1 p.m. Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **Diane Charmaine**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Patty Larkin**, 1 p.m. Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **Lindsay Mac**, 1 p.m. Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **The Nouveaux Honkies**, 1 p.m. Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **Windham Concert Band**, 7 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Rob Butler Band**, 10:30 p.m., Federal Jack's Brew Pub, 8 Western Ave., Kennebunk, Maine (207) 967-4322.
- **Eddie Mekka**, 8 p.m., Jonathan's, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.

## SUNDAY, AUG. 15

- **Family Affair**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **The Morlocks**, 7 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Open Mic**, 7 p.m., The Stone Church, 5 Granite St., Newmarket, N.H. (603) 292-3546.
- **Shelby Lynne**, Jonathan's, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.
- **Bill Cameron**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## WEDNESDAY, AUG. 16

- **Michelle Currie**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## TUESDAY, AUG. 17

- **Green Lion Reggae**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Flash Allen**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Tears for Fears**, 8 p.m., Hampton Beach Casino

Ballroom, 169 Ocean Blvd., Hampton Beach, N.H. (603) 929-4100.

## WEDNESDAY, AUG. 18

- **Scharff Brothers**, 8 p.m., MC Perkins Cove, 111 Perkins Cove Road, Ogunquit, Maine (207) 646-6263.
- **The Wailin' Jennys**, 7 p.m., Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **Tim Theriault**, 7:30 p.m., Alisson's, 11 Dock Square, Kennebunkport, (207) 967-4841.
- **Diane Charmaine**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## THURSDAY, AUG. 19

- **Lewis Black**, 8 p.m., Hampton Beach Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H. (603) 929-4100.
- **Michelle Currie**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **The Tony Boffa Trio**, 7 p.m., The Landing at Pine Point, 353 Pine Point Road, Scarborough, Maine (207) 774-4527.

## FRIDAY, AUG. 20

- **Rhythm Method**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Jefferson Starship**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.
- **Flash Allen**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Richard Desota & The Explorers**, 6:30 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Reverend Jim**, 10:30 p.m., Federal Jack's Brew Pub, 8 Western Ave., Kennebunk, Maine (207) 967-4322.

## SATURDAY, AUG. 21

- **Mikey Jr.**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Temple Band**, 6:30 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Travis James Humphrey**, 10:30 p.m., Federal Jack's Brew Pub, 8 Western Ave., Kennebunk, Maine (207) 967-4322.
- **Adam Lambert**, 8 p.m., Hampton Beach Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H. (603) 929-4100.
- **Diane Charmaine**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## SUNDAY, AUG. 22

- **Rob Benton**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **The Wailin' Jennys**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.
- **Saving Abel**, 7 p.m., Hampton Beach Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H. (603) 929-4100.
- **Bill Cameron**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Open Mic**, 7 p.m., The Stone

Church, 5 Granite St., Newmarket, N.H. (603) 292-3546.

## MONDAY, AUG. 23

- **Michelle Currie**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## TUESDAY, AUG. 24

- **Green Lion Reggae**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Ray DeMarco**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## WEDNESDAY, AUG. 25

- **Bill Foley**, 8 p.m., MC Perkins Cove, 111 Perkins Cove Road, Ogunquit, Maine (207) 646-6263.
- **Diane Charmaine**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **David Francey**, 7 p.m., Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **Brian Johnson**, 8:30 p.m., Alisson's, 11 Dock Square, Kennebunkport, (207) 967-4841.

## THURSDAY, AUG. 26

- **Aztec Two-step**, 8 p.m., The Landing at Pine Point, 353 Pine Point Road, Scarborough, Maine (207) 774-4527.
- **Matisyahu**, 8 p.m., Hampton Beach Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H. (603) 929-4100.
- **Michelle Currie**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## FRIDAY, AUG. 27

- **Lisa Marie Band**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Richard Thompson**, 7 p.m., Prescott Park, Portsmouth, N.H. (603) 436-2848.
- **The Blues Prophets**, 6:30 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Peter Finkle**, 10:30 p.m., Federal Jack's Brew Pub, 8 Western Ave., Kennebunk, Maine (207) 967-4322.
- **Flash Allen**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

## SATURDAY, AUG. 28

- **Drivin Blind**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Piscataqua River Brass Band**, 6:30 p.m., Ellis Park, York Beach, Maine (207) 363-1040.
- **Diane Charmaine**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.
- **Tret Fure**, 8 p.m., Jonathan's, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.

## SUNDAY, AUG. 29

- **Family Affair**, Inn on the Blues, 7 Ocean Ave., York Beach, Maine (207) 351-3221.
- **Richie Havens**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, Maine (207) 646-4777.
- **Bill Cameron**, One Dock, 1 Dock Square, Kennebunkport, Maine (207) 967-2621.

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*Saturday 14<sup>th</sup>*

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*Wednesday 18<sup>th</sup>*

**B.I.N.G.O**

*Thursday 19<sup>th</sup>*

**B.M.V.**

*Saturday 21<sup>st</sup>*

**SMOKEHOUSE BAND**

*Sunday 22<sup>nd</sup>*

**CHICKEN SHOOT 2-4pm**

*Monday 23<sup>rd</sup>*

**LOBSTER ROLL DINNER  
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*Wednesday 25<sup>th</sup>*

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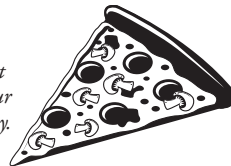
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Executive Board - Last Thurs. of month 7pm

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## Entertainment Schedule

**8/13**

DAVE BERRY BAND

**8/14**

SUBSTANCE

**8/15**

FAMILY AFFAIR

**8/16**

KARAOKE BEACH IDOL

**8/17**

GREEN LION REGGAE

**8/18**

R RATED HYPNOTIST

FRANK SANTOS JR

**8/19**

KARAOKE DANCE PARTY

**8/20**

RHYTHM METHOD

**8/21**

MIKEY JR.

