

York
The Independent

INSIDE: COMPLETE LISTING OF AREA EASTER SERVICES PAGE 14

The hometown voice of the greater York region

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FREE

April 22 - May 5, 2011 Volume 15 ~ Issue 7



A LOOK INSIDE YORK'S CRAMPED POLICE STATION PAGE 6

Q&A, 4-5

Local Food, 8-10

Live Music, 13

Horoscopes, 14

Police station: See it for yourself

By JEFF RAPSIS

The York Independent

On Saturday, May 21, York voters will decide whether or not to build a new police station on Ridge Road.

It's a big issue. So big, in fact, that we're devoting a big chunk of this York Independent and the next one as well (on Friday, May 6) to looking at it, as well as the question of building a connector road from Ridge Road to Route 1, which is also on the warrant.

This edition, we take you on a backstage tour of the current police station. Why? Because, as York Police Chief Douglas Bracy likes to point out, most members of the law-abiding public don't get a chance to see 90 percent of the police station that lies behind the scenes.

It's quite a sight, and in my opinion makes the need for a modern facility pretty clear. York's entire law enforcement operation is jammed into a former four-room schoolhouse built in 1903. It's served as the town's police station since 1981, when Bracy recalls the department's communications equipment consisted of "three typewriters."

Things have changed. I got to see that for myself last week, when Chief Bracy



and Capt. Kevin LeConte were kind enough to take me through the station.

Not only are detectives, patrol officers, staffers, and suspects jammed into a bewildering maze of tiny

offices, but the department's extensive high-tech communications equipment is installed in random areas throughout the building, almost none of it in any kind of secure or temperature-controlled environment.

Conditions range from somewhat humorous to downright dangerous. Humorous? How about the raccoon that took up residence in the police locker area? Or the snakes and other critters that hide out under the basement floorboards?

Dangerous? How about the firearms loading device that stands in a narrow corridor, when it should be in a concrete enclosure for safety purposes? How about the hunks of iron pipe screwed to the wall that are used to handcuff suspects during booking?

And so much of the place is just plain unworkable. Detectives have nowhere to meet with confidential informants. Victims are often in close proximity to suspects, and can sometimes hear each other's statements through the walls. A door blocks the handicapped ramp. Visitors wait with criminals in various stages of the booking process.

But don't take my word for it. See for yourself. The department is holding two open houses prior to the vote: on Saturday, April 30 from 10 a.m. to 4 p.m., and on Thursday, May 5 from 5 to 8 p.m.

If you're wondering about the need for an updated police station, visit the current facility on 36 Main Street in York Beach. It'll help make up your mind.

And look for a round-up of plans for the new station (and the connector road) in our next edition, out on Friday, May. 6.

THE INSIDE GUIDE

Q & A, 4

Library Happenings, 4

Outdoor Listings, 5

Cover Story, 6

Food, 8-10

Event Listings, 11

Pet Connection, Tides, 12

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The York Independent is published 26 times per year by York Independent Newspaper, LLC, (207-363-8484) and is available at select locations in the greater York region. Offices are located at 4 Market Place Drive, Suite 215, York Village Business Center, with access from Route 1.

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COMMUNITY BRIEFS

STUDENTS, PATIENTS COLLABORATE

In conjunction with York Hospital, Berwick Academy will host the Art HOPE Creativity Project on Thursday, April 28 at 7 p.m. in the Patricia Baldwin Whipple Arts Center at Berwick Academy, 31 Academy St., South Berwick and is free and open to the public.

This collaborative event will feature musical, dance, and narrative performances by Berwick Academy students and faculty in collaboration with staff and cancer patients from York Hospital's oncology department. The event will also display a visual and narrative exhibition of community artwork organized by 2006 Berwick Academy alumnus Benjamin Blais. Donations for the Art HOPE program are appreciated and will be accepted at the event. Art HOPE is a community arts program based in York Hospital's Oncology and Infusion Care that was created in 2004 by Laura Jaquays, who is artist-in-residence at the center. The idea behind Art HOPE is that daily creative activity can enhance our well being, celebrate life, and in many ways inspire healing opportunities for people every day. This inclusive process supports cancer patients and their families with outreach programs that involve the University of Maine 4-H, Berwick Academy, and York High School. For more information on Art HOPE or to RSVP to this event, visit www.arthope.org or contact Laura Jaquays at 337-2900 or by e-mail to info@arthope.org.

York County Special Olympics announces spring games

Approximately 350 Special Olympians are expected to attend the York County Spring Games on Thursday, May 5 at Shapleigh Field in Kittery. Opening ceremonies are scheduled for 9:15 a.m. and events begin immediately thereafter and continue through 2 p.m. Special Olympics athletes from all over York County attend the annual event, which is a qualifying event for the Special Olympics Maine State Summer Games, held each June in Orono. Athletes participate in track and field events, and there is a division for athletes using wheelchairs and other assistive devices as well. Sponsors of the event include the Knights of Columbus and York Hospital. The events are open to the public and spectators are welcome. For more information, please contact Mark Capano at 879-0489 or e-mail to markc@somaine.org.

Coastal wins nutrition award

Gara Sanborn, nutrition manager at Coastal Ridge Elementary, recently won the Louise Sublette Award of Excellence. The award is considered the highest honor a school nutrition manager can earn and is given to the person who implements a special idea to help the school nutrition program grow. Sanborn submitted a project to increase breakfast participation at the school and initiated several activities to support her efforts. Breakfast participation increased over 60 percent from the beginning to the end of her project. Sanborn was chosen as the Maine state winner in early March and learned that she was chosen as the Northeast Regional Winner as well. This part of the contest is between 9 northeastern states. This summer Sanborn will compete with six other regional winners for the national title. York Schools are no stranger to the Louise Sublette Award. Employees have a history of wins including seven state & Northeast Regional titles.

Artists, gardeners unite!

They say that April showers bring May flowers, and York Art Association is about to bloom. This year members of Old York Garden Club have been invited to join members of YAA in designing weekly floral arrangements to complement the artwork of York Art Association's annual, spring member's show, aptly titled 'Art and Bloom.' Vessels by YAA potters will be made available to the floral designers. The floral arrangements will take their inspiration from the colors, and spirit of the artwork. This is the first time that York Art Association has collaborated with Old York Garden Club, which was established in 1932.

Artwork submissions for Art and Bloom are not limited to the subject matter of spring, or flowers. This annual multimedia exhibition showcases the broad range of work produced by the artists of York Art Association. Art and Bloom will engage visitors in a fusion of sensory experiences.

Art and Bloom is a juried show. Jackie Abramian, owner of Kittery's Haley Art Gallery, will be serving as judge. The exhibition will open Thursday, April 28 and run through Sunday, May 29. An opening reception with wine and appetizers will be held on Friday, April 29 from 5 to 7 p.m.

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COMMUNITY SERVICE

Send us your listings!

Let the community know about your group, service, or good cause. E-mail it to us at yorkindependent@gmail.com. Listings run on a space available basis.

Donations, volunteers needed

- **New volunteers are needed at Wells Reserve at Laudholm in Wells:** Trail Rangers, Trail Stewards, Admission Booth Greeters, and Mowers. Beach opportunities: become part of a beach profiling team. Beach Profilers use a simple surveying technique to measure the contour of a beach, discovering first hand how it changes from month to month and year to year. Teams gather monthly from South Portland to York. Also needed are Maine Healthy Beaches Monitors - collecting water samples at one beach up or down the coast. Water samples are then analyzed for bacteria to determine whether swimming conditions are safe. The Laudholm Nature Crafts Festival, held the weekend after Labor Day each year, is a gathering of outstanding and creative artisans from around New England who come to display and sell their art. New volunteers are needed to help head up areas such as sandwiches and smoothies, as well as to help staff the event. The dates this year are Saturday and Sunday, Sept. 10 & 11.
- **Cluster Youth Mission Trip,** Hamburg, N.Y., July 30-Aug. 6, 2011. High school youth travel with Group Work Camp to repair homes for the poor and needy. Spiritual and special trip for youth and their chaperones. Call for more info: Rose Cronin 337-0637, St. Christopher Church, York
- **York Hospital's Meal Delivery** program is looking for volunteer drivers with dependable vehicles and good driving records to deliver meals during the day. Drivers are reimbursed for mileage and also provided with a free meal. Anyone interested should contact Roberta Sullivan at 351-2224 or rsullivan@yorkhospital.com, or Leisa Smith at 351-3596 or lsmith@yorkhospital.com.
- **York Community Thrift Shop,** located at 1320 Route 1, Cape Neddick, requests donations of small furniture, small kitchen appliances, costume jewelry, summer hats and shoes. Proceeds from the shop benefit townspeople through the Food Pantry and Family Services. Call 363-2510.
- **York Harbor Inn** is collecting donations and supplies for the Animal Welfare Society and Safe Haven Cat Rescue. Visit the Inn's Ship's Cellar Pub on York Street in York Harbor for good eats, good fun and good company while supporting a great cause.

Local organizations

- **Eggs n' Issues** takes place the second Friday of each month from September through June at the York County Community Col-



COURTESY PHOTO

York Elks Lodge #2788 recently entertained area youth at its annual Breakfast with the Easter Bunny. After a pancake breakfast with the Bunny, all of the kids, including Addison Brown pictured above, had a great time at the Easter egg hunt.

cheese, rolls, beverage, and dessert. \$9 for adults, \$4.50 for children 10 and under. Reservations are not required.

- **The York VFW** serves public meals at their 75 Cape Neddick Road, York, location. "Friday Night Dinners" are served each week at 5:30 p.m., followed by karaoke. Cost: \$7. "Chix Shoots" meals are served each first and third Saturday of the month at 6:45 p.m. Sunday breakfast is held each week from 8 a.m. to 11 a.m. For more information, call 363-9827.

- **Robert's Maine Grill,** Route 1, Kittery, offers a "Community Supper" every Tuesday night. The main focus of the supper is a \$12, 3 course menu; their mid-week "recession buster." A portion of proceeds from the Community Suppers is donated to a local non-profit. Community Suppers are open to the public, and reservations are strongly recommended. For more information about the Community Suppers, or for reservations, call 439-0300 or visit www.robertsmainegrill.com.

