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**INSIDE: HOW TO TAME THE TASTE OF ASSERTIVE ASPARAGUS! PAGE 10**



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May 20 - June 2, 2011 Volume 15 ~ Issue 8



# ON WITH THE SHOW!

**A LOOK AT THE 2011  
SEASON AT THE  
OGUNQUIT PLAYHOUSE  
PAGE 6**



# From ancient Greece to Ogunquit

By **DAN SZCZESNY**  
The York Independent

There's an old cliché about how you should never drink alone. I believe in that, but can go one better—you should never experience theater alone. Or cinema, for that matter. And some other forms of art or culture, depending on circumstances.

For now, though, let's stick with theater. The Ogunquit Playhouse's new season gets underway on Wednesday, May 25. And this edition's cover story, which previews the schedule, got me thinking about how live theater is different from so much else in the entertainment and cultural scene.

Why? Well, it's live, being done right in front of you. And that's very different from, say, a movie that's been assembled from multiple takes and then frozen forever by editing. One changes every time, while the other stays fixed.

But the main difference, I think, is the presence of an audience in a theater. Total strangers gathered together in one place to witness and react to a live performance creates an experience that's completely different from the passive experience of watching television or movies, at home or at the multiplex.



I think the key to this is that an audience in a theater responds differently than, say, just you at home alone with your dog and the television. An audience reacts, and carries you with the reactions, which feed on themselves and enhance the experience in a hundred unspoken ways. In the end, it turns funny into funnier. It makes drama more dramatic.

It also influences and inspires the performers. Though off nights happen, the presence of a crowd usually magnifies the emotions being conjured onstage. And this is nothing new—it's been that way for quite some time. Long before we had plasma screens and movies on cell phones or even traditional movies in theaters, people were gathering together for the communal and cathartic experience of creating great theater. It seems to meet a powerful human need.

They did it in ancient Greece. They did it in Elizabethan England. And they do it in Ogunquit, and you can attend and join in the collaborative experience of being present for a real live performance.

Want proof of how important an audience can be? Look at how many television programs continue to use studio audiences (or, God help us, canned laughter) to get reaction on the soundtrack, which genuinely helps home viewers feel they're witnessing something more than just patterns of glowing phosphorous dots on their screen. (Or whatever is used to create images on plasma screens.)

That's another great thing about being part of an audience. If you don't know something, such how images are created on plasma screens, you can ask around. Chances are someone can tell you.

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## FUN FOR ALL



Members of the York High School Girls Hockey team recently got together at the Senior Center to play a game they developed called "finish that phrase." An afternoon of great fun and prizes was had by all. (Courtesy photo)

## COMMUNITY BRIEFS

# They're making history

## Museums of Old York announces new exhibit

Marking the beginning of its 112th season, the Museums of Old York has announced the opening of a new exhibit at its Visitor Center Gallery in Remick Barn, 3 Lindsay Road, on Saturday, June 4.

The upcoming exhibit treats the first century of York's development as an English settlement: trade, religion, war and everyday life. From the time the first settlers arrived in York in 1631 until the Siege of Louisbourg in 1745, York was often a very dangerous place to work and raise a family.

One of New England's earliest towns, York was different from Massachusetts Bay and Plymouth to the south. It was founded by people hoping to make their fortunes in the New World, content with the Church of England, not by religious refugees hoping to start model communities. When York was over twenty years old, it was absorbed by Puritan Massachusetts with the rest of Maine.

York was on the English frontier for much of the period. It served as the buffer zone between the rest of New England and the French and their Native American allies. War was a nearly constant threat. In the minds of York people, this was more than a struggle between competing nations. As Puritans, a type of extreme Protestant, New

Englanders viewed the Catholic French and the Indians as agents of Satan. War with them was part of a struggle between good and evil for the fate of the world, possibly the beginning of the Final Days. This has been a recurring theme in American history ever since.

The exhibit will bring together nearly 200 early colonial objects from museums and private collectors. Among the offerings are coins from the reigns of James I and Charles I, a rare 1620-1630 matchlock fowler, and the only complete set of 18th century bed hangings in North America.

## York Hospital to hold Stroke Education Day

Recognizing that May is National Stroke Awareness month, York Hospital is inviting all community members to attend its annual Stroke Awareness & Education Day on Wednesday, May 25, from 10 a.m. until 2 p.m., outdoors, in the back parking lot on the hospital campus.

Staff will be available providing education and interactive demonstrations on stroke prevention, acute care and home care. LifeFlight Helicopter transport services, a Human Patient Simulator Lab and a Nuclear Decontamination Demonstration by the Portsmouth Naval Shipyard will also be

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**Staff**

**PUBLISHER EMERITUS**  
Stephen M. Rasche

**PUBLISHER**  
Deborah A. Bouchard

**ASSOCIATE PUBLISHERS**  
Dan Szczesny, Jeff Rapsis

**CONTRIBUTING WRITERS**  
Jennifer L. Saunders, Taryn Plumb, Sarah Grant

**PRODUCTION MANAGER**  
Glenn Given

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on site providing tours to all in attendance. Refreshments will be served.

For more information on this event, contact the Fundraising Office at 351-2385. For information on York Hospital's Stroke Care services, visit [http://www.yorkhospital.com/services\\_strokecare.cfm](http://www.yorkhospital.com/services_strokecare.cfm).

### York Hospital 5K race to step off Saturday, June 4

Join hundreds of other runners and walkers on Saturday, June 4 at the York Hospital 5K Road and Cross Country Race. Proceeds will benefit the Hospital's For Every Patient Campaign to convert semi-private in-patient rooms to private rooms; and also expand and renovate the Breast Care Center to add new technology: Maine's first Aurora® Dedicated Breast MRI system; and to create a more private environment for patients. Most importantly, these projects will ensure that York Hospital continues to provide quality care delivered with loving kindness close to home.

Over the years, the York Hospital 5K Road Race has generated a tremendous amount of community support, from the lead sponsor Kennebunk Savings, to the hundreds of local runners and the volunteers helping to hand out water and handle registration. The race welcomes runners and walkers to enjoy 3.1 miles of scenic York including local landmarks such as the Wiggle Bridge and Steedman Woods and offers mile markers, two water stops, professional timing and post-race refreshments.

Special prizes will be awarded to the top male and female winners in each division and medals will be awarded to all crossing the finish line. Children (and parents!) are encouraged to participate, as special award categories will be offered for kids age 10 & under, ages 11-13 and ages 14-17. Pre-registration fees are \$8 (13 & under) and \$15 (14 & older), while fees are \$20 for all on race day.

Registration begins at 7 a.m. on Saturday at the Hospital, and the race begins promptly at 8:30 a.m., rain or shine. For registration visit [www.yorkhospital5k.com](http://www.yorkhospital5k.com); e-mail [fr@yorkhospital.com](mailto:fr@yorkhospital.com) or call York Hospital's Fundraising office at 351-2385.

### Readers Theater presents show at York Public Library

The York Readers Theater will offer two opportunities to see its latest presentation, Willy Holtzman's play, *Something You Did*, at the York Public Library on Friday, May 27, at 7:30 p.m., and Saturday, May 28, at 7:30 p.m.

Mr Holtzman's plays are often based on real people whose actions in pursuit of a high moral purpose have tragically misfired. *Something You Did* is loosely based on the life of Kathy Boudin who was paroled last year after 30 years in prison for participating in an anti-war demonstration that cost the life of a policeman.

The play confronts issues of guilt and forgiveness, atonement, racism and exploitation. Mr. Holtzman will attend the Friday performance at the York Library and lead a discussion with the audience following the play.

Willy will also attend a cocktail buffet at 5:00 p.m. on Friday evening at the York Harbor; \$10 per person with cash bar. Those interested in attending the pre-theater party should contact David Newman ([dnewman@maine.rr.com](mailto:dnewman@maine.rr.com)) for reservations as soon as possible; space is limited. Reservations are

not required for the play, but anyone wishing to have seats held for them (up until 15 minutes before curtain) should e-mail David Newman.

Readers Theater is a rehearsed and directed production of a play in which the actors read, rather than memorize, their scripts with unchecked and full emotion, while directing their spoken dialogue to the audience as if the audience members were in conversation with the characters. Thus, the connection between audience and cast becomes palpable and intense, as the audience is both in the play and watching it at the same time.

Admission is free. Donations gladly accepted. The York Public Library is located at 15 Long Sands Road in York. For more information, call 363-2818 or [www.york.lib.me.us](http://www.york.lib.me.us).

### Columbus replica ships Pinta, Nina to land in Kittery

On Tuesday June 14, the Pinta and the Nina, replicas of Columbus' ships will open in Kittery. The ships will be docked at Badgers Island Marina East, 4 Island Ave., until their departure early Tuesday morning June 21.

The Nina was built completely by hand and without the use of power tools. *Archaeology* magazine called the ship "the most historically correct Columbus replica ever built." The Pinta was recently built in Brazil to accompany the Nina on all of her travels. She is a larger version of the archetypal caravel. Historians consider the caravel the Space Shuttle of the fifteenth century.

While in port, the general public is invited to visit the ships for a walk-aboard, self-guided tour. Admission charges are \$8 for adults, \$7 for seniors and \$6 for students 5 - 16. Children 4 and under are Free. The ships are open every day from 9 a.m. to 6 p.m. No reservations necessary.

Visit [www.thenina.com](http://www.thenina.com) or e-mail [colum-fnd@surfbvi.com](mailto:colum-fnd@surfbvi.com) for more information.

### 'Extreme Country Stampede Tour' coming to York

A rodeo, country music concert, extreme freestyle motocross show, monster truck rides, hot air balloon rides, wrapped up into one extreme package for a one of a kind entertainment experience – the Extreme Country Stampede Tour - is coming to York for the first time ever!

The event kicks off Friday, June 3 at 6 p.m. at The American Legion Post 96 in York with an Extreme Cowboy Auction and Casino Night featuring live country bands, cowboys, casino games, hot air balloon rides and an auction. Proceeds from the Casino Night will benefit The American Legion Post 96 and proceeds from the auction will benefit Breast Care at York Hospital. Admission is free.