**8/22**

ROB BENTON

**8/23**

INSPECTION

**8/24**

GREEN LION REGGAE

**8/25**

R RATED HYPNOTIST

FRANK SANTOS JR.

**8/26**

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# IS DREAM CAR FROM HIGH SCHOOL A GOOD IDEA TODAY?



Dear Tom and Ray:

I graduated from high school in 1963, and my dream car was the 1963 Studebaker Avanti. Well, life got in the way, and I never realized my dream of owning an Avanti. I recently have been going on eBay to find Avantis that have survived these past 47 years. I have located several that are rated from museum quality to daily drivers. This car did not achieve star status, as Studebaker went out of business in 1966, and a Canadian company produced replicas for several years. But the '63 and '64 models, in average condition, seem to be going for between \$6,000 and \$13,000.

My questions are: (1) Do you think a 47-year-old vehicle could be a dependable car for everyday use? I do not want a trailer queen or

a covered dust collector in the garage. And (2) the Avanti was known as a muscle car in its day, so could I expect it to still be as strong today? I know I'm not. Finally, (3) in the vast experience you both have with automobiles, do you think I would have to drive this kind of car with kid gloves and always be fearful of old-age-related problems? I really don't want to own a money pit. — Gary

**TOM:** We'll take your questions one at a time, Gary. Do we think a 47-year-old car can be dependable for everyday use?

**RAY:** No. Forty-seven-year-old cars are, generally speaking, unreliable. Not to mention unsafe. That's why most people got rid of them 35 years ago.

**TOM:** Would it still be a muscle car today?

**RAY:** In looks, yes. And possibly on the road, too. It's possible, if the compression is good and everything is in good working order, that you could floor it and accelerate pretty fast. Just make sure nothing's in your way. Like a curve. But that leads directly to Question 3:

**TOM:** Would you have to drive this car with kid gloves and always be fearful of age-related problems?

**RAY:** Yes. And that would preclude flooring it and trying to drive it like a muscle car.

**TOM:** When you buy a car like this, what you're really buying is a hobby, Gary. If you don't have the time or the interest for an old-car hobby, then buy a 1/10th scale model Avanti for your desk instead.

**RAY:** Right. If what you really want is a daily driver, the cheapest, most bare-bones, brand-new Nissan Versa is going to be safer, cheaper to run and much more reliable, and will handle a lot better than the Avanti.

**TOM:** So you have to decide what you really want, Gary. If you want to fulfill your lifelong dream, then buy an Avanti. Just understand that you're not buying a car, you're buying a dependent.

**RAY:** And on those weekends when it's running well and you're not out searching for parts, you can drive it up to the old high school and pretend it's 1963 again. You can imagine that all the other kids are jealous of you, that the prom queen wants a ride home and that you still have hair. Good luck whatever you decide, Gary.

Dear Tom and Ray:

I recently was advised to use a much lighter weight of oil than I am used to using. I was told I should use 5-20 weight oil in my 2007 Pontiac Solstice convertible. I grew up in Minnesota, where this was considered "winter weight" oil. For summer, we all went up to 20-40 or 30-50 weight. Now I live in northern Georgia, and 5-20 weight just sounds awfully thin — especially in summer. So, is the mechanic trying to ruin my engine? Or have things changed since I was 16? Thank you! — Richard

**TOM:** Things have changed since you were 16, Richard. I mean, start by taking a look at your hairline.

**RAY:** Oils have changed, too. They've gotten significantly better in the past 30 years. The improvements in their ability to lubricate and resist high-temperature breakdown have allowed manufacturers to make engines that run on these lighter-weight oils. And lighter oils mean less internal engine friction, which means better gas mileage.

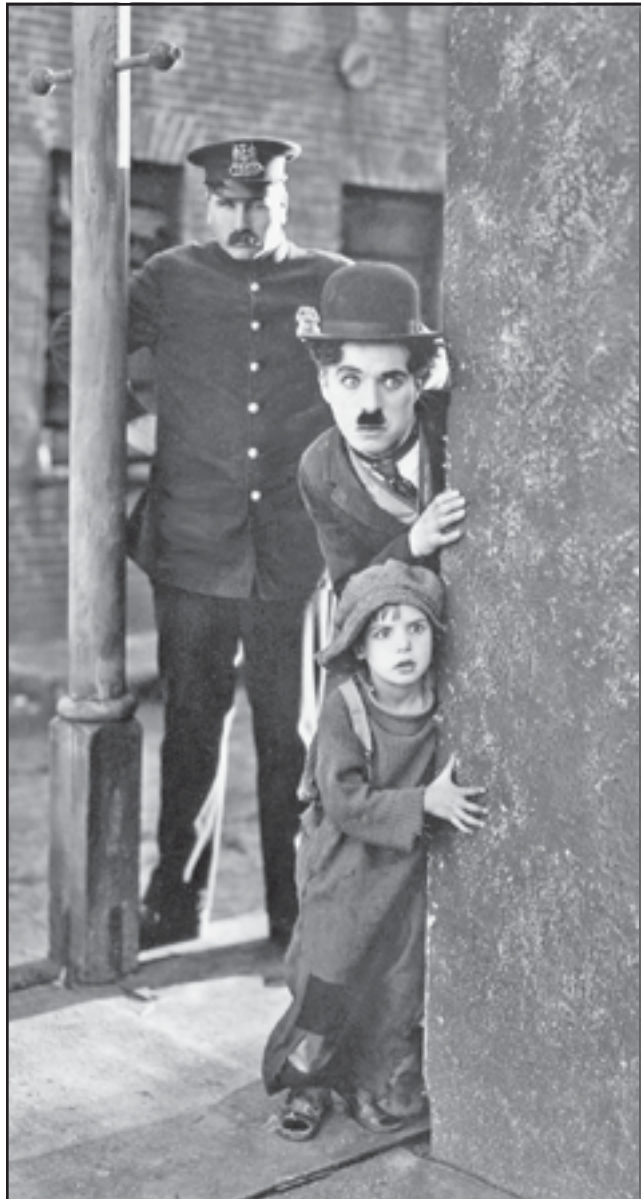
**TOM:** That's why Pontiac itself suggests you use 5W-20 in your Solstice. You can use a heavier oil if you want to, but you won't get the intended fuel economy, and in cold weather, you won't get the engine protection that your manufacturer is counting on.