- **Wells-Ogunquit Senior Center Coffee Shop** is open Monday through Friday, 9 to 11 a.m., serving regular or decaf coffee, pastries, Congdon's and Dunkin' Donuts, and their own blueberry muffins for \$1.50. Thursday's Coffee Club occasionally has a guest speaker.

lege, 112 College Drive, Wells. Networking and breakfast begin at 7 a.m. and speakers begin at 7:30 a.m., with a Q&A to follow. \$10 pre-registration; \$15 at the door. For more information: 646-9282.

- **Catapult** is the Seacoast's first networking group specifically dedicated to young professionals. Catapult is a nonprofit organization, and membership is free. Visit www.catapultseacoast.org.

- **The Diverse Business Advantage Chapter of BNI** meets Thursdays at Sentry Hill at 2 Victoria Court, York Harbor. Meetings are held from 8 until 9:30 a.m. Visitors are welcome. Call Catherine Bosbach at 363-2418 for more information.

- **The International Women's Club of New England (IWCNE)** meets for lunch on the fourth Saturday of every month and features an international speaker. IWCNE is non-profit, non-political, non-sectarian, and its mission is to foster goodwill, friendship and understanding amongst members from different countries and to support charities which assist women and children. Call 985-7433 for more information.

- **The United States Coast Guard Auxiliary** is an all-volunteer nonprofit organization chartered by Congress in 1939 to assist the United States Coast Guard with all of its missions, excluding law enforcement. Members teach boating safety classes, provide free vessel safety checks, provide safety literature at boat shows, perform on the water safety patrols, and harbor watch patrols. The Saco Bay Flotilla meets the second Thursday of every month at the Saco Yacht Club at 7:30 p.m.

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KENDRA DOWNS

Q & A

THE COMMUNITY HELPER

There's that well-known saying about lemons and lemonade.

Well, a group of local women are taking lemons and making ... "womenade," or so they call it.

For the past three years, the grassroots, nonprofit collective of women, known as Kittery Womenade, has been offering financial help to local people suffering hardships.

It's about women helping women, they say, neighbors helping neighbors.

Name: Kendra Downs

Who she is: Member of the board of directors, Kittery Womenade.

Lives in: Kittery

So what's the general gist of what Kittery Womenade does?

Our goal is to help people out in the short-term. But first, we want to make sure that all other avenues of assistance have been explored. We also want to make sure that whatever we give them is going to give them that edge, to get them over the hump, to move on and to not have things keep getting buried on top of them. We usually will only give \$500 to a particular case.

What kinds of hardships are people facing when the group helps them out?

We've worked a lot with Fair Tide Organization (a Kittery-based organization that helps formerly homeless and low-income individuals and families get into affordable housing). Sometimes they just need help with the first month's rent, or the deposit—just something to help get them out of homelessness. We've helped out with car repairs—if someone needs the vehicle to get to work, or to get their kids to school, we can help them so they have a safe, road-worthy car. We've also helped out with medical equipment, where insurance or Medicare doesn't pay for something. Recently we actually worked with several other local Womenade organizations to help an elderly woman who had dentures that were well over 40 years old.

So Kittery Womenade is part of a larger organization?

There are different chapters (roughly 38 across the U.S., according to the founding group, Washington Womenade). We're the only one here in Maine.

Can you tell us about some recent cases?

It really is a wide range (of people we help). There was one young woman who was putting herself through nursing school; but she had a child who became very sick with cancer. She found herself

driving down to Boston on a regular basis for her child's treatment, and falling behind on her bills and her tuition. We helped out with tuition for her last semester, so that she could finish up her degree and get a better job and continue caring for her child. People find themselves in over their heads and just need a hand.

Is it always women that you help?

The way it started off back in Washington, D.C. (formally in 2001, but informally years before that, according to the Washington group's Web site) was a group of women, and our board is made up of women. But we help anybody.

“People find themselves in over their heads and just need a hand.”

How many people would you say you've helped in the past year?

In calendar year 2010, we gave more than \$14,000. We're small potatoes compared to the other

groups that have been around a lot longer, but we're getting there.

What do you do for fundraisers?

We like to have small home gatherings. I host a regular chili party; other people have had wine tastings, jewelry parties. A lot of it has also been local businesses that have regular community nights.

What towns do you cover?

We started off with just Kittery. As we

were getting our feet wet, we were getting requests from Eliot, York, South Berwick. We realized the need was there, as well. We have helped outside that area—a family in Scarborough. But when we’re getting low on funding, we have to turn down towns that are outside that area.

How do people in need find out about your services?

When we first started out, we contacted all the local schools, as well as nurses, guidance counselors, members of the clergy, and social workers. We count on those people to vouch for the people we’re assisting. When a social worker comes to us, we know they’ve exhausted all other options, and we’re the last resort. We’ve also gotten the word out through other Womenade organizations.

What’s the process?

Anybody can apply through a validator (i.e., a social worker, clergy, or the like). They have to go directly to our Web site, and there’s a form they have to fill out: what other services have been explored, what town they reside in, what type of funding they’re seeking. We also need to know where the money is going, because we pay directly to the vendor. For instance, with that elderly woman with the dentures, we sent the check directly to the dentist that was providing the service to her. We just want to make sure the other services have been exhausted, that they’ve tapped into those larger organizations that

may have more funding.

When did the group start and how many people are involved?

March 2008, and we have five board members, all volunteer. We also have a small group of volunteers that help out at fundraisers.

How did the founders come up with the name?

It started off with the D.C. group—they basically said something to the effect of “With lemons, make lemonade—with women, make Womenade.” It’s about women helping their neighbors.

What do you, as volunteers, get out of it?

It feels good. Some of us have actually been in the position where we don’t know where that next car payment is going to come from. I was actually raised by a single mother, and something like this could have helped her in sticky situations.

What advice would you offer people who are now suffering hardship?

Basically just know that there are people out there that are willing to lend a hand. Like the movie “Pay It Forward”—if you’re given some help now, maybe down the road you’ll be able to do that for somebody else.

For more, visit www.kitterywomenade.org.

YORK LIBRARY

Support York Public Library

Kennebunk Savings Bank donates money annually to local non-profits as part of their community investment program. The amount of the donation is based on the number of votes each organization receives during the bank’s Community Investment Ballot program. If you are a Kennebunk Savings Bank customer, please use the ballot you receive with your next bank statement to vote for York Public Library. The Library thanks all for your support.

Visit the York Public Library at 15 Long Sands Road; contact us at 363-2818 or visit www.york.lib.me.us for the most up-to-date information.

Events

- **Swimming in Auschwitz**, Saturday, Apr. 30, 7 p.m. York Diversity Forum shows the film, *Swimming in Auschwitz*, to commemorate Holocaust Remembrance Day. The interwoven stories of six women provide a glimpse into life, spirit and survival at the notorious concentration camp, Auschwitz.
- **Social Media Technology Series**, Tuesday, May 3, 7 p.m. Local resident, Cheyenne Loiselle Wright will present a program on Social Media. What is social media, what can it do for you, and what concerns should you have about participating are some of the issues covered.
- **Library Clean-up Day**, Saturday, May 7, 9 a.m. until Noon. Join with York Rotary and its high school counterpart, Interact, to spruce up the Library grounds after the long winter. Wear gloves and bring a rake, shovel, edger, pruners, or other tools.
- **Converting to a Mac**, the

Easy Way, Technology Series, Tuesday, May 10, 7 p.m. With the growing popularity of the iPhone and iPad, more and more people are considering leaving their Windows PCs behind and switching to the Macintosh. Mike Segroves will help you understand how easy it is to use the Mac and give a number of resources that will make the change easier to accomplish.

- **Julia Spencer-Fleming**, Author Talk, Friday, May 13, 7 p.m. Award winning author, Julia Spencer-Fleming will read from and speak about her newly released seventh book in the Clare Fergusson/Russ Van Alstyne Mystery series, *One was a Soldier*. Having returned from a tour of duty as a helicopter pilot in Iraq, Clare has joined a veteran’s support group with four other vets. When one of the veterans dies, the investigation uncovers a trail of deceit that runs from the tiny Adirondack town to the unforgiving streets of Baghdad.

For children

- **Infant Lapsits** (infants to two-years-old) on Thursdays, 10:30 a.m. Come for a program of stories, songs, fingerplays



and rhymes.

- **Preschool Story Hours** on Fridays at 10:30 a.m. Join us for stories, songs, finger plays, crafts, and science.

Art Exhibits

- **Student Art Exhibit - The Annual Student Art Show** will be on display, upstairs and downstairs, through the end of April. The show features a variety of art from acrylic paintings to charcoal drawings, photography, sculpture, and multi-media masterpieces, all created by York students from kindergarten through high school.
- In **The Kennebunk Room: Martin Luther King, Jr. Day Student Exhibit Sponsored by the York Diversity Forum**. The exhibit consists of the submissions by York High School students to the art contest for MLK Day, January 17, 2011. The artists interpreted one of MLK’s quotations: “Injustice anywhere is a threat to justice everywhere.” Many of the pieces are images of Martin Luther King, Jr. done in pencil or digitally created.

BUDDING ARTIST



COURTESY PHOTO

Constance McCausland, noted floral designer and guest speaker at the April meeting of Old York Garden Club, works on an arrangement inspired by a battle scene portrayed by John Singer Sargent. On Friday, May 13, the Old York Garden Club will feature the University of Maine’s Dr. Lois Berg Stack, who will teach how to use color to the best advantage in garden designs.

OUTDOOR LISTINGS

Send us your outdoor listings!

Got a road race, hike, or other outdoor activity coming up? Send the info to yorkindependent@gmail.com. Listings run on a space available basis.

- Saturday, Apr. 23, 9:30 a.m.: **The Spring Sprint for Scouting 5K**, Berwick Recreational Fields, Sweetser St., Berwick (fun easy course, great for families and serious runners). Contact: Sarah Clark (club). 641-5307, goaliegirl10@hotmail.com.
- Sunday, May 1, 10 a.m.: **1st Annual BHS Lacrosse 5K Run/Walk**, Waterhouse Field, Biddeford, 38 West St., Biddeford. (Includes a fun run, flat course, prizes, field games and BBQ) Contact: Carolyn Roberge (Biddeford High School Lacrosse Run Walk), ckltr004@maine.rr.com.
- Saturday, May 7, **Beach & Bay 5K Run/Walk for AIDS**, Ogunquit Beach Contact Visitoqunquit.org for more information.
- Sunday, May 8, 9:15 a.m.: **11th Annual Portland Sea Dogs Mothers Day 5K** (second largest road race in Maine). Hadlock Field, 271 Park Ave., Portland. Capped at 3,000 entrants. Contact: Geoff Iacussa (Portland Sea Dogs), 874-9300 roadrace@seadogs.com.
- Saturday, May 14, 10 a.m.: **5th Annual McAuley Run for Hope 5K**, Catherine McAuley High School, 631 Stevens Ave., Portland. (Great course, raffle prizes, post-race food and music)
Contact: Run for Hope (Catherine McAuley HS), 233-8872, McAuley5K@yahoo.com.
- Saturday, May 21, 9 a.m.: **5K Run/2 Mile Walk**,

Mother’s Beach, Kennebunk, to benefit the homeless families with children that the York County Shelter Program assists. Pre-register at www.yorkcountysshelterprograms.org or register on the day of the event beginning at 7:30 a.m. Participants are encouraged to earn pledge money for the York County Shelter Programs. Registration fee \$15 before Friday, May 13, \$20 otherwise. Contact Joan Sylvester at joans@ycspi.org or 324-1137.