The Extreme Country Stampede Tour follows on both Saturday & Sunday, June 4 & 5, at York's Wild Kingdom (gates open at noon). Up and coming country musicians including Corey Cox and Rachel Timberlake will perform, and motocross sensations the Ives Brothers and their Ball of Steel, and of course, the World Cup Bull Riders will keep Stampede attendees on the edge of their seats.

Advance Tickets, \$25 for Adults, Kids 7-12, \$5 6 & under, Free. For tickets, call York Hospital's Fundraising Office: 351-2385. \$5 of every advanced ticket sold at York Hospital will be donated to Breast Care.v



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DAVID JOURDAN

## Q &amp; A

## THE SEARCHER

By **TARYN PLUMB**  
The York Independent

*Editor's note: This is the second part of a two-part Q & A. The first part ran earlier this year in the York Independent.*

On July 2, 1937, she simply disappeared without a trace.

Since, Amelia Earhart's fateful attempt to circle the globe has been a source of fascination. Theories, legends and conspiracies have abounded in the 70-plus years since.

Cape Porpoise resident and deep ocean explorer David Jourdan is one of the many who has taken up the quest to find out what happened.

In his book, *The Deep Sea Quest for Amelia Earhart*, he discusses his 10-year-long search, and his confidence that, someday, the mystery of the female aviator's demise will finally be solved.

**Name:** David Jourdan, founder of Nauticos, LLC

**Lives on:** Cape Porpoise

**Talk about your quest to find Amelia Earhart's downed plane.**

Back in 1997, we were approached by NOVA. They were interested in doing a story on Elgen Long, an explorer and aviator. He was the first person to fly around the world solo, pole-to-pole. (Later), he

and his wife embarked on a quest to find out all they could about Earhart. NOVA wanted to do a story about him and his theories about her disappearance. We were so impressed by (Long's) work, that we felt that we could actually find the plane. So we set about to do this search.

**Can you say where you're looking?**

The north and east of Howland Island (just north of the equator in the central Pacific). It's the island Earhart was flying to when she ran out of fuel. People who were waiting for her there heard her radio messages. They wrote down a transcript of what she said, and they also recorded the strength and quality of the transmissions – and each one got stronger and louder. She probably came very, very close to the island.

**What does your search comprise of?**

We searched (the area) twice – in February, March and April of 2002, and over the same period in 2006. We use a device called a side scan sonar. It has to operate within 100 meters of the bottom, and we drag it with a 36,000-foot-long cable. It makes sonar pings and listens for echoes (off objects). You get stronger echoes if it's a hard or rocky bottom or a ridge than if it's flat and soft. If it's something man-made – hard and metal and sharp-edged – you should get a very strong echo. Little by little, line by line, we build up a map of the area. We just go very slowly, moving



at about 2 miles an hour, deliberately. We create a swath of a map, and then we turn around, kind of like mowing the lawn. We're looking at territory no one has ever seen before. Only about 5 percent of the deep ocean has ever been mapped. We're seeing volcanic calderas, ridges; it's awe-inspiring to see it develop before your eyes. And we're looking in that landscape for little dots of strong signals that might represent the airplane. The swath that we image is between a mile and a mile-and-a-half wide, and the lanes are maybe 25 to 30 miles long. Our first expedition we mapped over 600 square miles. The second expedition was about 650 square miles.

**Could her plane still be intact out there?**

The environment in the deep ocean abyss is very benign – there are no currents to disturb anything, and it's too deep for man-made disturbance. (Underwater), metal and ceramics tend to last a long time.

This particular artifact (Earhart's plane) was made almost entirely of aluminum, so there's no reason to suspect that it has corroded much. The engines were steel, so I suspect they will have corroded. Maybe there will be some wing damage. Aside from things like that, I think we'll find the plane largely intact. We don't know, of course, what damage it might have suffered when it went into the water.

**Why hasn't her plane been found yet?**

The area of ocean where she was last heard from is almost 20,000 feet deep, and it's in a very remote part of the world. It takes a week to get there from Hawaii on a ship; the nearest inhabited land is about two-and-a-half, three days away. And the technology to search the depths is possessed by very few people, and is incredibly expensive. Our first expedition cost \$1.7 million. Also, she (and navigator Fred Noonan) just kind of vanished; no wreckage was found. The mystery was left open, just like 'Who really killed JFK?' and 'Where's Jimmy Hoffa buried?' – there's so much mystery and a lot of room for speculation. (After the crash), there were flurries of radio transmissions imitating her voice, and a barrage of false reports. Legends began to grow about her being seen on different islands – one was that she was captured by the Japanese; another was that she was actually on a

“ People who were waiting for her there heard her radio messages. ”

spying mission and was captured. And then there were other people who believed she turned around and flew back and landed in a jungle

in New Guinea. Every island in that area has a legend. A number of people are busy searching different islands. None of them has come up with a shred of evidence.

**When do you plan to go back out out?**

We have firm plans, but no firm date. The first problem is a ship, because we don't have one. That's the biggest cost element. It's really a question of money and schedules.

**So what do you think happened?**

We have several pieces of evidence – one is the fuel that she had and the consumption of fuel based on her flight profile. She most likely ran out of fuel about the time of her last radio message. The other major bit of evidence we have are the radio messages. It was clear that she was very close, and was desperate knowing she was out of fuel.

### Were you into Earhart much before this?

I really wasn't. Of course I knew who she was. The stories I heard about her disappearance were mostly the legends. They didn't strike me as credible.

### What made you want to write the book now?

People have asked me why I wrote a book on a project that's not finished. Discovery comes all at once, it's an event, it happens in a moment. But the process and the exploration – the time and effort and

all the thought and analysis – is really the richer story.

### Do you think you'll find the plane?

We're quite confident that if we cover the area, we'll find it. It's sort of like if you know you've lost your keys in the living room, you've looked all over, but you haven't looked under the couch yet. I've put 10 years into this, and quite a bit of money – and many others have put so much time and energy into it, as well. As someone described it, this is a mystery that just gets into your soul. I like to think I'm not obsessed with it. But it is quite compelling, Earhart was a fascinating woman – intelligent, accomplished, well-known, multi-talented, as well as an explorer, a risk taker, and she had advanced ideas about womens' place in the world. It's not just anybody we're looking for.

For more, visit [www.nauticos.com](http://www.nauticos.com), or <http://earhartdiscovery.com>.

“The first problem is a ship, because we don't have one.”

## YORK LIBRARY

### Meet the author on Saturday, June 4

Jeannie Brett, Illustrator/Book Launch, Saturday, June 4, 2 to 5 p.m. Jeannie Brett, illustrator of the newly released children's book, *My Cat, Coon Cat*, will launch her book with a reading, book signing, and exhibit of illustrations.

Visit the York Public Library at 15 Long Sands Road; contact us at 363-2818 or visit [www.york.lib.me.us](http://www.york.lib.me.us) for the most up-to-date information.

## Events

• **Something You Did**, Reader's Theater, Friday, May 27 and Saturday, May 28, 7:30 p.m. Reader's Theater presents *Something You Did* by Willy Holtzman which is loosely based on the life of Kathy Boudin who was paroled last year after 30 years in prison for participating in an anti-war demonstration that cost the life of a policeman.

• **Deborah Swiss**, Author Series, Friday, June 3, 7 p.m. Deborah Swiss, author of "The Tin Ticket: The Heroic Journey of Australia's Convict Women" reveals the heartbreaking, horrifying, and ultimately triumphant story of 25,000 women exiled from the British Isles, pressed into servitude and then unchained to forge the most liberated society of its time. Deborah Swiss writes and speaks on women's history, gender equity, and work/life balance.

• **Meet Your Farmer**, Film, Sunday, June 5, 7 p.m. Meet Your Farmer is a series of short films about farms in Maine. Produced for Maine Farmland Trust, an organization that works to preserve farm land in Maine. The films offer a glimpse at many different types of farms in the state, from Aroostook to York County, from potatoes to dairy, from large commercial operations to small farms that sell directly to local people. Sponsored by York Land Trust, Great Works Regional Land Trust, and Kittery Land Trust.

• **Around the World in 80 Days**, Family Film Series, Saturday, June 11, 7:30 p.m.

Phileas Fogg bet his fellow club members that he can circle the globe in eighty days. That may not be impressive today, but in 1872, it was nearly impossible. Accompanied by his valet, Passepartout, and the wandering Princess Aouda, Fogg crosses Europe, India, Japan, the Pacific and the United States.

• **The King's Speech**, Summer Film Series, Sunday, June 12, 7 p.m. Winner of the Oscar's best picture award *The King's Speech* is based on the true story of King George VI as he works to overcome his stammer with his country on the brink of war and in desperate need of a leader.

• **J. Fulton, Local Author**, Tuesday, June 14, 7 p.m. Local author Jim Beal from Eliot Maine, who writes under the pen name J. Fulton, has written a series of mysteries about private investigator, Caroline Rose. In the first book, "The Royal Oak Incident" Caroline takes on a missing person case that spirals out of control into a web of murder and deceit. The second book, *Taking Back Camden Heights* was released this spring. Jim will talk about his books and books will be available for purchase.

## For children

• **Infant Lapsits** (infants to two-years-old) on Thursdays, 10:30 a.m. Come for a program of stories, songs, fingerplays and rhymes.

• **Preschool Story Hours** on Fridays at 10:30 a.m. Join us for stories, songs, finger plays, crafts, and science.

## Art Exhibits

• **Art in the Children's Room**: Students' work from



York artist Kathryn Carter's Young at Art classes is on exhibit in the Library's children's room through Tuesday, June 7.

• **In the Kennebunk Room**: Douglas Frazier's acrylic and oil paintings of coastal scenes, tide pools, and rocky streams are on exhibit through Tuesday, July 5. Doug is a member of the York Art Association and lives and paints in Kittery.

## Exhibits in the Display Cases:

• **Bird and Fish Wood Carvings**: Bill Coite's bird and fish carvings are in the display cases on the Library's main level. Bill is a life-long resident of York Harbor. He is a licensed State of Maine Hunting and Fishing Guide as well as a US Coast Guard licensed Charter Boat Captain. He is a born naturalist with a deep appreciation and enjoyment of the outdoors and wildlife. Mr. Coite began carving 40 years ago as a hobby during the long winters when he couldn't fish or hunt. Locally known for his fine carvings, he continues carving for his own enjoyment when time permits. The exhibit provides a special opportunity for citizens in our community to enjoy the wonderful images of several species of ducks, fish, and birds: including an American kestrel, belted kingfisher, tufted titmouse, which these carvings bring to life.

