

Free

York
The Independent
The hometown voice of the greater York region

www.yorkindependent.net

September 25 - October 8, 2009 Volume 11 ~ Issue 19

**THE BUSINESS
AND ART OF YORK
SURFING, P. 8-9**



**SURF
TOWN**

Publisher's Note: Local and open for business in York

Grain Surfboards is a great example of a local, small business right here in York that's carving out a national niche for itself. It's easy to forget—in the middle of summer when we can't see any further than the next tourist gobbling up our lobster rolls—that York actually has its own economy filled with little and big mom and pops just looking to pay the rent and send their kids to local schools and be part of their community.



Dan
Szczesny

And York is full of business folk who aren't going anywhere once the snow flies. And the town is full of residents looking for a reason to stay here and not be forced to spend their money in Kittery or Portland. The tourists might be gone, but the interest, money and people are not. Happy fall, York!

Speaking of local business, in this issue of the York Independent, we launch our new local food section. With so many great

restaurants, delis and cafes in York, it seemed a natural fit to begin to look at and write about some of these great foodie draws. And if you have never heard of a Bennie, well, I'm here to tell you my friends, get ready for a treat. I stopped by St. Joe's Coffee recently after seeing the puzzling signs out front advertising the fried dough treat and my suggestion is you go with the Espresso Cream dipping sauce. Oh, and by the way, St. Joe's along with Annabelle's Ice Cream next door stay open

year-round.

Finally, some great (hopefully) business news: the application for developing the old Organic Nurseries site on Route 1 is in and the plan looks promising. Mixed use the way to go here, and as long as developer Arthur Pappas maintains a New England style of architecture, that site—a gateway to York from the south—may soon have a bustling retail business center attracting positive attention.

The Inside Guide

ON THE COVER

Garrett Naimie grabs a wave during the semi-finals of the recent Kennebunk Outdoors Longboard Classic in York.
(Photo by Chris Shipley)

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Inside York

An in-the-know look at hot topics at town hall, schools

By Jennifer L. Saunders

YORK—From a look at what an elimination of the excise tax might mean to a groundbreaking date for the York High School Music Wing, it's been anything but a quiet few weeks in this seaside town.

The View from Town Hall

At recent Board of Selectmen meetings, discussions and reports have included the two growth ordinance versions heading to the ballot in November and a close look at a statewide citizens' initiative to cut the excise tax—and its local implications.

When voters head to the polls on Tuesday, Nov. 3, they will be able to decide whether to continue the town's Residential Growth Ordinance, allow it to sunset or vote to continue it

"I've had friends of mine move out of this town because they can't afford to live here."

with a provision that suspends the ordinance when the national unemployment rate remains above 6.5 percent for three consecutive months.

Two competing petitions will be on the ballot this November for residents to determine what they want the future of the Residential Growth Ordinance to be, both brought forward by local citizen petition.

The first came forward after the majority of the Board of Selectmen decided not to put the ordinance on the ballot to allow the voters to decide whether or not to extend it.

Proponents of the ordinance, as well as some who viewed the decision as ultimately the vot-

ers-at-large because the growth ordinance has been long supported by popular vote, lashed out against the selectmen who decided not to put the question forward.

Petitioner Dave Emery told the board, "Three of you decided not to do that. I thought it was very inappropriate. The last one was voted over 78 percent, and I just think you totally failed the public, plain and simple."

The petitioners, he said, brought the petition forward to take the question out of the Board of Selectmen's hands to make sure the public would have the final say.

"The public needs the right to vote on things like this," he said, adding, "that's all I want, to bring it to the town to vote. ... It's the town's ordinance, and it's their right to vote on it."

Opponents of the ordinance had a different point of view.

Local resident and builder Bob Cutts, for example, told the board, "I applaud the selectmen who had the foresight to see that many enough is enough... just because the voters overwhelming support something doesn't always make it right. Remember segregation?"

Some said they believe that with the current downturn in the economy the growth ordinance is no longer necessary, while others said the ordinance has not preserved York's small-town character, as was one of its goal, but has contributed to changes in the town by making it difficult for people to afford to build homes in town.

"What I have seen is the people that I went to school with leave this town," said local business owner Joe Lipton, adding, "I've had friends of mine move out of this town because they can't

afford to live here."

Ultimately, voters will be able to choose whether to keep the growth ordinance in place by voting on Article 17 and then to determine whether to support Article 18, which would terminate the ordinance for an indefinite amount of time based on the national economy.

To view the draft ballot for November, visit www.yorkmaine.org.

A taxing proposal

Town Manager Rob Yandow has been bringing to light the local implications a statewide citizen petition that will give voters a chance to significantly change the excise tax when they go to the polls in November.

"If this passes, we've got a lot of tough decisions to make."

Yandow noted that the Maine Municipal Association is opposing the excise tax referendum based on the projected negative impact for municipalities around the state.

"We're all thinking that if this happens, there's going to be a 40 percent impact," which would translate into a loss of about \$520,000 or 4 percent of the operating budget. Everything but contractual obligations would have to be on the table for cuts, he told the selectmen—and while voters might pay less in excise tax at first, to maintain service at the community level would require an increase in property taxes.

"If this passes, we've got a lot of tough decisions to make," he said.

Selectmen Chairman Mike Estes urged local residents to learn about the implications before

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School committee member Marilyn Zotos at a meeting earlier this year. File Photo they vote.

"When you start to think about this," he said, "this is not the right tax to eliminate, because all it's really going to do is force the property taxes to go up."

Plans for the future

Among the many applications before the York Planning Board in recent weeks is one that includes a vision for the long-abandoned Organic Nurseries site on Route 1.

The board held a sketch review of the York Trade Center, which is proposed for 26 Route 1, just north of the Kittery-York line.

The proposal includes multiple buildings for such potential tenants as a dry cleaner, discount jeweler, plumbing-bath showroom, carpet-tile showroom, cabinetmaker, specialty grocery or even an aquarium assembly operation, learning center or physical therapy office.

Applicant Arthur Pappas said he envisions "a whole bag of uses here. I don't see this as a late operation; I see this as a six o'clock type of thing."

The board raised concerns at this most preliminary stage of review about design to be sure the buildings reflect a New England style and to minimize impact on abutters from a nearby residential neighborhood, who expressed concern about such factors as runoff, noise and lighting if the development moves forward.

Also in recent weeks the Planning Board formally accepted the resignation of longtime member Barrie Munro with praise for his years of service.

In his letter, Munro wrote, "It has been a privilege to serve the town of York and I wish the board much success in its future endeavors."

School notes

Residents came out in force to recent School Committee meetings, showing that

the national politicization of such issues as health care and President Barack Obama's speech on education are hitting home.

Residents and parents with varying views on whether Obama's September speech on education should have been shown live in the schools on the day after Labor

Day have spoken out—in person and in writing—some supporting the decision of Superintendent of Schools Henry Scipione to tape the speech and

make it available to teachers to share with their classes and others opposing it.

For their part, the members of the School Committee have given their full support to the superintendent.

Speaking on behalf of the board, School Committee Chairwoman Marilyn Zotos noted "that the unfortunate, ramped up partisan politics that have permeated our entire country, have now put our country's schools squarely in the bulls-eye of an ever-growing campaign of uncivil discourse. We are seeing first-hand the ramifications of what this type of rhetoric has brought upon even a small community school district like York."

It is now clear that whatever decision Dr. Scipione reached regarding the playing of the President's speech live, it would have been criticized as unacceptable by some group or individuals."

In happier news, Assistant Superintendent of Schools Jim Amoroso announced the official groundbreaking date for the York High School music instruction space addition will take place at 10:30 a.m. on Monday, Sept. 28, at the construction site.

For more information about coming events and issues related to the York schools, visit www.yorkschoools.org.

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York Area News Briefs

“Vessels and Bowls” Exhibit opening on Saturday, Sept. 26

Beth Ellis Cove Gallery in Perkins Cove, Ogunquit, will present “Vessels and Bowls” beginning Saturday, Sept. 26, with an opening night reception from 6 to 8 p.m. featuring a brief talk by Maine artisan Scott Tubby at 7 p.m.

