

York

# The Independent

*The hometown voice of the greater York region*

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September 11 - 24, 2009 Volume 11 ~ Issue 18

## MAKING HISTORY



**YORK'S CITIZENS OF  
THE YEAR SHARE  
COMMON ROOTS IN  
TOWN'S DISTANT PAST, P. 9**

VIGOR S. SPILLER  
LIBRARIAN  
MAKING OF OLD YORK



# Publisher's Note: Snubbing the Nub on Open Lighthouse Day

What a great idea! This weekend, on Sept. 12, the state will hold Open Lighthouse Day, a chance for visitors and residents alike to explore some of our finest historic resources. Of the 52 lighthouse along the coast, 26 of these wonderful—er, actually only 25 will be open. Apparently, despite being announced in June by the Maine Office of Tourism, more than two months is not enough time for our Department of Parks and Recreation to figure out a way to get people out



Dan Szczesny

to "Nubble Light" without getting sued. Cape Neddick Light is owned by the town and visitors need to be ferried by a boat to get there, apparently leaving the town open to all kinds of logistical issues that mostly involve liability should some wayward Massachusetts tourist fall off the transport.

So, one of the state's most visible and beloved symbols will remain shuttered to tourists because we can't figure out a way to get people there safely.

Ah well, at least there will be a book signing in Sohier Park where we'll be able to gaze upon our off-limits lighthouse.

Then again, you can always go to Kennebunkport.

## York Independent Sports

Meanwhile, our York Wildcats football team got off to a super start on Saturday, Sept. 5 over in Falmouth by beating up on the Yachtsmen. You can read all about it in our new sports pages, which start on page 10. Sports writer and

photographer Chris Shipley is heading up this new section, and we hope to expand that coverage to include all types of recreation here in the Yorks, from high school athletes to road races to local leagues. By the way, Chris is a superb photographer and if you'd like to see some other photos of the York-Falmouth game, in color, check out [www.shipleyimages.com](http://www.shipleyimages.com). In the meantime, if you want to talk sports, or anything else for that matter, drop me an e-mail at [danszczesny@gmail.com](mailto:danszczesny@gmail.com).

## The Inside Guide

### ON THE COVER

York 2009 Citizens of the Year Dexter and Ginny Spiller pause for a moment in their busy schedules in the Museums of Old York Research Library where this pair uses their love for history and genealogical research to help others find their local roots.

(Photo by Jennifer L. Saunders)

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## Making a house a home: Habitat for Humanity's York Build

By Jennifer L. Saunders

YORK BEACH—When Janalee Moquin learned that she and her 13-year-old son Orion had been selected as the residents of a brand new Habitat for Humanity home being built on Hemlock Road, she could not believe it.

And, taking a break from a long day of work at the site, where Janalee works alongside Habitat for Humanity members and volunteers, she smiled, saying it still didn't seem quite real.

But it is. There, on a lot donated by the town of York to Habitat for Humanity to make one small step forward in the town's effort to address its longstanding need for affordable housing, the house that will one day be home to Janalee and Orion is already taking shape.

"It seems like we're working on someone else's project," said Janalee, who is well known in town not only through her two jobs at York Town Hall and York Parks and Recreation but because she has long been a devoted volunteer.

Janalee can be found organizing events and programs for other home-schooling families, overseeing an annual benefit for children in foster care at Christmas and working alongside her son to cheer patients at York Hospital—just to name a few.

"Before I ever applied to Habitat for Humanity we were volunteering to help on the project," she said.

That spirit of helping others, and her deep commitment to the community where she has lived in rental housing for many years, added much to Janalee's application, explained Habitat for Humanity York County Board President Rich Parsons.

And, Parsons said, the willingness of the York Board of Selectmen to donate this piece of town-owned land to the effort is especially deserving of praise as the cost of land is often the key inhibitor to moving forward with a Habitat for Humanity project.

"We really need to do something about affordable housing, and we are blessed the town of York came to the party," he said. "Now, we're able to put together a home for a wonderful family that is part of the community. We are just thrilled with the selection of Janalee and Orion as the recipients of this home."

Based on their history of volunteerism, he said, there is no question that the Moquins will continue to be an asset to the town, Parsons said.

And what does Orion think of all this?

"It's just absolutely amazing," he said.

The York community has embraced the effort of Habitat for Humanity York County to date, Parsons said, highlighting the volunteer hours donated to the project by area residents, tradespeople and businesses owners alike, including Kevin deSchuytner, Walter Woods, Scott Fagan and many others.

"The response from the community here in York has been outstanding," Parsons said. Project Contractor David Mann agreed.

"It's tremendous," he said. "Everyone has been a blessing."

As the Hemlock Road home continues to take shape, however, the need for volunteers and donations continues.

Whether you've never held a hammer before or you're an experienced plumber with services to donate or offer at a discount, there is an



Janalee Moquin and her son, Orion, peek through the window of the Habitat for Humanity house that will be their home once it is completed. (Photo by Jennifer L. Saunders)

opportunity for you to help at the York Habitat for Humanity Build. And, donations are still needed to fund completion of the project.

To make a donation, send a check made payable to Habitat for Humanity York County to P.O. Box 267, Kennebunk, ME 04043.

For those who would like to donate their time and volunteer, build days are scheduled on Fridays and Saturdays through December, and some of those days even feature coffee and doughnuts donated by Dunkin' Donuts of Kittery and free lunches donated by many different groups from the greater York community. To sign up to help, email Construction Volunteer Coordinator Ruth Baker at [mpatience@gmail.com](mailto:mpatience@gmail.com).

"We really could use all the help we can get," Parsons said.

To learn more about the project, its volunteers and ways to help, visit [www.habitatyorkcounty.org](http://www.habitatyorkcounty.org) and click on the link for the York Build.

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# Volunteers needed at cleanup

By Jennifer L. Saunders

YORK—Local siblings Allie and Andrew Hayford are no strangers to keeping the beaches in their communities clean.

For several years, Allie served the Southern Maine Adopt-A-Beach Coordinator for the Blue Ocean Society and, upon her departure for college, her brother, York High School student Andrew Hayford, has taken up the effort.

In the week ahead, Andrew is working with the Ocean Conservancy to coordinate local efforts as part of the 24th Annual International Coastal Cleanup.

Residents of York and Ogunquit can help out on Ogunquit Beach on Saturday, Sept. 12, and on Long Sands Beach in York on Saturday, Sept. 19.

The International Coastal Cleanup is a cleanup of oceans, rivers and waterways all over the world during the third week of September each year, Andrew explained.

"Thousands of volunteers help to clean up the water, with every piece of trash recorded, to determine the extent of the ocean pollution as well as ways to reduce the sources of garbage," he said.

During last year's effort, Andrew added, about 100 local volunteers collected approximately 232 pounds of garbage from York's beaches alone.

This year, Andrew is turning to his fellow high school students to help in the effort.

He has contacted York High School as well as Marshwood, Noble, Wells and Berwick Academy, he explained.

"Some of our area schools require community service to graduate and what better way to earn credit than volunteering for a couple of hours on our beaches?" Andrew

asked, speaking to the importance of the area's waterways to the quality of life of the region.

For example, recently Andrew worked to raise awareness of the phenomenon of "Wild Canada" lobster bands washing up in huge numbers along local beaches.

While the search for the source to that problem continues, the need to remove debris like this continues.

As he put it, those who take part in the International Coastal Cleanup can "help us to reduce pollution because the ocean is so important for our climate, the fish we eat and ultimately clean water is our most vital need for animals and humans."

Local officials agree, as both communities participate in beach monitoring programs to assess water quality and York officials are moving forward with Comprehensive Plan amendments specifically focused on addressing the need to protect water quality for the town's future.

To be a part of the Saturday, Sept. 12, cleanup at Ogunquit Beach, meet at the front entrance to the beach by 1 p.m. The cleanup will continue until 3 p.m.

To help out on Long Beach in York on Saturday, Sept. 19, meet at the Long Sands Bath House by 2 p.m. The cleanup will continue until 4 p.m.

In both cases, all supplies will be provided and no advance signup is necessary.

"I hope we get a lot of volunteers this year because our ocean sure needs help," Andrew said.

For more information about International Coastal Cleanup, contact Andrew Hayford at hayford.andrew@yahoo.com or call 361-1790.

## Old York Antiques Show opens

By Jennifer L. Saunders

YORK—Whether your passion is antique jewelry or oriental rugs, classic furnishings or nautical-themed items, you won't want to miss the second-ever Old York Antiques Show.

This year's event is set for Saturday and Sunday, Sept. 12 and 13, at the Remick Barn Visitor Center in the center of York Village.

And what can you expect at this year's show?

Museums of Old York Development and Community Relations Director Erica Holthausen summed it up with two words: "Incredible diversity."

This year, the show will feature 19 dealers from throughout the region highlighting exceptional items ranging from silver and brass works to furniture, paintings, ceramics and accessories, explained Holthausen.

The show will be open from 10 a.m. to 5 p.m. on both days at the Remick Barn with free parking on site. The event will also include refreshments provided by The Rowan Tree Café in York Village and the \$10 admission includes a two-day ticket to experience the Museums of Old York as well.

Antiques enthusiasts also won't want to miss the Antiques Show Preview Party on Friday evening, Sept. 11, sponsored by Hap Moore Antiques Auctions. At the preview,

you can meet the dealers and be the first to have a chance to purchase items from these varied collections—all while being treated to refreshments, wine and live music. The event will be held from 5 to 8 p.m. at the Remick Barn Visitor Center and tickets are \$75 each, which includes admission to the two-day show during the weekend. Tickets may be purchased by calling the Museums of Old York at 363-4974 prior to the event.