## OUTDOOR LISTINGS

### Send us your outdoor listings!

Got a road race, hike, or other outdoor activity coming up? Send the info to [yorkindependent@gmail.com](mailto:yorkindependent@gmail.com). Listings run on a space available basis.

• **Saturday, May 21**, 9 a.m.: 5k Run/2 Mile Walk, Mother's Beach, Kennebunk, to benefit the homeless families with children that the York County Shelter Program assists. Pre-register at [www.yorkcountyshelterprograms.org](http://www.yorkcountyshelterprograms.org) or register on the day of the event beginning at 7:30 a.m. Participants are encouraged to earn pledge money for the York County Shelter Programs. Registration fee \$15 before Friday, May 13, \$20 otherwise. Contact Joan Sylvester at [joans@ycspi.org](mailto:joans@ycspi.org) or 324-1137.

• **Saturday, May 21**, 10 a.m.: 5th Annual Laura Vogel Memorial 5K, 22 Bramhall St., Portland, Contact: Amanda Savage (MMC), 949-3883, [LVM5K@Yahoo.com](mailto:LVM5K@Yahoo.com).

• **Saturday, May 21**, 8 a.m.: Race 4 An Angel 5K, South Portland Boys And Girls Club, 169 Broadway, So. Portland. (Kids Fun Run, Fast Flat Course, Great Prizes) Contact: Joseph Wright (Charity, 650-9145 [jwwright10@maine.rr.com](mailto:jwwright10@maine.rr.com)).

• **Saturday, May 21**, 9 a.m.: Helping Homeless Families 5k/ walk-a-thon, Mothers Beach, Beach Ave., Kennebunk. (All that Register receive a tee shirt) Contact: Joan (Charity), 324-1137 x105, [joans@ycspi.org](mailto:joans@ycspi.org).

• **Sunday, May 22**, 9 a.m.: Kittery Fire Association 5K Run and Walk, Gorges Road Fire Station, Gorges Rd., Kittery. (5th Annual 5K run and walk in beautiful coastal Kittery) Contact: Dan Hale (Kittery Fire Association), 332-9125, [kittery5k@hotmail.com](mailto:kittery5k@hotmail.com).

• **Saturday, June 4**, 8:30 a.m.: York Hospital 5K Road & Cross Country Race. Lower Back Parking Lot (Near ER entrance) 15 Hospital Dr., York (Enjoy a scenic run through village, woods and by the York River; prizes). Contact: Jean Kolak Mercer (York Hospital), 351-2385.

• **Sunday, June 5**, 9:30 a.m.: Kennebunk Beach Classic 5K Run & Walk, Senior Center at Lower Village, 35 Post Rd., Kennebunk. Fast, Oceanside course, prize money. Contact: Susan Pettit (Senior Center at Lower Village), 967-8514, [director@seniorcenterkennebunk.org](mailto:director@seniorcenterkennebunk.org).

• **Friday, June 10**, 7 p.m.: Docs Tiger 3-miler, Al Bruce Brunelle Scholarship fundraiser, Docs Tavern parking area, Franklin St., Biddeford. (flat course, age division awards, t-shirts to 1st 100 entrants). Contact: Leslie Mourmouras, 282-2631, [coachm@maine.rr.com](mailto:coachm@maine.rr.com).

• **Friday, June 17**, 7 p.m.: Docs Tiger 3-miler, Al Bruce Brunelle Scholarship fundraiser, Docs Tavern parking area, Franklin St., Biddeford. (flat course, age division awards, t-shirts to 1st 100 entrants) Contact: Leslie Mourmouras,

282-2631, [coachm@maine.rr.com](mailto:coachm@maine.rr.com).

• **Saturday, June 18**, 9 a.m.: 3rd Annual Pulling Together for Teens PBY Pull (a MaineTeen-Talk event), Sanford Regional Airport, 12 Presidential Lane, Sanford. (Teams of 8 compete by pulling a 10 ton seaplane! Free event and lots of fun!) Contact: Lucas Good (Maine-TeenTalk), 699-2464

• **Saturday, June 18**, 9 a.m.: Christians Lifeguard Dash, Main Ogunquit Beach, Beach St., Ogunquit. (5K Run/ Walk) Contact: Race Director (Charity), 555-5555, [info@christianslifeguarddash.com](mailto:info@christianslifeguarddash.com).

• **Sunday, June 19**, 9:15 a.m.: 3rd Annual Portland Sea Dogs Fathers Day 5K, Hadlock Field, 271 Park Ave., Portland. Catch the Doubleheader, Run Mom and Dads 5Ks, Capped at 3,000 entrants. Contact: Geoff Iacuessa (Portland Sea Dogs), 874-9300, [roadrace@seadogs.com](mailto:roadrace@seadogs.com).

• **Saturday, June 25**, 8:30 a.m.: 7th Annual Captain Christopher S Cash Memorial 5K Run/Walk, OOB Police Station, ballpark entrance, E. Emerson Cummings Rd., Old Orchard Beach. Includes a Free Fun Run (ages 4-12), cash prizes, free raffle, music, refreshments. Contact: Nancy L Kelley, 934-2360.

• **Saturday, June 25**, 8 a.m.: Aggieaman Triathlon Adventure, Eliot Boat Basin, Hammond Lane, Eliot. Flat Water Kayak 2 miles, Road Bike 24.9 miles, Trail Run 3 miles. Contact: Ed Harvey.789-1032, [edmundharvey@yahoo.com](mailto:edmundharvey@yahoo.com).

• **Sunday, June 26**, Noon: LAPD a 5K Road Race, Fox St., at Anderson St., Portland. Contact: Hayden Anderson (Immigrant Legal Advocacy Project), 780-1593, [handerson@ilapmaine.org](mailto:handerson@ilapmaine.org).

• **Monday, July 4**, 9 a.m.: 17th Annual Goose Rocks Beach Associations 5K Road Race & Walk, Community House, 5 Community House Way, 10 Edgewood Ave, Kennebunkport. Flat course along beautiful Goose Rocks Beach.) Contact: Michael J. Meagher (Goose Rocks Beach Association), 967-4115, [coach-meagher@yahoo.com](mailto:coach-meagher@yahoo.com).

• **Friday, July 8**, 6 p.m.: 14th Edition Library Race 5K Run/ Walk, Kennebunk Free Library, 112 Main St., Kennebunk. 5K Run / Walk to Benefit the Library. Contact: Teri Collard (Kennebunk Free Library), 985-6009, [zoom2@gwi.net](mailto:zoom2@gwi.net).

• **Saturday, July 9**, 6 p.m.: 9th Annual Run For The Gym 5K, Nasson Common/Nasson Community Center, 457 Main St., Springvale. T-shirts 200, fast loop course, prize money, includes a fun run. Contact: Bob (Nasson Community Center), 324-5657, [nassoncc@metrocast.net](mailto:nassoncc@metrocast.net).

• **Sunday, Aug. 7**, 10 a.m.: Raccoon Run 5K, Back Cove

Trail, Preble St and Baxter Blvd., Portland. 5K Race & Walk around the beautiful Back Cove Trail. Contact: Michael Amarello (Three C Race Productions LLC), (603) 429-8879, [michael@3CRaceProductions.com](mailto:michael@3CRaceProductions.com).

• **Friday, Aug. 12**, 7 p.m.: 25th St Peter 4-Miler, Corner of India and Congress Sts., 72 Federal St., Portland. (Scenic downtown race kicking off the St Peter and St Rocco Festival) Contact: Tony Myatt (St. Peter Roman Catholic Church), [Tonedog86@aol.com](mailto:Tonedog86@aol.com).

• **Sunday, Aug. 21**, 7:30 a.m.: Tri for Preservation Sprint Triathlon and Aquabike, Crescent Beach State Park, 190 Bowery Beach Rd., Cape Elizabeth. Crescent Beach 500 yd swim in protected cover, 14 mile bike, 3.1 mile run. Contact: Ted Darling (Cape Elizabeth Land Trust), 856-2610 x224.

• **Saturday, Aug. 27**, 8 a.m.: You and ME Duo Duel 10K Relay, Intersection of Commercial St. and Center St., 340 Commercial St. (Two-person relay - each runner races 5k through the streets of Portland). Contact: You and ME Duo Duel, 415-9535, [info@duoduel.com](mailto:info@duoduel.com).

• **Sunday, Aug. 28**, 7:30 a.m.: FireMan Triathlons, Mothers Beach, 260 Beach Ave., Kennebunk. Contact: Jeffrey Cole (FireManTriathlons), 985-3361, x120, [rd@wkwfiretri.com](mailto:rd@wkwfiretri.com).

• **Sunday, Oct. 2**, 7:45 a.m.: 20th. Gorham Savings Bank Maine Marathon, Relay & Maine Half Marathon, Baxter Boulevard, Portland. (2004 New England Race of the Year Proceeds always benefit Maine Children) Contact: Howard Spear (Maine Marathon), 749-9160, [racedirector@mainemarathon.com](mailto:racedirector@mainemarathon.com).

• **Saturday, Oct. 15**, 10 a.m.: YMCA 5K XC, McDougal Orchard, 201 Hanson Ridge Rd., Springvale. (Apple Orchard .trails/hills, include fun run) Contact: Merilee Perkins (YMCA), 324-4942, [mperkins@sanfordymca.org](mailto:mperkins@sanfordymca.org).

• **Saturday, Nov. 12**, 10 a.m.: Maine-ly Moose Portland 5k Cross Country, Deering Oaks Park, State St. and Forest Ave., Portland. (Fast and fun 5K cross country race through Deering Oaks Park.) Contact: Michael Amarello (Three C Race Productions LLC), (603) 429-8879, [michael@3CRaceProductions.com](mailto:michael@3CRaceProductions.com).

## Ongoing

• **The new map, titled Your Maine Lands: Recreational Map & Guide to Public Reserved Lands**, is a comprehensive guide to the more than 500,000 acres of public reserved lands in Maine. The map highlights the various public reserved land units by Maine tourism region, provides a description of each unit, and indicates the recreational activities available for each area. The map is available free upon request and is available on line through the bureau's web site.