This exhibit features stunning, wheel-thrown, porcelain vessels by Tubby and one-of-a-kind, hand-turned wooden bowls by Rick Meier.

Tubby has been working in ceramics for over 30 years and his work, which is strongly influenced by Native American pottery, uses Atlantic salt marsh grass, sawdust and other elements to create earth tones in his porcelain vessels.

Meier has been turning wood since 1998. As he has put it, “The joy of turning comes from uncovering the natural beauty inside a piece of wood.” He specializes in utilizing wood from the tree in the backyard that has been taken down, and preserving the family memories in a piece of art and his work has been exhibited nationally at galleries and wood turning symposia.

Beth Ellis Cove Gallery is located in Perkins Cove above Dock Square Clothiers. Gallery hours are 10 a.m. to 8 p.m., through Monday, Sept. 21, and until 6 p.m. from then until the end of October.

Tubby’s ceramic vessels, Meier’s wooden bowls and Ellis’s original oil paintings and

fine art reproductions, as well as other original artwork and furniture, are available for purchase at the gallery. For more information call 646-7700 or visit www.bellisart.com.



York police help Habitat for Humanity

About a dozen of York’s finest showed up on Friday, Sept. 11, to help at the Habitat of Humanity of York County house being built on Hemlock Avenue for local resident Jannal-ee Moquin and her son Orion.

The volunteers from the York Police Department showed up bright and early at 8 a.m. and worked until late in the day, making it clear that they had many skills other than police work, noted local Habitat for Humanity volunteer Jon Dulude, who volunteers with Habitat for Humanity chapters in Maine, New Hampshire and even Northern Georgia.

While York Police Chief Doug Bracy roofed the front of the house, others toweled stucco on the foundation, installed vinyl siding and

built a beautiful stone retaining wall and steps to the basement, helping the countless volunteers who are working together to make this York house a home.

More volunteers are always needed. To learn more on how you can help, visit www.habitatyorkcounty.org.

Join YAADA to become a ‘Voice Against Dating Abuse’

Young Adults Against Dating Abuse (YAADA) is beginning another year of peer education and leadership in York County schools.

YAADA is a Caring Unlimited program that educates and trains young adults to become peer educators who raise awareness about dating abuse and advocate for healthy relationships in their schools and in the community.

The two-day training for YAADA will take place on Friday, Oct. 2, from 8 a.m. to 4 p.m. and Saturday, Oct. 3, from 9 a.m. to 1 p.m. at Caring Unlimited’s Resource Center, located at 965 Main St., in Sanford.

During the two-day training, students will hear inspiring speakers, learn presentation skills, meet other students and talk about changes they would like to see happen at their schools. Students will also learn about the dynamics of dating violence and healthy relationships, and how to educate others about these topics.

The YAADA program is open to any high school student in grades 9 through 12 in York

County. YAADA Peer Educators meet two to three times a month at school, and once a month regionally to plan presentations and awareness activities, which in the past have included participation in Caring Unlimited fundraisers, organization of projects like “No Violence on Valentine’s” and “Teen Dating Violence Awareness Week” as well as in-school presentations.

Students interested in becoming YAADA Peer Educators may register for the training by contacting Caring Unlimited School-Based Coordinators Katie Kondrat or Jenn Clapp at 490-3227.

10th Annual CROP Hunger Walk set for Sunday, Oct. 4

The 10th anniversary of York’s four-mile walk to raise funds for the hungry and needy around the world will be celebrated when walkers set off from St. George’s Episcopal Church in York Harbor on Sunday, Oct. 4, at 1 p.m. for the CROP (Communities Responding to Overcome Poverty) Hunger Walk.

Sponsored by local churches, the CROP Hunger Walk is conducted in cooperation with Church World Service (CWS), a multi-church agency that combats poverty and hunger and provides emergency disaster relief in some 80 countries - including communities like York, which received assistance from CWS during the local floods several years ago. Last year, the various CROP Hunger Walks and events across the nation raised \$17 million for such

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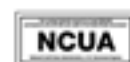
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needs as emergency medical supplies for flood victims in the United States, for health services and safe water for the displaced in Darfur and for vocational training for indigenous communities in Latin America.

"We can be proud that over the last nine years our community has raised about \$35,700 to help suffering families in our own country and abroad," commented Ted Little, chairman and coordinator of this year's York CROP Hunger Walk and a member of St. George's Episcopal Church. "Last year's CROP Hunger Walk raised nearly \$4,000, and we hope to do as well or better this tenth year as we move toward the \$50,000 mark."

The York Community Food Pantry, the Table of Plenty and the Footprints Food Pantry in Kittery will receive 25 percent of the funds raised by York's CROP Hunger Walk.

Everyone is welcome, including walkers with strollers and those who want to do at least part of the walk in wheelchairs. Young people are particularly welcome. The more sponsors for each walker, the more money is raised. Checks should be made payable to CWS/CROP. Prior to the walk date, registration forms will be available at the sponsoring local churches, St. Christopher's Parish, St. George's Episcopal Church, York-Ogunquit United Methodist Church, Union Congregational Church and First Parish Congregational Church. Registration on walk day will begin at 12:15 p.m. For more information, call 363-7527.



White Pine Programs is Turning 10

White Pine Programs in Cape Neddick, which has been hailed as one of the premier nature-based learning organizations in the Northeast, is inviting the public to its 10th anniversary celebration from 10 a.m. to 4 p.m. on the weekend of Oct. 10 and 11.

White Pines 15-acre outdoor campus is located near the base of Mount Agamenticus at 330 Mountain Road.

The weekend festivities will include hands-on wilderness skills such as friction-firemaking, shelter-building, acorn-flour making and hide-tanning. There will also be fireside storytelling, a tree planting ceremony, the dedication of a medicine wheel site, live music, a tour of an edible forest garden and fun nature games for kids and adults.

Dan Gardoqui founded White Pine Pro-

grams in 1999 along with his colleague Matt Wild and his wife, Kate Ehrenfeld Gardoqui adds.

"This event will also recognize the important foundational work we have done and the inspiration we received from our own teachers and mentors over so many years," he said. "We will give thanks for White Pine's stakeholders - those who've invested blood, sweat, tears, time and money to make White Pine such an effective organization."

To learn more, visit www.whitepineprograms.org or call 361-1911.

DAR promotes Constitution Week awareness

Thursday, Sept. 17, 2009, began the national celebration of Constitution Week. The weeklong commemoration of America's most important document is one of our country's least known official observances, and the York Chapter of the Daughters of the American Revolution is doing its part to get the word out, reminding residents and visitors alike that the U.S. Constitution stands as a testament to the tenacity of Americans throughout history to maintain their liberties and freedom, and to ensure those rights to every American.

The tradition of celebrating the Constitution was started many years ago by the Daughters of the American Revolution (DAR). In 1955, the Daughters petitioned Congress to set aside the week of Sept. 17 to 23 annually to be dedicated for the observance of Constitution Week. The resolution was later adopted by the U.S. Congress and signed into Public Law #915 on Aug. 2, 1956 by President Dwight D. Eisenhower. The aims of the celebration are to emphasize citizens' responsibilities for protecting and defending the Constitution, preserving it for posterity; inform the people that the Constitution is the basis for America's great heritage and the foundation for our way of life, and encourage the study of the historical events which led to the framing of the Constitution in September 1787.

The United States of America functions as a Republic under the Constitution, which is the oldest document still in active use that outlines the self-government of a people. This landmark idea that men had the inalienable right as individuals to be free and live their lives under their own governance was the impetus of the American Revolution. Today, the Constitution stands as an icon of freedom for people around the world.

"Constitution Week is the perfect opportunity to read and study this great document which is the safeguard of our American liberties," noted DAR President General, Linda Gist Calvin. "We encourage all citizens across the country to take time this week to reflect on our heritage of freedom."