**RAY:** So I'd use 5W-20, Richard. Since it's the manufacturer's recommended oil, it certainly won't do any harm to your engine.

**TOM:** If you're feeling adventurous, you can try some 5W-20 on your hairline, too. It probably won't grow hair, but from a distance, that black smear might be mistaken for a patch of new growth.

What's the best way to warm up your engine in the morning? Find out by ordering Tom and Ray's pamphlet "Ten Ways You May Be Ruining Your Car Without Even Knowing It!" Send \$4.75 (check or money order) to Ruin, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack by visiting the Car Talk Web site at [www.cartalk.com](http://www.cartalk.com).



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Scott Pilgrim Vs. the World

By AMY DIAZ

The York Independent

## Scott Pilgrim vs. the World (PG-13)

**Michael Cera, saddest of the sad sack hipsters, must fight a squad of evil ex-es to win the heart of the alternagirl apple of his eye in Scott Pilgrim vs. the World, a dizzying circus of a movie.**

Scott Pilgrim (Cera) is in his twenties but dating a high schooler named Knives Chau (Ellen Wong) and shares a room — so small that he actually shares a bed — with roommate Wallace Wells (Kieran Culkin). Scott's job appears to be slacking around Toronto and playing with the band Sex Bob-omb, which is not thrilled when he starts bringing Knives to practice. Soon, however, Scott is over his infatuation with young Knives and into Ramona Flowers (Mary Elizabeth Winstead), a taciturn young woman who works at Amazon and has ever-changing hair colors. She also has seven evil ex-es who, because the most recent ex is eager to have her back, have declared a series of duels against Scott Pilgrim if he wants to be with her. A discovery that is a mixed bag for him — on the one hand, that's a lot of fighting for somebody who looks like Michael Cera. On the other hand, it means he and Ramona are, at least on some level, dating.

Gideon Gordon Graves (Jason Schwartzman) is Ramona's most recent ex, the one who wants her back. Other exes include an action star and a superhuman yet not terribly bright rocker (Brandon Routh, who just keeps getting more fun).

Close your eyes and *Scott Pilgrim* sounds like an arcade. An arcade where they play indie music. Which is on purpose — the visual style of this movie is all comic books (its source material) and video games. When Scott is able to defeat an ex,

he is rewarded with a pile of coins. In the movie's big final fight, he makes use of an additional life (thanks to a 1-Up that appears next to a pixilated, early-Nintendo-era-style version of his face) and a few powers that he gains thanks to things like discovering self-respect. It is cute, funny and occasionally really annoying. This is one of the few movies where an enthusiastic crowd pretty handily got in the way of my enjoying the movie. Shut up, crowd, I kept thinking. This movie is by itself a marching band, some elephants and a Mini Cooper full of clowns. It does not need a whooping audience to keep things energized. Which means I don't know what, in terms of your — vs. my — movie-going experience. Perhaps those coming fresh to this story, not readers of the graphic novels from whence it came, should see the movie at some quiet weekday matinee.

Edgar Wright, the director here, is also the director of *Hot Fuzz* and just as that movie references, skewers and loves the overheated action movie, so does this movie poke gentle fun at the things it references — video games, indie music, comic books, Toronto. It is sweet at times, delightfully smart at times — but also frequently gimmicky. I 70 percent liked what was happening and 30 percent wanted to like it, making the movie something like moderately more enjoyable than not.

Michael Cera might have exactly one speed — George Michael from *Arrested Development*, slightly grown up — but it works here. He is definitely believable as a guy whose sole experience at kicking butt involves a joystick (and yes, joystick — this movie has a very retro-alternative, early-1990s feel; I half expected a Nirvana reference). And what the movie lacks in magnetic leads it makes up for in delightful supporting characters — Anna Kendrick as Scott's mildly sympathetic sister, Wong as a broken-hearted school girl, Aubrey Plaza as a nay-saying acquaintance who appears everywhere, and of course, Culkin, as a gay lothario/life mentor.

*Scott Pilgrim vs. the World* cries out to be labeled awesome, a level it doesn't quite reach. But it conquers “fabulously watchable” just fine. **B**

*Rated PG-13 for stylized violence, sexual content, language and drug references. Directed by Edgar Wright and written by Wright and Michael Bacall (from the graphic novels by Bryan Lee O'Malley), Scott Pilgrim vs. the World is an hour and 52 minutes long and is distributed by Universal Pictures. It opens in wide release on Friday, Aug. 13.*

## The Expendables (R)

**You name a major action star from the last 30 years and you've got a 50-percent chance of naming a cast member of The Expendables, a movie co-written by, directed by, starring and featuring thorough butt-kickings of and by Sylvester Stallone.**

So, yes, in case you haven't seen the trailer, the list: Stallone, of course, and also Jet Li, Jason Statham, Dolph Lundgren, particularly sneery Eric Roberts, Randy Couture, Steve Austin, a particularly bad-ass Terry Crews, Mickey Rourke and in delightful little cameos, Bruce Willis and the governor of California, one Mr. Arnold Schwarzenegger, who probably gets the best meta joke of the bunch.

Some of these bang-punch-ka-boom guys are good mercenaries (led by Stallone), some are bad mercenaries (led by Roberts). All participate in the comic relief that fills the scenes between stuff blowing up and guys getting punched. Occasionally, Stallone or Rourke or some combination will attempt to ruminate on what this gun-for-hire life means to their souls (which, yeesh, fellas). For no particular reason Statham gets a very small, very underdeveloped side plot about a girl (Charisma Carpenter) he likes. There is some even more shakily constructed stuff about a girl (Giselle Itie) in peril in some Cuba/Colombia-ish island country. And there is a dictator (David Zayas) of said country who is supposed to be, what, crazy? Or layered? I

don't know, he paints and that's pretty much all he gets for his character development.