# ON WITH THE SHOW!

## A look at the 2001 season at the Ogunquit Playhouse

The folks backstage at the Ogunquit Playhouse are busy preparing this summer's schedule of shows, and all that energy is spilling over even into the press releases.

"Mark your calendars for a season so fantastic it shouldn't be legal!" reads a recent one. "The Ogunquit Playhouse marks its 79th season with the best Broadway musicals including a new edgy Tony Award winner, a timeless classic Broadway favorite and Broadway blockbusters, all produced, cast and staged exclusively for the Ogunquit stage."

Okay, now that you've caught your breath, let's get some details. For starters, the five-show season runs from Wednesday, May 25 all the way through Sunday, Oct. 23. That's five months of continuous theater, which gives the Ogunquit Playhouse a lot to talk about.

And they're certainly ready to do that.

"There is something for everyone at the Ogunquit Playhouse this year," said Artistic Director Bradford Kenney, citing "an edgy hip show, a Broadway Golden Era classic, a spectacular blockbuster, a new hit show that is a fun romp for all ages and the East Coast premiere of a musical that will bring folks of a certain age back to their glory days (or should I say daze!)."

Don't miss your opportunity to see every spectacular show this season!

The season opens when "Sesame Street meets South Park" in the Tony Award Best Musical of the Year, smash-hit, Avenue Q. This parody dares to ask the question, "What do you do with a B.A. in English?" is on stage from Wednesday, May 25 to Saturday, June 18.

Winner of three Tony Awards including Best Musical, the show conveys life's tough lessons through the trials and tribulations of Princeton, a recent college graduate, who is anxious to discover his purpose in life; but first, he must find an apartment and a job, with no work experience—but an English degree. Join Princeton along with the Broadway puppets for this toe-tapping, hilarious and often moving musical that the New York Times declared to be "savvy, sassy and eminently likable."

The Ogunquit Theatre warns patrons that Avenue Q may

not be appropriate for those under age 17.

Be sure to wear some flowers in your hair for the East Coast premiere of Summer of Love, a groovy new musical from Roger Bean, the creator of The Marvelous Wonderettes and The Andrews Brothers, on stage from Wednesday, June 22 through Saturday, July 16.

When a runaway bride discovers the countercultural revolution of the Haight-Ashbury neighborhood of San Francisco, with a little help from the hippies and dropouts of Golden Gate Park, she comes to realize she has to make her own kind of music! This hippie, trippy musical features the powerful music of the late 1960s, by some of the most influential artists of the love generation: The Mamas and the Papas, Donovan, Janis Joplin, Jefferson Airplane and many more.

"There's Trouble in River City"... Yes, the critically acclaimed Broadway classic, The Music Man marches into town from Wednesday, July 20 through Saturday, Aug. 20. Meredith Willson's all-American favorite follows fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band he vows to organize—this despite the fact he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian the librarian. Does he stay? Does he run with the money? Even if you know, you'll still want to see the quirky characters of this Golden Era classic and hear the award winning songs that have long become American standards: "76 Trombones," "Till there Was You" and "Trouble."

### But wait, there's more!

And OMG, like, you are totally going to love Legally Blonde the Musical, on stage Wednesday, Aug. 24 through Saturday, Sept. 17! This award-winning Broadway musical sensation is based on the hit movie of the same name and follows college sweetheart and homecoming queen Elle Woods as she puts down the credit card, hits the books and heads for Harvard Law School in pursuit of her boyfriend Warner, who just dumped her for someone more serious.

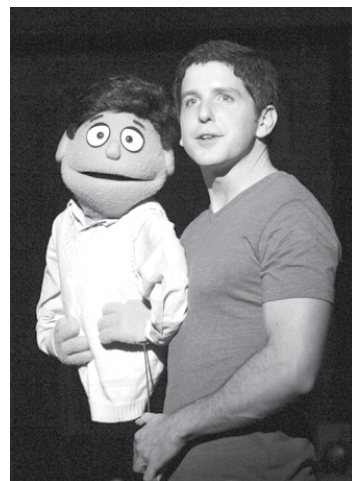
Legally Blonde the Musical will take you from the social whirl of California campus life to Harvard's halls of justice with our heroine Elle, her Chihuahua, Bruiser and the bulldog-toting-hairdresser Paulette, played by none other than

Emmy Award winning Playhouse favorite Sally Struthers. This all singing, all dancing, feel-good musical comedy is so much fun, says the Ogunquit Playhouse press release, that "it shouldn't be legal!"

The fall ushers in one of the biggest Broadway blockbusters of all time, Miss Saigon, an epic love story that will run from Wednesday, Sept. 21 through Saturday, Oct. 23. This compelling tale, a modern variation of Madame Butterfly by the creators of Les Misérables, shares the emotional story of an American GI and his love affair with a Vietnamese girl in a world torn apart by war.

From the first sound of a helicopter flying as the sun rises over Saigon during the Overture, to the show's powerful ending, Miss Saigon will take you on a touching journey about unwavering love and self sacrifice. The powerful score features the show-stopping "The Movie in My Mind," "I Still Believe," "Why God Why" and "The American Dream."

“There is something for everyone at the Ogunquit Playhouse this year.”



COURTESY PHOTO

Broadway's Howie Michael Smith reprises his role as Princeton in the irreverent musical Avenue Q, on stage May 25 through June 18 at the Ogunquit Playhouse.

### First up: Avenue Q

Let's take a closer look at the season's first show, Avenue Q, due to open on Wednesday, May 25.

The Ogunquit Playhouse production of Avenue Q features Broadway's Howie Michael Smith, who will head the cast as Princeton (and Rod) reprising his Broadway role; Kate Monster and Lucy the Slut will be played by Ashely Eileen Bucknam, who is coming to Ogunquit fresh from the Avenue Q National tour and Rebecca Larkin will play Christmas Eve, reprising her role from the national tour as well.

Director/choreographer for the Ogunquit production of Avenue Q is Keith Andrews, who was last seen in Ogunquit as director and choreographer for The Full Monty starring Sally Struthers and Hunter Foster. Keith recently directed Avenue Q for the Gateway Playhouse in Bellport, N.Y. His many stage credits include the National Tours of The Full Monty and Hello Muddah, Hello Fadduh, as well as productions for regional theatres across the U.S. As a performer, Keith has toured all over the world with shows such as: West Side Story, Mame, Jesus Christ Superstar and the Radio City Christmas Spectacular. In educational theater, Keith directs and choreographs student industry showcases at the American Musical and Dramatic Academy in New York City.

Avenue Q has long been the darling of both Broadway and off-Broadway theatres, selling out to delighted audiences consistently since its inception. The irreverent take on the joys and travails of making it on your own strike a chord with audiences young and old alike.

### How to get tickets

Tickets are on sale now for individual shows, however you can lock in the best seats at a bargain price by buying a season subscription. The Ogunquit Playhouse is a 501c3 not-for-profit organization, producing Broadway musicals each season, with performances Tuesday through Sunday, from May 25 to Oct. 23, 2011.

Gift Certificates, Flex-Passes and Season Subscriptions are on sale now as well. For a complete list of show times, pricing and more information about the season, visit the playhouse Web site at [www.ogunquitplayhouse.org](http://www.ogunquitplayhouse.org). Tickets online or by calling 800-982-2787, for Subscriptions, Flex-Passes and Gift call the box office for at 207-646-5511.



LISTINGS

Send us your listings!

Let the community know about your fun event! Send the info to send the info to yorkindependent@gmail.com. Listings run on a space available basis

Theatre, Shows

• **The Music Hall and NH Public Radio** present Writers on a New England Stage, Neil Gaiman, “one of the top ten living post-modern writers” on Wednesday, June 22, 7:30 p.m. Tickets on sale now to members, general public on Wednesday, June 1 and available at The Music Hall Box Office, 28 Chestnut St., Portsmouth, NH, over the phone at (603) 436-2400 or online at www.themusichall.org.

Books

• **The Buddhist Book Club** meets on the last Wednesday of each month at 7 p.m. at the Seacoast Wellness Center, 135 McDonough Street in Portsmouth, N.H. For more information about The Seacoast Wellness Center, visit www.seacoastwellness-center.com, or call the Center at (603) 531-3130.

Adult Ed

Wells Ogunquit Adult Education. Details for the following classes or events can be found at www.wells-ogunquit.maineadulted.org. Registration online, by phone 646-4565 with Master Card or Visa, by mail P.O. Box 1650, Wells, ME 04090 or in the office at Wells High School, Route 109, Wells.

• **Farm Exploration.** Visit various farms highlighting the diversity of farming in southern Maine. Tour farms that produce vegetables, fruits, cheeses, meat and fiber products. Sun, 6/26, 11 a.m.-5:30 p.m.

• **GED Algebra.** What are negative numbers and how do you work with them? Why are there math sentences that have letters instead of numbers? Join this class to find out. Learn shortcuts to understanding these topics and more in a calm, relaxed setting. You may even decide math is fun! Tue, 5/31 - 6/28, 6-8:30 p.m.

• **Prepare for the GED exam.** Individual and small-group work is available. We provide reasonable accommodations for those with disabilities that can be documented. Call Mary at 646-4565 to schedule an appointment to take the pre-tests; you may be more prepared than you think.

• **New England: Myth or Reality?** The six states known as New England have been romanticized in art and literature for more than 200 years, creating a reality that is touched by myth. How has this myth-making affected the region? Thu, 5/26, 6:30 p.m. This event meets at Wells Public Library.

• **Book Group.** Do you love to read? Like to discuss what you have read and learn from others? Check our website www.wells-ogunquit.maineadulted.org for specific titles for the book discussions. Currently, the focus is on World War II topics. To register, call the Wells Public Library at 646-8181. Tue, 6/14, 6:15 – 7:45 p.m. This group meets at

the Wells Public Library. There is no charge for this series.