Known as the largest women's patriotic organization in the world, DAR has over 165,000 members with approximately 3,000 chapters in all 50 states and 11 foreign countries. The DAR has long promoted patriotism through commemorative celebrations, memorials, scholarships and activities for children as well as through programs for new immigrants.

For more information about DAR and its programs visit www.dar.org or contact the York Chapter at 363-0227.

York Hospital is offering area flu clinics October 3 and 10, 2009

In order to maximize our ability to administer the vaccine as effectively and as early as possible, we will offer vaccines only at the following clinics and clinics will administer a maximum of 1,250 vaccines per site per day.

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October 3 8:00 AM - 4:00 PM
October 10 8:00 AM - Noon
South Berwick Medical Services
57 Portland Street
South Berwick, ME 03908

WELLS

October 3 8:00 AM - 4:00 PM
October 10 8:00 AM - Noon
York Hospital in Wells Building B
112 Sanford Rd (Rte 109), Wells, ME 04090

KITTERY

October 3 8:00 AM - 4:00 PM
October 10 8:00 AM - Noon
York Hospital in Kittery
75 US Route 1 Bypass, Kittery, ME 03904

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For continued updates about the seasonal influenza flu vaccine or the status of H1N1 vaccine, please visit the flu information page on our website at www.yorkhospital.com/flu.htm or call Fundraising at (207) 351-2385.

Event Listings

HORSING AROUND



Punkinfiddle National Estuaries Day Celebration, will be held rain or shine at the Wells Reserve at Laudholm on Saturday, Sept. 26, from 10 a.m. to 4 p.m. Punkinfiddle features traditional crafts, hands-on learning, lively music, old-fashioned games, fun food, farm animals and lots of smiles in an historic seaside setting. Admission is \$15 per carload or \$10 per carload for Laudholm Trust members. For more, call 646-4521 or visit www.wellsreserve.org.

EVENTS

A Benefit for Injured Local Firefighter Gardner Marshall will be held on Saturday, Sept. 26, from noon until the evening at Lobster in the Rough on Route 1 in York. The event will be held rain or shine and will feature great auction items such as Celtics and Red Sox tickets, a Sugarloaf Ski Weekend, heating oil, lobster and more. The event will feature food, a cash bar, silent auction, 50-50 raffles, the music of Johnny Wad and the Cash and Friends, Bocce and horseshoe tournaments and much more. For more information on the event or on making donations to the fund to help Marshall, call 363-1146 or 361-9513.

25th Annual Harvestfest in York is set for Friday through Sunday, October 16-18, 2009, from 10 a.m. to 4 p.m. in York Village and York Beach. This Colonial-themed festival includes a variety of activities, live performances, an ox roast, bean hole beans and nearly 200 crafters from all over the country. Harvestfest also includes a KidsFest, a corn toss challenge, an antique car show, a Native American POW-WOW, hayrides and much more. For a full schedule, visit www.gatewaytomaine.org or call 363-4422 for more information.

The 29th Annual Eliot Festival Days are scheduled for Friday and

Saturday, Sept. 25 and 26 with the theme, "Coming Home to Eliot Again." Friday night's festivities include the Annual Chili Cook-Off where local residents and area businesses compete for best-tasting chili honors, an antique car show and a spectacular fireworks display. On Saturday, get up early to enjoy the pancake breakfast and the 17th Annual Eliot Festival Day 5k Road Race followed by the Kid's Fun Run. After the races, enjoy the parade and street fair. Crafters, vendors, food and entertainment will keep the excitement going all day long. The Eliot Festival Day Committee is currently accepting applications for vendors, crafters, food sales and entertainment. Visit www.eliotfestival-days.org.

The Alzheimer's Association Memory Walk will begin at 8:30 a.m. on Saturday, Sept. 26, at Wells Harbor Community Park. The event, which is supported by Home Instead Senior Care, is part of a nationwide effort to raise awareness and funds for Alzheimer's Care, support and research. For more information visit www.mainealz.org or www.homeinstead.com/maine.

CLUB-ALACARTE is exclusively for homeschooling and unschooling families to meet, socialize, have fun, take field trips and perform community service projects

together. Upcoming events include Just for Fun Soccer at the Bog Road Field in York for ages 8 and up on Monday, Sept. 28, from 10 to 11:30 a.m., and the York Hospital Balloon Brigade on Tuesday, Sept. 29, at 2 p.m. at the Heart Health entrance to pass out balloons to cheer patients at the hospital for a donation of \$1 per child to offset balloon costs. To learn more about these and other upcoming events, contact orionmoquin@yahoo.com, 361-2116 or 423-4281.

Gateway Farmer's Market, located on Route 1 behind the Greater York Region Chamber of Commerce Visitors Center, is open every Saturday through Oct. 10. Call 363-4422 or visit www.gatewaytomaine.org.

Murphy's Law Pub Night, which is being coordinated by Ken and Judy Wood of Attar Engineering, Inc., is scheduled for Wednesday, Oct. 21, from 5 to 8 p.m. at the Regatta Banquet and Conference Center, Route 236, Eliot Commons in Eliot. The event will benefit former chairman of the Eliot Board of Selectmen and longtime Eliot volunteer Jack Murphy, who lost his home in a devastating structure fire in August.

Town of Kittery "Fuel and More" Community Garage Sale, hosted by Autoworks of Kittery, will be held on Saturday, Sept. 26, with a rain date of Sunday, Sept. 27. Set up will be 8 a.m. and the sale will be 10 a.m. to 2 p.m. All proceeds from fees generated for space will benefit the "Fuel and More" fund. Additional donations are optional. Clothing, toys, furniture, vintage items always sell well. Reserve your space now for \$10 or on the day of the sale for \$15. For advanced space reservations or more information call 439-4500 or email mandy@auto-works.com.

Union Congregational Church Annual Holiday Craft Fair will be held on Saturday, Oct. 17, commencing at 8:30 a.m. This York Beach extension of Harvestfest activities offers an impressive selection of quality handmade items as well

as food and white elephant tables. Coffee and doughnuts will also be available, so drop by for that special occasion gift or to get a jump on your holiday shopping. At the prices offered, you can't go wrong!

United States Senate Youth Program (USSYP) has begun its statewide selection process. Two outstanding Maine high school students will be selected to join 102 other delegates from each state and the District of Columbia to spend the week of March 6 to 13, 2010, in Washington, D.C. observing the federal government in action. Each of the student delegates will receive a \$5,000 undergraduate college scholarship, in addition to the all-expenses paid trip to our nation's capital. Delegates must be junior or senior elected student officers for the 2009-2010 academic year and reside in the state where they attend school. Interested students in Maine should contact their high school principal or the state-level selection administrator Jana Boody by writing to Ms. Jana Broody, Social Studies Specialist & Regional Representative, Maine Department of Education, 23 State House Station, Augusta, ME 04333-0023, calling 624-6828 or emailing Jana.Boody@maine.gov. The United States Senate Youth Program Maine selection deadline is Friday, Oct. 16.

To view a program brochure with detailed rules, selection process and the 2009 program annual yearbook, visit www.ussenateyouth.org.

The YMSPG Annual Used Sporting Goods and Halloween Costume Sale, held during Harvestfest, promises something for everyone. Every year this event gets bigger and better and the more donations received, the more exciting it gets. Clean out your attic, garage and cellar to reduce your clutter while recycling those used items through this sale to benefit local students. Donations are tax deductible and clean costumes and sporting goods that are up-to-date and in good condition may be brought to York mid-

dle School's office any time before Friday, Oct. 16. For more, visit <http://www.york-schools.org/~ymspg>.

EXHIBITS, MUSIC, THEATRE, BOOKS AND MORE

Craft Vendors Wanted for the Second Annual Shopping Extravaganza at Kittery Estates to be held on Saturday, Oct. 24, from 10 a.m. to 3 p.m. There is no fee for space. To learn more call Cassandra Wolf at 438-9111 or email cassandra.wolf@holidaytouch.com.