This year's event also includes to Connoisseur's Tours, one on the theme Piscataqua Furniture at the Emerson-Wilcox House and the other on Decorative Arts at the Perkins House.

Focusing on the more than 250 years of history at the Emerson-Wilcox House, which, in addition to being a family home, has been used as a tavern, tailor shop, post office, store and, in recent years, museum, the Piscataqua Furniture Connoisseur Tour will showcase the home's examples of regional furniture from centuries past on Saturday, Sept. 12, from 11 a.m. to 12:30 p.m.

Admission to both tours is included in the price of the Antiques Show.

This year's Old York Antiques Show is sponsored by York Hospital and Morgillo Financial Management. To learn more, visit [www.oldyork.org](http://www.oldyork.org).

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Legion - 1st Monday of month 7pm  
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AUX - 2nd Monday of month 1pm  
House Committee - Last Thurs. of month 6pm  
Executive Board - Last Thurs. of month 7pm

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## Town business includes growth talks, sewer project

By Jennifer L. Saunders

YORK—From a key sewer improvement project in York Beach to a public hearing on petitions regarding the town's Residential Growth Ordinance, local residents can expect a busy week all around town beginning on Monday, Sept. 14.

The Board of Selectmen held a special meeting just before the holiday weekend in celebration of Labor Day to discuss setting a date for a public hearing on a second citizen petition to extend the town's Residential Growth Ordinance.

The selectmen had voted earlier this summer not to move the ordinance forward to a public hearing, effectively keeping it off the ballot in November.

Proponents of the longstanding ordinance, which limits how much residential development can occur each year, responded with a petition seeking to have the measure back on the ballot. Following lengthy discussions on the proposal and the ordinance in recent weeks, the board voted to move the petition forward to a public hearing. Then, a second petition came forward and, on Friday, Sept.

4, the board voted to also schedule a public hearing on the second citizens petition for Monday, Sept. 14, at the York Public Library. The board's meeting will begin at 7 p.m.

According to York's Home Rule Charter, the Board of Selectmen is required to hold a public hearing on petitions that are certified as valid by the Town Clerk and then has 45 days to call an election.

To view the agenda for the next Board of Selectmen's meeting, which will include the public hearing, visit the town of York's Web site at [www.yorkmaine.org](http://www.yorkmaine.org). Once meeting agendas are posted, they are made available under the Meetings-Agendas tab.

Meanwhile, a separate issue, also of great importance, will be taking center stage in York Beach during the week beginning Monday, Sept. 21.

York Sewer District Superintendent Tim Haskell explained that the district has found significant sewer pipe damage to the Ocean Avenue main sewer line.

As a result, the district will need to completely replace the line.

"Due to the location of the pipe, the large

impact area and the need to complete the project as quickly as possible, the district has elected to use a much less disruptive method of pipe replacement than digging up the entire line," Haskell explained.

The district will be using a "trenchless" technology called pipe bursting, he said. Where a new pipe will "pulled through the existing pipe while the old pipe is expanded to accommodate the new pipe."

In detailing the project, Haskell said the line extends from the manhole above Marietta Avenue across from Ocean Avenue Extension down to Hawk Street.

"Three holes will be excavated to accommodate the pipe and equipment to pull the pipe through the old line. Smaller holes will have to be dug at any service lines that have to be reconnected," he said. "The project is expected to start the week of Sept. 21 and is anticipated to take approximately five days to complete."

To see examples of pipe bursting projects or to learn more about the York Beach project, visit the York Sewer District's Web site at [www.yorksewerdistrict.org](http://www.yorksewerdistrict.org).

## Help needed to keep Family Resource Center open

By Jennifer L. Saunders

YORK—Imagine a place where families can find a safe place to gather, where children can enjoy hands-on activities and where childcare is provided at a nominal fee by a top-notch staff and what that place means to those who rely on its services and activities.

That place is the Family Resource Center, a nonprofit organization which has been in operation since 2003 at Landmark Hill in Kittery, just south of the York town line, which offers resources and allows families to connect through such opportunities as weekly playgroups, parenting support groups, parent education and other family-related services.

The Family Resource Center (FRC) mission is to "provide a safe, fun and respectful environment for families to grow and connect; create and maintain a healthy community by building upon families in our community; support and value diversity; reflect the needs of families in the community."

And while those who have visited the center, enjoyed its services or made connections for their families through FRC offerings are the first to praise the work of this local nonprofit, these difficult economic times are taking a serious toll on the future of the organization.

"We have until Dec to come up with funding solution for a full year, or we will close," explained FRC Program Coordinator/Director Michelle James.

As James explained to the 400 families currently on the center's mailing list in a recent letter, "In Maine, in spite of the fact that we can clearly document the benefits of this kind of program, there are no established public funding sources for Community Based Family Resource Centers. Programs of this nature need to bring together a number of different funders to develop a viable budget."

Since 2003, when grant funding and program support from organizations including the Maine Juvenile Justice Advisory Committee, Casey Family Services and United Way totaled well over \$82,000 as well as a full-time AmeriCorps VISTA volunteer staff member, that number has dropped to about \$17,000.

"The Family Resource Center has adapted and adjusted to accommodate each of these losses," James explained. "However, with this most recent reduction in funds, we find ourselves at a point where, without additional dollars, we cannot fund even the most basic of needs to keep the program's doors open."

Currently, she said, the center has been conducting fundraisers in an effort to remain open month to month.

Some of those fundraisers include the ongoing FRC Cares program for children between the ages of 1 and 12 years old, which provides day activities or evening activities for up to four hours at a cost of \$25 or \$28, respectively; an after-school arts camp held monthly for school-aged children; a Family Walk being planned for the end of September; a toy/costume sale for mid-October, and a scrapbooking event being planned for November.

Local residents can help, James said, by spreading the word about the FRC programs such as FRC Cares and drop-in activity options, contact the center with ideals for fundraising, assisting with fundraising events or sharing suggestions for corporate or organization sponsors to assist the center going forward.

As Kittery Point resident Blayne Matty wrote in a letter to The York Independent, the economy's "latest victim is a local nonprofit that is an important resource for local fam-



Ollie Huber explores the hands-on nature of getting creative with art at the Family Resource Center, located at the York-Kittery town line on Landmark Hill. This nonprofit organization is in danger of closing forever in the weeks ahead due to lack of funding. (Courtesy Photo)

ilies, and one that I personally don't know how I will live without. ... As a society, we need to consider how we are allocating our money. This sort of small, local nonprofit benefits the entire community by helping to educate young children and keep their parents in a healthy, sane existence. ... If you have the means or an idea to keep the center open, please give them a call."

To learn more, or to help in the effort, contact Michelle James at 451-9291 or [frcmichelle@yahoo.com](mailto:frcmichelle@yahoo.com) or FRC Executive Director Bill Hager at 324-6025 or [billhager@ccsync.org](mailto:billhager@ccsync.org), or visit [www.connectingfamiliesaltogether.org](http://www.connectingfamiliesaltogether.org).

# Memoir author to share craft at York Public Library

By Jennifer L. Saunders

YORK—Have you ever wanted to turn your past experiences and memories into a book?

The York Public Library is offering a special program featuring a Maine author who has done just that.

Lisa Barstow has first full-length work, “Don’t Go Back to Sleep,” is a memoir that has been receiving critical and popular acclaim since it was released earlier this year by Rainbow River Press.

In these first months since the book has been available, Lisa has been visiting area locations to share not only her story but the art of memoir writing. On Tuesday, Sept. 15, at noon, Lisa will be at the York Public Library as part of the annual Brown Bag Lunch Author Program. This program is free and open to the public.

A freelance writer who holds a Bachelor of Arts degree in creative writing from Vermont College and has had her shorter works featured in an array of magazines and journals, Lisa has also been trained to facilitate writing groups through the Massachusetts-based Amherst Writers & Artists.

Coming to York, a community not unlike her home town of Biddeford Pool, Lisa hopes to share not only her story, but to inspire others to connect with their own.

It was when she came upon a photograph of one of her great-grandmothers that the inspiration for her book began to gel into something tangible.

“I thought what a gift it would be to the

generations to come if I could write down who I really was,” Lisa said.

And the journey began, reflecting on her youth spent between New York and the family estate Stonecliff in Biddeford Pool, leading what many would view as a privileged, wealthy lifestyle worthy of envy.

The book is drawn from Lisa’s own experiences, from the loss of both her parents to dealing with family addictions to the reality that even in the most privileged of families, life is far from perfect.

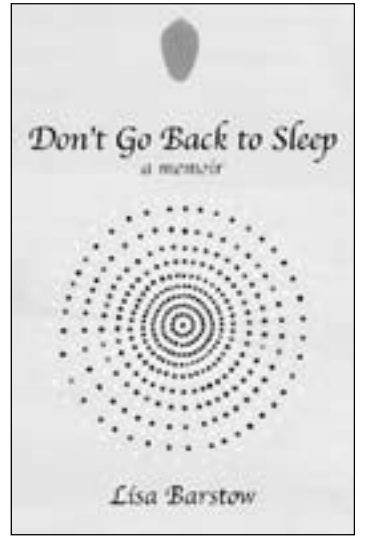
“I tried to be as authentic and truthful as I could be,” Lisa said, stressing that the art of memoir requires that honesty for the writer and reader alike.