Health & Wellness

• **York Hospital's Yoga Center,** located at the Heart Health Institute, offers yoga classes for persons of all abilities. Seated Yoga for those with limited mobility also offered. Instructor Sundie Gentry is one of only eight yoga instructors in the State of Maine to be credentialed and certified by the Iyengar Yoga National Association of the United States (www.IYNAUS.org). Iyengar Yoga encourages proper alignment to improve one's posture, flexibility and strength as well as regulated breath work to help with relaxation and stress reduction. Class times are: Level I – Tuesdays & Thursdays: 4:30 to 5:30 p.m., Yoga Level II – Tuesdays: 9 to 10:30 a.m., Seated Yoga – Tuesdays: 3 to 3:30 p.m. The Yoga Center at the Heart Health Institute is located at 127 Long Sands Road, York. Call 351-3700 for more information. For new participants, your first class is free.

• **Kripalu DansKinetics at Spinnaker Point Recreation Center,** Spinnaker Way, Portsmouth, N.H. DansKinetics is a unique blend of yoga and dance. Call (603) 436-2313 to learn more.

• **Aerobics, Yogalates and Weight Training** classes are available at York Fitness Center, Route 1, in York. Call 363-4090 for more information.

• **Know Your Numbers** is a cholesterol screening offered by SMMC Visiting Nurses on the second and fourth Wednesdays of each month. An appointment is necessary and there is a \$15 fee for this service. Call 985-1000 for more information.

• **SMMC Visiting Nurses Monthly Diabetes Support Groups** are offered at the Richard Martin Community Center in Biddeford on the second Monday of each month from 6:30 to 8 p.m. and at SMMC Visiting Nurses in Kennebunk on the fourth Monday of each month from 7 to 8:30 p.m. For more information, call 985-1000, 283-7680 or (800) 794-3546.

• **The Choose to Be Healthy Partnership,** a program of York Hospital, offers the “Freedom Clinic” which combines education and support through one-on-one consultation, weekly lecture series by a trained team of professionals such as a registered nurse, registered dietitian, physical therapist, and a certified hypnotherapist for healthy lifestyle resolutions and to help you stop smoking. The program also offers drop-in anytime support for one year. Call 351-3700 for more information. Another way to stop smoking, if you are a Maine resident, is to call the free Maine Tobacco Helpline at 1-800-207-1230. The program offers confidential phone support; you won't need to leave the house! In addition to coaching,

the Helpline offers free nicotine replacement therapy (the patch or gum) to make quitting less difficult. Call now to find out if you qualify. Additional resources can be found at www.tobaccofree-maine.org.

• **Why Weight?** Includes two visits with a registered dietitian to establish realistic nutritional and caloric goals. Participants also meet weekly with their personal fitness coach for support, education and evaluation. A 12-week gym membership to the Heart Health Institute's fitness center is included in the \$399 fee. Call 351-3700 for more information or to register.

• **Weigh to Go!** at the Heart Health Institute includes a nutritional evaluation and dietary goals established by a registered dietitian, with frequent follow-ups, and weekly visits with a personal fitness coach for youths between the ages of 10 and 18 and a parent or guardian. An eight-week gym membership for one parent and one youth is also included. For more information or to register, call 351-3700.

One-of-a-kind

• Each Tuesday evening from 6 to 9 p.m., chicks with sticks gather to knit at **The Yarn Sellar.** Knitter, crocheters and spinners all come to craft, talk and relax. Free and open to the public. Each Wednesday from 1 to 3 p.m., a casual group of knitters gather at The Yarn Sellar; meet fellow knitters, chat and knit. Free and open to the public. The Yarn Sellar announces their contest: Just Felt it! Create something felted - a bag, hat, jacket, sculpture - anything goes. Bring your creation to The Yarn Sellar by Monday, May 30. The items will be on display for customer to vote on. One lucky crafter will win a \$25 gift card to The Yarn Sellar, 264 Route 1, York, 351-1987.

• **Ladies Auxiliary Tupperware** fundraiser open house, Saturday, May 21, 2 to 4 p.m. at The American Legion Hall, York (behind Hannafords).

• **Animal Welfare Society,** 6 Hearthstone Dr., West Kennebunk, Annual Yard Sale on Saturday, May 21, 8 a.m. until 1 p.m. All proceeds benefit AWS 8 a.m. to 1 p.m. If you have items to donate, please call Sue at 985-1437.

• **The Garden Conservancy's Open Days Program.** Explore the private gardens at Braveboat Harbor Farm, 110 Raynes Neck Rd., York, open to the public to benefit the Garden Conservancy on Saturday, May 21 & Sunday, May 22, 10 a.m. until 4 p.m. \$5 pp, children under 12 free. For More Information: www.opendaysprogram.org.

• **2nd Annual Turtle Pub Crawl,** Sunday, May 22, 3 to 7:30 p.m., sponsored by York Land Trust. Begins at Ship's Cellar Pub, Rt. 1A, York. For more info: nglowenberg@york-landtrust.org, 363-7400.

• **Call for Auditions: Godspell,** Sunday, May 22, 1 to 4 p.m., and 5 to 8 p.m. Auditions will take place at the Nasson Community Center's Little Theatre, Springvale. Interested



COURTESY IMAGE

Local artist Suzie Goodwin's photograph “Still Open,” printed on an altered aluminum substrate, has been selected for the 14th National Juried Contemporary Exhibition at the Western Colorado Center for the Arts in Grand Junction, Colo.

Bridge art picked for national exhibit

Much like the Hatfields and McCoys, the two states of New Hampshire and Maine have a history of feuding. Most recently the two states have fought over the Memorial Bridge—even though the Bridge is a vital to connecting the two communities of Portsmouth and Kittery.

And for local artist, Suzie Goodwin, it has connected her to much more—an opportunity for her artwork to cross the Great Divide. Goodwin's photograph *Still open*, printed on an altered aluminum substrate, has been selected for the 14<sup>th</sup> National Juried Contemporary Exhibition at the Western Colorado Center for the Arts in Grand Junction, Colo.

Goodwin's photograph was one of only fifty-three pieces of artwork chosen for exhibition from a pool of submissions by 134 artists.

You don't have to cross the Great Divide to see Goodwin's work. Kittery's Haley Art Gallery will be featuring several pieces by Goodwin—work using the same technique as the one being exhibited in Colorado—at Haley Art Gallery's upcoming group exhibit *Across Landscapes*. The exhibit will run from Saturday, June 4 through Wednesday, Aug. 31 with an opening reception scheduled for Saturday, June 4 from 3 to 6 p.m.

The Memorial Bridge is a familiar sight for Suzie Goodwin who grew up in Portsmouth, but currently resides in Eliot, Maine. She is a self-taught artist who continues to push the boundaries of her medium, and is constantly experimenting with new ways to express herself through her artwork. Find more information about Goodwin at www.suziegoodwin.com

For more information on the upcoming exhibit please contact: Haley Art Gallery, 178 Haley Road, Kittery. Phone is (207) 439-7612, or visit www.haleygallery.com.

persons are asked to sing 16 measures of an upbeat song and (optional) to recite a 30-second monologue. Call backs to be announced; Rehearsals will commence Sunday, June 5.

• **Look Good Feel Better** program will be held at the Cancer Care Center of York County in Sanford, on Monday, May 23 from 2 to 4 p.m. This program

offers education, information, and supportive material to help women look great and feel better while undergoing cancer treatment. Pre-registration is required at 459-1601.

• **Parent/Community Forum** on redesigning Traip Academy, Wednesday, May 25, 6 to 7:30 p.m. in the Traip Library.

• **The York High/Middle**

**School Music Departments** will present an evening of

Jazz music on Tuesday, May 24 at 7 p.m. in the YHS auditorium. Doors open at 6:30 p.m. Free and open to the public.

• **Upcoming events at the York Elks Lodge,** 1704 US Rt.1, York, 361-2788: Saturday May 21, Veteran's BBQ, Vets eat free, Noon to 2 p.m.; Sunday May 22, Best \$5 Breakfast in Town, 8:30 to 10:30 a.m.; Friday May 27, all you can eat Pizza Night 4 to 6 p.m.; Saturday May 28, York Elks Annual Yard Sale starting at 9 a.m. (donations gladly accepted); Sunday May 29, Chicken Shoot starting at 3 p.m.

• **Sacred Circle Dance,** Friday, May 27, 7-8:30 p.m., Portsmouth Center for Yoga/Arts, 9 Albany St, Portsmouth, NH. No experience or partner needed. \$5, (603) 664-2796, amyla44juno.com, www.portsmouthyoga.com.

• **Huge Annual Memorial Day Weekend Yard Sale** by the Sanford UU Church, Friday and Saturday, May 27 and May 28 from 8 a.m. until 4 p.m., 2141 Sanford Road (Route 109), Wells.

• **Big Fat Greek Annual Rummage** on Saturday, May 28, from 8 a.m. to 5 p.m. at the St. Nicholas Greek Orthodox Church at the Jarvis Center on Andrew Jarvis Drive next to Portsmouth High School.

• **Church Ladies' Bakery Café,** Saturday, May 28, 9 a.m. until noon Union Congregational Church, Church St., York Beach.

• **York High School Band** to present concert Wednesday, June 1 at 7 p.m. Free and open to the public

• **York Art Association** will host its 3rd session in a series of monthly professional development workshops for artists on Thursday, June 2 from 6 to 7:30 p.m. This workshop is free to York Art Association members, and \$10 for non-members. Please call in advance to reserve your spot at 363-4049.

• **The York High School Music Department** will present its annual Spring Choral Concerts on Friday, June 3 at First Parish Church, York at 7:30 p.m. Free and open to the public.

• **Singles dance every Friday at Daniels Hall,** Route 4, Nottingham, N.H., 8 p.m. until Midnight. Dance is BYOB, casual dress, \$12 admission, which includes a free hot buffet and drink set-ups. Non alcoholic drinks are available. Smoking on outside patio. For more info visit: www.singlesdanceparties.com or call (603) 942-8525.

• **Every Monday, Wednesday, and Friday, the Ogunquit Chamber of Commerce sponsors a Guided Historical Walking Tour of Ogunquit.** Learn about the 350-year history of Ogunquit, the creation of Perkins Cove, and the establishment of the Marginal Way and Ogunquit Beach as public areas. Tours meet at Katie's at 261 Shore Road, Ogunquit, at 9:30 a.m., and last approximately two hours.