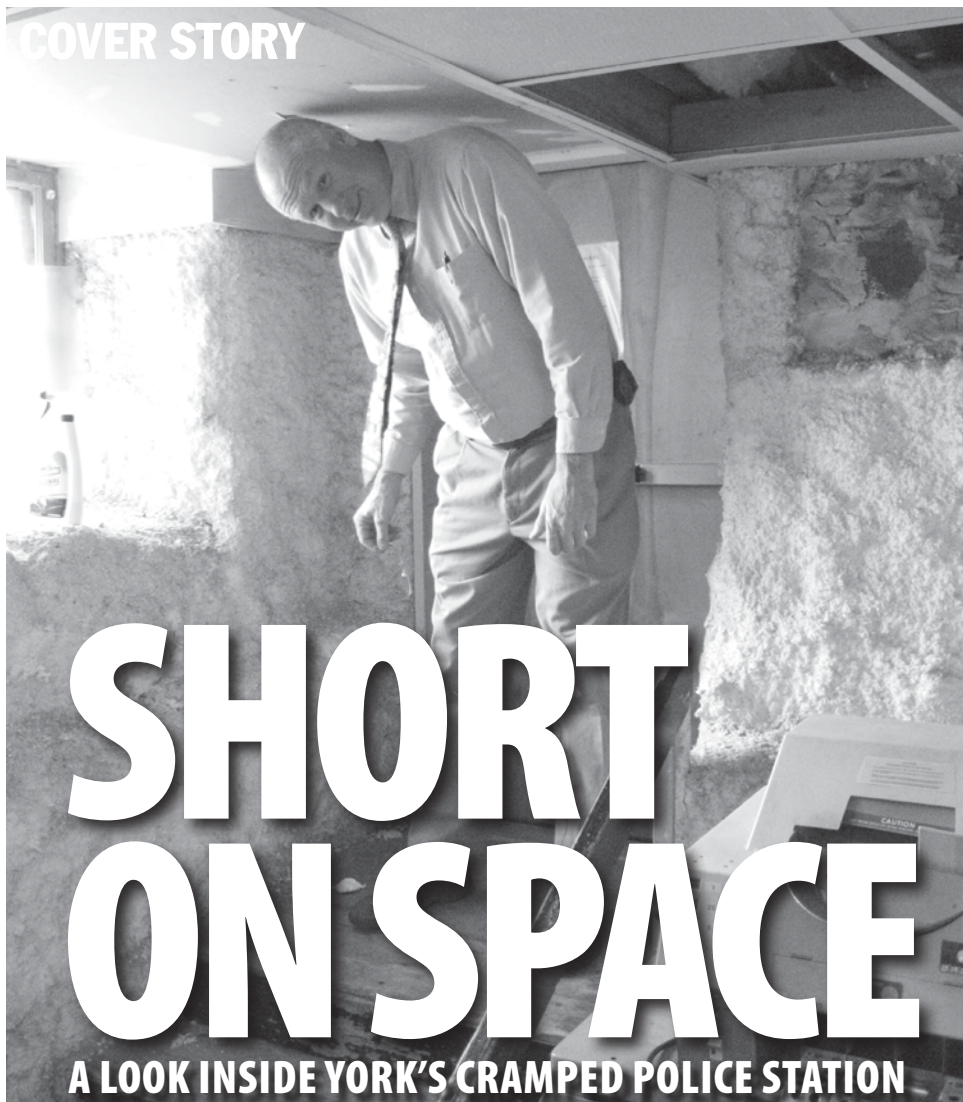
- Saturday, May 21, 10 a.m.: **5th Annual Laura Vogel Memorial 5K**, 22 Bramhall St., Portland, Contact: Amanda Savage (MMC), 949-3883, LVM5K@yahoo.com.
- Saturday, May 21, 8 a.m.: **Race 4 An Angel 5K**, South Portland Boys And Girls Club, 169 Broadway, So. Portland. (Kids Fun Run, Fast Flat Course, Great Prizes) Contact: Joseph Wright (Charity, 650-9145 jwwright10@maine.rr.com).
- Sunday, May 22, 9 a.m.: **Kittery Fire Association 5K Run and Walk**, Gorges Road Fire Station, Gorges Rd., Kittery. (5th Annual 5K run and walk in beautiful coastal Kittery) Contact: Dan Hale (Kittery Fire Association), 332-9125, kittery5K@hotmail.com.
- Saturday, June 4, 8:30 a.m.: **York Hospital 5K Road & Cross Country Race**. Lower Back Parking Lot (Near ER entrance) 15 Hospital Dr., York (Enjoy a scenic run through village, woods and by the York

River; prizes). Contact: Jean Kolak Mercer (York Hospital), 351-2385.

- Sunday, June 5, 9:30 a.m.: **Kennebunk Beach Classic 5K Run & Walk**, Senior Center at Lower Village, 35 Post Rd., Kennebunk. Fast, Oceanside course, prize money. Contact: Susan Pettit (Senior Center at Lower Village), 967-8514, director@seniorcenterkennebunk.org.
- Sunday, June 19, 9:15 a.m.: **3rd Annual Portland Sea Dogs Fathers Day 5K**, Hadlock Field, 271 Park Ave., Portland. Catch the Doubleheader, Run Mom and Dads 5Ks, Capped at 3,000 entrants. Contact: Geoff Iacussa (Portland Sea Dogs), 874-9300,roadrace@seadogs.com.

- Saturday, June 25, 8:30 a.m.: **7th Annual Captain Christopher S Cash Memorial 5K Run/Walk**, OOB Police Station, ballpark entrance, E. Emerson Cummings Rd., Old Orchard Beach. Includes a Free Fun Run (ages 4-12), cash prizes, free raffle, music, refreshments. Contact: Nancy L Kelley, 934-2360.
- Saturday, June 25, 8 a.m.: **Aggieman Triathlon Adventure**, Eliot Boat Basin, Hammond Lane, Eliot. Flat Water Kayak 2 miles, Road Bike 24.9 miles, Trail Run 3 miles. Contact: Ed Harvey.789-1032, edmundharvey@yahoo.com.
- Sunday, June 26, Noon: **LAPD a 5K Road Race**, Fox St., at Anderson St., Portland. Contact: Hayden Anderson (Immigrant Legal Advocacy Project), 780-1593, hander-son@ilapmaine.org.

COVER STORY



SHORT ON SPACE

A LOOK INSIDE YORK'S CRAMPED POLICE STATION

PHOTOS BY JEFF RAPSIS

York Police Chief Douglas Bracy crouches before the undersized basement door used by summer officers to access York Police Station, a converted four-room schoolhouse built in 1903.

By JEFF RAPSIS

The York Independent

For longtime York Police Chief Douglas Bracy, it's a matter of perception.

"When people call the police, we come to their homes," he says. "But they don't usually come to ours."

And that means few people, town residents or otherwise, ever see the inside of the town's police station, which is housed in a former four-room schoolhouse just north of York Beach.

And that's an issue, because next month voters will decide the fate of a proposed new \$6.8 million police station. If approved, it would be built on town-owned land on Ridge Road. Voters will also consider a \$1.6 million plan to build a connector road from the new station to Route 1.

So, with the May 21 vote looming, Bracy and other town officials wonder if the public is aware of the behind-the-scenes conditions at the police station.

To remedy that, the department is holding two open houses in the coming weeks: one on Saturday, April 30 from 10 a.m. to 4 p.m., and another on Thursday, May 5 from 5 to 8 p.m. It's a chance for the law-abiding public to visit the facility's behind-the-scenes areas, ask questions, and decide for themselves on the need for a new station.

In case you can't make it, the York Independent offers this virtual visit, with photos taken during a tour of the station on Tuesday, April 19. In our next edition (on Friday, May 6), we'll take a detailed look at plans for the new police station, as well as the connector road.

In the photos, you can see many of the conditions that led to town officials to go

forward with plans for an entirely new station, which was called for in the town's capital improvement plan.

Chief Bracy recalls that the current station, at 4,500 square feet, was adequate in 1981, when the town's 12-member department moved in.

But in the past 30 years, the scale and scope of law enforcement in York has multiplied several times over. Today, the staff exceeds 50 people, who are all jammed into the space in every conceivable way. The department's one meeting room (part of a former classroom with the green chalkboard still intact) can only hold a fraction of the staff, so department-wide meetings have to take place off site.

As time has passed, the station has fallen out of violation of all manner of proper police standards. Corridors should be a minimum of five feet wide for safety of officers and suspects; most in York are barely half that, and lined with shelves crammed with all manner of materials. Officers, suspects, and the public share bathrooms. The list goes on and on.

Officers and staffers continue to do their best to make do with the schoolhouse space, Bracy said. But he hopes that showing what things are like in York's police station will help the public consider the advantages of moving the department into a modern, safe, and energy-efficient building.

Next edition, we'll take a look at plans for the proposed new station, and also for the Route 1 connector road.

There's also a public hearing on plans for both the new police station and the connector road that will take place on Tuesday, April 26 at 7 p.m. at the York Public Library.



The office where York Police Department's all-important technology and communications equipment is maintained is jammed with manuals, computer discs, and spare parts.