Tim Janis, world-acclaimed conductor, composer, musician, and arranger, will conduct a benefit "Music for Meds" concert at the historic Shaker Barn at the York County Shelter Programs on Saturday, Sept. 26, at 7 p.m. Tickets are \$18 in advance and \$20 at the door. Apple crisp and apple cider will be for sale. For tickets, contact Mary Doyle at 324-1137 or mqdoyle@gmail.com.

Gospel Concert at York-Ogunquit United Methodist Church on Route 1 will be held on Saturday, Sept. 26, at 6 p.m. featuring Last Generation. Last Generation consists of Mike and Karen Matieszyn, who have been performing Christian praise music together

since 1982. They perform throughout the country and have made several recordings including "The Johnson Family Pew." Admission is free with a free-will offering collected to help cover the group's travel expenses. For more information about this or other programs at York-Ogunquit Church, visit www.youmc.org or call 363-2749.

The Portland Museum of Art will explore the art of Jay Hall Conaway (1893-1970) in the first major museum exhibition since his death. "Moods of Nature: Jay Conaway and the Landscape of New England" will be on view through the first week of December. The exhibit will feature 40 rarely seen works from private collections in Maine and Massachusetts. For more information, call (207) 775-6148 or visit www.portlandmuseum.org.

Salon Night Series, Music, Poetry, Pottery at The Red Door Pottery Studio is set for Saturday, Sept. 26, at 7 p.m. Salon Night, planned for the last Saturday of each month, feature local poets, musicians and artists. September's poets will be Beth Derby and Janet Gold, who are friends and neighbors from Eliot. Beth is a watercolorist and fiber artist whose poetic observations of

WHAT A POT!



Vessels and Bowls, a new exhibit at the Beth Ellis Cove Gallery in Perkins Cove, Ogunquit, opens this Saturday, Sept. 26, with a reception from 6 to 8 p.m. featuring a talk by local artist Scott Tubby, whose work is shown here. The exhibit will continue through Monday, Oct. 5, showcasing wheel-thrown, porcelain vessels by Tubby and hand-turned wooden bowls by Rick Meier. For details, visit www.bellisart.com.

life complement her art. Janet teaches Latin American poetry at UNH and has published a bilingual collection of poetry with Guatemalan poet Aida Toledo. Two local musicians will play Celtic and old-time music on hammered dulcimer with accompaniment. Home-made desserts, tea and coffee will be served in handmade mugs by Mary Sweeney of York. There is no admission fee but free-will donations and a portion of the sale of pottery will be donated to a local food pantry, Footprints. The Red Door Pottery Studio is located at 44 Government St. in Kittery. For more, call 439-5671 or visit www.red-doorpottery.com.

The Southern Maine Potter's Guild offers an open invitation to anyone interested in pottery to join the group. The next meeting will take place Monday, Oct. 5, at 6 p.m. at Pastures Edge Studio in Lyman. For more information e-mail the president at handsonpottery@msn.com.

StoneCrop Gallery on Shore Road at the York-Ogunquit line features work by Yoav Horesh in the exhibition *Above & Below* through Saturday, Sept. 26.

Wolfgang Ertl Landscape and Seascape Exhibit continues in the Kennebunk Room of the York Public Library through Tuesday, Nov. 3. Ertl, a professor emeritus at the University of Iowa who now resides in York, has participated in various juried exhibitions in Maine and New Hampshire. Drawn to both abstract compositions and representational landscapes, for this exhibition he selected pieces in pastel and oil from his most recent work, capturing the essence and atmosphere of coastal scenes and woodlands in various seasons in New England and Florida. He is a member of the York Art Association, Kittery Art Association, Pastel Painters of Maine, Pastel Society of New Hampshire and a juried member of the New Hampshire Art Association. For more about this and other events, call the library at 363-2818.

The York County Shelter Programs Apple Celebration of the Arts will be held through Saturday, Sept. 26, focusing on art and music, including works by Grady Collins.

The Apple Celebration of the Arts will culminate with a benefit "Music for Meds" concert by world-acclaimed composer, musician, conductor and arranger Tim Janis in the rustic Shaker barn on the beautiful grounds of the Brothers of Christian Instruction in Alfred on Saturday, Sept. 26, at 7 p.m. Tickets for this fundraiser for prescription medications for the homeless and the uninsured will be available for \$18 in advance or \$20 at the door. There will be apple crisp and apple cider refreshments for sale. For information about tickets, becoming a sponsor or helping out, please call at 324-1137 or email mqdoyle@gmail.com.

HEALTH, SUPPORT AND WELLNESS

The Cancer Community Center, located at 778 Main St. in South Portland, offers an array of free workshops throughout the month of September. For more information visit www.CancerCommunityCenter.org or call 774-2200.

Crohn's Advocate™ Forum: Connect-Educate-Empower will be held Thursday, Oct. 1, at the Holiday Inn Express Hotel & Suites South Portland from 7 to 8 p.m. Registration begins at 6:30 p.m. Are you living with or know someone who has Crohn's disease? Are you looking for answers to questions about Crohn's disease? Do you want to connect with others in your community who are facing the same issues? If so, join us for a free educational and inspirational event on Crohn's disease. Speakers will include Tom Ullman, MD, of the Mount Sinai School of Medicine, a leading gastroenterology expert in Crohn's disease, and a person living with Crohn's who will share their experience and journey of living with the condition. Register at (212) 589-6651 or email CrohnsAdvocate@Biosector2.com.

Free Woman's Health Screening will be offered on Friday, Oct. 9. In honor of Breast Cancer Awareness Month, SMMC PrimeCare Women's Health in Biddeford is holding a special Women's Health Screening Day from 8:30 a.m. to noon where eligible women will receive a

free clinical exam, mammogram and Pap test during the same visit. SMMC PrimeCare Women's Health wants to ensure that lack of health insurance or inadequate insurance does not prevent women from receiving these important tests so the tests will be provided at no cost to women who are between the ages of 40 and 64; have no insurance or have insurance with a high deductible; meet certain income guidelines, and do not have MaineCare or Medicare Parts A & B. Preregistration is required. Call 985-1028 for more information and to schedule an appointment.

Wells-Ogunquit Adult Community Education Yoga Classes begin soon. Call 646-4565 or visit www.wells-ogunquit.maineadulted.org for more information and to register.

Yoga On York Fall Kids Yoga will be offered on Mondays from 3:30 to 4:30 p.m. for children in grades 1 through 4 and on Thursdays from 3:30 to 4:30 p.m. for grades 4 through 7. Classes start in mid-October and run for six weeks. Preregistration is required. Visit www.yogaonyork.com and under the CLASSES heading you will find Kids Yoga and can print and mail-in your registration form. For more, call 363-9642.

York Hospital's Yoga Center, located at the Heart Health Institute, offer yoga classes for persons of all abilities. Seated yoga for those with limited mobility is offered as well. The Yoga Center at the Heart Health Institute is located at 127 Long Sands Road. Please call 207-351-3700 for registration information. For new participants, your first yoga class is free.

Zumba Gold will be held on Tuesday evenings from 6:15 to 7 p.m. at Yoga on York this fall. The next session begins Tuesday, Nov. 3. Zumba Gold brings is a fun, fitness aerobic dance system that is easy-to-follow for all levels including the older adult and very beginner. Enjoy dancing to the rhythms of salsa, merengue, swing samba, belly dance and more. Visit www.yogaonyork.com or call 363-9642 to register for the classes.

Opinions

What's the lesson we're teaching?

To the Editor,

I must admit I was shocked to learn that the decision had been made to not have President Obama's recent speech viewed by York public school students. I had heard a few news stories about such a reaction in a few other places in the country. I found it hard to believe this happened in our town. I do not believe it is helpful to blame certain people for this decision. I encourage all involved to personally reflect upon what this tells us about the leadership of our schools, school committee and our community.