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SARAH GRANT PHOTO

A view of the cozy dining room at Ogunquit's '98 Provence' restaurant.

## FOOD

# '98' SCORES A 10

Ogunquit's '98 Provence' dishes out dining elegance at an affordable price

By SARAH GRANT

The York Independent

Despite decades of Julia Child's efforts to introduce French cooking methods into everyday American culinary habits, many Americans are still intimidated by French restaurants.

Perhaps they think French food is expensive. Maybe it is the foreign language on the menu (BTW, "menu" is a French word). Who knows? But, oh mon Dieu, are they missing out if they don't stop by 98 Provence (98 Shore Road in Ogunquit) for breakfast or dinner!

98 Provence is French through and through—from Johanne Haseltine, who is the voice of the restaurant and often takes reservations, to her brother, Chef Pierre Gignac, who creates the menu. When you pass through the front door, you will think you have been have been magically transported to the French countryside, perhaps to Avignon or Provence.

The very friendly, professional front-of-

the-house staff will welcome you into the rustic and comfortable dining room. You'll notice a rugged stone fireplace, bare stud walls and open barn-style beams contrasting with colorful French flowered or fruited tablecloths and honey-colored wide plank polished pine floors. Daylight floods the room from ample windows during breakfast hours and candlelight softens the scene after sundown during dinner.

Chef Pierre studied the culinary arts at the Institut d'Hotellerie et Tourisme du Quebec in his native Canada. In 1995, Pierre, his wife Lisa, sister Johanne and her husband Paul opened the charming 98 Provence.

"We have not raised prices since we opened," says Chef Pierre. "I am much more interested in feeding people well than in making a lot of money."

There are, in fact, plenty of bargains on the menu. Consider the three-course prix fixe (fixed price) dinners. The "Provence" prix fixe starts with Spring Garden Veg-

CONTINUED ON PAGE 10



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etable Soup, a rich tasting, but transparent, chicken broth suspending colorful confetti of fresh fava beans, carrot, peas, asparagus, onion, red pepper and chives.

The entrée for this special menu is Berkshire Pork Filet with Spring Pea Puree, Candied Red Beets and Rhubarb. All of Pierre’s creations are crafted with deeply complex layers of flavors that thoroughly sate your appetite and entertain your palate with every morsel.

The dessert for “Provence” prix fixe is my very favorite, Nougat Glacé, an ambrosial frozen blend of whipped cream and Italian meringue with an ideal crunchy, chewy inlay of almond brittle and bits of candied fruit. The flawless cylinder of frozen confection perfection is topped with laser thin slices of tart green apple and buttons of crystalized ginger. Pastry Chef Michele Cross paints the Nougat plate in part with ruby red raspberry coulis and dots it with fresh berries and strips of candied grapefruit and orange zests. This is what dessert is like in Heaven. The price for *all three courses* of this delectable feast? \$29.

There are eight very different small plates on the menu ranging in price from \$9 to \$16. I tried the Maine Lobster Parmentier with New Potatoes, Artichokes and Parmesan (\$14). It is a neat stack of sautéed lobster meat on a bed of artichokes and tucked under a blanket of mashed potatoes topped with Parmesan Cheese.



SARAH GRANT PHOTO

The ambrosial Nougat Glace, dessert of the gods

# Asparagus + wine = ???

How to make the green stalks go better when you’re serving wine at the table

By SARAH GRANT  
The York Independent

There is a standing joke among chefs that no wine goes with asparagus. As a younger, more naive chef, I went along with this, avoiding it on my menu until I tried the ever-citrusy Sauvignon Blanc. Finally, a wine that stood up to asparagus’ intense grassy flavor.

Asparagus is a member of the lily family and contains the sulfurous amino acid methionine. This compound, together with the plant’s strong flavor, can make many wines taste dank or just plain green. But, if you love asparagus, and wine, try a slightly different cooking method that seems to tame asparagus enough so that it behaves around certain wines.

After you have steamed or microwaved the asparagus until it is about half done, toss it in a little olive oil and grill it. The grilling process — probably the flavor of the char — takes some of the intensity and bitter edge off the greenness of the asparagus.

Then try pairing it with a sharply citrusy Sauvignon Blanc or Pinot Grigio with a minerally finish and almond qualities. If you are feeling French, Pinot Gris goes with

charred asparagus. Aromatic Gewürztraminer works well. That said, avoid most sweet, fruity wines like white Riesling (well, always avoid white Riesling) and oaky Chardonnay. Asparagus, no matter what you do to it, will make Chardonnay taste vegetal.

Another trick is to add a creamy lemony sauce to cooked asparagus. Hollandaise comes to mind, but even just lemon aioli may bridge the grassy, sulfurous quality of the vegetable to one of the wines suggested above. The problem with a heavy sauce is that it masks the delightful flavor of the vegetable. Overcooking can also rob flavor as well as some of the nutrients asparagus provides: folic acid, vitamin C, potassium, thiamine, riboflavin, vitamin B6, copper, vitamin A, iron, phosphorous and zinc.

If you are not serving wine, steaming is the best way to cook asparagus. Alternatively, you can “sauté” it in shallow water for two or three minutes. Be sure to use a stainless steel or enameled pan; asparagus reacts in aluminum or cast iron.

When grilling, steam asparagus first for just two minutes and remove it from the hot water. To keep it from over cooking, you may want to shock it in ice water to completely stop the cooking rprocess, then pat it

“Parmentier” refers to the potatoes aspect of the dish. It is a nod to Antoine-Augustin Parmentier, who, in the late 18<sup>th</sup> century, through great persistence and a grand scale sense of humor, promoted the simple potato from hog fodder to the favorite white starch side dish of hot (haute?) French food. It is difficult to imagine French cuisine without their beloved potatoes. Anyway, Pierre’s lobster and potato stack is scrumptious.

My dining partner tried the Sea Scallops Sautéed Grenobloise with Cauliflower Cream (also \$14). The strictly fresh jumbo scallops are lightly seared with a zesty browned butter, caper and citrus tang (that’s the “Grenobloise” bit) tempered by smooth cauliflower cream. He loved it.

Other small plates cover the food groups’ gamut from fully dressed up green salad, to foie gras or mussels. A standard choice on this part of the menu is the Fisherman’s Soup with Local Seafood and Flavors of Provence (\$12). Chef Pierre says it is so popular, he has never taken it off the menu, no matter what season it is.

The Provence Bistro Spring Entrée Menu lists several appealing possibilites such as the Lil Chicken Breast Roasted with Pistachios and Stewed Leg “Niçoise” (\$24). It is prepared with a chicken (Poussin) so young that its flavor is redolent of the finest farm fresh egg. As one might guess, the Niçoise-stewed chicken leg is cooked with cured olives as well as porcini mushroom, tawny port, brandy, red wine, lardons of apple wood smoked bacon (cured in house), bay leaves, thyme and rosemary. Pierre rounds this vast assemblage of flavors with a bit of veal demi-glace. Roasted pistachios artfully litter the Avignon region derived plate. I highly recommend this item.

Another subtly complex and delicious choice is the Slow Braised Lamb Shank with Vadouvan French Curry and Chick Pea Gnocchi (\$26). It sates with earthy flavors and tender lamb. Vadouvan curry is a French interpretation of the milder Masala style curry. It has a resonant savory flavor from a blend of turmeric, cumin, curry leaves, and coriander with a French shallot accent. There is nothing hot or red about this curry.

So if you are reading this out loud to your regular dinner partner, who may not be quite as adventurous as you are, and who, at about this time is saying, “Oh honey, let’s just go to the steak place we like so much (again).…” Hurry up and read this part coming up about the Filet Mignon

dry before you toss it in a tablespoon pure olive oil (not extra virgin) and turn it on the grill a few times for a little light char.

The following is a good side dish especially with lighter proteins such as fish or fowl. Make it with vegetable broth instead of chicken stock and you will have a fine vegan/vegetarian side dish. The citrus in the pilaf will make the accompanying asparagus more amenable to a light, white wine. Break or cut the wooden, tougher lower stalk. Save the bottom stalk for soup. If you are a perfectionist, peel the remaining lower stock, too. Peeling results in a two-tone green product with no tough stringiness.

## Lemony Rice Pilaf with Asparagus

- Serves 4
- 1 ½ teaspoons pure olive oil
  - 1 cup diced shallot, leek, onion, or combination thereof
    - ¾ teaspoon dried thyme or 1 ½ teaspoons of fresh thyme
    - 1 cup of your favorite natural rice: wild, whole brown, short grain, long grain or a combination (my favorite)
      - 1 tablespoon lemon zest (from approximately 2 lemons)
      - 2 cups low sodium chicken broth
      - 1 teaspoon sea salt
      - 1 bunch asparagus
      - 1 teaspoon lemon juice
- In a deep stainless steel pan, heat oil and add diced onions. Sauté for a minute over



SARAH GRANT PHOTO

It wouldn’t be a French restaurant without a romantic table for two.

wrapped in bacon with wild mushroom cream (\$31). A seasonal fresh mélange of peas, fiddleheads, asparagus, baby carrots, gold beets and fava beans fill out the plate along with some tasty new potatoes.

On the other hand, perhaps you would like to share the grand Grilled Rib Eye with Bordelaise Sauce. This is the classic rib eye cut that includes the bone, much like the bone-in prime rib of roast beef, however this one weighs in at a whopping 2 lbs. It is grilled to recommended medium rare (or whatever you prefer), sliced on the bias and presented on a serving tray along with a side of Yukon Gold potato risotto, rich with cream and parmesan, fresh asparagus and true Bordelaise sauce made with dry red wine, bone marrow, butter, shallots and demi-glace. I bet your meat and potato loving dining partner is already in the car.

98 Provence is open every day except Tuesday and Wednesday from 5 p.m. for dinner (open seven days during the “season”). Try their affordable, delectable breakfast menu from 7 a.m. with familiar dishes such as pancakes, French toast, eggs with bacon and potatoes or as exotic and enticing as Eggs en Cocotte, eggs baked with cream, leeks and gruyere cheese.