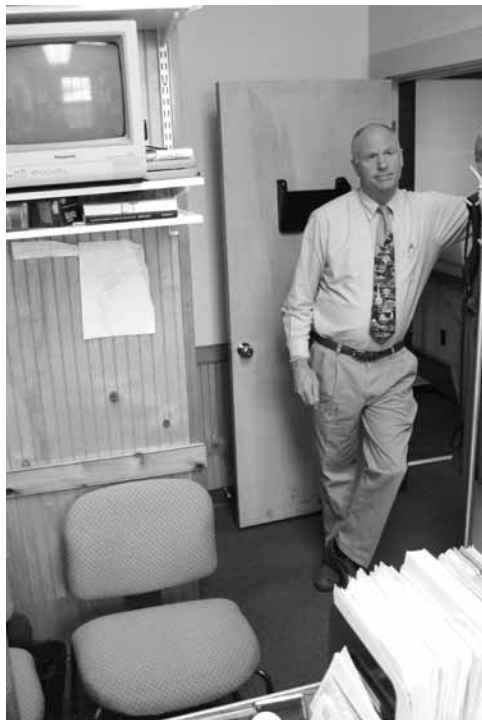
Since 1981, the York Police Department has been housed in a former four-room schoolhouse at 36 Main Street. The building was built in 1903, and still contains some of the original chalkboards.



York Police Capt. Kevin LeConte demonstrates the heavy-gauge metal safety enclosure in which officers load firearms. Police standards call for such devices to be located in concrete areas for safety; the one in York stands in a hallway in the middle of the crowded station.



From left: Police Chief Douglas Bracey makes his way down a crowded narrow corridor to the detectives' office; York has three desks for detectives jammed into space for one, making interviews difficult and confidentiality impossible; the only space for the department's new phone system, which should be installed in a temperature-controlled environment, was another narrow corridor; York Police Capt. Kevin LeConte looks out into the lobby, which is crowded with everything from mailboxes to an ATM machine, and where visitors sometimes mingle with arrestees.



From left: York Police Capt. Kevin LeConte demonstrates a door that blocks the station's handicapped ramp when opened; Chief Bracey in a crowded office where visitors often bump their heads on shelves when standing up; LeConte shows the department's makeshift pipe-screwed-to-the-wall method of keeping suspects detained during booking; the station's basement floor shows evidence of vermin making themselves at home in the century-old structure.



From left: Chief Bracy stands near a long-sealed basement drain in the department's communications room that recently backed up; Bracey shows how evidence (such as a surfboard) doesn't always fit inside the department's secure storage area; Bracey tours the department's cramped basement locker room area, where in the past raccoons have taken up residence before a window was secured; the chief examines a law enforcement manual while rummaging through the station's limited (and low-ceilinged) basement storage area.

FOOD

LOVE IN THE MORNING

That's what you'll find at Ogunquit's Amore

By **SARAH GRANT**

The York Independent

If you are a morning person, then Amore Breakfast at 309 Shore Road, Ogunquit is for you.

Try the Crack 'o Dawn Omelet filled with bacon, onions, potatoes & cheddar (\$7.99) with a cup of West Coast Coffee dark roast. Perhaps you are a late riser, and you don't get around to breakfast until about noon. Then Amore Breakfast is for you, too. The **Crack 'o Noon** omelet sports sautéed spinach, tomatoes, artichoke hearts and garlic, with the salty touches of feta & Greek olives (\$8.59).

That would be good with a Bloody Mary from the bar.

In all, there are 14 delicious omelets to choose from as simple as the "Naked" or the "Cheese" to very full omelets pregnant with a variety of vegetables, or sausages, or crabmeat or ham.

The interior alone of Amore Breakfast is eye-opening. The sunlight beams in from the southeasterly picture windows and dances on the black and white parquet floors. Mom's kitchen décor and comforting atmosphere will make you want to linger over your bottomless cup of coffee to take in the surroundings.

The furnishings are often vintage kitchen tables and chairs from the first half

of the last century. The walls are bedecked with amusing and kitschy, colorful, collectable ads for Nehi Soda, Fine Aroma Coffee that "Hits the Spot", I Love Lucy, Lionel Trains among many others. The two adjoining dining rooms are commodious, with combined seating for 80 and generous space between tables for private conversing with your breakfast partners.

If you love the signs or the idea that "Love is the Maine Ingredient," check out the gift shop after breakfast. You'll find Amore-branded mugs, latte bowls, ball caps, tee-shirts all embossed with the trademarked expression. You'll even find some of the reproduction signage such as one featuring a '50s housewife, elbows akimbo, saying "I understand the concept of housework, just not as it applies to me," or another with the image of child that admonishes "Children left unattended will be given an espresso and a free kitten."

The café, in the same area as the gift shop, offers quick food, muffins, breakfast sandwiches, cold drinks and coffees from the barista 7 a.m. until 8 p.m. during the summer season (the café opens mid-June). There is also serious talk of a new lunch menu with mid-day and early supper choices of sandwiches, soups, chowders, salads and desserts to enjoy on the patio benches or for take away.

But right now, we need to re-focus on



SARAH GRANT PHOTO

A sample of what you'll find at Ogunquit's Amore Breakfast.

breakfast. If you can get past the omelets on the menu without ordering, you'll notice a good assortment of other morning delights all designed by Chef Heather Ryan. There are four varieties of French toast, including three with a choice of stuffings. "Black or Blue" is egg-dipped homemade lemon bread stuffed with cream cheese with whole blueberry or blackberry topping (\$6.99 to 8.99). "Bananas Foster" French toast is pecan-coated and cream cheese stuffed with a side of sautéed bananas in rum syrup. That's breakfast dessert! Another vehicle for syrup is the real malted Belgian Waffles. This is a plateful of waffle with choices for additions: crushed walnuts, Maine blueberries or bacon. Pure Maine maple syrup is available.

There are six different "Benedicts" with traditional Hollandaise sauce on poached eggs with lobster, crab, Canadian bacon,

sausage, vegetables or smoked salmon. Two unique "Benedicts" are on the menu. "Be Still My Heart," which as you might guess is rich: two poached eggs, bacon and sausage on German potato pancakes with cheese (\$11.59). The "Rancheros" is a plate of two poached eggs in croustades, salsa, guacamole, cheddar and sour cream. All Benedicts come with a side of herbed home fried potatoes.

Lighter eaters may enjoy fresh seasonal fruit with or without yogurt and/or granola (\$3.99 to 5.99). The Continental Breakfast provides you with a low-fat muffin or a bagel with cream cheese and seasonal fruit for \$5.99. Eggs any way with home fries, bacon, ham or sausage and toast is \$5.29.

This time of the year, Amore Breakfast is open Friday through Tuesday from 7 a.m. until 1 p.m. Call them at 646-6661 or go to the Web site to drool over the menu, amorebreakfast.com.



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FOOD SALAD DRESSING 101

Fast, easy ways to transcend commercial chemicals

By SARAH GRANT

The York Independent

You just spent \$10 on a big bag of the freshest, most fragrant salad greens. You bought the greens from the farmer who grew them, so you know, because she told you, that she grows all of her produce without any chemical fertilizer or pesticide. You just can't wait to get that delicious stuff home so you can toss it with polysorbate flavored, monosodium glutamate enhanced, genetically modified soy oil and vinegar, sweetened with high fructose corn syrup and thickened with xanthan gum. Then you can serve it in your best salad bowl to the people you love the most. After all, these are organic greens.

Wait a minute! That didn't sound very organic or even appetizing, but if you use commercial salad dressing, that's what's on your salad. Even Newman's Organic contains gum arabic and guar gum as thickeners.

It is fast and easy to make your own dressing. You won't believe your taste buds when you try your homemade concoction, a mixture with as few as three ingredients put together in less than five minutes.

In the world of salad dressings, there are two types: temporary emulsion mixtures, such as simple balsamic vinaigrette, and stable emulsions such as mayonnaise.

Vinaigrettes

Balsamic vinaigrette and other types of temporary emulsion vinaigrettes separate so that the oil floats in its own layer above the water-based ingredients (such as vinegar or citrus juice) with any herbal or aromatic (for example, garlic or onion) additions settling on the bottom of the salad dressing jar. Temporary emulsions require the mechanical action of whipping, shaking or stirring in order to keep the droplets of oil suspended among the vinegar and other ingredients while you apply it to your salad or brush it on a chicken as a marinade.

When it comes to devising your own recipes, you need to balance the acidity of the vinegar with the richness of the oil. Many chefs use a standard ratio of 3 parts oil to one part vinegar. Personally, I like the bite of the acid, so I tend to use a 2:1 ratio of oil to acid; that ratio is also lower in calories. A way to both lower acidity and reduce calories is simply to replace some of the oil with water.

The Spanish are laid back about dressing salads. It is not a concept in Spain to mix a vinaigrette-style salad dressing in a jar, blender or food processor. After all the greens, tomatoes and other vegetables are on the platter or in the bowl, the Spanish cook will pour a few tablespoons of the very best extra virgin olive oil over the entire assemblage, followed by a tablespoon or two of high quality red wine vinegar. Last, he will sprinkle a couple of pinches or so of salt onto the ingredients and toss everything together. It is so simple, yet the flavors of the vegetables shine through with consistently delicious results and no guar gum.

The root of the word salad is "sal" which is Latin (and Spanish, as it happens) for salt. Any chef who is worth her salt will not

skimp on salt in handmade salad dressings or any product of her kitchen. Salt is the magic ingredient that wakes up flavor in food. The trick is to use just enough to enhance flavor, not so much as to make the food taste salty. If you are concerned about your sodium intake, use unrefined sea salt, as many studies have found that the natural minerals in unrefined salts may help to lower blood pressure. Most of our overindulgence in salt and resulting high blood pressure comes from consuming too much processed food that contains high levels of refined salt.

Balsamic vinaigrette

True balsamic vinegars have a flavor that is a balance of sweet and sour developed by careful, decade-long aging in a series of various types of wooden kegs. The good balsamics are expensive. The balsamic vinegars at the grocery that cost only a few dollars are fine to use in vinaigrette.

- ¼ cup balsamic vinegar
- 1 tablespoon chopped garlic
- 1 teaspoon coarse grain mustard (optional)
- ½ teaspoon salt
- ½ teaspoon freshly ground black pepper
- ½ to ¾ cup olive oil

Put all ingredients in a glass jar with a lid and shake vigorously. Balsamic vinaigrette is good on all types of salad greens, potato salad or as a marinade. If you mix the above Balsamic vinaigrette in a blender or food processor, the pureed starches of the garlic and mustard will help hold the dressing together, so it does not separate so completely when resting.



Mayonnaise

Adding starches and proteins, for example, eggs, mustard, shallots, garlic or nuts, to an oil and vinegar combination helps to make more permanent or stable emulsions such as mayonnaise or Caesar salad dressing.