The ruling principle of this movie seems to be getting as many tight shots of as many tough-guy faces as possible, so when things aren't being punched or exploded they're being explained in super close-ups that put us staring at the enormous face of, say, Willis or Li. One scene cuts the faces entirely and just does cuts to eyes — Stallone, Statham, Li, maybe a stand-in or two — that close up, who's to say?

And when our heroes aren't shot as though the cameraman were looking for sinus infections, they're shot in fight scenes so dizzying that you find yourself wondering things like, “Who just knifed who in the face?” and “Didn't that helicopter blow up already?” It's like the cameraman was in the fight, being kicked in the gut while lying on the ground — but still filming, of course, because this isn't a movie for wussies.

To say the acting is bad is not so much an understatement; it erroneously suggests that anybody here is acting. It's more like they're playing pretend, as if, instead of being asked by their daughters (or, you know, granddaughters) to play princess tea party they've been asked by Stallone to play explodey knife party. They are pretending, or in the case of Schwarzenegger, who shows up to saunter into a church, backlit by a golden glow, looking like the robot reincarnation of a Ronald Reagan/Jesus hybrid, just talking while smiling. It looks like they are having a crazy blast of fun time but I doubt anybody was stopping a scene to get Director Stallone to go over their motivation again.

So, good movie? Not as such, no. But, you know, so what? **B-**

*Rated R for strong action and bloody violence throughout, and for some language. Directed by Sylvester Stallone and written by Stallone and David Callaham, The Expendables is an hour and 43 minutes long and is distributed by Lionsgate. It opens in wide release on Friday, Aug. 13.*

## WHERE TO SEE THE FLICKS

For films and showtimes, call the theater.

**Wells Five Star Cinema 7**  
75 Wells Plaza, Wells, Maine  
• (207) 646-0500

**Regal Cinemas Newington 15**  
45 Gosling Road, Newington, N.H. • (603) 431-4200  
**The Music Hall**  
28 Chestnut St., Portsmouth, N.H. • (207) 436-9900

**Smitty's Sanford Cinema & Pub**  
1364 Main St., Sanford, Maine  
• (207) 490-0000  
**Smitty's Cinemas Biddeford 8**  
420 Alfred Road, Biddeford, Maine • (207) 283-4500  
**The Cinemagic & IMAX in Saco**

779 Portland Road, Saco, Maine • (207) 282-6234  
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# LOOKING FOR A HOME

If you're interested in adopting any of these animals or if you'd like to know who's available for adoption, please visit the Animal Welfare Society Web site at [www.animalwelfaresociety.org](http://www.animalwelfaresociety.org) or call 985-3244.

### Mattie

Meet Mattie, a 7-month old Mixed Breed. Mattie is a re-served girl who will need a little time to get used to new people and situations. Once she does, though, she can be a playful dog. Unfortunately, she can't go to a home with children as they make her too uncomfortable. If you'd like to adopt Mattie, please fill out an adoption questionnaire and then bring your entire family, including dogs, in to meet her.



### Kolby

Meet Kolby, a 3-year old Boxer Mix. Kolby is a mellow girl looking to find a forever home. She can be very sweet and enjoys going for regular walks. She should do fine sharing a new home with some other dogs and dog savvy cats, but no children please, as they will be too much for her to handle. If you'd like to adopt this regal lady, please fill out an adoption questionnaire and then bring your entire family, including dogs, in to meet her.



### Sasha

Meet Sasha, a 4-year old Akita Mix. She's a little reserved at first, but with some time she should warm to new surroundings. Regular play time with some toys and



her new owners will help her adjust. Sasha is currently going through an obedience class with the shelter dogs as well as some agility training and she loves it. She should do fine sharing a new home with other dogs and children over the age of 8 who won't overwhelm her. If you'd like to adopt Sasha, please fill out an adoption questionnaire and then bring your entire family, including dogs, in to meet her.

### Miser

This gorgeous man is Miser! He is a wonderful six year old cat that is patiently waiting for the forever family of his dreams. He doesn't come right out and ask for attention but, if you start to give him a nice scratch behind the ears, Miser will be your best friend and follow you all around asking for more. If Miser sounds like the perfect addition to your family please fill out our questionnaire and stop in to meet him.



### Charlotte

This beautiful girl is Charlotte! She is a lovely little two year old cat that can't wait to find a forever home to call her own. Charlotte is a friendly girl that would love to share her new home with other cats, children and possibly even dogs. If this sweetie pie sounds like the kitty for you please fill out our questionnaire and stop in to meet Charlotte.



### Kitty

Meet Kitty, a 10-year old cat with a beautiful brown tiger coat. Kitty is a golden oldie who's led



a long, full life and is now ready to find a forever home to retire in. She is an extremely sweet gal who would love to find a new home where she could give, and receive, lots of attention. She should do fine sharing a new home with other cats and children of all ages. If you'd like to adopt Kitty, please fill out our questionnaire and then stop by Petsmart in Biddeford to meet her.

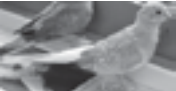
### Thumper

This little cutie pie is Thumper! He is a four and a half year old Mini Lop that would love to find a forever family to call his own. One thing that Thumper's new owners will have to is keep an eye on his teeth and get them trimmed when needed. It would be a good idea to speak with your veterinarian about this before hand. If Thumper sounds like the bunny for you please fill out an adoption questionnaire and stop in to meet him.



### Dovey and Lovey

These beautiful boys are Lovey and Dovey! They are both adult male Diamond Doves that would love to find a forever home to call their own. They came in together and are the best of friends so we are asking that they go home together. Lovey and Dovey are fairly quiet birds that will make a soothing cooing sound from time to time. If these two sound like a pair for you please fill out an adoption questionnaire and stop in to meet Lovey and Dovey.