Perhaps the title says it best—changed from her working title “Confessions of a Debutante” to “Don’t Go Back to Sleep”—a line inspired by a 12th-century poem about what the world around us has to teach us.

“It is not only seeing how the world has changed but my values as well—the idea of waking up to more than the comfortable lifestyle you’re given,” Lisa said. “It doesn’t matter what the exterior looks like. There’s a commonality and a universal theme that reaches across class and socio-economic lines.”

Lisa worked on her book over a nine-year period, culminating with its publication through her Rainbow River Press earlier this year.

In addition to her upcoming visit to York, Lisa is in the process of preparing a book tour that will take her to locations in New



Maine author Lisa Barstow recently released her first full-length book, “Don’t Go Back to Sleep.” Barstow will be featured in the York Public Library’s Brown Bag Lunch Series on Tuesday, Sept. 15. (Courtesy Photos)

England, New York and beyond.

The response to date has been overwhelmingly positive, Lisa said, and already a second printing is being discussed. For her part, Lisa said it is comments like those shared with her by a reader who told her, “you helped me to remember things I hadn’t thought about in years,” that make the process so rewarding.

“Anyone who feels that they have their own stories they’d love to share might be interested in my process,” she said, adding. “One of my hopes is that I can encourage people to do that.”

Additionally, she said, her talk is for everyone—from those curious about the lifestyle of privileged families to those who shared similar stories.

As Lisa put it, “I think there’s something here for everyone.”

To purchase “Don’t Go Back to Sleep” visit Border’s in South Portland or [www.amazon.com](http://www.amazon.com). The books is also available at select independent bookstores as detailed on [www.lisabarstow.com](http://www.lisabarstow.com).

For more about the Brown Bag Lunch series at the York Public Library, visit [www.york.lib.me.us](http://www.york.lib.me.us).


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# Comprehensive Plan amendments head to November vote

By Jennifer L. Saunders

YORK—When the York Planning Board held its most recent meeting on Thursday, Sept. 3, the order of the day was to hold public hearings on multiple Comprehensive Plan amendments and vote on which ones would be heading to the ballot this November.

Before the public hearings got underway, however, Planning Board Chairman Tom Manzi announced that with the recent appointment of Alternate Member Tom Prince the board now has a full complement of members. Prince had not yet been sworn in to formally participate, but attended the meeting at the York Public Library and watched its entirety from the gallery.

After Prince's introduction, the work began with several very quiet public hearings on everything from changes to housing policies to economic policies to small businesses. The

hearings were quiet because there was no public input offered during the meeting.

York Community Development Director Steve Burns and Town Planner Christine Grimando were on hand to answer questions, however, and the board spent time discussing each amendment before casting votes later in the meeting.

Among the proposed York Comprehensive Plan amendments heading to local voters at the statewide election in November are changes to the plan's Inventory and Analysis Housing Chamber.

Essentially, Grimando explained, the changes replace outdated information and provide updates based on the town's recent affordable housing surveys so that they are recorded as part of the plan that provides the guidance for future zoning decisions.

Another amendment addresses the policy

section of the plan on Economic Policies for Small Businesses.

Grimando said the goals of these changes include modifying such standards as those governing exterior displays in an effort to be more amenable to York's small businesses as well as efforts to streamline application processes across the board.

When the board discussed proposed changes to the Inventory and Analysis of Municipal Capacity section of the plan, Burns noted that what was believed to be the recent acquisition of land accessing Lake Caroline and the waterway itself through nonpayment of taxes is not yet a done-deal as the former owners are challenging the taking process for that parcel.

Looking at municipal capacity, the board spoke of the need for infrastructure improvements and, seeing the needs and resources highlighted, Planning Board member David

Woods said, "I look at it as a wakeup call. This town's got to get going."

Fellow board member Torbert Macdonald also spoke of the town's many needs and the importance of long-term planning to mitigate those issues to stop the current trend to "pass the current hurt on to future generations."

The board also agreed with a plan to add language to the plan on the quality of the town's water resources.

"It really gives a mandate to pursue whatever is necessary to keep water quality high," Grimando said.

As Burns put it, "It's an important issue, it's an economic issue, it's a quality of life issue," however, there was no prior language about water quality in the plan.

To learn more about proposed Comprehensive Plan and zoning amendments for the November ballot, visit [www.yorkmaine.org](http://www.yorkmaine.org).

## Schools plan for ups, downs of year ahead

By Jennifer L. Saunders

YORK—The good news is the first days of school were a success and the York High School Music Wing addition is off to a good start.

And now for the bad news: this coming fiscal year's revenue projections are not looking any better than the past year, and school officials must address the potential for serious health concerns like H1N1 "Swine Flue" and Eastern Equine Encephalitis affecting local students.

Superintendent of Schools Henry Scipione, Assistant Superintendent Jim Amoroso and members of the York School Committee met on Wednesday, Sept. 2, to discuss the start of school one day earlier and the many issues that will be affecting local students, teachers and families during the 2009-10 school year.

First off, Scipione and school teachers and administrators were able to report a successful start to the school year, with the first day of school going off without a hitch.

While there is always some fluctuation in the numbers at the start of the school year, Scipione noted the total enrollment as of the first day of school was 1,912 students, which came in slightly higher than what was predicted.

Looking to the year ahead, Scipione updated the board on plans to address concerns about the spread of H1N1 through schools.

"It is our intent to participate in the school-wide vaccination effort that the state is initiating," he said, explaining the administration is currently working in partnership with York Hospital. "It truly is an initiative to have available to all school-age children both the seasonal vaccine as well as the H1N1 vaccine."

The vaccinations will be voluntary, he said, with information provided to parents in advance of any vaccines being offered.

Although H1N1 is the health concern making headlines most regularly around the nation and the world, Scipione said it is also important to note that in Maine there is a heightened risk around Eastern Equine Encephalitis (EEE), with multiple cases of horses contracting the disease in recent weeks.

The Maine CDC and the Maine Department of Agriculture's Animal Health and Industry Division announced on Thursday, Sept. 3, that a total of five horses in Maine have died of confirmed Eastern Equine Encephalitis (EEE) and three more are suspicious, awaiting test results. These horses are from the counties of York, Cumberland, Waldo, and Penobscot.

"The vulnerability here is during this particular time of year. Once the frost happens... the threat is minimized," Scipione said.

The York School Department is undertaking a proactive preventative effort and had plans

to treat areas surrounding the athletic fields during the extended Labor Day holiday, he noted.

With EEE and H1N1 alike, Scipione said, "The hope is that if we can mitigate the number of cases because we're careful... then we're not going to have as significant an outbreak as what might be anticipated."

The goal, Scipione said, is not to create a panic but to raise awareness about these health concerns.

Finally, while the budget review season will not be getting into full swing for a couple of months, Amoroso updated the board on the business side of the York School Department business, and cautioned that the year ahead does not look to be any improvement over the current difficult budget year based on information from the state received to date.

School Committee Chairwoman Marilyn Zotos agreed.

"We're going to have our hands really full again with this year's budget cycle," she said.

Ending on a higher note—quite literally—Amoroso updated the board on the York High School Music Space project, which is now underway with a formal groundbreaking to be scheduled in the near future.

"This is off to a great start," he said.

The next York School Committee meeting will be held on Wednesday, Sept. 16, at 7 p.m.

at the York Public Library. As always, time for public comment will be allotted near the start of the meeting.



Elementary school students Sophie Traf-ton and Sam Wallace are all smiles as they are greeted at the bus stop by family and friends at the end of the first day of school in York on Tuesday, Sept. 1. (Photo by Jennifer L. Saunders.)

## Southern Maine Currents

### PSI Fall Gathering Will Be Held This Saturday, Sept. 12

The Piscataqua Sustainability Initiative (PSI) Fall Gathering will take place at the Portsmouth Public Library in Portsmouth, N.H., on Saturday Sept. 12, from 9:30 a.m. to noon.

The PSI is a grassroots effort to bring the "Natural Step" framework to the Piscataqua River region.

At the upcoming event learn more about the Portsmouth 5-year Sustainability Plan, SEAREI, 350 ([www.350.org](http://www.350.org)), and the spring Sustainability Fair.

### Benefit Crafts Festival Beginning on Saturday, Sept. 12

The 22nd Laudholm Nature Crafts Festival will be held at the Wells Reserve at Laudholm on Saturday and Sunday, Sept. 12 and 13.

The festival will be held from 10 a.m. to 4 p.m. each day and admission is \$7 per person or \$5 for Laudholm Trust members.

The Laudholm Nature Crafts Festival boasts 100 of New England's finest artists and craftspeople in a spectacular historic setting. Sculpture, jewelry, pottery, paintings, clothing and photography are among the crafts selected by jury for this prestigious event. Many artists contribute a handcrafted item to the Laudholm

Raffle, and Chifuru Noda will fill the seaside air with tunes played on his acoustic guitar.

Lunch fare will feature chowder, sandwiches, pizza, hot dogs, ice cream and lots of scrumptious desserts.

Festival proceeds benefit Laudholm Trust, the nonprofit organization that supports research, education, and stewardship programs at the Wells National Estuarine Research Reserve where a network of trails entices visitors to explore the fields, forest, marsh and beach of the Wells Reserve.

The Wells Reserve at Laudholm has a no pets, no smoking policy. For information, call 646-4521 or visit [www.laudholm.org](http://www.laudholm.org).

### Volunteers Needed for Flags Over Maine Streets

Flags Over Maine Streets will host an informational meeting on Monday, Sept. 14, at 6 p.m.