The much-maligned mayonnaise has a bad rep as being fattening and raising cholesterol. However, if you use farm eggs whose mother hens ate grass, kelp and good seeds such as flax, the eggs will be naturally high in omega-3 fats, which lower bad cholesterol. Ask your farmer how the chickens are fed.

Choose a cholesterol-lowering monounsaturated oil for your recipe such as organic canola oil, high oleic safflower oil, or pure olive oil. Extra virgin olive oil has a strong

flavor and is used to make aioli, which is also a delicious condiment, especially for salads. Here is a surprise: one tablespoon of mayonnaise has 49 calories, whereas one tablespoon of olive oil has 119 calories.

This recipe for the blender makes about two cups of mayonnaise for half the price of a pint of the commercial stuff made of GMO soybean oil, eggs of unknown origin and unnecessary sugar.

- 1 egg
- 2/3 teaspoon dry mustard
- 2/3 teaspoon sea salt
- 3 Tablespoons lemon juice or vinegar
- 1-1/2 cups safflower or organic canola oil

Put the egg, seasonings and lemon juice in the blender and whirl until mixed. With the motor running, add the oil in a slow stream just until thick and smooth.

Beyond the basics

Experiment with the basic recipes. For sweet and sour dressing, use ½ cup safflower oil (instead of olive), ¼ cup red wine vinegar (instead of balsamic) with ¼ cup maple syrup and a tablespoon of prepared horseradish to make a sweet and sour dressing. To make French herb vinaigrette, substitute some of the oil with pureed tomatoes; add a tablespoon or two of brown sugar along with a handful of herbs such as, parsley, thyme, mint, basil and/or tarragon in a base of red wine vinegar and organic canola. Avoid using olive oil in a recipe with any sweeteners. The fruitiness of olive oil clashes with honey, sugar and maple syrup. Don't forget the salt. Taste your creation, and adjust the ingredients to suit your preferences.

You might never visit the salad dressing aisle again.

EAT HERE

A weekly column about local food

By SARAH GRANT

The York Independent

There is a brand new influence on the excellent menu at Five-O (50 Shore Road, Ogunquit, 646-5001). Maine-raised James Walter is now executive chef as of the season opening on April 1. Walter caught the cooking passion from his chef stepfather's culinary influence. Faced with the choice of going to culinary school or to a cooking job at the prestigious Park City, Utah Stein-Erikson Lodge, Walter chose on-the-job training at the five-star, five-diamond ski resort. He has no regrets.

Since his tenure at Stein-Erikson, he has been Chef de Cuisine at the Pilot House Restaurant in Sebasco, Maine. In recent years and more locally, Walter has been executive chef at Portsmouth's Pesce Blue, where he became well-acquainted with Italian cuisine with fish and seafood.

Seafood? Fish? Italian? I think we are all in for a treat when dining at Five-O. Among his initial changes to the menu are the addition of an olive



oil and herb poached Halibut (I have asked him to reserve one of these for me), Bisstecca

a la Fiorentina, grilled rib eye steak brushed with lemon, extra virgin olive oil and herbs. There are a few new pastas and much more to come. Five-O is open Thursday through Monday from 5 p.m.

Eat out on Easter

If you are exhausted from the Easter egg hunt as either the hider or the finder, consider making reservations rather than making Easter dinner. All the usual suspects are putting on extravagant brunches, dinners and buffets. Here are a few of them, their prices and hours. All of these dinners are being served on Sunday, April 24. Happy Easter!

• **York Harbor Inn**, Coastal Route 1A, York Harbor: Chef Gerry Bonsey will delight as usual with roast prime rib of beef, baked scallops, grilled leg of lamb, roasted lemon-herb

chicken, Bourbon glazed ham and pasta florentine as well as a number of egg dishes, coffee cakes, muffins, fresh fruit and a several vegetable dishes and desserts all served on a brunch buffet from 9:30 a.m. to 4:30 p.m. \$33.95 per person; children under 12 are half price. Call 363-5119 for reservations. Visit yorkharborinn.com/dining/easterdinner.htm to see the entire menu.

• **Union Bluff Hotel**, 8 Beach Street, York Beach: Brunch will be served in the Meeting House from 9 until 3 with such offerings as chilled shrimp, roast beef, country ham, roast leg of lamb, chicken piccata, stuffed haddock, pasta, egg dishes, crepes, pancakes cooked vegetables, fresh green salad and dessert buffet for \$28.95, kids under 12 are \$13.95. Call 363-1333 for reservations. Menu is at unionbluff.com/EasterBuffet2011.pdf

• **Kennebunkport Inn**, One Dock Square, Kennebunkport: In addition to their regular excellent dinner menu, the inn will offer Grilled Rack of Lamb with a mint demi-

glaze and Maine maple glazed ham-apricot and tasso sauce. The a la carte menu's listed entrées range from \$16.95 to \$29.95 with fine table service. For the complete menu, visit onedock.com/images/pdf/EasterMenu_2011.pdf. Dinner will be served from Noon to 4 p.m. Call 967-2621 for reservations.

• **Stage Neck Inn**, Route 1-A, York Harbor: Easter Dinner Buffet will include Chicken Chausseur, seafood-stuffed Haddock, salmon teriyaki, roast leg of lamb, baked Virginia ham, roast sirloin of beef, clam chowdah, chilled shrimp, salads, fresh fruit, assorted vegetable dishes, pasta and dessert. Check out the entire menu at stageneck.com/easterdinner.html. Buffet will be served from noon until 3:30 p.m. Adults are \$36.95; children ages six to 12 are \$21.95 and children under age 6 are \$11.95. Call 363-1130 for reservations.

Sarah Grant, a local chef and organic farmer who has taught culinary arts at Le Cordon Bleu, writes about food for the York Independent.

COMMUNITY LISTINGS

Send us your listings!
Let the community know about your group, service, or good cause. E-mail it to us at yorkindependent@gmail.com. Listings run on a space available basis.

Theatre, Shows

• City Theater in Biddeford presents **Always: Patsy Cline**, the true-life tale of the friendship that developed between the country superstar and her devoted fan, Louise Seeger with over 25 musical numbers. Friday, Apr. 29 through Sunday, May 15. Fridays and Saturdays 8 p.m.; Sunday May 8 and 15 at 2 p.m. No performance May 1. All tickets are \$20, www.citytheater.org or 282-0849 for tickets.

• Merrill Auditorium presents comedian **Jerry Seinfeld** on Thursday, June 16, 7 p.m. Tickets on sale now at 842-0800 or PortTix.com.

• The Music Hall presents **Momix: Botanica** on Saturday May 14, at 8 p.m. and Sunday May 15, at 2 p.m. Through its trademark use of riveting music, outrageous costumes, inventive props, athletic dance, magical lighting and imagery, this show creates an entertaining multimedia experience. Tickets are \$50 - \$20 and can be purchased at The Music Hall box office at 28 Chestnut St., Portsmouth, N.H., by phone at (603) 436-2400, or online at www.themusichall.org.

• Pontine Theatre brings their unique approach to literary adaptations to Nathaniel Hawthorne's nineteenth-century romance, **The House of The Seven Gables, (1851)** beginning Friday, Apr. 22 and running through Sunday, May 8. Tickets are \$24, online at www.pontine.org., also at the door, based on availability, a half-hour prior to each performance. Pontine's West End Studio Theatre is located at 959 Islington St., Portsmouth N.H.; info@pontine.org, (603) 436-6660.

• Writers on a New England Stage welcomes **David McCullough**, The Pulitzer Prize-winning author of Truman and John Adams, Thursday, June 23 at 7:30 p.m. Tickets on sale through The Music Hall Box Office, located at 28 Chestnut St., Portsmouth, N.H., phone (603) 436-2400 or online at www.themusichall.org.

Books

Events at RiverRun Bookstore, 20 Congress St., Portsmouth, N.H. All events are free and open to the public unless otherwise noted. For more information on events, visit www.riverrunbookstore.com or call (603) 431-2100:

Monday, Apr. 25, 7 p.m.: ticketed event with the winner of the 2010 National Book Award for Fiction, **Jaimy Gordon, author of Lord of Misrule!** Tickets are \$20 and include signed paperback copy, (603) 431-2100.

• **The Buddhist Book Club** meets on the last Wednesday of each month at 7 p.m. at the Seacoast Wellness Center, 135 McDonough Street in Portsmouth, N.H. For more information about The Seacoast Wellness Center, visit www.seacoastwellnesscenter.com, or call the Center at (603) 531-3130.

Health & Wellness

• **York Hospital's Yoga Center**, located at the Heart Health Institute, offers yoga classes for persons of all abilities. Seated Yoga for those with limited mobility also offered. Instructor Sundie Gentry is one of only eight yoga instructors in the State of Maine to be credentialed and certified by the Iyengar Yoga National Association of the United States (www.IYNAUS.org). Iyengar Yoga encourages proper alignment to improve one's posture, flexibility and strength as well as regulated breath work to help with relaxation and stress reduction. Class times are: Level I – Tuesdays & Thursdays: 4:30 to 5:30 p.m., Yoga Level II – Tuesdays: 9 to 10:30 a.m., Seated Yoga – Tuesdays: 3 to 3:30 p.m. The Yoga Center at the Heart Health Institute is located at 127 Long Sands Road, York. Call 351-3700 for more information. For new participants, your first class is free.

• **Kripalu DansKinetics at Spinnaker Point Recreation Center**, Spinnaker Way,

Portsmouth, N.H. DansKinetics is a unique blend of yoga and dance. Call (603) 436-2313 to learn more.

• **Aerobics, Yogalates and Weight Training** classes are available at York Fitness Center, Route 1, in York. Call 363-4090 for more information.

• **Know Your Numbers** is a cholesterol screening offered by SMMC Visiting Nurses on the second and fourth Wednesdays of each month. An appointment is necessary and there is a \$15 fee for this service. Call 985-1000 for more information.

• **The Choose to Be Healthy Partnership**, a program of York Hospital, offers the "Freedom Clinic" which combines education and support through one-on-one consultation, weekly lecture series by a trained team of professionals such as a registered nurse, registered dietitian, physical therapist, and a certified hypnotherapist for healthy lifestyle resolutions and to help you stop smoking. The program also offers drop-in anytime support for one year. Call 351-3700 for more information. Another way to stop smoking, if you are a Maine resident, is to call the free Maine Tobacco Helpline at 1-800-207-1230. The program offers confidential phone support; you won't need to leave the house! In addition to coaching, the Helpline offers free nicotine replacement therapy (the patch or gum) to make quitting less difficult. Call now to find out if you qualify. Additional resources can be found at www.tobaccofree-maine.org.