### Sunday, Aug. 22

Low tide, 4:39 a.m.  
High tide, 10:41 a.m.  
Low tide, 4:45 p.m.  
High tide, 10:49 p.m.

### Monday, Aug. 23

Low tide, 5:20 a.m.  
High tide, 11:21 a.m.  
Low tide, 5:27 p.m.  
High tide, 11:29 p.m.

### Tuesday, Aug. 24

Low tide, 5:57 a.m.  
High tide, 11:57 a.m.  
Low tide, 6:04 p.m.

### Wednesday, Aug. 25

High tide, 12:05 a.m.  
Low tide, 6:30 a.m.  
High tide, 12:30 p.m.  
Low tide, 6:39 p.m.

### Thursday, Aug. 26

High tide, 12:40 a.m.  
Low tide, 7:01 a.m.  
High tide, 1:01 p.m.  
Low tide, 7:13 p.m.

### Friday, Aug. 27

High tide, 1:14 a.m.  
Low tide, 7:31 a.m.  
High tide, 1:32 p.m.  
Low tide, 7:48 p.m.

## TIDE CHART

### York Harbor

#### Friday, Aug. 13

High tide, 1:49 a.m.  
Low tide, 8:12 a.m.  
High tide, 2:18 p.m.  
Low tide, 8:40 p.m.

#### Saturday, Aug. 14

High tide, 2:44 a.m.  
Low tide, 9:03 a.m.  
High tide, 3:11 p.m.  
Low tide, 9:37 p.m.

#### Sunday, Aug. 15

High tide, 3:41 a.m.  
Low tide, 9:56 a.m.  
High tide, 4:06 p.m.  
Low tide, 10:37 p.m.

#### Monday, Aug. 16

High tide, 4:42 a.m.  
Low tide, 10:53 a.m.  
High tide, 5:04 p.m.  
Low tide, 11:41 p.m.

#### Tuesday, Aug. 17

High tide, 5:46 a.m.



Low tide, 11:54 a.m.  
High tide, 6:07 p.m.

#### Wednesday, Aug. 18

Low tide, 12:48 a.m.  
High tide, 6:53 a.m.  
Low tide, 12:59 p.m.  
High tide, 7:12 p.m.

#### Thursday, Aug. 19

Low tide, 1:54 a.m.  
High tide, 8 a.m.  
Low tide, 2:04 p.m.  
High tide, 8:15 p.m.

#### Friday, Aug. 20

Low tide, 2:56 a.m.  
High tide, 9:01 a.m.  
Low tide, 3:04 p.m.  
High tide, 9:13 p.m.

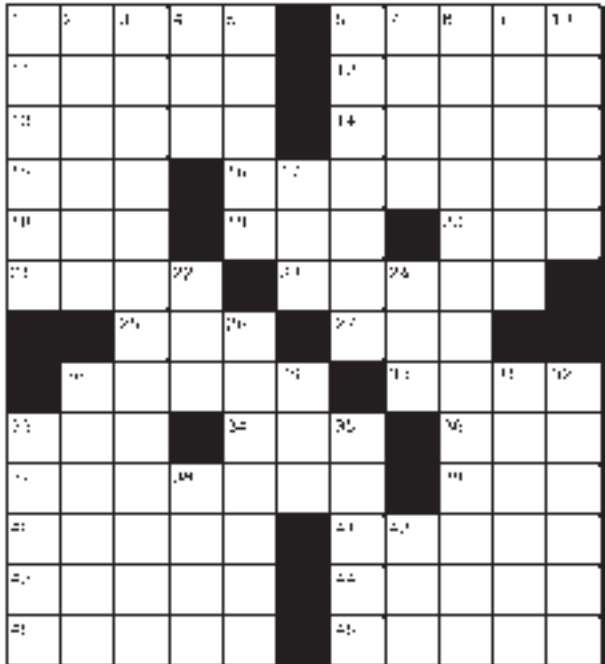
#### Saturday, Aug. 21

Low tide, 3:52 a.m.  
High tide, 9:55 a.m.  
Low tide, 3:58 p.m.  
High tide, 10:04 p.m.

## CROSSWORD PUZZLE

### ACROSS

- Strike defiers
- West Pointer
- Preminger film
- Unescorted
- Flexible conjunction
- Deck makeup
- Golf goal
- Invites on a date
- Shelley work
- Movie computer
- Give it a go
- Some votes
- Underworld river
- Crime cartel
- Tofu base
- Hands over
- Does in
- Shooter ammo
- Suffer
- Debt reminder
- Like good spaghetti
- Cut off
- Skiing site
- Some medals



8-13

43 Pisa sight

44 Not called for

45 Farm animals

46 Puzzle

### DOWN

- Apply crudely
- Calgary's country
- She played Alice
- Sis' sibling
- Singer McLachlan
- Witchy laughs
- Weary word
- "Big Spender" songwriter
- Last
- Irritable
- Mineo of movies
- Lawn material
- Overly
- Pitches to the noggin
- Violas' kin
- Plop down
- Dipping treat
- Soap opera
- Angel hair, e.g.
- Advantage
- Fencing weapon
- Lennon's wife

## SUDOKU

### Conceptis Sudoku

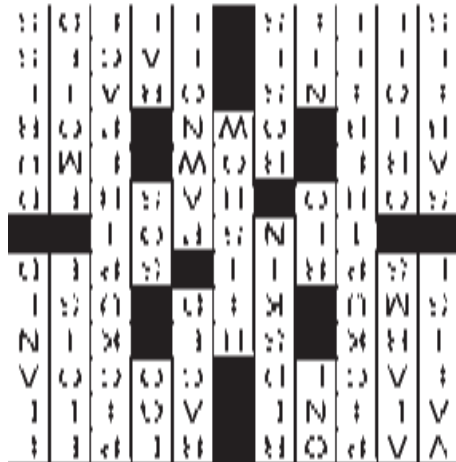
By Dave Green

			4					
		9		5		7		
7					1			2
		6	5		2			7
	7			9			5	
8			1		7	3		
4			6					9
		5		2		4		
					8			

Difficulty Level ★★★★★

8/13

## Crossword Solution



## Sudoku Solution

9	2	7	5	6	8	4	3	1
8	4	5	2	1	3	7	9	6
1	3	6	4	9	7	5	8	2
3	8	9	6	7	1	2	4	5
4	5	1	9	3	2	8	6	7
7	6	2	8	4	5	3	1	9
2	9	8	3	5	6	1	7	4
6	1	3	7	2	4	9	5	8
5	7	4	1	8	9	6	2	3



## NEWS OF RECORD

## OBITUARIES

**Ruth H. Caine**

Ruth H. Caine, 86, died at York Hospital on Thursday, July 29, 2010.