**Paul McGowan
Cape Neddick**

Growth ordinance necessary for York

To the Editor,

What is the purpose of York's residential growth ordinance? It is the only ordinance in York that governs the rate of residential growth. It prevents more growth than the school and municipal facilities can reasonably handle and is a good management tool. The present ordinance allows 96 new units per year plus 5 special for longtime land owners. It also exempts over 30 for special purposes such as elderly and affordable housing. It was implemented by citizen petition in 2000 because of the extreme rate of growth.

York is unique in this area because of the high demand for housing. That's because York is close to Boston, located by the ocean, and has good town character.

The petition that would continue the growth ordinance is necessary to protect York when the economy recovers. At present there are fewer houses being built than allowed, primarily because of the bad economy. This needs to be continued because based on history, there would be a delay in implementing a new ordinance and that could result in excessive building. There needs to be a growth ordinance in place when the economy recovers.

The opposing petition would essentially terminate the growth ordinance indefinitely based on unemployment. Proponents allege that terminating it would benefit the housing industry workers and businesses. In fact, it would not result in more building activity because the current problem is caused by the bad economy, not the growth ordinance. It will do nothing to help and may result in excessive building later. Nothing would be in place to protect York.

If you vote yes for the other petition, which terminates the growth ordinance based on unemployment, you will effectively be terminating the York growth ordinance for an indefinite time.

Please talk to your neighbors and friends. Thank you.

**Clifford Estes
York**

Comments on the Obama decision

To the Editor,

Last week, on behalf of the Board, I delivered the following opening remarks prior to the public comment session of the York School Committee meeting of Sept. 16. Many citizens came and addressed us voicing opinions both in support and against the Superintendent of Schools Henry Scipione's, decision to show on tape, rather than live, President Obama's recent speech on education to our students in York.

For those who were unable to attend or watch the meeting on television, here is a portion of those remarks so that the public may better understand the rationale of the decision and our support of Dr. Scipione. We thank those who attended that meeting as well as all citizens who took the time to state their position on this matter either in person, through e-mail or by phone.

"Tonight, as we review last week's decision to not play President Obama's speech live in our school district, it must be noted that the unfortunate, ramped up partisan politics that have permeated our entire country, have now put our country's schools squarely in the bulls-eye of an ever-growing campaign of uncivil discourse. "It is now clear that whatever decision Dr. Scipione reached regarding the playing of the President's speech live, it would have been criticized as unacceptable by some group or individuals. It should be noted that in his role as Superintendent, it is within Dr. Scipione's purview to make certain decisions as the lead administrator of the district and then notify the School Committee of those actions. Dr. Scipione did follow this protocol and this Board stands behind his decision.

"On behalf of this hard-working and dedicated Board, I would like to vigorously state that this School Committee is not an organization with a subversive political agenda. Therefore, we would not and could not, support a superintendent who was trying to espouse any such agenda. It simply would not be tolerated by any of us sitting on this board.

"Dr. Scipione has led this district with distinction, professionalism, courtesy and open-mindedness for the last 10 years. "In fact, it was Dr. Scipione's desire to be sensitive to all sides in this political perfect storm that he decided to refrain from showing the speech live. With an eye towards honoring the many diverse opinions regarding this speech, and due to the fact that at the time of his decision, no release of the speech's text had been made by the White House, the superintendent decided to tape the address and make it available shortly thereafter for viewing by students of an age (grades 4-12) who were most likely to understand the President's message of staying in school and giving 100 percent effort towards one's education.

**Marilyn Zotos, Chair
York School Committee**

The above remarks were edited for length.

SURF TOWN

The business and art of York surfing

Creating Grain Surf's up on wooden works of art

By Chris Shipley
On a quiet street on the west side of York County, amidst the fields and turn of the century barns, there is unassuming building. The driveway would appear like any other on the street if it wasn't for a small wood surfboard shaped sign that reads "Grain Surfboards." A few friendly dogs mulling about are more than happy to escort you to the door. Once inside the pale yellow former winery, you'll find something that is anything but ordinary. In fact, this small business, established in 2005, has helped revive the art of building wooden surfboards.

Former boat builder Mike LaVecchia, who gave life to the craftsmanship behind Grain Surfboards, began surfing in 2002. He wondered what it would be like to build a wooden surfboard like you would build a wooden boat. "I kind of liked the idea of building these surfboards out of local materials and using these techniques that are local to the area," he said during a recent tour of his basement factory.

Inspired by Tom Blake, an early pioneer of building hollow wooden boards, LaVecchia, along with his brother Nick, began discussing different ideas on how to build wooden surfboards. Since the introduction of lightweight foam cores in the 1950s few craftsmen continued the process of producing boards from wood. Prior to the advancement of foam, surf-



Mike LaVecchia displays the first board he made in his basement.



Mike LaVecchia explains the rail design of a Grain wooden surfboard.

boards were produced solely from wood in a variety of ways and some boards tipped the scales at up to 120 pounds. Mike and Nick would spend time searching the Internet for early issues of Popular Mechanics magazine and seeking out information provided on Web pages of some of the few people still using wood in their board construction. It was soon decided to

use a hollow internal frame design. "We used a similar construction (to early hollow board builders), an internal frame, like an airplane wing," LeVecchia said. "But we wanted to build modern shapes, so we wanted to be able to take the concept of these internal frames and

CONTINUED ON NEXT PAGE



Garrett Naimie grabs a wave in the semi-finals of The Kennebunk Outdoors Longboard Classic.

York father and son surf into classic longboard finals

Over the years, the decade of the 1960s has influenced revivals in music and fashion. But on Saturday, Sept. 12 Kennebunk's Gooch's Beach was the site of a '60s-inspired surfing revival. The rules were simple at the 2nd Annual Kennebunk Outdoor / Parks and Recreations Classic Longboard Surf Contest: contestants rode waves on surfboards made prior to 1968 with no leash. These large and cumbersome boards can often weigh in excess of 40 pounds and offer the surfer a much more challenging ride than their lightweight modern counterparts. Contestants came from as far away as New Jersey to join the lightheart-

...he was "intrigued by the thought of riding really old boards."

ed and good-spirited throwback to the early days of contest surfing, complete with white numbered jerseys. York residents, and father and son, Chuck and Garrett Naimie, were among the 30 competitors who paddled out in the waist to chest high surf in six man heats on the rainy Saturday morning. Both Chuck and Garrett were looking to better their results of last year's contest, in which Garrett advanced into the semi-finals round by beating his dad in an earlier quarter final heat. The only York representatives at the contest did well, with both advancing to the finals this year, but missed out on the top three positions. It was an achievement made even more impressive by the fact that neither Chuck, with seven years surfing experience, or Garrett, with three years experience, own one of these early classic surfboards.

—Chris Shipley



Garrett Naimie prepares to paddle.

CONTINUED FROM LAST PAGE
update them." The first board Mike constructed after the all the late-night brain-storming sessions hangs proudly on the wall of the sofa filled laid back reception area of the Grain factory. The business has grown from there. LeVecchia eventually teamed up with friend and co-owner Brad Anderson to launch the Grain label. Now four years later the two, along with a handful of employees, are known for their excellent craftsmanship of these wooden works of art.

Using sustainably harvested wood native to Maine and taking up to 50 man hours to produce a board from grain is not cheap, sometimes running as much as \$2,000, but that isn't slowing down demand. The shop, devoid of the noise and resin smells that are customary to most surfboard manufacturing facilities, is a model in these eco-friendly times. With most standard surfboards being

produced with petroleum-based polyester resins and environmentally wastefully byproducts, Grain Surfboards eliminated waste by recycling any excess wood and donating it to local farmers for livestock bedding. Their use of epoxy resins produces remarkable little waste as well. However, LaVecchia is always testing new advancements in green surfboard manufacturing technologies. Shortly after establishing themselves as quality wood board makers, Grain Surfboards expanded to offer do-it-yourself kits (complete with glassing materials) as a way to help reduce over-all cost to the consumer.

"The idea for doing the kits came pretty early on, once we figured out how we wanted to build boards," LaVecchia said. "It was like it's such a great way to build them, why not show other people how to do it this way? It would give people an opportunity to get on these boards and not have to spend that much money." As far as the learning curve of someone attempting to build his or her own grain wooden surfboard, LaVecchia said that the idea is to market the boards as something just about anyone can do.