Looking to volunteer and don't know where or how? Flags Over Maine Streets Founder Mike Little is looking for people to help with community projects in York. If you have a skill, talent, or just want to help with organizing events, please attend this startup meeting to be held at the St. Aspinquid Lodge on Long Sands Road.

To learn more, call (603) 866-0773 or (207) 676-8555.

# Obituaries

## Barbara Ellen Ross

### Devoted to family

Barbara Ellen Ross of York died on Thursday, Sept. 3, 2009 at York Hospital after celebrating her 76th birthday surrounded by her children and grandchildren.



Barbara was born on August 29th, 1933 in New Haven, Conn. Barbara was the daughter of Daniel and Margaret Claffey, and the oldest of seven children.

Barbara spent her entire life putting her family above all. Her marriage of 58 years to her husband Stan was full of love, laughter, devotion, and children. She met this love of her life, a Yale "Preppie" while selling hot dogs at the Yale Bowl and the rest is history. She worked selflessly to create a nurturing home that was welcoming to everyone; a pot of coffee was always ready. Her love was unconditional and plentiful. Her sense of humor, her ability to see the bright side of any situation, her smile, her hugs and kisses will all be missed.

She is survived by her loving husband Stanley; eight children, Stan Ross and his wife Linda of Fairport, N.Y.; Daniel Ross and his wife Cindy of Middleton, Ohio; Michael and Lynn Ross of York; Deborah Bradburn and her husband Stacy of York; David Ross and his wife Deborah of Londonderry, N.H.; Elizabeth Brown and her husband Scott of York; Sandra Dufoe and her husband Alan of Annapolis, Md.; Lisa Hamel and her husband Steven of York; sisters Jean Hines and family of Palm Beach, Fla.; Joan Sandella and family of New Haven, Conn.; and brother John Claffey of Stonington, Conn..

Barbara was predeceased by her daughter Cynthia, her parents Daniel and Margaret Claffey, her brothers Daniel and "Pudge," and her sister Betty.

A funeral Mass was celebrated at Saturday, Sept. 5 in St. Christopher's Church, York. Burial was in the First Parish Cemetery.

In lieu of flowers, the family asks that those who desire make memorial contributions to York Hospital, Friendraising Office, 15 Hospital Drive, York, Maine 03909

Arrangements were handled by Lucas & Eaton Funeral Home, 91 Long Sands Road, York. Visit [www.lucaseatonfuneralhome.com](http://www.lucaseatonfuneralhome.com).

## Ralph E. Harris

### Worked in printing

Ralph E. Harris, 69 of Wells and The Villages in Florida, formerly of York, Maine and South Windsor, Conn. died Friday, Aug. 28, 2009 at his home after a courageous battle with esophageal cancer.



Ralph was born on June 29, 1940 in Hartford, Conn., son of the late Everett Samuel Harris and Helen (Bjorklund) Harris. He attended schools in West Hartford and Manchester, Connecticut and graduated from Windham High School class of 1958. He served his country in the U.S. Army reserves.

Ralph worked in the printing industry for

several years before becoming co-owner and eventually sole owner of Suburban Printers, Inc. in South Windsor.

After selling his business in South Windsor, Ralph and his wife Nancy retired to southern Maine. He worked part-time at the Cat'N Nine Tail General Store, where he loved interacting with the customers.

He leaves his wife, Nancy (Tyler) Harris; two sons, Mark A. Harris and his wife, Melissa Wilkens Harris of West Linn, Ore. and Greg E. Harris and his wife, Jennifer Kearney Harris of Scituate, Mass.; and a sister, Barbara E. Harris of East Hartford, Conn. In addition to his parents, he was predeceased by his infant daughter, Pamela, his sister, Jule Ann Anvari and "man's best friend," Mattie.

A memorial celebration of Ralph's life was held on Thursday, Sept. 3, 2009 at 1:00pm at Lucas & Eaton Funeral Home, 91 Long Sands Road in York, Maine. Those wishing to send memorial contributions in Ralph's memory may do so to The Animal Welfare Society, P.O. Box 43, West Kennebunk, ME 04094. Lucas & Eaton Funeral Home, 91 Long Sands Road, York is directing arrangements. Visit [www.lucaseatonfuneralhome.com](http://www.lucaseatonfuneralhome.com).

## Ethel M. Berger

### Enjoyed gardening, painting

Ethel Mae (Moulton) Berger, 79, of 223 Long Sands Rd., died Saturday, Aug. 29, 2009 at Durgin Pines in Kittery after a long battle with cancer.



She was born Nov. 29, 1929 in York, a daughter of the late David L. and Mary Ann (Rennie) Moulton and graduated from York High School. She had worked as a housekeeper through the years and for the Harbor Home.

She enjoyed gardening, flowers, nature, birds and painting. She also enjoyed traveling abroad with her husband and family vacationing in Alton Bay, N.H., cookouts and swimming.

She leaves her husband of 55 years, Arthur A. Berger; two sons, Arthur D. Berger and his wife, Debbie of York and Scott A. Berger and his wife Doreen of York; a daughter, LuAnn Berger of North Hampton, N.H.; a brother, Paul Moulton and his wife, Nancy of Skowhegan, Maine; three grandchildren, Mary Berger Banks and her husband, Steven of York, Christian and Hannah Berger both of York; a great-grandson, Jacob Banks; several nieces, nephews and cousins. She was predeceased by four brothers and two sisters.

A Memorial service was held on Wednesday, Sept. 2 in the First Parish Congregational Church, 180 York St., York. Burial was in the First Parish Cemetery. Memorial contributions may be made to the Center for Wildlife, P.O. Box 620, Cape Neddick, ME 03902.

Lucas & Eaton Funeral Home, 91 Long Sands Road, York is directing arrangements. Visit [www.lucaseatonfuneralhome.com](http://www.lucaseatonfuneralhome.com).

# York Hospital is offering area flu clinics October 3 and 10, 2009

In order to maximize our ability to administer the vaccine as effectively and as early as possible, we will offer vaccines only at the following clinics and clinics will administer a maximum of 1,250 vaccines per site per day.

Please make a note of this and plan to attend.

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### YORK

October 3 8:00 AM - 4:00 PM  
October 10 8:00 AM - Noon  
York Ambulance Building  
15 Salisbury Ave (on the York Hospital campus)  
York, ME 03909

### SOUTH BERWICK

October 3 8:00 AM - 4:00 PM  
October 10 8:00 AM - Noon  
South Berwick Medical Services  
57 Portland Street  
South Berwick, ME 03908

### WELLS

October 3 8:00 AM - 4:00 PM  
October 10 8:00 AM - Noon  
York Hospital in Wells Building B  
112 Sanford Rd (Rte 109), Wells, ME 04090

### KITTERY

October 3 8:00 AM - 4:00 PM  
October 10 8:00 AM - Noon  
York Hospital in Kittery  
75 US Route 1 Bypass, Kittery, ME 03904

**Also, area senior centers and elderly housing developments will offer clinics to members as scheduled. Please consult your director for details.**

## FLU SHOTS \$10

We will bill Medicare Part B and Medicaid. Other commercial insurance plans may offer coverage. Please bring your insurance card! Also, you can download the flu form online at [www.yorkhospital.com/flu.htm](http://www.yorkhospital.com/flu.htm) to save time.

Simply print it out, fill it in and bring it with you!

\*\*\* H1N1 VACCINES WILL NOT BE DISPERSED AT THESE CLINICS \*\*\*

We are awaiting information on the availability, distribution and administration guidelines for H1N1 vaccine from the Maine CDC.

Visit our website for updated information.

For continued updates about the seasonal influenza flu vaccine or the status of H1N1 vaccine, please visit the flu information page on our website at [www.yorkhospital.com/flu.htm](http://www.yorkhospital.com/flu.htm) or call Friendraising at (207) 351-2385.



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## Cover Story: Making History

# Meet Dexter and Ginny Spiller: York's 2009 Citizens of the Year

**By Jennifer L. Saunders**  
YORK—For 42 years, Dexter and Virginia "Ginny" Spiller have lived in the charming white house on York Street, spending most of their married life in the midst of the community they love.

Like many of their neighbors, this beloved local couple spent their early years focused on running their business and raising their family—but unlike so many busy parents, they always managed to find time for volunteering.

That commitment to their community only deepened over time, and the name Spiller has become synonymous with "keepers of York's past."

This summer, Ginny and Dexter were honored for their tireless commitment to various local service organizations and to the town itself when they were formally named York's 2009 Citizens of the Year by the Greater York Region Chamber of Commerce Board of Directors at the chamber's Annual Member Appreciation Barbecue.

For their part, Dexter and Ginny had no idea they were about to be selected for the honor.

Taking time to meet in one of the places most associated with this couple—the Museums of Old York Research Library in York Village—Ginny and Dexter spoke of the moment they learned they had been selected to be the 2009 Citizens of the Year.

"It was completely out of the blue," Ginny said.

In making the announcement, Chamber of Commerce Board Chairman Chris Kehl spoke of this unique couple and their special ties to York.

"It is quite fitting that these two individuals were selected this year," he said, explaining, "their family dates back to the 1600s in York, and the theme for our member celebration this year is exactly that, Back to Our Roots."

As it turns out, Dexter Talpey Spiller is a descendant of nine of the original settlers that signed the submission document that created York as part of the colony of Massachusetts Bay back in 1652 while Ginny is a descendant of William and Dorothy Dixon Moore, who were residents of York in the 1640s.