Check out all of the menus at [www.98provence.com](http://www.98provence.com) or call 646-9898 to make a reservation.



medium heat, stirring often. Add thyme and sauté briefly until aromatic. Add rice and continue to cook and stir until lighter rice turns opaque. Stir lemon zest into chicken broth and add to pan. Watch out for the sizzle. Add salt. Cover pan and allow to come to a boil. Turn down heat to a simmer and continue to cook rice, covered, for about 45 minutes or until nearly done. Meantime, prepare asparagus, by washing it and breaking or cutting off tough bottom stalks. Set aside.

When nearly done check rice for tenderness. Add another ¼ cup of broth or water if rice is dry and still too al dente for your taste. Add asparagus on top of rice for last three minutes of cooking time. Sprinkle asparagus with lemon juice and close lid again. When finished cooking, stir asparagus into pilaf and serve immediately.



## EAT HERE

# A weekly column about local food

By **SARAH GRANT**

The York Independent



meats, bacon, hotdogs and sausages, as well as, any and all red meats used in frozen prepared meals are not only unfit for human consumption but definitely carcinogenic.

The report goes on to state that monosodium glutamate (MSG) is another dangerous additive. It warns that we need to read the labels on all packaged, preserved meat products including beef jerky, bacon, sausage, hot dogs, sandwich meat, frozen pizza with meat, canned soups with meat, frozen meals with meat, ravioli and meat pasta foots, and kid's meals with red meat. We need to avoid entirely sandwich meat used at popular restaurants and nearly all red meats sold at public schools, restaurants, hospitals, hotels, and theme parks.

This definitely takes the "happy" out of MacDonald's happy meals for kids.

What has happened since this strong evidence was released in 2007? Increasingly, more "uncured" meat products have been appearing in our local stores. By "uncured" they actually mean that the products are cured the by the pre-20th century method of dry curing with sugar and salt. This draws out the meats impurities and preserves the meat. Hannaford in York carries premium d'Artagnan "uncured" bacon in two varieties as well as boar bacon that is also cured by natural methods. Additionally, Hannaford carries Nature's Place "uncured" bacon for a couple of dollars less than the brand name. Market Basket in both the Somersworth and Portsmouth locations were the first supermarket in our area to carry "uncured" meat products.

To date they carry Coleman and Leidy's uncured bacon (for an even lower price than Nature's Place), as well as uncured Coleman hotdogs. Both Hannaford and Market Basket also carry Hormel's contribution to the healthy deli line with uncured sliced sandwich ham and all natural turkey breast without preservatives, but you will find them hanging with the packaged deli meats, not in the service deli. By the way, I have tried all of these products, and their flavor is superior to the cheaper nitrite ridden alternatives. However, beware that they have a shorter shelf life. Consider freezing them, if you can't eat them soon.

New Morning Natural Foods, 3 York St., Kennebunk, carries the widest assortment of natural meat products (including local farms' products) of any store, large or small, this side of Portland. I particularly like the pork maple sausage from Wee Bit Farms in Orland Maine. Its ingredients read "pork, salt, red pepper, sage, sugar, black pepper, real Maine maple syrup."

Another fabulous source for delicious, safe, better raised, local meats, including bacon and sausage, is the nearby farmer's market. Check seacoateatlocal.org for farm vendors with beef and pork products.

Read more about healthy eats at [www.totalhealthbreakthroughs.com](http://www.totalhealthbreakthroughs.com)

*Sarah Grant, a local chef and organic farmer who has taught culinary arts at Le Cordon Bleu, writes about food for the York Independent.*

• **Silver Moon Creperie:** Speaking of brunch... Oh, weren't we talking about brunch? If you're looking for an affordable option and something completely different, check out Silver Moon Creperie at 20-A Third Street, Dover, N.H.. It's the bright yellow façade, right next door to the former movie theater. The blue and yellow interior color scheme is très French, and it is petite. There are just a few tables and a booth or two. There are just three stools at the tiny counter where you can watch mom and pop owners Theresa and Chris Therrian do their cooking thing. They're rather friendly, too, so you may get involved in some meaningful conversation with them, if they're not too busy. The menu is simple: crepes (and paninis). There are savory crepes from plain to turkey, walnut, apple, cheddar and honey with 23 more in-between, including all kinds of egg crepes with additions such as ham, salami, Swiss cheese and/or mushrooms. These are particularly good with a side of real maple syrup. Then there are the pizza crepe, fresh apples & brie; mushroom, tomato, mozzarella, pesto; spinach, onion, feta, aioli sauce and eggplant, tomato, mozzarella, pesto crepes. On savory crepes, 90 percent of the prices range from \$3 to \$7. A few of the more complex creations with pricier ingredients range up to \$8 or \$9.

On to dessert. There are as many sweet crepes as there are savorys, starting with the simplest for just \$4, for example lemon and sugar (very traditional), butter and cinnamon sugar and raspberry jam. For another dollar, enjoy such sweet treats as pb&j, nutella lemon cream, dulce de leche and white chocolate with raspberry. The \$7 category gets very interesting. Most folks get the "Famous Sweet Elvis" with bananas, peanut butter, cinnamon sugar and chocolate sauce. There are also a number of variations on the basic Sweet Elvis with very colorful names such as the Fluffy Elvis (with marshmallow Fluff) or the Black Elvis (with Nutella), or the Caballero Elvis (with dulce de leche). The Ultimate Elvis contains crispy fried bacon bits. Coming soon: Dusted Elvis with bacon dust (tastes better than it sounds). There's one more very special crepe you must try: A frequent special crepe, the Speculoos. It is filled with a sticky, incredibly delicious spread made from Biscoff butter cookies. I don't think I've ever had anything exactly like it before, but if I must describe it, a very large warm, gooey cinnamon cookie straight from the oven comes to mind. Only better.

Silver Moon Creperie is open the ideal brunch hours from 10 a.m. to 3 p.m. Wednesday through Sunday. Call Theresa or Chris at (603) 742-6150 or visit online at [www.silvermooncreperie.com](http://www.silvermooncreperie.com).

• **Nitrite Warning:** In December 2007, Mike Adams, "the Health Ranger" reported that the World Cancer Research Fund (WCRF) had just completed a detailed review of more than 7,000 clinical studies covering links between diet and cancer. His article reported that the study concluded that the sodium nitrites used to preserve deli



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009788



LOOKING FOR A HOME

• Saturday, May 21 - Sue's Annual Yard Sale, 6 Hearthstone Drive, Kennebunk to benefit the Animal Welfare Society 8 a.m. to 1 p.m. If you have items to donate, please call Sue at 985-1437.

If you're interested in adopting any of these animals or if you'd like to know who's available for adoption, please visit the Animal Welfare Society Web site at [www.animalwelfaresociety.org](http://www.animalwelfaresociety.org) or call 985-3244.

**Jake**  
This striking young lad is Jake! He is a fun loving American



Shelter Dog; running, jumping and just having a grand old time outdoors is Jake's idea of fun. Children that are older and respectful would be the best match for Jake.

**Luigi**  
Hello, my name is Luigi! I am a super fun little five-year-old Boston Terrier Mix who loves going on walks, runs, hikes, you name it. I can't wait to share my home with other easy going dogs like myself.



**Marley**  
Marley is a fun loving one-year-old American Shelter Dog who gets along great with other dogs and people of all ages. Does this delightful young man sound like the perfect pet for you?



**Domino**  
This big, beautiful gal is Domino, a 13-year-old black & white cat. Yes, Domino may be a senior citizen, but she still has lots of life and love left in her. Domino would be happy to share a new home with other feline friends.



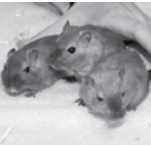
**Delilah**  
This beautiful babe is Delilah! She is an eight-year-old cat who is a low-key type of girl and would like to have a lower key type of home. Delilah is a good girl and will do great in a home with respectful children and other cats. If this beautiful girl sounds like the one for you please fill out an adoption questionnaire and stop in to meet Delilah.



**Jet**  
Meet Jet! He is a handsome 10-year-old cat that is a lovable guy and can't wait to go home with other cats and children of all ages. If you are interested in adopting Jet please fill out an adoption questionnaire and stop in to meet him.



**Moe, Larry & Curly**  
Nyuk nyuk nyuk! Meet Moe, Larry, and Curly, three fun-loving Gerbils. These three may be small, but they're full of energy and entertainment. They enjoy each other's company so much that they even pile on top of one another for nap time. What a bunch of stooges!



**Nick**  
This cutie pie is Nick, a nine-month-old Dwarf Rabbit. Nick is a sweetie pie who enjoys being held. If you'd like to adopt Nick, please fill out an adoption questionnaire and then bring your whole family in to meet him.



**Meet Moxie and Rosie**  
These little cutie pies are Moxie and Rosie! Moxie is four years old with a black and white coat and Rosie is five years old and has a tri colored coat. These two are the best of friends and can't wait to find a forever home together.