Born on November 24, 1923, she was the daughter of Wilbur and Clara (Roberts) Henderson.

Following graduation from the University of New Hampshire, she worked 45 years for the N.H. Department of Health and Welfare, Division of Human Services. Shortly after retirement she moved from Claremont, N.H. to York.

Her twin sister Dorothy died in 1965, and her brother Philip in 2000. She is survived by a niece, Jan Henderson and a sister-in-law Alma Henderson, both of York; also several cousins and friends.

In lieu of flowers, memorial contributions may be made to the Salvation Army, 15 Middle St., Portsmouth, NH 03801 or the York Street Baptist Church Deacon Fund, 61 York St., York, ME 03909.

**Anna Oliver Kelly**

Anna Oliver Kelly, 100, died peacefully on Tuesday, Aug. 3, 2010 at Durgin Pines.

She was born on Long Island, lived in Roslyn Estates, N.Y., Southbury, Conn., Punta Gorda, Fla. and for many years summered in Oquossoc, Maine.

She was the widow of Frank J. Kelly, prominent New York businessman who predeceased her in 1991. She is survived by her two children, Eleanor K. Haugh of Chatham, N.J., and Frank J. Kelly Jr. of Albuquerque, N.M.; five grandchildren, Richard M. Haugh, Jr., Stacey E. Garrison, Meredith M. McCluney, Andrew C. Haugh, and John D. Kelly; and ten great-grandchildren.

A memorial service will be held at St. George's Episcopal Church in York Harbor on Sunday, Aug. 15 at 1 p.m.

In lieu of flowers, contributions may be made to the Rangeley Public Library in Rangeley, Maine or St. George's Episcopal Church, P.O. 364, York Harbor, Maine 03911.

**Thomas 'Kirk' Moulton**

Thomas "Kirk" Moulton, 68, of Logging Road, Cape Neddick, and a longtime resident of Hamilton, Mass., died Monday, Aug. 9, 2010 in Portland, Maine.

He was born July 16, 1942 in Beverly, Mass., a son of the late Wilbur T. and Irene H. (Fanning) Moulton.

He was the owner and operator of Moulton Stables in Hamilton, Mass. for many years and also worked for the Salem Evening News for 35 years. He enjoyed reading, movies, the Red Sox and Patriots.

He leaves his wife of 41 yrs, Mary Alice (Kushnieruk) Moulton; his step-father who helped raise him, Warren T. Culbert of Farmington, N.H.; a brother, Peter 'Kent' Culbert of Seabrook, N.H.; a son, Thomas J. Moulton and his wife Karen of Essex, Mass.; two daughters, Toni Carmody and her husband Mark of Amesbury, Mass. and Tina Kinsella and her husband James of Wilmington, Mass.; two sisters-in-law, Janet Dunleavy and her husband John of Peabody and Christine Welch and her husband John of Canton, Mass.; eight grandchildren, Shayne, Kaitlin, Ryan, Conor, Declan, Jake, Tori, Skylyn; four nephews and their families.

There is no funeral service planned. Memorial contributions may be made to the Animal Welfare Society, P.O. Box 43, West Kennebunk, ME 04094. Arrangements were handled by Lucas & Eaton Funeral Home, 91 Long Sands Road, York. Visit [www.lucaseatonfuneralhome.com](http://www.lucaseatonfuneralhome.com).

## Local Births

## Recorded York Hospital during January

The following births were recorded recently at York Hospital:

• Born July 2, 2010, **Harrison Paul Ronca**, baby son of: Kirsten & Matthew Ronca of York. Proud grandparents are Laraine & Jack Anderer of York and Judy & Ernie Wood of South Berwick.

Happy siblings are Reese & Benjamin.

• Born July 27, 2010, **Kylie Kendall Fenell**, baby daughter of Nicole Ouellette & Daniel Fenell II of Somersworth, N.H. Proud grandparents are Daniel Fenell of Dover, N.H. and Lyndsay Rubin of Dover, N.H.; William Ouellette of Berwick and Donna Booth

of St. Albans.

• Born July 28, 2010, **Colby Joseph Plante**, baby son of Karen & Isaiah Plante of York. Proud grandparents are Trenor & Judy Goodall of York and Steve & Diane Barnes of Orange, Mass. Happy siblings are Isaiah & Hunter

## GARDEN CLUB TO PRESENT 'ALL THAT JAZZ'

The Old York Garden Club will present a Standard Flower Show, "All That Jazz," at the York Public Library from Thursday, Sept. 9 to Saturday, Sept. 11.. The show will be free and open to the public. Preview Night will be Thursday, Sept. 9, 5 to 7 p.m. Regular show hours will be Friday, Sept. 10, 10 a.m. to 5 p.m. and Saturday, September 11, 10 a.m. to 2 p.m.

The community is cordially invited to participate in the Horticultural Division, "Come Rain or Come Shine." Horticultural rules and awards will be made public. Horticulture entries will be received from 1 to 4 p.m. on Wednesday, Sept. 8, at the Fellowship Hall of the First Parish Church. Design entries and Special Exhibits will be received from 9 to 11:30 a.m. on Thursday, Sept. 9, at the

York Public Library. For more information, contact Rosemarie Glynn, Chairperson of the Flower Show, at 363-2787 or [rglynn@maine.rr.com](mailto:rglynn@maine.rr.com).