In their love of researching their own genealogy—and helping others to discover their heritage—Ginny and Dexter made a fascinating discovery: a common tenth great-grandmother, Sarah Moore Welcome Spiller, who resided on the Isles of Shoals back in 1680.

"I think of those children playing together, and hundreds of years later, here we are," Ginny said, smiling. "It was just amazing."

Dexter agreed, adding the discoveries they have found researching history never cease to fascinate them.

"We rarely watch television at home," he said. "We are always taking turns reading."

The Spillers' connections to some of York's oldest families aside, the pair has long been considered York's unofficial historians—with

Ginny even editing the book "350 Years As York, Focusing on the Twentieth Century," which was researched, written and published in honor of the 350th anniversary of the incorporation of the town as York in 2002.

As fascinating as York's history is, the Spillers have a personal history as a couple and as members of this community that is deserving of its own narrative.

Their history together stretches back over half a century, to their first meeting in college some 53 years ago.

Since that time, Ginny and Dexter both agree, they have been a team, from owning and running their own business in York Beach, the former Spiller's Restaurant, for more than two decades, raising three children and being grandparents to six grandchildren to working side-by-side helping 15 young men achieve the highest honor in Boy Scouts, the Eagle Scout Award, over numerous years.

The pair has been married for 50 years, their life and work together taking them from Maine to Alaska and back again and, individually and as a couple, the Spillers are fixtures in the community.

Ginny is not only a Museums of Old York volunteer but is the organization's librarian, helping countless York residents and visitors alike trace their own history and that of the town through the many resources available in the library.

"She's a walking encyclopedia," Dexter said affectionately, as he described Ginny's ability to help those who come into the library in the hopes of finding answers to questions from the past.

Among those who have cheered the selection of the Spillers is Museums of Old York Executive Director Scott Stevens.

"Ginny and Dexter have been outstanding models of community service for decades," he said after the pair was announced as York's 2009 Citizens of the Year. "To document all

**Ginny and Dexter made a fascinating discovery: a common tenth great-grandmother, Sarah Moore Welcome Spiller, who resided on the Isles of Shoals back in 1680.**

the ways they have contributed to life in this area would require a historian and archivist as skilled as Ginny, but she's too modest. It is a true honor to work and share a community with Ginny and Dexter."

The Spillers' years of volunteering are not limited to the historical society, however.

Ginny, for example, is also a former member and chair of the York School Committee and Board of Selectmen; was appointed by former Maine Gov. John McKiernan to serve for six years on the Maine State Board of Education; is a life member of the Mayflower Society, Girl Scouts of America and Piscataqua Pioneers Society, and even served for 15 years as York's first female Town Moderator.

Ginny is also a member of the national, state and local chapters of the Daughters of the

American Revolution—the largest women's organization in the world—holding numerous posts and serving on multiple committees. Being a part of an organization committed to historic preservation, education and patriotism is very important, Ginny said.

"If we don't educate young people about the importance of citizenship we won't have our freedoms," she said, "and my ancestors came here for those freedoms. It is so vitally important."

Dexter, meanwhile, has also spent years committed to the cause of national service

celebration in 2002, for example, the Spillers "had the distinct privilege of working with so many wonderful members of the community volunteering for projects and activities as they sought to tell accurately York's history in various forms," Ginny said.

The creation of a communitywide production based on the takeover of Gorgeana in the Province of Maine and the creation of York in Massachusetts Bay Colony was one of the highlights, both agreed, describing their work with authors and actors to create the play "Submit" as part of the anniversary celebration.

In fact, Dexter added, he was able to play one of his own ancestors—Abraham Preble—who was among those required to sign the submission to Massachusetts all those centuries ago.

"What a reward it was to have community members stand at the end (of the play) because they were natives, descendants and tourists who love York," Ginny said, adding "Our community cannot survive without faithful service from all people, young and old."

And while the Spillers continue their ongoing commitment to volunteering for the good of their town, they will have a few extra appointments on the calendar.

Dexter and Ginny will be the guests of honor at the Harvestfest Volunteer Recognition party on Thursday, Oct. 15, and will be part of the opening ceremonies for York's annual Harvestfest celebration two days later on Saturday Oct. 17. Then, on Saturday, Dec. 5, the Citizens of the Year will serve as grand marshals for the annual Festival of Lights Parade.

Looking from the past to the future, both Dexter and Ginny said that spirit of volunteerism is part of what makes York special—from those who create special books or plays for events like the town's historic anniversary to those who spend countless hours serving on town boards and committees and helping to plan for York's future.

"York has grown considerably but it has grown in a way that attracts people," Dexter said, crediting the work of the many volunteers who step up to serve the town. "When you drive into York it is different than any other community. People love it, and that's why they want to live here."

Ginny agreed.

"We've had people step up to the plate to volunteer to do these jobs that are not easy," she said of those who serve on town boards and committees and give of their time to work for the good of the town. "You don't always get exactly what you want, but together you can compromise."

Dexter and Ginny Spiller (Jennifer L. Saunders Photo)

as U.S. Army Quartermaster Corp Captain Reserve from 1959 through the present.

Locally, he spent 15 years as a York Water District trustee, with eleven of those years as the board's president; was Scout Master and Den Dad for York Boy Scout Troop 301; has been an Old York Historical Society/Museums of Old York volunteer for over 25 years, serving on an array of committees and in the library, and has also served as an Ellis Park Trustee at Short Sands Beach.

Dexter serves as a trustee and committee member at Trinity Anglican Church and has been a member of York's St. Aspinquid Masonic Lodge for 50 years, spearheading such community service programs as the annual CHIP child identification program offered free-of-charge to parents of elementary school children by the Masons in conjunction with the York Police Department and York Schools.

Those who know Ginny and Dexter know that they do not volunteer for the recognition of it, and in fact were quick to point out that when they were young they were focused primarily on their family and business, and limited their volunteer efforts to, as Ginny put it, "kid-oriented things" such as leading scouting organizations or helping raise funds for the sports and music programs in the local schools.

"Your focus changes as you get older," Ginny said, and as their children grew they began to delve more into the past—tracing their own history and that of the town they love so well.

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# Wildcats sink Yachtsmen in season opener

By Chris Shipley

A fired up York High School Wildcat football team kicked off their 2009 season on Saturday, Sept. 5 with a convincing win against the Falmouth Yachtsmen. The visitor section was packed with Wildcat faithful who made the drive to see the team post an opening day victory, beating the Yachtsmen 27-6. With solid defense and a steady running game, the Wildcats controlled the ball and the tempo of the game.

Coach Randy Small tested his offense early, calling a QB sneak on their first possession for Christopher Cole on 4 and 1. He converted for the first down to keep the drive alive. Later on the same drive, with 5:50 left in the opening quarter, solid o-line blocking sprung fullback Jared Prugar free for a 23 yard TD run. The Wildcats found themselves with an early 6-0 lead after a failed point after attempt.

Defense set the tone early forcing Falmouth 3 and out on their first offensive possession of the game. The Wildcat defense yielded their only points of the game on Falmouth's second possession as the Yachtsmen hooked up on a 45 yard TD pass with 11 minutes to go before the half tying the game at 6-6.

The Wildcats were quick to respond behind a solid running attack lead by Bradley Stevens who capped off the drive with an eight-yard TD run with 6:44 left in the second quarter. Christopher Cole deliver a well placed pass to Oliver Gray for a two-point conversion as the Wildcats recaptured the lead 14-6.

The final three minutes before the half proved exciting as Scott Langehiem intercepted a pass on Falmouth's next possession, followed by a York fumble recovered by Falmouth. A 15 yard personal foul on York would give the Yachtsmen good field position with 3:13 left in the second quarter, but once again the Wildcats defense came up big as an Aaron Prugar interception set the Wildcats up at the Falmouth 17 yard line. York could not capitalize, though they recovered their own fumble on third down and another holding penalty forced a deep pass on 4 and 16 which was picked off by Falmouth with :37 left before halftime. Prugar continued his stellar defensive performance intercepting another Falmouth pass with :03 left to close out the half.



The Wildcats' Bradley Stevens (above) drags three Yachtsmen tacklers for another solid gain. At right, Scott Langehiem runs back an interception in the second quarter. Below, the Wildcats express some pre-game power. (Chris Shipley photos)

The defense picked up right where they left off before the half forcing Falmouth 3 and out on their first possession of the third quarter. Good special teams play by the Wildcats on the Falmouth punt allowed Jared Prugar a 35 yard return setting up the Wildcats with good field position early in the second half, but a fumble stalled the drive. Later in the quarter the offense would find the end zone again, this time set up by a 32 yard pass from Cole to Austin Wallace. Prugar finished off the drive with a one yard TD run with 1:26 left in the third quarter expanding their lead to 20-6.

The fourth quarter provided much of the same as the York Wildcats posted one more TD on a 27 yard pass from Cole to Dillon DellaPasqua.