• **Why Weight?** Includes two visits with a registered dietitian to establish realistic nutritional and caloric goals. Participants also meet weekly with their personal fitness coach for support, education and evaluation. A 12-week gym membership to the Heart Health Institute's fitness center is included in the \$399 fee. Call 351-3700 for more information or to register.

• **Weigh to Go!** at the Heart Health Institute includes a nutritional evaluation and dietary goals established by a registered dietitian, with frequent follow-ups, and weekly visits with a personal fitness coach for youths between the ages

of 10 and 18 and a parent or guardian. An eight-week gym membership for one parent and one youth is also included. For more information or to register, call 351-3700.

One-of-a-kind

• Each Tuesday evening from 6 to 9 p.m., **chicks with sticks gather to knit at The Yarn Sellar**. Knitter, crocheters and spinners all come to craft, talk and relax. Free and open to the public. Each Wednesday from 1 to 3 p.m., a casual group of knitters gather at The Yarn Sellar; meet fellow knitters, chat and knit. Free and open to the public. The Yarn Sellar announces their contest: Just Felt it! Create something felted - a bag, hat, jacket, sculpture - anything goes. Bring your creation to The Yarn Sellar by Monday, May 30. The items will be on display for customer to vote on. One lucky crafter will win a \$25 gift card to The Yarn Sellar, 264 Route 1, York, 351-1987.

• **Do you have questions about VA Benefits or need help with a VA Claim?** If this sounds familiar come to Kittery Estates, 220 State Rd., Kittery, for some answers on Friday, Apr. 22, May 6 & 20 or June 3 & 17 from 9 a.m. until Noon. Bill Huffman Department Service Officer, Disabled American Veterans Department of Maine will be available for your questions.

• Upcoming events at the **York Elks Lodge**, 1704 US Rt.1, York, 361-2788: Saturday Apr. 23: Rodger's \$10 Chicken Cordon Bleu Dinner, 6 p.m., Sunday April 24: Best \$5 Breakfast in Town 8:30 to 10:30 a.m., Saturday May 28: York Elks Annual Yard Sale, 9 a.m. (donations gladly accepted)

• **Sanford Maine Stage Theatre** will hold a dinner/auction at the Nason Community Center, 457 Main St., Springvale on Saturday, April 30 at 5:30 p.m., with a preview of the upcoming murder mystery performance and songs from upcoming musicals. Auction begins at 7 p.m., open to the public, tickets \$25 pp. For more information, visit www.sanfordmainestage.com. All proceeds to benefit the theatre.

VISUAL ART LISTINGS

Send us your listings!
Got a gallery exhibit coming up? Send the info to yorkindependent@gmail.com. Listings run on a space available basis

• **The Kittery Art Association**, 8 Coleman Ave., Kittery Point, is hosting an exhibit featuring the works of six Seacoast artists now through Sunday, May 8. The gallery will host an opening reception for the artists from 4 to 6 p.m. on Sunday, May 1; refreshments will be served. The exhibit, entitled Dancing Color, will include work by Steffanie Antonio, Laura Burbine, Deb Howard, Carol Ann Powley, Anne Scheer and Nina Shore. Gallery hours are Thursday 3 to 6 p.m., Saturday Noon to 6 p.m., Sunday Noon to 5 p.m. For more information: 451-9384.

• Sunday, May 1 through Monday, Oct. 31 **Strawbery Banke Museum, Fitz John Porter: Civil War Hero or Coward?** exhibit in the Museum's Rowland Gallery explores the General's Civil War life and times through artifacts and documents explaining his political court martial and his 20 year effort to finally clear his name. Daily walking tours of Porter's Portsmouth Boyhood 1822-1830. Tickets: Adults \$15, Children aged 5-17 \$10, kids 4 and under, free. Family rate (2 adults and all children under 17) \$40. (603) 433-1100, www.StrawberyBanke.org.

• In June 2010, Saco artist Diane Bowie Zaitlin attended a residency at Great Spruce Head Island Artweek in Penobscot Bay. In the exhibit **Point of Departure** she provides a view of her creative process and the power of influence from a period of immersion in her artwork in a setting of intense beauty. Point of Departure will be on view at the Saco Museum Saturday, May 7 through Sunday, Sept. 4. A free public opening reception (held in conjunction with the concurrent exhibition Voyages and the Age of Sail) will take place at the Saco Museum on Friday, May 6 from 5:30 to 7:30 p.m. The Dyer Library/Saco Museum is located at 371 Main Street (Route 1), Saco, free parking; handicapped accessible.

• **The Red Door Pottery Studio**, 44 Government St., Kittery, is featuring new paintings in the gallery by representational oil painter, Norma Torti. The show continues through Friday, May 27. www.reddoorpottery.com

• **Carol Santora** announces the release of her second fine art publication: Horses of a Different Color. The catalog celebrates horses in an explosion of color and illustrated with thirty-five pastel paintings selected from Santora's extensive horse and mustang painting portfolio. The majority of noble equines that Santora paints reside in Maine and are rescues from the Ever After Mustang Rescue in Biddeford. Others belong to friends and acquaintances, some she's stopped to visit and photograph by the side of the road, and others she's studied and photographed during her annual painting trip to Wyoming. Personalized copies available at Santora Fine Art, 23 Fletcher St, Kennebunk and through www.carolsantora.com. Gallery hours are by chance and appointment, 985-2830, santora@carolsantora.com.

• **The University of New England and the Saco Museum** will team up this summer to create an exhibition on the great age of sail in Maine. Dr. Elizabeth A. De Wolfe, Professor of History at the University of New England, and Camille Smalley, Program and Education Manager for the Saco Museum, will team-teach an exhibition class titled Voyages and the Great Age of Sail. The resulting exhibition of the same name, curated by students in the class, will be on view at the Saco Museum Saturday, May 7 through Sunday, Sept. 4. Voyages will feature a treasure trove of artifacts related to the Saco sea captain Tristram Jordan — paintings, decorative arts, navigational tools, and more — in order to explore nineteenth-century maritime history. A free public opening reception will take place on Friday, May 6, at 5:30 p.m.

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THE PET CONNECTION

LOOKING FOR A HOME

• Friday, Apr. 29 thru Sunday, May 1—Join the Animal Welfare Society and PetSmart at Biddeford Crossing to celebrate National Adoption Weekend. The Mobile Adoption Team will visit with adoptable dogs from 11 a.m. until 1 p.m. on Saturday. Adoption counselors are in the store on Thursdays: 5 to 7 p.m., Fridays: 9 a.m. to noon, Saturdays: Noon to 5 p.m. and Sundays noon to 5 p.m.

• The Fabulous Find, a non-profit consignment boutique at 122 State Road in Kittery will host the AWS Mobile Adoption Team on Saturday, Apr. 30 from 11 a.m. until 1 p.m. Top notch clothing and home goods for a bargain! The Animal Welfare Society will benefit from half of the profits for the month of April. For more information, call Animal Welfare Society at 985-3244 (www.animalwelfare-society.org) or the Fabulous Find at 451-9019.

If you're interested in adopting any of these animals or if you'd like to know who's available for adoption, please visit the Animal Welfare Society Web site at www.animalwelfare-society.org or call 985-3244.

Gizmo
This little cutie pie is Gizmo, a loving four-year-old Shih-Tzu. Children are not Gizmos cup of tea so we will not be asking him to share his new home with any. Anyone that is interested in adopting Gizmo should know that he has hip dysplasia and will have to get surgery done before he is adopted.



Max
Meet Max, a four-year-old basset hound mix. He can be a little nervous around new people, but given a little time and a lot of love he'll become a social sweetheart before you know it. Max would be happy to share a new home with some other dogs, dog savvy cats, and older children who won't overwhelm him.



Buddy
This little love bug is Buddy! He is an adorable little 11-year-



old Pekingese who is a very friendly little guy that loves everyone. He is a good natured boy and would love to share his new home with other good natured dogs, cats and older children.

Hendrix
Meet Hendrix, a six-year-old black and white cat. Hendrix is a bit of a reserved fellow. Overall, he's just a remarkably calm guy who can't wait to find a forever home. He would be happy to share a new home with other feline friends, but he won't be able to share a home with dogs; they're too much for him to handle.



Jasmine
Meet Jasmine, a seven-year-old calico cat. She enjoys getting some quality petting time and doesn't even put up that much of a fuss when it comes to brushing. Jasmine can be a bit talkative at time, but that simply adds to her charm.



Bubbles
This pretty girl is Bubbles! She is a seven-year-old cat that has a short black and white coat. She is an easy going girl that would love to share her new

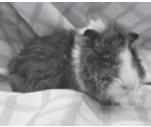


home with other cats and easygoing children who will be gentle with her.

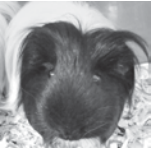
Cocoa and Suzie
These lovely ladies are Cocoa and Suzie! Both are adult female guinea pigs who are looking for a loving forever home to call their own. If you are interested in this lovely little duo please fill out an adoption questionnaire and stop in to meet Cocoa and Suzie.



Louie
Meet Louie, a cute little black and white guinea pig. If you are interested in adopting Louie, please fill out an adoption questionnaire and then stop in to meet him.



Moxie and Rosie
These little cutie pies are Moxie and Rosie! Moxie is four years old with a black and white coat and Rosie is five years old and has a tri colored coat. These two are the best of friends and can't wait to find a forever home together.



TIDE CHART

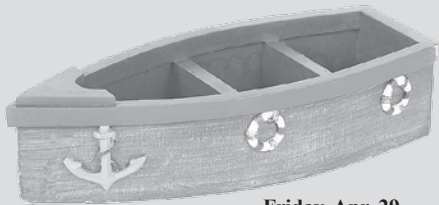
York Harbor

Friday, Apr. 22
High Tide, 2:44 a.m.
Low Tide, 9:21 a.m.
High Tide, 3:30 p.m.
Low Tide, 9:35 p.m.

Saturday, Apr. 23
High Tide, 3:40 a.m.
Low Tide, 10:19 a.m.
High Tide, 4:28 p.m.
Low Tide, 10:34 p.m.

Sunday, Apr. 24
High Tide, 4:39 a.m.
Low Tide, 11:19 a.m.
High Tide, 5:29 p.m.
Low Tide, 11:38 p.m.