**Farmers Market features local goodies**

The Gateway Farmers Market on Saturday, Aug. 14 will feature Fed by Chuck / Crazy Camel Dessert Hummus and The Seacoast Soap Company; they will both have balloons on their tents during the market so that customers can easily find them.

Dessert hummus is a whole new twist on chickpeas; it is a healthy dessert alternative that tastes great. Fed by Chuck / Crazy Camel Dessert Hummus has six flavors available at the market.

## ICE CREAM TIP SHEET



We asked for your favorite summer ice cream tips, and here's a selection of responses...



“6-year-old Emma likes to belly up to the Goldenrod counter to ask for a 'golf ball' of ice cream in the heat of the summer so she doesn't end up with sticky fingers!”

—Emma Murphy, Portsmouth, N.H.



“For those into soft serve, the Dairy Bar at Long Sands still provides the best value around.”

—Rudder Carr, York



“My favorite ice cream spot is Brown's and my favorite flavor is ginger.”

—Kathy Morrison, York



“Here's my summer ice cream tip: Share it with a friend so it won't melt before you have a chance to eat it. We love the Goldenrod!”

—Amy Krukonis, Pride's Crossing, Mass.



“My ice cream tip: Eat lots of ice cream!”

—Darrell Miller, Prides Crossing, Mass.



“Nothing marks the real start of summer like that first Goldenrod ice cream cone procured after unpacking the first afternoon of arrival at our beach cottage.”

—Marcia Z. Blecker, York



“Ice cream is ice cream, I've never had a bad ice cream. But you want to get your money's worth. That's why I love Noel's in the Kittery outlet mall the most! They have reasonable prices and you will always get your money's worth! They serve Gifford's, which is delicious!”

—Bianca Williamson, York



“I look forward to the Kaluha fudge brownie ice cream at Brown's. The kid size is plenty for me!”

—Kelly Harrington

## GET A FREE CONE!

E-mail us your summer ice cream tips and we'll send you a certificate for a free small cone at the Sundaes on the Beach on Route 1 in Wells. E-mail your tip and your mailing address to:

**yorkindependent@gmail.com**

Offer good until we run out of certificates!



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**IMPORTED LEATHER SOFA**  
new chocolate brown \$475.  
Call 396-5661.

**3PC KING PILLOWTOP MATTRESS SET** new in plastic with warranty. \$220.  
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**ABSOLUTE BARGAIN** new twin/full mattress set w/ frame \$179. Call 396-5661.

**CHERRY SLEIGHBED** new in box with mattress qn size \$425. Call 899-8853.

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**POSTURE SUPPORT** queen mattress all new \$145. Call 899-8853.

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# COMMUNITY SERVICE

## Donations, volunteers needed

- **York Hospital's Meal Delivery** program is looking for volunteer drivers with dependable vehicles and good driving records to deliver meals during the day. Drivers are reimbursed for mileage and also provided with a free meal. Anyone interested should contact Roberta Sullivan at 351-2224 or [rsullivan@yorkhospital.com](mailto:rsullivan@yorkhospital.com), or Leisa Smith at 351-3596 or [lsmith@yorkhospital.com](mailto:lsmith@yorkhospital.com).
- **York Community Thrift Shop**, located at 1320 Route 1 in Cape Neddick requests donations of small furniture, small kitchen appliances, costume jewelry, summer hats and shoes. Proceeds from the shop benefit townspeople through the Food Pantry and Family Services. Call 363-2510.
- **The York County Shelter Programs** is committed to recycling. They are in desperate need of two large Garden Way type of carts with the big wheels that will enable residents at the shelter and residents at the farm to collect and transport items to the recycling barn and to the compost pile. One cart is needed for use at the shelter while the other would be used at the farm. Anyone who could help find one of these carts is encouraged to contact Tom at the farm at 793-4592. The farm is also looking for the donation of tools and other equipment.
- **York Harbor Inn** is collecting donations and supplies for the Animal Welfare Society and Safe Haven Cat Rescue. Visit the inn's Ship's Cellar Pub on York Street in York Harbor for good eats, good fun and good company while supporting a great cause.

## Public meals

- **Coffee Shop at the Wells-Ogunquit Senior Center** is open Monday through Friday, 9 to 11 a.m., serving regular or decaf coffee, pastries, Congdon's and Dunkin' Donuts, and their own blueberry muffins for \$1.50. Thursday's Coffee Club occasionally has a guest speaker.

## Local organizations

- **The Kittery Historical and Naval Society** meets the

# Horoscopes

By Rusty

The Southern Maine Coast's leading astrologer and ad hoc steam locomotive repair consultant

**Aries** (March 21-April 19): Surprise flirtations at work may delight you, except your job happens to be in the prison laundry.

**Taurus** (April 20-May 20): Love at first sight is possible for some of you. For you in particular, try and get people before they visit the optometrist.

**Gemini** (May 21-June 20): Spontaneous parties or get-togethers might take place

at home today, especially if you stay away.

**Cancer** (June 21-July 22): This is an exciting, different day! Expect to meet new faces and go to new places today, such as the barbershop.

**Leo** (July 23-Aug. 22): Spontaneous purchases are likely today, but due to lack of ready cash, in your case it will be spontaneous shoplifting.

second Tuesday of the month at the Lions' Club Building on State Road at 7 p.m. The public is always invited to attend. For further information contact the Kittery Historical and Naval Society, P. O. Box 453, Kittery, ME 30904-3080, 439-3080, or call Barbara Estes at 439-1332.

- **Catapult is the Seacoast's** first networking group specifically dedicated to young professionals. Catapult is a nonprofit organization, and membership is free. Visit [www.catapultseacoast.org](http://www.catapultseacoast.org).
- **The Diverse Business Advantage Chapter of BNI** meets Thursdays at Sentry Hill at 2 Victoria Court, York Harbor. Meetings are held from 8 until 9:30 a.m. and all visitors are welcome. For more information, Call Catherine Bosbach at 363-2418.
- **The International Women's Club of New England (IWCNE)** meets for lunch on the fourth Saturday of every month with an international speaker. IWCNE is non-profit, non-political, non-sectarian, and its mission is to foster goodwill, friendship and understanding amongst members from different countries and to support charities which assist women and children. Call 985-7433.