"Some of them are a little more complicated," he said. "You have to be a little bit patient and you have to have a little bit of an attention to detail."

In addition to offering their own phone numbers as a troubleshooting hotline for would-be kit board builders, the owners have begun to offer classes at the Grain Surfboards factory on how to properly assemble and glass their kit boards. More recently the business has licensed their board-building kits to an Australian boat kit company to distribute to Australian surfers as an alternative to having to order one from the U.S. Furthermore, the Australian kits are produced with locally grown and sustainably harvested native wood.

As the appreciation grows for the aesthetics of these hand-crafted wooden boards, surfers are also beginning to understand the smooth wave riding ability as well. Interest in the York-based company continues to gain recognition throughout the surf industry. On Saturday, Oct. 3, Grain Surfboards will host a Grain Party at their York factory. Festivities start at 3 p.m. and there will be live music and a surf movie premiere on site. Cover charge is \$10. For more information about the party or if you would like to try your hand at building a Grain surfboard kit, visit www.grainsurfboards.com.

All photos by Chris Shipley

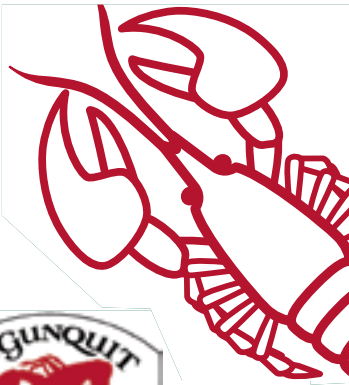


Mike LaVecchia demonstrates how to shape a rail..

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Showdown

Sunday, Sept. 27th
Staff Trip to
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Johnny Wad & The Cash

Thursdays
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Girls soccer team looks to championship

By Chris Shipley

The 4-1 York Wildcats girls varsity soccer team scored big against Cape Elizabeth in their 3-1 victory on Thursday, Sept. 24. Just as important as the win, Cape Elizabeth was worth big points for the Western Maine Class B team and was a critical victory for the Cats post season hopes. Ashley Taylor put up two



Freshman starter Kayla Swasey controls mid field during the Wildcats 3-1 win over Cape Elizabeth. (Chris Shipley photo)

goals and Emma Clark accounted for a goal and two assists in the critical win. After being shut out in their only loss of the season an early season game against Greeley, Coach Wally Caldwell saw his attacking offense dominate. The Wildcats never let up forcing Cape Elizabeth to play defensive soccer throughout the game. After a disappointing loss in last year's WMC B championship game Coach Caldwell was encouraged to see his team, minus six graduated starters, coming together so early in the season. Against the Capers, Caldwell watched his team take a step towards his pre-season expectations of splitting the games with the teams he sees as conference "Powerhouses," those being Falmouth, Greeley, Yarmouth, and Cape Elizabeth. With the on-field leadership of four year starter Emma Clark leading the offense, the 'Cats have found themselves with a big win early in the season. The 'Cats be taking on two more of the WMC "Powerhouses" before the month is up. With a visit to Falmouth on Sept. 26 and a home game against Yarmouth on Sept. 30 the 'Cat's will be looking to score more goals and more points to push them into the mid-point of the 2009 season.



Four year starter Emma Clark fights off a Cape Elizabeth defender on her way to a goal and two assists against the Capers. (Chris Shipley photo)

Wildcat field hockey continues to dominate

By Chris Shipley

York High School Field Hockey has picked up where they left off after last season's 2008 State Championship.

The Wildcats are off to a 6-0 start as Coach Barbara Marois celebrates her 10th season as the varsity coach. She has her work cut out for a repeat, though, with 13 players having graduated from last year's championship team.

"The girls who returned are solid, steady, and consistent and the new girls have filled the shoes of those who graduated," she said.

When asked about the team's solid start, Coach Marois said, "Every year is different," but she's pleased so far. With wins over Greeley, Wells, and Cape Elizabeth

already posted this season the team looks to continue their dominating ways as they approach the second half of the season. With last week's 7-0 win over Yarmouth on Sept. 17 and a 2-0 win on Sept. 9 over Lake Region, the post season is in sight.

The girls who returned are solid, steady, and consistent and the new girls have filled the shoes of those who graduated.

The 'Cats dominance can be attributed to a stifling defense lead by the excellent goal play of freshman goalies Amanda Kasbohm and Oliva Drew. The pair have only yielded one goal in six games this season.

The team has been anchored with solid play from one of the teams few returning players, junior Hannah Keating. Her exceptional stick handling and her ability to read opposing defenses and find open teammates is rivaled only by her determination to dominate the center midfield position. The offense is further strengthened by the speed and scoring prowess of newcomer sophomore Cari Posternak and senior Kat Hird. Not to be outdone by her new teammates, Steph Lomasney returns from last year's team to add depth to the Wildcat's attack.

The season continues next week as the 'Cats prepare for to revisit rivals Cape Elizabeth and Wells.



Junior Hannah Keating shows off her exceptional stick work during a 7-0 win over Yarmouth. (Chris Shipley photo)



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Area People, Places & Predictions

YORK HIGH SCHOOL SPORTS SEPT. 25- OCT. 8

- Friday, Sept. 25**
- 3:30 p.m. Coed Varsity Golf @ Falmouth
 - 4 p.m. Girls Varsity Cross Country meet @ Thorton
 - 4 p.m. Girls Freshmen Field Hockey @ Cape Elizabeth
 - 4:30 p.m. Boys Varsity Cross Country meet @ Thornton
 - 5:30 p.m. Girls Junior Varsity Field Hockey @ Cape Elizabeth
 - 7 p.m. Girls Varsity Field Hockey @ Cape Elizabeth
- Saturday, Sept. 26**
- 1 p.m. Boys Varsity Soccer vs. Falmouth
 - 2:45 p.m. Boys Junior Varsity Soccer vs. Falmouth
 - 4:15 p.m. Girls Junior Varsity Soccer @ Falmouth
 - 6 p.m. Girls Varsity Soccer @ Falmouth
- Monday, Sept. 28**
- 3:30 p.m. Coed Varsity Golf @ Wells
 - 4 p.m. Boys Junior Varsity Football @ Old Orchard Beach
- Tuesday, Sept. 29**
- 3:30 p.m. Girls Freshman Soccer vs. Marshwood
 - 3:30 p.m. Coed Varsity Golf vs. Greely
 - 4 p.m. Girls Varsity Field Hockey vs. Wells
 - 5 p.m. Boys Freshmen Soccer vs. Marshwood
 - 5:30 p.m. Girls Junior Varsity Field Hockey vs. Wells.
- Wednesday, Sept. 30**
- 1 p.m. Coed Varsity Golf @ Willowdale
 - 3:30 p.m. Girls Freshmen Field Hockey @ Noble
 - 4:15 p.m. Girls Junior Varsity Soccer vs. Yarmouth
 - 4:15 p.m. Boys Junior Varsity Soccer @ Yarmouth
 - 6 p.m. Girls Varsity Soccer vs. Yarmouth
 - 6 p.m. Boys Varsity Soccer @ Yarmouth
- Thursday, Oct. 1**
- 3:30 p.m. Girls Freshmen Soccer vs. Sanford
 - 4 p.m. Girls Varsity Field Hockey @ Greely
 - 5 p.m. Boys Freshmen Soccer vs. Sanford
 - 5:30 p.m. Girls Junior Varsity Field Hockey @ Greely
- Friday, Oct. 2**
- 4:30 p.m. Girls Varsity Cross Country meet @ Greely
- Saturday, Oct. 3**
- 11 a.m. Boys Varsity Soccer @ Wells
 - 11 a.m. Boys Varsity Cross Country meet @ Belfast
 - 11 a.m. Boys Freshmen Soccer vs. Massabesic
 - 11 a.m. Girls Freshmen Soccer vs. Massabesic
 - 11 a.m. Girls Freshmen Field Hockey vs. Noble
 - 1 p.m. Girls Varsity Soccer vs. Wells
 - 1 p.m. Girls Varsity Field Hockey vs. Falmouth
 - 2:30 p.m. Girls Junior Varsity Field Hockey vs. Falmouth
- Monday, Oct. 5**
- 1 p.m. Coed Varsity Golf @ Willowdale
 - 4 p.m. Girls Varsity Field Hockey @ Yarmouth
 - 4 p.m. Boys Junior Varsity Football @ Greely
 - 4:30 p.m. Boys Freshmen Soccer @ Massabesic
 - 4:30 p.m. Girls Freshmen Soccer @ Massabesic
 - 5:30 p.m. Girls Junior Varsity Field Hockey @ Yarmouth
- Tuesday, Oct. 6**
- 10 a.m. Coed Varsity Golf @ Willowdale
 - 4:15 p.m. Boys Junior Varsity Soccer @ Greely
 - 4:15 p.m. Girls Junior Varsity Soccer vs. Greely
 - 6 p.m. Boys Varsity Soccer @ Greely
 - 6 p.m. Girls Varsity Soccer vs. Greely
- Wednesday, Oct. 7**
- 4 p.m. Girls Varsity Field Hockey vs. Lake Region
 - 5:30 p.m. Girls Junior Varsity Field Hockey vs. Lake Region
- Thursday, Oct. 8**
- 3:30 p.m. Girls Varsity Cross Country @ Falmouth
 - 4 p.m. Boys Varsity Cross Country @ Falmouth
 - 4 p.m. Girls Freshmen Field Hockey vs. Thornton
 - 4:15 p.m. Boys Junior Varsity Soccer vs. Cape Elizabeth
 - 4:15 p.m. Girls Junior Varsity Soccer @ Cape Elizabeth
 - 6 p.m. Girls Varsity Soccer @ Cape Elizabeth
 - 6 p.m. Boys Varsity Soccer vs. Cape Elizabeth