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# Area People, Places & Predictions

## YORK HIGH SCHOOL SPORTS SEPT. 11-24

- Friday, Sept. 11**
- 3:30 p.m. Coed Varsity Golf @ Greely
  - 3:30 p.m. Coed Varsity Gold @ Lake Region
  - 4 p.m. Girls Varsity Field Hockey vs. Greely
  - 4:30 p.m. Girls Varsity Cross Country Meet @ Cape Elizabeth
  - 5 p.m. Boys Varsity Cross Country Meet @ Cape Elizabeth
  - 5:30 p.m. Girls Junior Varsity Field Hockey vs. Greely
- Saturday, Sept. 12**
- 10 a.m. Girls Freshmen Soccer @ Sanford
  - 11:30 a.m. Boys Freshmen Soccer @ Sanford
- Monday, Sept. 14**
- 3:30 p.m. Coed Varsity Golf vs. Wells
  - 4 p.m. Girls Freshmen Field Hockey @ Sanford
  - 4 p.m. Boys Junior Varsity Football @ Cape Elizabeth
  - 4:15 p.m. Girls Junior Varsity Soccer @ Greely
  - 4:15 p.m. Boys Junior Varsity Soccer vs. Greely
  - 6 p.m. Girls Varsity Soccer vs. Greely
  - 6 p.m. Boys Varsity Soccer vs. Greely
- Tuesday, Sept. 15**
- 4 p.m. Girls Varsity Field Hockey @ Falmouth
  - 5:30 p.m. Girls Junior Varsity Field Hockey @ Falmouth
- Wednesday, Sept. 16**
- 3:30 p.m. Coed Varsity Golf @ Yarmouth
  - 3:30 p.m. Boys Freshmen Soccer @ Marshwood
  - 3:30 p.m. Girls Freshmen Soccer @ Marshwood
  - 4 p.m. Girls Freshmen Field Hockey @ Thornton
- Thursday, Sept. 17**
- 4 p.m. Boys Freshmen Football @ St. Thomas Aquinas
  - 4 p.m. Girls Varsity Field Hockey vs. Yarmouth
  - 4:15 p.m. Boys Junior Varsity Soccer @ Cape Elizabeth
  - 5:30 p.m. Girls Junior Varsity Field Hockey vs. Yarmouth
  - 6 p.m. Boys Varsity Soccer @ Cape Elizabeth
  - 6 p.m. Girls Varsity Soccer vs. Cape Elizabeth
- Friday, Sept. 18**
- 3:30 p.m. Coed Varsity Gold @ Cape Elizabeth
  - 4 p.m. Girls Varsity Cross Country Meet @ Wells
  - 4:30 p.m. Boys Varsity Cross Country Meet @ Wells
- Monday, Sept. 21**
- 4 p.m. Boys Junior Varsity Football vs. Wells
  - 4 p.m. Girls Varsity Field Hockey @ Lake Region
  - 5:30 p.m. Girls Junior Varsity Field Hockey @ Lake Region
- Tuesday, Sept. 22**
- 3:30 p.m. Coed Varsity Golf vs. Yarmouth
- Wednesday, Sept. 23**
- 3:30 p.m. Coed Varsity Golf vs. Falmouth
  - 3:30 p.m. Girls Freshmen Soccer @ Kennebunk
  - 4 p.m. Girls Varsity Field Hockey vs. Fryeburg
  - 5 p.m. Boys Freshmen Soccer @ Kennebunk
  - 5:30 p.m. Girls Junior Varsity Field Hockey vs. Fryeburg
- Thursday, Sept. 24**
- 4 p.m. Boys Freshmen Football @ Gray-New Gloucester
  - 4:15 p.m. Girls Junior Varsity Soccer @ Gray-New Gloucester
  - 4:15 p.m. Boys Junior Varsity Soccer vs. Gray-New Gloucester
  - 6 p.m. Girls Varsity Soccer @ Gray-New Gloucester
  - 6 p.m. Boys Varsity Soccer vs. Gray-New Gloucester

## The Wildcats look ahead

The York Wildcats are off to a solid start as they look to better last years 6-3 regular season record and return to the play-offs again this November, having already made 10 of the last 12. The team, having lost only two starters from last season's squad, remains, "a young and cohesive unit," according to 13-year Head Coach Randy Small. First year starter Christopher Cole will be taking over as quarterback, looking to lead the offense to similar success as his predecessor, Evan Wallace. With big games ahead against Wells and rivals Mt. Valley, Coach Small is taking a Belick-isque approach to the season by only looking as far ahead as the next game on the Wildcat schedule.

When asked before the first game about preparing his team for another November run, Coach Small wasn't looking that far ahead, saying, "The team to beat for us is Falmouth, then we'll look at next week." But when asked about this season's goals, he was happy to share a little optimism, "The goal is to be one of the teams playing in November, to get better everyday, wins and losses mean nothing. We are a team, on Fridays we'll

be playing 30 kids."

The Wildcats looked content in their season opener, controlling the clock with the solid running of Bradley Stevens and Jared Pruger and keeping pressure off QB Cole in his first start. This will change as the season progresses and the Wildcats encounter stronger defensive units. Cole did show promise against Falmouth delivering on some big plays including a two-point conversion, a 32-yard pass to Austin Wallace, and a 27 yard TD pass to DellaPasqua. Penalties plagued the Cats, though, stalling several drives and spoiling red zone scoring opportunities, a point which was not lost on Coach Small who after the victory described the excess of fouls as "Ugly." With their first victory of the season posted Coach Small and the Cats will aim for a more disciplined performance and to push the win streak to two games this week in their

home opener against Cape Elizabeth on Friday, Sept. 11 at 7 p.m.

~ Chris Shipley

Want to talk York Sports?  
Chris Shipley can be reached at:  
shipleyimages@hotmail.com.



York Wildcats' coach Randy Small looks on during his team's season opener on Saturday, September 5. (Chris Shipley photo)

YORK FOOTBALL 2009 SCHEDULE			
Date	York	Where/When	Opponent
Sept. 5	27	at Falmouth (7 p.m.)	6
Sept. 11	—	Cape Elizabeth (7 p.m.)	—
Sept. 19	—	at Poland (7 p.m.)	—
Sept. 25	—	Gray-New Gloucester (7 p.m.)	—
Oct. 2	—	Greely (7 p.m.)	—
Oct. 9	—	at Lake Region (7 p.m.)	—
Oct. 16	—	Fryeburg Academy (7 p.m.)	—
Oct. 23	—	at Mountain Valley (7 p.m.)	—
Oct. 30	—	at Wells (7 p.m.)	—

## GOING ON

### The Eliot 5K returns

On Saturday, Sept 26, Eliot residents will welcome back the 17th annual Eliot Festival 5K Road Race. Billed as one of the "Fastest and Largest Road Races in Maine," this year's 5K has been chosen to be included in the 2009 Maine Grand Prix Series. Participants will be lining up for a 8:30 a.m. start rain or shine. Race day registrations will run from 6:45 to 8 a.m. at the Eliot Fire Station, located on Route 103, which will also hold pre-registration on September 25 from 5 to 7 p.m. On-line registration is available at [www.eliotfestival5k.com](http://www.eliotfestival5k.com). Fees are \$17 for pre-registration and \$20 day of the race. Please contact Heather Muzeroll-Roy at 451-9334 for further details.

### Cyclists converge on Portsmouth

Portsmouth N.H will once again provide the scenic backdrop for the 5th Annual Portsmouth Criterium Cycle Race, sponsored by Smuttynose Brewing Company, on Sunday, September 20. World class professional cyclists will speed through the downtown course at speeds of over 30 m.p.h. A rider favorite course will offer excitement for spectators as participants wind through sharp turns on the 1K course. Races will begin at 1:30 p.m. and conclude with the Men's Pro beginning at 4:30 p.m. A full schedule of events can be found at [www.portsmouthcrit.com](http://www.portsmouthcrit.com). Volunteers are needed. As a reminder, downtown streets will be closed for the event please plan accordingly.



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# The Pet Connection

Editor's Note: *If you are interested in adopting any of these animals or if you'd like to know who else is available for adoption, please visit the Animal Welfare Society Web site at [www.animalwelfare-society.org](http://www.animalwelfare-society.org) or call 985-3244.*

## THE DOGS

### Rico

This suave young fellow is Rico, a three-year old pitbull with a handsome tan and white coat. He is very affectionate and smart. He knows the commands "sit," "come" and "down." Rico could use some help with his confidence, therefore we ask that he be the only dog in his new home. He will have no problem sharing a home with cats or children over the age of six.



### Nickle

Nickle is a four-year-old mixed breed who is patiently waiting for the perfect forever family. She is a friendly girl who should do just fine sharing her new home with other dogs and cats, but not children.



### Maverick

Meet Maverick! He is a six-year-old who knows the command "sit" and also knows the trick "give paw." Maverick should do just fine sharing his new home with certain other dogs and dog-savvy cats, but not children. He is a friendly boy who can't wait to find that special someone.



### Julio

This little guy is Julio, a seven-year-old Chihuahua boy who is looking for his special forever home as his former owners were unable to care for him. Although he came to us with some skin conditions, a combination of diet, medication and weekly baths are keeping this under control. Julio does have a pin in his right front leg but don't let that bother you because he certainly doesn't mind.



## THE CATS

### Zeussy

Zeussy's gentle personality and charming affection are sure to brighten your day. Her medium-length coat is extremely soft and fluffy to the touch. Finding the

most comfy cat bed in the room, Zeussy spends most of her day relaxing. She will gladly play with a cat dancer toy or rub her chin all over a toy mouse but most of all she would like to find a place to snuggle up and a human hand to scratch behind her ears. Company from other cats is not a problem for her as long as they aren't pestering her. She came to us with her companion Sista and would be thrilled to go home with her. A rambunctious dog would most likely be too much for her to handle. She would much rather find a docile canine friend.



### Quinten

This gorgeous man is Quinten, a very friendly two-year-old cat with a long gray and white coat. Quinten is and outgoing boy that is searching for that certain someone. He is an affectionate boy and should do just fine in almost any type of household.