**Virgo** (Aug. 23-Sept. 22): A decision about shared property or something that has to be divided could be made in your favor. So it's a great day to order pizza.

**Libra** (Sept. 23-Oct. 22): Somebody will say something that surprises you. In fact, you should be surprised that anyone talks to you at all.

**Scorpio** (Oct. 23-Nov. 21): A stitch in time saves nine. Too bad you never learned how to sew.

**Sagittarius** (Nov. 22-Dec. 21): Today's quote: "The best laid schemes o' mice an' men gang aft agley." Get back to

me after looking up "agley."

**Capricorn** (Dec. 22-Jan. 19): Romance with someone older or richer, or perhaps even your boss might begin today. Too bad you're serving that sentence in solitary confinement.

**Aquarius** (Jan. 20-Feb. 18): You're ready to explore all kinds of new situations today. Why not start by getting acquainted with a bar of soap?

**Pisces** (Feb. 19-March 20): You will be disappointed to find that today's horoscope rather self-referential.

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**KENNEBUNK - INCREDIBLE VALUE!** Classic cape, conveniently located near I-95, great living space & 2 first floor bedrooms. Extra large master suite. Great deck, private yard. Efficiency apartment over garage can be used as separate living space or home office. **\$195,000**



**LONG BEACH IN YORK** is where you'll find this 2-car garage with approval to be replaced with a cottage or add living space above. 1 of 3 stand alone properties on a very large lot located at the beach. Currently in condo conversion. **\$299,000**



**TOP VALUE IN SOUTH BERWICK!** Attractive 1600 SF dormered cape with open-concept kitchen/dining, 2 full baths, expansive living room & master bedroom, town water and sewer, partially finished basement. **\$209,000**

**CAPE NEDDICK - BUILDERS TAKE NOTICE!** 30 acre parcel close to beaches, restaurants, & shopping. Originally 40 acres, the owner is retaining 10 acres and will have the 10 acre parcel surveyed and pinned. Great family compound or subdivide. **\$226,800**

**YORK - LOCATION, LOCATION, AND MORE!** This quarter acre building lot is near York's beaches. Walk to everything. Private, quiet area with easy access to shopping, restaurants, and beaches! **\$149,900**

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**Jean Kovacs 207-408-1822**

### OGUNQUIT



WALK TO PERKINS COVE! Stunning antique colonial (circa 1799), completely remodelled maintaining all the charm. 3 BR, 2-1/2 BA, mstr suite, gourmet kitchen, wood floors, 3 FP, large sunny yard. **\$675,000**

**Michael Maler 207-251-3888**

### OGUNQUIT



SEASONAL OCEAN VIEWS. Lovely & liveable! Short stroll to drawbridge & Marginal Way. 2124 sf w/1st floor master suite. Private deck & backyard w/ beautiful stone walls. Walk to all entertainment :-). **\$649,000**

**Joanne Stone 207-337-2359**

### WELLS



This young home is rich in detail, amenities, & location. 1 floor living at its best. Gorgeous kitchen w/Corian counters & Cherry cabinets. 3 BR, 2 full BA, fireplace, open living areas, 3 car garage & unreal full basement! **\$309,900**

**Gail Benson 207-251-0632**

### WELLS BEACH



LIVE AT THE BEACH! Two seasonal cottages just steps to sandy Crescent Beach, on almost 1/4 acre lot & bordering the Rachel Carson Wildlife Preserve. Premier location & ENDLESS POSSIBILITIES. **\$450,000**

**Kathy Thornton 207-337-0003**

### ELIOT



GREAT SOUTH ELIOT LOCATION. Minutes to the Piscataqua River & Portsmouth. 2-bdrm ranch on corner lot. Large master bdrm, finished rm in basement, wood floors, town water/sewer, garage/workshop. **\$210,000**

**Nancy Raynes 207-233-1693**

### YORK



Near the York River and the Ocean, this home has 3 bedrooms, 2 baths, a fireplace in the living room, a beautiful glass sunroom that leads to a deck, hardwood floors throughout plus a room for a den or office. **\$329,900**

**Jim Hager 207-361-7169**

### YORK



EASY LIVING in charming Cape. 1 mile to Long Sands Beach, stroll to York Village shops & restaurants. 1st floor BR, new custom bath, new kitchen w/granite, hw, fp. GREAT LOCATION! Broker owned. **\$349,900**

**Gail Benson 207-251-0632**

### YORK BEACH



LIFE AT THE BEACH! Adorable year-round home just 4/10 mile walk to YORK BEACH. 3 BR, 2 BA, wide pine & bamboo floors, wrap around decks, 3-season porch, quiet street, big yard, 1-car garage. **\$399,500**

**Louise Ducharme 207-252-3270**

### YORK



ANTIQUE LOVERS DREAM! Overlooking meadows and distant hills, ca. 1830 3-4 bdrm. cape. Large family rm w/ exposed beams & skylights opening to screened porch & deck. Glowing Wood floors! **\$329,900**

**Jim Hager 207-361-7169**

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WALKER'S PARADISE! Beautifully maintained home on cul-de-sac in area's PREMIER RETIREMENT COMMUNITY. 1st floor living w/ HW flrs, gas FP, private deck. Woodland paths to pond, gazebo. Close to shops, ocean. **\$435,000**

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### YORK BEACH



LOCATION, LOCATION, LOCATION! You can hear, smell, and even get peeks of the ocean. Only steps to the Beach! Lovely 2-bedroom turnkey cottage w/a 20'x 16' sleeping loft and 16' x 16.5' porch. **\$350,000**

**Nancy Raynes 207-233-1693**

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