York football bounces back

After the York Wildcats were embarrassed in their home opener against Cape Elizabeth 41-12 on Sept. 11, Coach Randy Small, took full responsibility for the loss and asked his team to look in the mirror. He called on some of his starting players to step up or step back for younger players to move up. It was a coach's warning that lackadaisical play would not keep anyone in a starting role, regardless of position. The team responded Saturday night, Sept. 19, by routing the Poland Knights 51-18, bringing the Wildcats to a 2-1 record on the season.

In a complete turn around from their uninspired play against Cape, the 'Cats stepped up to Coach Small's challenge and dominated on both sides of the ball. A week removed from allowing Cape's Tom Foden to gash the defense for 130 rushing yards, the 'Cats cruised into half time up 37-6 having only given up one long play for Poland's only first half points. Jared Pruger dominated on the ground rushing for 131 yards on just

10 carries, three td's, and three two-point conversions. After the game Pruger would commend his o-line's stellar play.

The offensive line did a good job of opening up some big holes and once we got into the secondary it was pretty much one-on-one, which we'll take," he said.

Bradley Stephens added 139 yards rushing and two rushing td's. Christopher Cole continued to settle into his role as starting QB, connecting with John McCafferty on a 21 yard td pass. The Wildcats can not afford to celebrate the win over the 0-3 Poland Knights for long. With the revamped 2-1 Gray-New Gloucester Patriots coming up on Friday, Sept. 25, as well as games against Mountain Valley and Wells still on the schedule, the 'Cats, who battled with penalties in their first two outings, will need to continue with the disciplined offensive play and solid defense that they displayed against the over-matched Knights.

~ Chris Shipley

From left to right, Tim McMahon, Alex Moser, Silas Freeman, Connor Brown, Josh Brown, Josh Herbine and Dan Herbine cheer on the Cats in their home opener.
(Chris Shipley photo)



Want to talk York Sports? Chris Shipley can be reached at: yorksports@gmail.com.

YORK FOOTBALL 2009 SCHEDULE

Date	York	Where/When	Opponent
Sept. 5	27	at Falmouth (7 p.m.)	6
Sept. 11	12	Cape Elizabeth (7 p.m.)	41
Sept. 19	51	at Poland (7 p.m.)	18
Sept. 25	—	Gray-New Gloucester (7 p.m.)	—
Oct. 2	—	Greely (7 p.m.)	—
Oct. 9	—	at Lake Region (7 p.m.)	—
Oct. 16	—	Fryeburg Academy (7 p.m.)	—
Oct. 23	—	at Mountain Valley (7 p.m.)	—
Oct. 30	—	at Wells (7 p.m.)	—

GOING ON

Parks and Rec. releases fall schedule

The York Parks and Recreation Department has released its 2009 Fall Recreation Schedule. The department has once again organized a variety of classes and activities for all ages. Some highlights include a Teachers In-Service Activity Day to Coco Key Water Resort in Danvers, MA. and a Halloween Costume Parade sponsored by the York Police Department. For a detailed schedule of all the classes and activities offered this fall visit www.parksandrec.yorkmaine.org or call 363-1040

Mt. A. needs volunteers

The Friends of Mount Agamenticus are looking for volunteers for their annual Volunteer Work Days. Volunteers are need on Sept. 26th and Oct. 24th from 9 a.m. to 12:30 p.m. Participants should be prepared to assist on projects such as bridge building or rerouting trails. Moving rocks, digging dirt or cutting branches may be needed. Proper attire is required. Interested persons should contact the Conservation Coordinator at 361-1102 or by emailing robin@agamenticus.org.

Maine race draws record runners

Downtown Portland will host the 2009 Peak Performance Maine Marathon on October 4th. The race will also include a half marathon and marathon relay. The race, a qualifier for the 2010 Boston Marathon, will begin at 7:45 a.m. Race organizers are reporting near record entries with nearly 3,000 participants having registered so far. The entry limit for both the marathon and half marathon combined has been increased to 3,500 competitors. The start/finish lines will be located on Baxter Boulevard, between Forest Ave. and Preble St. Free parking is available at the University of Southern Maine located near the start finish/line. The campus will also hold an all-you-can-eat pasta dinner on October 3rd from 5-8 p.m. For more information visit www.mainemarathon.com

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Pets

Editor's Note: *If you are interested in adopting any of these animals or if you'd like to know who else is available for adoption, please visit the Animal Welfare Society Web site at www.animalwelfaresociety.org or call 985-3244.*

THE DOGS

Toni: This beautiful girl is Toni, a four-and-a-half-year-old playful and energetic Labrador retriever. Toni is a smart girl who knows the trick "shake" and the command "sit." She would love to learn more, and taking her through a basic obedience class would be the perfect way. These classes are offered here at the shelter at a discounted price for adoptees. She should do just fine sharing her new home with certain dogs and children over the age of eight. Toni is a happy-go-lucky dog who rides well in the car. If you are interested in adopting Toni please fill out an adoption application and stop in with your family – including dogs – to meet her.



Rico: This suave young fellow is Rico, a three-year old pitbull with a handsome tan and white coat. Seen here wearing his Gentle Leader, a handy device for walking larger dogs, it is easy to see that Rico is very affectionate and smart. He knows the commands "sit," "come" and "down." Rico could use some help with his confidence, therefore we ask that he be the only dog in his new home. He will have no problem sharing a home with cats or children over the age of six. If you think Rico is the best friend for you, please fill out an adoption application and then stop in with your whole family to meet him.



Julio: This little guy is Julio, a seven-year-old Chihuahua looking for his special forever home. Julio needs a new family because his former owners were unable to care for him. Although he came to the Animal Welfare Society with some skin conditions, a combination of diet, medication and weekly baths are keeping this under control. Julio does have a pin in his right front leg, but don't let that bother you because he certainly doesn't mind. Julio loves to cuddle and would be happiest just sitting on your lap.