### Mary

If you're looking for the sweetest kitty on the block, Mary is the one for you. Her purr-box works very well, almost always turned on you are sure to get an ear full of that baby in high gear! She is a mar-

velous girl who wants nothing more than a good quality retirement home that will shower her with love. Coming to the shelter without any teeth it's hard to say exactly how old she is but that doesn't bother Mary.



## OTHER PETS

### Mac and Mister

These lovely boys are Mac and Mister! They are both two-year-old male Cockatiels. Mac and Mister are very good friends and would love to find a forever home that is willing to take them both in. They are very friendly and love to chirp and whistle.



### Bertha

Meet Bertha, a three-month-old Black Hooded Rat searching for that special someone. Bertha is a friendly girl and would love for her new owners to handle her on a daily basis to keep her happy and friendly. She is currently residing at Animal Medical Associates on Portland Road in Saco.



# Local Event Listings

## EVENTS

**15th Annual Strut Your Mutt to Benefit AWS Sadie Fund** will be held on Sunday, Sept. 13, at 11 a.m. on Mother's Beach in Kennebunk. The event covers a two-mile walk along the beach, and is attended by more than 250 people and their four-footed companions. Walkers are encouraged to collect pledges from friends, family and co-workers. For more information visit [www.animalwelfare-society.org](http://www.animalwelfare-society.org).

**The 22nd Laudholm Nature Crafts Festival** will be held at the Wells Reserve at Laudholm Farm on Saturday and Sunday, Sept. 12 and 13, from 10 a.m. to 4 p.m. Admission is \$7 per person or \$5 for Laudholm Trust members. The Wells Reserve at Laudholm has a no pets, no smoking policy. For more, call 646-4521 or visit [www.laudholm.org](http://www.laudholm.org).

**The 29th Annual Eliot Festival Days** are scheduled for Friday and Saturday, Sept. 25 and 26 with the theme, "Coming Home to Eliot Again." Friday night's festivities include the Annual Chili Cook-Off where local residents and area businesses compete for best-tasting chili honors, an antique car show and a spectacular fireworks display. On Saturday, get up ear-

ly to enjoy the pancake breakfast and the 17th Annual Eliot Festival Day 5k Road Race followed by the Kid's Fun Run. After the races, enjoy the parade and street fair. Crafters, vendors, food and entertainment will keep the excitement going all day long. The Eliot Festival Day Committee is currently accepting applications for vendors, crafters, food sales and entertainment. Visit [www.eliofestivaldays.org](http://www.eliofestivaldays.org).

**American Holistic Nurses Association Meeting** will be held on Tuesday, Sept. 15, from 7 to 9 p.m. at the Candleshop Inn, 44 Freeman St., York Beach. The speaker will be Sue Luby, RYT, founder of The BodySense Method, a gentle technique to heal and maintain optimum health who is co-producer of the PBS TV series "Bodywatch." AHNA meetings are not limited to nurses, but are open to all those who share a similar interest. For more information contact Barbara Sheff at 363-4087 or [bsheffrn@aol.com](mailto:bsheffrn@aol.com).

**"Conserving a Bird of Two Worlds: Bicknell's Thrush"** with Chris Rimmer, director of the Vermont Center for Ecostudies, will be held on Wednesday, Sept. 16, at 7 p.m. at the Wells Reserve at Laud-

holm. Bicknell's Thrush is one of North America's most rare and vulnerable songbirds. Since 1992, Rimmer has led efforts to conserve the Bicknell's Thrush and the habitats on which it depends. A \$5 suggested donation includes site admission. For more, call 646-1555 or visit [www.wellsreserve.org](http://www.wellsreserve.org).

**Fourth Annual Meet the Breeds Showcase**, hosted by York County Kennel Club of Maine and the Vacationland Dog Club, will be held on Saturday, Sept. 19, 2009, at Tractor Supply Co., on Route 1 in Scarborough. The showcase runs from 10 a.m. to 4 p.m., and admission is free. Canine Good Citizen (CGC) testing will be available to well-behaved dogs for \$15. For more, email [dns-farm@roadrunner.com](mailto:dns-farm@roadrunner.com), call 324-5400 or visit <http://yorkcountykennelclub.homestead.com>.

**Gateway Farmer's Market**, located on Route 1 behind the Greater York Region Chamber of Commerce Visitors Center, is open every Saturday through Oct. 10. Call 363-4422 or visit [www.gatewayto-maine.org](http://www.gatewayto-maine.org).

**Hospice of York 30th Anniversary Celebration** will be held on Friday, Sept. 25, at the Regatta Room in Eliot to commemorate three decades of ser-

vice by this all-volunteer hospice organization. Hospice of York Director Dee Bickmore urges past members of Hospice of York and other area residents touched by the organization who would like to be a part of this special event to contact her at Hospice of York at 363-7000 so that they may be included among the invited guests.

**The Piscataqua Sustainability Initiative Fall Gathering** will take place at the Portsmouth Public Library on Saturday, Sept. 12, from 9:30 a.m. to noon. Sign up on the PSI e-mail list at [www.thepsi.net](http://www.thepsi.net) or write to [info@thepsi.net](mailto:info@thepsi.net).

**The September Wine Tasting at The Clown** is set for Friday, Sept. 11, from 5 to 8 p.m. and will feature Scott Hudson from DaVine Wine Selections and a portfolio of South American wines from Argentina and Chile. This event is free and open to the public. For more information, call The Clown at 351-3063.

**Wild About Our Community: A Celebration of Nature, Conservation and Education** at the Center for Wildlife will be held on Sunday, Sept. 13. Tickets to this special educational and fundraising event are available in advance for

\$5/individual; \$10/couple; \$15/family of five or at the gate for \$7.50/individual; \$15/couple and \$20/family of five. For all the details, visit [www.yorkcenter-forwildlife.org](http://www.yorkcenter-forwildlife.org) or call 361-1400.

**Win a House Essay Contest** for the Conway Area Humane Society is a one-of-a-kind opportunity to win a \$780,000 Conway vacation home. There is a \$50 entry fee, which must be accompanied by the contestant's choice of one of the following: a written essay, a video, photography, poem or song explaining why they should win the home donated by the family of Roscoe the Terrier. The entry deadline is Wednesday, Sept. 30, at 5 p.m. For complete contest rules, and a photo tour of the home, please visit [www.newengland-homecontest.com](http://www.newengland-homecontest.com). For other information call (603) 447-5605. For more about the non-profit shelter, visit [www.conwaysshelter.org](http://www.conwaysshelter.org).

**York County Food Rescue Food Drive** is set for Saturday, Sept. 12, from 8 a.m. to 4 p.m. at several locations including Circle K gas station, Biddeford; Ashby's Deli and Herb's Market, Kennebunk; Bentley's Saloon, Arundel; and Shaw's Supermarket, Sanford.

In conjunction with the food drive, a giant raffle will have tickets on sale starting Labor Day Weekend at Bentley's Saloon, Arundel and Circle K gas station, Kennebunk. Tickets will be sold in books of 6 for \$5. For more, visit [www.yorkcountyfoodrescue.org](http://www.yorkcountyfoodrescue.org) or call 324-1273 or 468-0494.

## EXHIBITS, MUSIC, THEATRE, BOOKS AND MORE

**Calling all Artists and Crafters for Art in the Park 2009** on Saturday, Sept. 19, from 9 a.m. to 4 p.m., sponsored by the York Art Association. Approximately 60 spaces are available, assigned on a first-come, first-serve basis, for fine arts and crafts. Food and free parking are available and there will be purchase prizes and cash awards. The entry fee is \$100. For more information or to sign up, call the York Art Association at 363-4049.

**StoneCrop Gallery** on Shore Road at the York-Ogunquit line features work by Yoav Horesh in the exhibition Above & Below through Saturday, Sept. 26.

**The York Art Association Open Pastel and Watercolor Show** runs through Sunday, Sept. 13, at the York Art Association building in York Harbor.

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**Saturday, Sept. 12th Lisa Marie Band**

**Sunday, Sept. 13th Global Health Care Fundraiser**

**Friday, Sept. 18th Randy McAllister**

**Saturday, Sept. 19th Drivin' Blind**

**Sunday, Sept. 20th R Rated Hypnotist Frank Santos**

**Thursdays Karaoke Beach Idol**

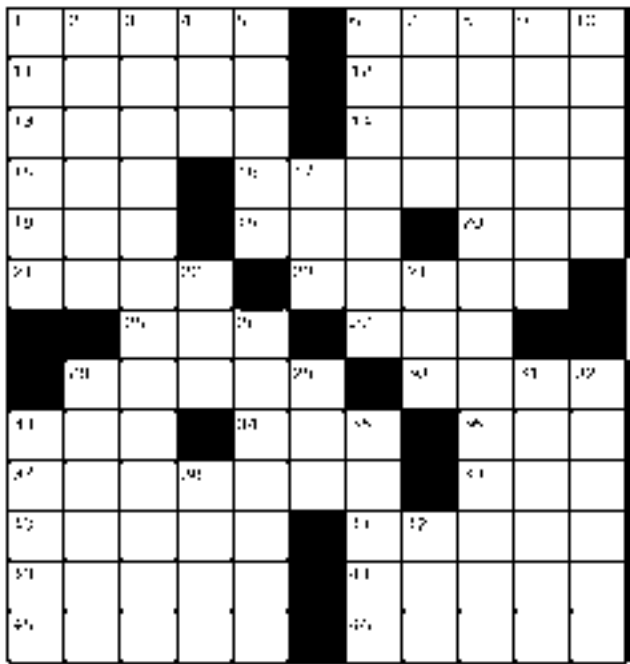
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CROSSWORD PUZZLE