Monday, Apr. 25
High Tide, 5:42 a.m.
High Tide, 6:31 p.m.
Low Tide, 12:20 p.m.



Tuesday, Apr. 26
High Tide, 6:46 a.m.
Low Tide, 12:43 a.m.
High Tide, 7:29 p.m.
Low Tide, 1:20 p.m.

Wednesday, Apr. 27
High Tide, 7:48 a.m.
Low Tide, 1:46 a.m.
High Tide, 8:23 p.m.
Low Tide, 2:16 p.m.

Thursday, Apr. 28
High Tide, 8:44 a.m.
Low Tide, 2:43 a.m.
High Tide, 9:11 p.m.
Low Tide, 3:06 p.m.

Friday, Apr. 29
High Tide, 9:34 a.m.
Low Tide, 3:34 a.m.
High Tide, 9:54 p.m.
Low Tide, 3:50 p.m.

Saturday, Apr. 30
High Tide, 10:20 a.m.
Low Tide, 4:19 a.m.
High Tide, 10:33 p.m.
Low Tide, 4:30 p.m.

Sunday, May 1
High Tide, 11:01 a.m.
Low Tide, 5:00 a.m.
High Tide, 11:08 p.m.
Low Tide, 5:07 p.m.

Monday, May 2
High Tide, 11:39 a.m.
Low Tide, 5:38 a.m.
High Tide, 11:42p.m.
Low Tide, 5:41 p.m.

Tuesday, May 3
High Tide, 12:15 p.m.
Low Tide, 6:13 a.m.
Low Tide, 6:15 p.m.

Wednesday, May 4
High Tide, 12:16 a.m.
Low Tide, 6:48 a.m.
High Tide, 12:51 p.m.
Low Tide, 6:49 p.m.

Thursday, May 5
High Tide, 12:50 a.m.
Low Tide, 7:24 a.m.
High Tide, 1:28 p.m.
Low Tide, 7:26 p.m.

Friday, May 6
High Tide, 1:27 a.m.
Low Tide, 8:02 a.m.
High Tide, 2:06 p.m.
Low Tide, 8:06 p.m.

CROSSWORD PUZZLE

ACROSS

1 Czech playwright
6 Complete, as business
11 Honshu port
12 Clear
13 Shoe part
14 Come to a point
15 Cobbler's cousin
16 Eternal
18 Three-time NHL MVP
19 Eastern "way"
20 Deplore
21 Close to
23 Category
25 Charged bit
27 Total
28 Intense fear
30 Skeptic's comment
33 With 44-Across, bargain for leniency
34 Clock numeral
36 Cell messenger
37 Pep up
39 Corn holder
40 Head out
41 Placates
43 Charlie and others
44 See 33-Across
45 Wasn't thrifty
46 Flea market unit

1	2	3	4	5		6	7	8	9	10
11						12				
13						14				
15				16	17					
18				19				20		
21			22		23		24			
		25		26		27				
	28				29		30		31	32
33				34		35		36		
37			38					39		
40						41	42			
43						44				
45						46				

4-22

DOWN

1 Clipped item
2 Have hopes
3 Folded flier
4 __ out (scrape by)
5 Gold measure
6 Sky streaks
7 Spoken
8 Drink decoration
9 Depletes
10 In itself
17 Comic bit
22 Caviar
24 Arles answer
26 Least worldly
28 Made fancy
29 Conk out
31 Canine coat
32 Ankle bone
33 Scots and Irish
35 Cuzco people
38 Court star Lendl
42 Gifted

SUDOKU

Conceptis Sudoku

By Dave Green

			2		1			
	4	2				8	7	
		6				9		
3			5		8			1
8			9		6			7
		5				2		
	9	4				7	3	
			6		9			

Difficulty Level ★★★★★

4/22

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Crossword Solution

L	T	A	L	S		T	N	E	P	S
A	E	A	P	A		S	A	N	T	U
S	M	A	L	C		E	V	A	E	L
R	A	E		N		E	V	I	L	N
A	N	R		I		I	I	P	O	C
T	E	T		B		I	A	D	E	R
			W	S		N	O	I		
	P		O	R		G		A	R	E
E	U		R		O	V		T	R	O
S	S	E	L	E		A	G	E	P	I
R	E	P	A	T		R	E	P	P	U
E	S	E	R	A		E	A	K	A	S
P	U	P	O	M		K	E	P	A	C

Sudoku Solution

4	5	1	6	7	9	3	8	2
8	3	7	2	5	1	4	6	9
6	9	2	4	3	8	5	1	7
7	2	3	9	4	6	1	5	8
5	8	9	3	1	7	6	2	4
1	6	4	8	2	5	7	9	3
2	1	9	7	8	4	6	3	5
9	7	8	5	6	3	2	4	1
3	4	5	1	9	2	8	7	6

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COURTESY PHOTO

From left, principal of York High School Bob Stevens, Shore Shore Road Restaurant & Deli/Market owner Bill Bastian, York Police D.A.R.E Officer Scott Cogger, and York Police Capt. Kevin LeConte.

Shore Road supports charities

For the third year in a row, husband and wife Bill and Sheri Bastian, owners of Shore Road Restaurant & Deli/Market, have raised money to donate to local charities.

The Bastians have taken proceeds from their lobster rolls and donated to both Project Graduation and D.A.R.E programs in York. Shore Road Restaurant & Deli/Market raised \$3,300 of their lobster roll

proceeds, presenting each charity with a \$1,650 check from last season.

Although currently closed, Shore Road Restaurant & Deli/Market will re-open in early May, with lobster rolls a highlight of the menu. They will continue their fundraiser and donate a portion of their lobster roll proceeds to each charity. Shore Road Restaurant & Deli/Market is located on Route 1A, Shore Road, in Cape Neddick.

MUSIC LISTINGS

WHO'S PLAYING, WHEN & WHERE

FRIDAY, APR. 22

• **Curt Bessette & Jenn Kurtz**, 7 p.m., Cliff House, Shore Road, Ogunquit, 361-1000

THURSDAY, APR. 28

• **Jim Weider's Project Perculator**, 8:30 p.m., Inn on the Blues, York Beach, 351-3221

FRIDAY, APR. 29

• **Third Eye Blind**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100
• **James Montgomery**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SATURDAY, APR. 30

• **The Substance**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221
• **Curt Bessette & Jenn Kurtz**, 7 p.m., Cliff House, Shore Road, Ogunquit, 361-1000

WEDNESDAY, MAY 4

• **Ottmar Liebert & Luna Negra**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

THURSDAY, MAY 5

• **Deftones**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

SATURDAY, MAY 7

• **Four Fathers Band**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SUNDAY, MAY 8

• **Taylor Hicks**, 7 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

THURSDAY, MAY 12

• **Dirty Rogers**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

FRIDAY, MAY 13

• **Iris Dement**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777
• **Tesla**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

SATURDAY, MAY 14

• **Dark Star Orchestra**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

SUNDAY, MAY 15

• **Judy Collins**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

THURSDAY, MAY 19

• **Hinder**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

FRIDAY, MAY 20

• **Johnny Wad and the Cash**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SATURDAY, MAY 21

• **Super Frog**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

THURSDAY, MAY 26

• **Josh Watkinson**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

FRIDAY, MAY 27

• **Harper**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SATURDAY, MAY 28

• **Evan Goodrow Band**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SUNDAY, MAY 29

• **Rob Benton**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

FRIDAY, JUNE 3

• **The Music Hall Intimately Yours Series Presents Jim Brickman**, 8 p.m. Tickets: \$50, \$42. The Music Hall, 28 Chestnut St., Portsmouth, NH (603) 436-2400
• **Rob Benton**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

SATURDAY, JUNE 4

• **Bruce Marshall**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

THURSDAY, JUNE 9

• **38 Special**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

FRIDAY, JUNE 10

• **Racky Thomas**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

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Month of April

Apr 22

Karaoke 7-11 p.m.

Apr 23

What's Up Doc Band 7-11 p.m.

Apr 24

Easter Dinner \$5.00, Noon-3 p.m.

Apr 26

Open Mic 6-9 p.m.

Apr 27

Bingo 6:30-9 p.m.

Apr 30

Jen Thayer Band 7-11 p.m.

Month of May

May 3

Open Mic 6-9 p.m.

May 6

Karaoke 7-11 p.m.

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Fri 12 noon until 9pm

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Monthly Meetings

Legion - 1st Monday of month 7pm

S.A.L. - 1st Tuesday of month 7pm

AUX - 2nd Monday of month 1pm

House Committee - Last Thurs. of month 6pm

Executive Board - Last Thurs. of month 7pm

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SPIRITUAL CORNER

Easter Sunday, other services

Let the community know about your group, service, or good cause. E-mail it to us at yorkindependent@gmail.com. Listings run on a space available basis.

• **St. George's Episcopal Church**, 407 York Street, York, will celebrate Holy Saturday on Saturday, Apr. 23: 6 p.m.: potluck picnic on Harbor Beach (bring your own food, no alcohol please); 7:45 p.m.: Blessing of the New Fire at Harbor Beach, then proceed to the church; 8 p.m.: Easter Vigil service at the church. Free and open to the public, parking at the church and walk both ways, or park at Harbor Beach (no meters or permits necessary in April) and drive to the church. Check website or church phone voicemail message after 6 p.m. on Friday, Apr. 22 to see if weather has necessitated a change of venue. If so, all these events will happen at the church. 363-7376 or www.stgeorgesyorkharbor.org.

• **The Union Congregational Church**, Church St, York Beach, continues its all-year ministry with an invitation to the public to join them at the following local Holy Week observances: Sunday, Apr. 24, 5:30 a.m., brief, but inspirational, Easter Sunrise Service, at Nubble Lighthouse, followed immediately by a complimentary breakfast at the church, free and open to the public; Sunday, Apr. 24, 10 a.m., Joyous Celebration of Easter Worship Service, in the church sanctuary.

• **Christ Church** at 6 Dane St., Kennebunk, will hold a weekly informal evening worship gathering to share the good news of the gospel every Wednesday at 7 p.m. Music will be contemporary, with easy-to-read projected words. It will be brief, no more than 45 minutes, non-denominational, welcoming, and designed to encourage and respectfully consider questions from those in attendance. Afterward, everyone is invited to reconvene at Duffy's Grill, 4 Main St., Kennebunk, for continued conversation. All are welcome, regardless of church affiliation or lack of church experience. Christ Church is handicap-accessible from the parking lot behind Town Hall, and also has a parking lot across Dane St.