Arts & Leisure



Members of the 'All Shook Up' cast include, in the foreground, George F. Piehl, Todd Dubail, Jen Cody and playhouse favorite Sally Struthers, bring to life on stage this delightful story of mistaken identities and falling in love. Courtesy photo

Review: Get 'All Shook Up' at Ogunquit Playhouse

By Jennifer L. Saunders

YORK—What has the best music of Elvis, a delightful off-beat love story and the inimitable Sally Struthers?

Why, it's the new Broadway musical "All Shook Up," which is literally shaking up the audiences at the Ogunquit Playhouse this fall.

As the final show of the successful 2009 season, coming on the heels of the playhouse's fabulous production of "Singin' in the Rain," this production is another not-to-be-missed treat for residents and visitors alike.

But make no mistake about it—while the music of the King of Rock 'n' Roll, Elvis Presley, provides the score, this is not just a musical for Elvis fans.

Acclaimed New York City director Holly-Anne Ruggiero has led her phenomenal cast and crew in presenting something truly special on the Ogunquit stage.

It is around 1955, and a guitar-toting, motorcycle-riding "Roustabout" named Chad, played to perfection by Todd Dubail—who has graced the Ogunquit stage before with leading roles in such productions as "Grease" and "The Full Monty"—has come to Smalltown, USA, immediately winning the hearts and awakening the libidos of ladies of all ages.

With Ogunquit Playhouse favorite Sally Struthers stealing the stage in her comic stylings as the uptight mayor of this town where no fun is allowed, and the delightful Jen Cody—back in town after performing in "Shrek" on Broadway—winning the hearts of the audience with her humor, stunning voice and energy as the tomboy Natalie, all singing favorite Elvis tunes, the opening night audience was cheering, laughing and humming along from the very start.

With a book by Joe DiPietro, acclaimed playwright of "I Love You, You're Perfect, Now Change," this new telling of the clas-

sic story of Shakespeare's "Twelfth Night" is propelled forward by delightful renditions of two dozen Elvis hits, including "Heartbreak Hotel," "Burning Love," "Jailhouse Rock," "Blue Suede Shoes," "It's Now or Never," "Can't Help Falling in Love" and "Don't Be Cruel."

Add to the mix of this tremendous ensemble cast Tony Award-winning Broadway star Cady Huffman in a hilarious performance as Miss Sandra, the bombshell who falls for the most unlikely suitor.

Danielle Lee Greaves, a veteran of Broadway's "RENT," delivers a riveting performance as Sylvia, performing a not-to-be-missed version of "I Can't Help Falling in Love with You."

As the forbidden lovers Lorraine and Dean, Brianna Horne and Morgan Karr are delightful, while Christopher Kale Jones, as the Shakespeare-reading Dennis, wins hearts with his kindness while wowing the audience with his stunning voice.

With George F. Piehl, founder of Stage One Productions, as Sheriff Earl, the man tasked with pushing Sally Struthers' Mayor Matilda around while she stands on her soap box—literally—and Mitch Poulos of "30 Rock" fame making his playhouse debut as the devoted father, Jim Haller, the principle roles are filled to the brim with talent.

Indeed, this is one show where the ensemble cast boasts too many fine performers to list. Go see the show, open your playbook and read the entire cast list—they are all tremendous.

"All Shook Up" continues on the Ogunquit Playhouse stage through Saturday, Oct. 11. Don't miss this one-of-a-kind hit. For a complete list of show times, pricing and more information about the season, visit www.ogunquitplayhouse.org. Tickets may be ordered online or by calling the box office at 646-5511.

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Puzzles & Games Week Off!

They'll return next issue Friday, Oct. 9.

Food

Donuts from New Orleans?

Where to get 'bennies' in York,
plus finding ice cream year-round

By Jennifer L. Saunders

YORK—Two names seem to come up in conversations about what's good to eat here in town: Annabelle and Bennie.

Annabelle, of course, is the icon of that locally famous all-natural ice cream, Annabelle's, whose founder lives right here in York. And Bennie is a newcomer to town—a scrumptious doughnut treat with origins in New Orleans.

And Annabelle's Ice Cream and the delicious Bennies can be found literally two doors down from one another in two new-this-summer local eateries, York Corner Deli and Ice Cream and St. Joe's Coffee. The two shops are both located in the plaza across from Hannaford on Route 1—and both establishments are owned and run by local families.

First, there's York Corner and Deli, where co-owners Steve Giles and Gary Orso have created a charming shop offering homemade soups, fresh-as-can-be salads and delicious sandwiches and wraps, as well as that not-to-be-missed Annabelle's Ice Cream.

"The main theme for us is the sandwiches, which are handcrafted and made with the highest quality ingredients we can find,



York Corner Deli and Ice Cream offers fresh, homemade sandwiches, salads, soups and sweet treats—including all-natural Annabelle's Ice Cream—at its Route 1 location. Photo by Jennifer L. Saunders.

The sign over the door advertises St. Joe's Coffee as the "Home of the Bennie," which has had many residents wondering just what that is.

Jason explained that "Bennie" is their name for a New Orleans style-doughnut, known formally as a "beignet," that is comprised of deep-fried dough covered in powdered sugar—a form he came to know from Café du Monde in New Orleans, which makes beignets all day long.

The York twist on this New Orleans tradition, however, features the addition of a choice of dipping sauces for the powdered sugar-coated Bennies, including homemade

Callebaut Dark Chocolate Ganache, Maine Blueberry, Espresso Cream and Maple Cinnamon.

"When we decided to open a coffee shop, we were coffee-motivated first," Jason explained, praising Sarah's artistry as a barista for the delicious drinks that range from standard espresso to an array of flavor creations.

However, as the dream began to move toward real-

ity, he said, they realized that pairing the coffee and tea creations with Bennies and other homemade doughnuts and muffins would create a unique local shop.

Jason, Sarah and their family members worked together to renovate their Route 1 space into a bright, cozy shop showcasing the many coffees and teas available—and the sweet treats—and since they opened this summer residents and visitors alike have been able to find Jason, Sarah or both of them at work behind the counter from 6 a.m. to 5 p.m. each day.

Both St. Joe's and York Corner Deli and Ice Cream are open year round. To learn more about York Corner Deli and Ice Cream, visit www.yorkcornerdeli.com. For all the details on St. Joe's Coffee, check out www.stjoescoffee.com.



Brother-and-sister-in-law team Sarah and Jason Miller show off just a few of the coffee and tea offerings—and their delicious "Bennies"—in their new St. Joe's Coffee, just two doors down from York Corner Deli and Ice Cream on Route 1. Photo by Jennifer L. Saunders.

along with soups and sides made from scratch," Steve explained.

And for those who love fabulous ice cream, York Corner Deli and Ice Cream will be open year round, offering sundaes, cones and even hand-packed pints and quarts of ice cream.

For Steve and members of his family, who can be found at work at York Corner Deli and Ice Cream during regular business hours from 11 a.m. to 8 p.m., the opening of this new eatery is a homecoming of sorts, as Steve and his father built the barn-style building where the deli is housed about 25 years ago.

Just two doors down at St. Joe's Coffee, brother-and-sister-in-law team Sarah Miller and Jason Miller are working toward that same goal with hot coffee and tea beverages and fresh-baked doughnuts and pastries offered at their shop.

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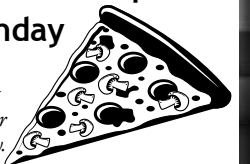
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YORK



YORK. Charming 3 bedrm. cape. This east of Rt. 1 home includes a buildable lot. Great in town location. Close to all activities, beaches, etc. Town water and sewer. If you haven't owned before or want to retire here, it's the perfect place! **\$385,000.**

Jean Kovacs 207-408-1822.

BERWICK



BERWICK. Duplex, great rental history, super location & move-in condition! Features two 2BR units, porch & two 1c garages w/individual parking. Separately metered-both furnaces recently updated & major roof in 2008. **\$194,000.**

Mitch Picard 207-332-5290.

DON'T FORGET to stop by & visit RE/MAX Realty One at HarvestFest-25 years!
October 15-17th in and around York.

www.yorkmaine.com