- ACROSS**
- 1 Pago Pago setting
  - 6 Coyote cries
  - 11 Correct text
  - 12 First name in TV talk
  - 13 Cowboy contest
  - 14 Skein members
  - 15 "Exodus" character
  - 16 Stella's sister
  - 18 Lobbying org.
  - 19 Lobe spot
  - 20 Writer Follett
  - 21 New Haven students
  - 23 Solemn
  - 25 Wee bite
  - 27 Friend of Luke and Leia
  - 28 Caesar's land
  - 30 A long time
  - 33 Poke
  - 34 Important time
  - 36 Outlaw



- 37 Stockpiles
- 39 Before today
- 40 Doesn't raise
- 41 Quartet member
- 43 Stan's partner
- 44 Little hooter
- 45 Outdoes
- 46 Peevish

- DOWN**
- 1 Mexican shawl
  - 2 Ignoring ethics
  - 3 Heavy gym items
  - 4 Low number
  - 5 Earthen brick
  - 6 English painter
  - 7 Frank
  - 8 Heavy swingers
  - 9 Whipped
  - 10 Gloss
  - 17 — Palmas
  - 22 General address
  - 24 Battery size
  - 26 Irons
  - 28 Tex-Mex treat
  - 29 Is for two
  - 31 Aerie youngster
  - 32 Arrogant
  - 33 Esau's brother
  - 35 Fancy tie
  - 38 Skirt feature
  - 42 Ram's mate

SUDOKU

Conceptis Sudoku By Dave Green

6							7	5
1								
			3	4	9			
		7		1		8		
		2	7		8	6		
		3		6		9		
			5	2	7			
								3
7	4							6

Difficulty Level ★★★★★ 9/11

Crossword Solution Sudoku Solution

A	I	N	I	I	N	I	I	I
O	O	V	O	O	V	O	O	V
N	V	I	V	I	V	I	V	I
S	I	O	V	I	V	I	V	I
N	I	N	V	I	V	I	V	I
I	I	O	N	A	I	I	O	I
I	I	I	O	I	O	I	O	I
I	V	I	O	I	O	I	O	I
S	I	M	O	I	V	O	M	V

9	2	5	1	3	8	6	4	7
3	8	7	9	6	4	1	2	5
1	6	4	7	2	5	9	8	3
7	1	6	4	9	2	3	5	8
4	3	9	8	5	7	2	1	6
2	5	8	3	1	6	7	9	4
8	9	1	6	4	3	5	7	2
6	4	2	5	7	9	8	3	1
5	7	3	2	8	1	4	6	9

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Size: 3 beds, 1  
bath, 960 s.f.  
Year Built: 1975



## LESS THAN \$300,000

Price: \$279,000  
Address: 8  
Raydon Road,  
York  
Size: 3 beds, 1  
bath, 1,034 s.f.  
Year Built: 1970



## LESS THAN \$300,000

Price: \$299,000  
Address: 57  
Ogunquit Road,  
York  
Size: 3 beds, 1.5  
baths, 2,126 s.f.  
Year Built: 1976



## LESS THAN \$350,000

Price: \$348,000  
Address: 4 Arnold,  
York  
Size: 3 beds, 1.5  
baths, 1,750 s.f.  
Year Built: 2000



## LESS THAN \$350,000

Price: \$349,900  
Address: 57 Pine  
Mountain Road,  
York  
Size: 2 beds, 1.75  
baths, 1,440 s.f.  
Year Built: 1996



## LESS THAN \$400,000

Price: \$359,000  
Address: 15 Scott  
Ave., York  
Size: 3 beds, 1.5  
baths, 1,948 s.f.  
Year Built: 1985



## LESS THAN \$400,000

Price: \$399,000  
Address: 129  
Beech Ridge  
Road, York  
Size: 6 beds, 1.75  
baths, 2,640 s.f.  
Year Built: 1875



SOURCE: Multiple Listing Service  
NOTE: Contact a real estate agent for more information about these properties.

## YORK VILLAGE BUSINESS CENTER



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Middle school.  
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of character  
and space for

an older home; lush gardens, tranquil setting from your deck  
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Village. You must step inside to appreciate. **\$329,900**



Steps from Short Sands Beach & Fun for all! This 2,375 SF  
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*Bill Conda*

**DIRECT:**  
**207.450.5030**  
**billconda@yorkmaine.com**



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Walking distance to beaches. 3 BR + office, 2 fam rms, decks,  
garage, vaulted ceilings w/double skylights in kitchen, dining  
& living areas and wood stove. **\$349,900**

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on S. Maine's newest premier 18 hole golf course. 1 flr living w/wd flrs,  
cathedral ceilings, fireplace, covered porch & full basement. Close to  
highways, commuter rail & beaches. Clubhouse includes pool, tennis,  
dining & fitness facilities. **\$349,900**



**YORK - KAYAK OR CANOE** from the backyard of this irresistible  
home featuring two massive stone fireplaces, bold log beams, and a  
graceful screened-in porch. New roof in 2004, new drilled well and new  
windows in 2006, water sealed and caulked logs inside and out 2004-  
2006. **\$309,900**



**CAPE NEDDICK - 3 BR HOME AWAITS YOUR FINISHING TOUCHES!** Beautiful 1st flr features custom kitchen, maple cabinets, &  
stainless steel countertops open to the dining room. 2nd flr needs some  
TLC but at this price & some work, you can start building appreciation  
today. **\$285,600**



**YORK - EASY TO MAINTAIN!** Come see this 7 rm in town York Ranch  
½ acre on dead end street. Fireplace, wd flrs, private back deck, recent  
major improvements. Full basement + garage. Move right in and be so  
close to the Village activity. **\$284,900**



**YORK HARBOR PAST & PRESENT!** Charming and restored condo  
in an area of stately established homes. Easy walk to the Harbor Bch  
via a deeded ROW along the Cliff Walk. Efficient 3 rm. furnished unit.  
Good storage, ample parking, and low fees. A perfect vacation or yr  
round spot!! **\$199,600**

## LAND FOR SALE

**SOUTH BERWICK - ONE OF THE LAST REMAINING LARGE PARCELS OF LAND IN DOWNTOWN SOUTH BERWICK.**  
Over 8 acres in a favorable zone - 10,000 SF per dwelling unit.  
Fully surveyed and wetland delineated. **\$424,700**

**YORK - WATERFRONT LOT WITH 290 FT. ON THE YORK RIVER!** Septic design for a 4 bedroom home. Growth Permit  
is currently available. 50' wide ROW from end of Deer Run to  
said lot has already been created by present owner. Privacy  
galore yet convenient location. **\$229,900**

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\$5,000 toward  
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*York*  
**NEW PRICE!!!**

Less than a mile to the beach!

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Exquisite 3-Floor Condominium - Classic antique, high ceilings, hardwoods, fireplaces wainscoting & crown moldings. Custom-designed gourmet kitchen, 2 porches and garage. All this on a private lane only steps from beach, yacht club & shops. 2 Simpson Lane. **\$699,000**

[Dick Balkite 207-752-0201](#)

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YORK BEACH ALL DAY LONG!

Rent one and enjoy the other unit. Beautiful private backyard for entertaining & grilling. Great rental history! **DON'T MISS THIS OPPORTUNITY! \$698,000.**

[Mitch Picard 207-332-5290.](#)

WELLS BEACH



Beauty! View sunrises over the ocean, sunsets over the marsh - luxury & comfort abound! Private master suite w/ 2 private decks & spa like bath - 4 add'l BRs. 4 car garage, hurricane shutters & much more! **\$2,190,000.**

[Carolyn Weller 207-351-6717.](#)

OGUNQUIT



WALK TO THE BEACH AND TOWN. IMMACULATE SUN FILLED 3 BR, 2.5ba. HOME. Amenities include large open kitchen, hardwood, charming deck, large master suite. Exceptional rental history. **\$395,000.**

[Bob Davis 207-251-2819.](#)

YORK



YORK. FABULOUS PRICE! Classic Reproduction 3+bdm Cape, set on 3.75+ acres, pastoral lot in PREMIER COMMUNITY. Wide pine floors, fireplace, woodstove, spacious 1.5 story Barn/Artist studio & more. **MOTIVATED SELLERS! \$427,000.**

[Louise Ducharme 207-252-3270.](#)

NO, BERWICK



NO. BERWICK. NEW CONSTRUCTION AWAITING YOUR INPUT! Grand 4BR Colonial, open & flexible floor plan, natural light, modern kitchen, spacious family room, easy access to major roads. Great space to work from home. **\$419,900. A MUST SEE!**

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COMMERCIAL



**WELLS** First flr. Office Condo. 3 separate offices, 1/2 bath, storage & plenty of parking. Great Location! **\$69,000.**  
[Ken Peck 207-450-4668.](#)

**OGUNQUIT COMMERCIAL** Terrific parking, established business, currently being leased w/equipment, residential unit attached, plus extra lot. Endless possibilities in a location offering access & traffic-ROUTE #1! [George Wilson 207-251-2941.](#)

LAND HO! LAND HO!

**LEBANON** 7 acres w/many outbuildings/residence. Nicely done. \$425,000.  
[John Syrene 207-475-8626.](#)

**WELLS** Ocean & River lot at Wells Beach. \$450,000. [Kathleen Thornton 207-337-0003.](#)

**WELLS** 38 acres with potential. 440 ft of road frontage. \$249,000.  
[Janna Syrene 207-475-8626.](#)