• **St. George's Episcopal Church**, 407 York St. York Harbor: Sunday, 8 a.m., Holy Eucharist Rite II spoken service; Sunday, 9:15 a.m., Formation for all ages, 10:15 a.m., Holy Eucharist, Rite II with music, Thursday, 10 a.m. Holy Eucharist with optional laying on of hands for healing, Call 363-7376 or visit www.stgeorgesyorkharbor.org for more information.

• **Ogunquit Baptist Church**, 157 Shore Rd., Ogunquit: Sunday worship and Sunday School at 9:30 am; nursery care available during worship. Fellowship time following worship; 11 a.m., adult class. www.ogunquitbaptistchurch.org.

• **Bahai'i Faith** meets Sunday morning for devotional meetings and fellowship. Call 363-4591.

• **Cape Neddick Baptist Church** schedule: Sunday School for all ages at 9 a.m.; Sunday worship service and Junior Church at 10:15 a.m.; choir rehearsal, 6 p.m. Wednesday prayer meetings, 7 p.m. Call 363-3566 or visit www.cape-neddick-baptist.org.

• **First Parish Church**, 180 York St., York, offers thought-provoking sermons, special music, child care and church school for all ages. Sunday worship services are held at 10 a.m. Call 363-3758.

• **Holy Cross Lutheran Church** - Informal worship service on Saturday afternoons at 4 p.m.; traditional worship service on Sunday mornings at 10:45 a.m. Modern Lutheran liturgy service at 8:15 a.m. on Sunday mornings. Free "Share the Bounty" supper of baked beans, hot dogs, and homemade pies is offered the first Saturday of every month from 4 to 6 p.m. The free Friendship Lunch is presented the second Monday of every month at Noon, and Harvest Café will prepare a free dinner for the community at 5 p.m. on the third Thursday of each month. Holy Cross Lutheran Church is located on Storer St. in downtown Kennebunk, between

Main St. and the roundabout, with handicap accessibility and two parking lots. For more information call 985-4803, or visit www.kennebunklutheran.org.

• **St. Christopher by the Sea Church** holds Masses at 6 p.m. Saturdays, 7:30 a.m. and 11 a.m. Sundays. Call 363-4177.

• **Trinity Episcopal Church**, at the corner of York St. and Woodbridge Rd., York, offers Mass on Sundays at 10:30 a.m. Call 363-5095.

• **Union Congregational Church**, Church St., York Beach, offers weekly worship services commencing at 10:45 a.m. on Sundays. Call 752-7280.

• **York-Ogunquit United Methodist Church**, 1026 Route 1, York, is a Reconciling Congregation. Sunday School is at 9:15 a.m. Sunday worship begins at 10:30 a.m., with refreshments and fellowship afterward. Nursery care provided. Handicapped accessible. Call 363-2749.

• **York Street Baptist Church**, 61 York St., York, holds Sunday morning service at 9 a.m.; Sunday School (for all ages) begins at 10:45 a.m. Call 363-2177.

Horoscopes

By Rusty
The Southern Maine Coast's leading astrologer and former Segway tutor for George W. Bush

Aries (March 21-April 19): No matter how lousy today is, tomorrow could be better. Could be. Don't get your hopes up.

Taurus (April 20-May 20): If at first you don't succeed, then it's pretty clear you should stop trying right now.

Gemini (May 21-June 20): Somewhere out there, someone believes in you. I just don't have any names right now.

Cancer (June 21-July 22): Your faith in a just God will be validated when you are pun-

ished for your misspent youth.

Leo (July 23-Aug. 22): Are you really sure you're a Leo? You look more like a Sagittarius to me.

Virgo (Aug. 23-Sept. 22): Don't be so sure of yourself today. Or any other day, for that matter.

Libra (Sept. 23-Oct. 22): Today is a day to avoid any words containing an 'E.' Dam, I was so close.

Scorpio (Oct. 23-Nov. 21): If there's a better way to do something, you'll find it, especially if it involves eating lunch.

Sagittarius (Nov. 22-Dec. 21): It's always horoscopes, horoscopes, horoscopes. Can't we talk about something else for a change?

Capricorn (Dec. 22-Jan. 19): Time to put your best foot forward! Unfortunately, you're standing in front of a bear trap.

Aquarius (Jan. 20-Feb. 18): This horoscope called on account of rain; it will be made up by a double-header later in the season.

Pisces (Feb. 19-March 20): The worst thing that could happen to you is nothing. So be glad you just got robbed.

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OBITUARIES

Marjorie E. Littlefield

Marjorie E. Littlefield, 89, of Littlefield Village Road, Ogunquit, died Sunday, Apr. 10, 2011 in York Hospital.

She was born July 8, 1921 in Winchester, Mass., a daughter of the late Oliver S. and Esther (Neergaard) Lawson and was a 1938 graduate of Winchester High School. She was the owner and operator of Littlefield Village in Ogunquit. She was a member of the Ogunquit Baptist Church, the Women's Club and the Order of the Eastern Star.

She was a loving and caring mother, grandmother and great-grandmother. Her husband David M. Littlefield of 53 years died in 1994. She leaves a son D. Stanley Littlefield and his wife Karen of Ogunquit, two daughters Marlene E. Stockhaus and Ginger M. Littlefield both of Ogunquit; a sister Dorothy Lawson Jacobsen of York, 5 grandchildren: Kirk Stockhaus of Wells, Chad Littlefield of Wells, Darci Gillis of Lynbrook, N.Y., Megan Markgren of Portland and Matt Littlefield of Ogunquit. A grandson Eric Stockhaus predeceased her.

A celebration of life will be held on Friday, July 8 at a time to be announced. Memorial contributions may be made to the David Littlefield Scholarship Fund, c/o Ogunquit Baptist Church, P.O. Box 874, Ogunquit, ME 03907.

Lucas & Eaton Funeral Home, 91 Long Sands Road, York, is directing arrangements. Visit www.lucaseatonfuneralhome.com.

Ann Vlerebome Sorenson

Ann Vlerebome Sorenson, 79, died Friday, Apr. 8, 2011 at her residence at Sentry Hill in York Harbor.

She was born on Dec. 30, 1931 in Lancaster, Ohio, the daughter of Arthur and Mary Kathryn Vlerebome. Ann grew up in Lancaster with her younger brother Allan. She later graduated from Columbus School for Girls and Sweet Briar College, Class of 1953. At the age of 17 she felt called to serve Christ and began following a lifelong path of service. She earned her Masters of Divinity from Union Seminary in New York City in 1955.

While married to her former husband, John H. Sorenson, Ann began a family as a minister's wife in Panama and New Jersey. In 1969, as a single parent she joined the faculty at Northfield Mount Hermon School in Northfield, Mass. as a teacher of Religious Studies.

After nearly 20 years with NMH School, Ann retired in 1988. In her early years of retirement she lived in Indiana, Ohio, and Texas.

Ann revered human life and nature. For several years, Ann focused her attention with AIDS Ministry, offering comfort and support to terminal AIDS patients early on when nearly all of society shunned them. She was also an outspoken peace activist, doing her best to educate people about the nuclear dangers headlining today's news.

In 2001 Ann Sorenson moved back to Massachusetts to be closer to her children, Marael (Mary) and Mark. In 2007 she moved to Sentry Hill in York Harbor, as her struggle with Alzheimer's began. Mark and his wife

and Marael were able to offer help to Ann with her everyday life challenges while she resided in York over the past four years.

Ann is survived by her daughter Marael Sorenson, son Mark and his wife Katie Sorenson. Ann's grandchildren include Eric Fernald and his wife Keri as well as Ryan Fernald and his wife Dawn. Ann's great-grandsons are Soren and Django Fernald.

Ann is also survived by her brother Allan Vlerebome and his wife Marty. She felt close to their children Kathy Kittredge, and her son Michael, Peter Vlerebome and his wife Tina and their son's Conner, Cramer and Crew.

A private family burial will be held in May at the First Parish Cemetery in York and an informal ceremony is being planned at NMH School.

In lieu of flowers, donations can be made in Ann's name to Beacon Hospice Inc. 42 Brickyard Court, York, ME 03909, www.beaconhospice.com.

For more information, visit www.lucaseatonfuneralhome.com.

Kenneth J. Vinal

Kenneth J. Vinal, 93, of 1 Idlewood Lane, Kittery, formerly of Simpson Lane in York Harbor, died Monday, Apr. 5, 2011 in Varney Crossing Nursing Home. He was born March 25, 1918 in York, the son of the late Paul and Nellie (Johnson) Vinal and was a graduate of York High School Class of 1937. He was a U.S. Navy veteran of World War II. He was a self employed Lobster dealer at Vinal's Wharf for 35 years. He distributed lobster locally to restaurants and to Bay State Lobster in Boston, Mass. He was a member of the American Legion Post #56 and the York Village Fire Department for 23 years.

His wife, Dorothea H. (Straub) Vinal, died in 1998 and a son, David J. Vinal, died in 1976. He leaves a son, Timothy J. Vinal of Berwick.

Memorial contributions may be made to the York Village Fire Department, 1 Firehouse Drive, York, ME 03909. Lucas & Eaton Funeral Home, 91 Long Sands Road, York is directing arrangements.

Ellsworth E. Brooks

Ellsworth E. Brooks, 97, of 101 Route 103, York Harbor and Amber Glades, Safety Harbor, Florida, died Tuesday, Apr. 5, 2011 at home with his family by his side.

He was born January 4, 1914 in Derry, N.H., the only child of Waldo E. Brooks and Alice (Estabrook) Brooks. He graduated from Pinkerton Academy. He was the owner and operator of Elbro Tool Co. in Auburn, Mass.

He leaves his wife of 25 years, Gertrude F. (Brassard) Brooks; two sons, Emerson and Peter Brooks; three daughters, Cynthia Desilets, Eileen Sutherland and Pamela Simmons; two step-daughters Jean Miller and Marilyn Victor; many grandchildren, great-grandchildren and great-great-grandchildren. His first wife, Florence I. (Olcott) Brooks, predeceased him.

The family would like to give a special thanks to Dr. Barry Salter and Wendy Rogers "his other daughter" and also to the York Village Fire Department.

Memorial contributions may be made to the York Village Fire Department, 1 Firehouse Drive, York, ME 03909. For more information, visit www.lucaseatonfuneralhome.com.

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