CROSSWORD PUZZLE

ACROSS

- 1 Aspect
- 6 Page of music
- 11 Push away
- 12 Yellow-orange
- 13 Delight
- 14 "- evil"
- 15 Island gift
- 16 MRI's kin
- 18 Writer Beattie
- 19 Sigma follower
- 20 Switch settings
- 21 Power unit
- 23 "- we all?"
- 25 Chow down
- 27 Legolas, for one
- 28 Find charming
- 30 Private dinner
- 33 German cry
- 34 Print measures
- 36 Place for the pampered
- 37 Blocks
- 39 Japanese honorific
- 40 Spiritual selves
- 41 Free as \_
- 43 Follow
- 44 Gallows sight
- 45 Appears

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5-20

46 Less loony

DOWN

- 1 Would-be lawyer's major
- 2 Western capital

- 3 John Grisham book
- 4 Fixed
- 5 Choose
- 6 Bearing
- 7 Super serves
- 8 John Grisham book
- 9 Lease signer
- 10 "Dead Ringers" star
- 17 Bond rating
- 22 Eastern "way"
- 24 Avenue tree
- 26 Locks
- 28 Play opener
- 29 Running bird
- 31 Scanty
- 32 Shop tool
- 33 Blockheads
- 35 Stretches over
- 38 Deep purple
- 42 Squeezing snake

SUDOKU

Conceptis Sudoku

By Dave Green

7				9				6
	1						9	
			3	1	4			
3		6				7		5
4		1				2		9
			5	6	1			
	9						3	
2				7				8

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Difficulty Level ★★★★★

5/20

Crossword Solution

E	R	S	A	N	S	E	M	E	S
S	E	O	N	O	E	S	U	S	E
D	R	I	B	A	S	L	U	O	S
N	A	S	P	P	S	P	O	T	S
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S	S	E	M	E	R	O	D	A	
		F	L	E	A	T	E	A	
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O	N	E	S	E	T	E	A	L	E
R	H	C	O	L	E	P	R	E	R
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Sudoku Solution

8	5	1	3	7	6	4	9	2
7	3	9	8	2	4	5	6	1
4	2	6	1	9	5	7	3	8
6	9	2	7	3	8	1	5	4
1	4	3	2	5	9	8	7	6
5	8	7	6	4	1	9	2	3
2	7	5	4	1	3	6	8	9
3	6	4	9	8	7	2	1	5
9	1	8	5	6	2	3	4	7

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VISUAL ART LISTINGS

**Send us your listings!**  
Got a gallery exhibit coming up? Send the info to [yorkindependent@gmail.com](mailto:yorkindependent@gmail.com). Listings run on a space available basis

• **Summer show, A League of Our Own**, features the League of New Hampshire Craftsmen that work in the town of Kittery: Karen Orsillo, Victoria and Larry Elbroch, Mary Margaret Sweeney, Donna Marbet and Elaine Fuller: potters, puppet makers, printers, photographers, jewelers and more. at The Red Door Pottery Studio and Gallery Shop Wednesday, June 15 through Saturday, Oct. 15, one mile from downtown Portsmouth at 44 Government St., Kittery, 439-5671, [www.reddoorpottery.com](http://www.reddoorpottery.com).

• **Summer Pottery Classes**, Pottery Parties June through August. Join an ongoing pottery session or design a class for you, your family or summer guests. Wheel thrown pottery and hand building classes from one day workshops to a class series of 3-6 lessons are options to choose from this summer. Minimum 3 people per class required, maximum 6. Morning, afternoon or evening class times available. The Red Door Pottery Studio, Elaine Xenelis Fuller, Instructor, 44 Government St., Kittery, 439-5671, [www.reddoorpottery.com](http://www.reddoorpottery.com).

• **Exhibiting through Monday**, October 31 Strawberry Banke Museum, Fitz John Porter: Civil War Hero or Coward? exhibit in the Museum's Rowland Gallery explores the General's Civil War

life and times through artifacts and documents explaining his political court martial and his 20 year effort to finally clear his name. Daily walking tours of Porter's Portsmouth Boyhood 1822-1830. Tickets: Adults \$15, Children aged 5-17 \$10, kids 4 and under, free. Family rate (2 adults and all children under 17) \$40. (603) 433-1100, [www.StrawberyBanke.org](http://www.StrawberyBanke.org).

• **In June 2010, Saco artist Diane Bowie Zaitlin** attended a residency at Great Spruce Head Island Artweek in Penobscot Bay. In the exhibit Point of Departure she provides a view of her creative process and the power of influence from a period of immersion in her artwork in a setting of intense beauty. Point of Departure will be on view at the Saco Museum Saturday, May 7 through Sunday, Sept. 4. The Dyer Library/Saco Museum is located at 371 Main Street (Route 1), Saco, free parking; handicapped accessible.

• **The Red Door Pottery Studio**, 44 Government St., Kittery, is featuring new paintings in the gallery by representational oil painter, Norma Torti. The show continues through Friday, May 27. [www.reddoorpottery.com](http://www.reddoorpottery.com)

• **Carol Santora** announces the release of her second fine art publication: Horses of a Different Color. The catalog celebrates horses in an explosion of color and illustrated with thirty-five

pastel paintings selected from Santora's extensive horse and mustang painting portfolio. The majority of noble equines that Santora paints reside in Maine and are rescues from the Ever After Mustang Rescue in Biddeford. Others belong to friends and acquaintances, some she's stopped to visit and photograph by the side of the road, and others she's studied and photographed during her annual painting trip to Wyoming. Personalized copies available at Santora Fine Art, 23 Fletcher St, Kennebunk and through [www.carolsantora.com](http://www.carolsantora.com). Gallery hours are by chance and appointment, 985-2830, [santora@carolsantora.com](mailto:santora@carolsantora.com).

• **The University of New England and the Saco Museum** will team up this summer to create an exhibition on the great age of sail in Maine. Dr. Elizabeth A. De Wolfe, Professor of History at the University of New England, and Camille Smalley, Program and Education Manager for the Saco Museum, will team-teach an exhibition class titled Voyages and the Great Age of Sail. The resulting exhibition of the same name, curated by students in the class, will be on view at the Saco Museum Saturday, May 7 through Sunday, Sept. 4. Voyages will feature a treasure trove of artifacts related to the Saco sea captain Tristram Jordan — paintings, decorative arts, navigational tools, and more — in order to explore nineteenth-century maritime history. A free public opening reception will take place on Friday, May 6, at 5:30 p.m.



COURTESY PHOTO

Lorilyn Barrett of York.

# Realtor wins recognition

Lorilyn Barrett of York, a broker with Coldwell Banker Yorke Realty, has earned membership into the company's distinguished International Diamond Society. She was named as the Third Highest Top Producer for Coldwell Banker® in the State of Maine for 2010. She has also been the top producer in her office for the last four consecutive years. Additionally, she was recently named as one of the top three sales associates in the state for the first quarter of 2011.

MUSIC LISTINGS

## WHO'S PLAYING, WHEN & WHERE

**FRIDAY, MAY 20**  
• **Johnny Wad and the Cash**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221  
• **Mindy Smith**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

**SATURDAY, MAY 21**  
• **Super Frog**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**THURSDAY, MAY 26**  
• **Josh Watkinson**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**FRIDAY, MAY 27**  
• **Harper**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SATURDAY, MAY 28**  
• **Evan Goodrow Band**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SUNDAY, MAY 29**  
• **Rob Benton**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**FRIDAY, JUNE 3**  
• **The Music Hall Intimately Yours Series Presents Jim Brickman**, 8 p.m. Tickets: \$50, \$42. The Music Hall, 28 Chestnut St., Portsmouth, NH (603) 436-2400  
• Rob Benton, 9:30 p.m., Inn on the

Blues, York Beach, 351-3221  
**SATURDAY, JUNE 4**  
• **Bruce Marshall**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**THURSDAY, JUNE 9**  
• **38 Special**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**FRIDAY, JUNE 10**  
• **Racky Thomas**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SATURDAY, JUNE 11**  
• **Sweet Willy D Band**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**TUESDAY, JUNE 21**  
• **Green Lion Reggae**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**FRIDAY, JUNE 24**  
• **Greg Brown Concert**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777  
• **Groove Train**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SUNDAY, JUNE 25**  
• **Racky Thomas**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SATURDAY, JULY 2**  
• **Love Dogs**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**SUNDAY, JULY 3**  
• **J. Geills, Jeff Pitchell, Gerry Beaudoin & Texas Flood**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

**FRIDAY, JULY 8**  
**Pat Benatar**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**SATURDAY, JULY 9**  
• **Paula Cole**, 7 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

**SUNDAY, JULY 10**  
**Happy Together Tour**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**TUESDAY, JULY 12**  
• **The Music Hall Intimately Yours Series Presents K.D. Lang**, 8 p.m. Tickets: \$50, \$42. The Music Hall, 28 Chestnut St., Portsmouth, NH (603) 436-2400

**FRIDAY, JULY 22**  
• **Eddie Money**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hamp-

ton Beach, N.H., (603) 929-4100

**FRIDAY, JULY 29**  
• **Jonathan Edwards**, 8 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

**SATURDAY, JULY 30**  
• **Jimmy Keys**, 7 p.m., Jonathan's Restaurant, 92 Bourne Lane, Ogunquit, 646-4777

**SATURDAY, AUG. 6**  
• **America**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**MONDAY, AUG. 8**  
• **Melissa Etheridge**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**FRIDAY, AUG. 12**  
• **Brian Templeton**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

**FRIDAY, AUG. 19**  
• **KC & The Sunshine Band**, 8 p.m., Casino Ballroom, 169 Ocean Blvd., Hampton Beach, N.H., (603) 929-4100

**SATURDAY, AUG. 20**  
• **Dave Berry Band**, 9:30 p.m., Inn on the Blues, York Beach, 351-3221

# AMERICAN LEGION *Post 56* Presents...

## Month of May

★ *May 20*  
★ **Karaoke 7-11**  
★ *May 21*  
★ **Woman's Auxiliary Tupperware Fundraiser Open House 2-4**  
★ *May 21*  
★ **Patio Cowboys Band 7-11**

★ *May 22*  
★ **Chicken Shoot 2-4**  
★ *May 24*  
★ **Open Mic Night 6-9**  
★ *May 28*  
★ **On Tap Band 7-11**  
★ *May 31*  
★ **Open Mic Night 6-9**

## Month of June

★ *June 3*  
★ **Karaoke 7-11**

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Legion - 1st Monday of month 7pm  
S.A.L - 1st Tuesday of month 7pm  
AUX - 2nd Monday of month 1pm  
House Committee - Last Thurs. of month 6pm  
Executive Board - Last Thurs. of month 7pm

**FMI 207-363-0376**  
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MUSICIANS: SEND LOCAL MUSIC LISTINGS TO [YORKINDEPENDENT@GMAIL.COM](mailto:YORKINDEPENDENT@GMAIL.COM) AT LEAST TWO WEEKS PRIOR TO THE SHOW.



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## NEWS OF RECORD

# OBITUARIES

### Elsa C. Rancati

Elsa C. Rancati, 84, of 2 Horn Road, York, died Wednesday, May 4, 2011 in Durgin Pines with her sister by her side.

She was born Sept. 1, 1926 in Cambridge, Mass., a daughter of the late Henrick A. and Susan M. (Larson) Osterlund Sr. and was raised in Somerville, Mass. She had lived in Derry, N.H. after her marriage and also Leesburg, Fla., for 19 years before returning to Maine to live with her sister.

She had worked for John Hancock Insurance Co. for 40 years and held many positions.

Her husband Frank Rancati, whom she married in 1984, predeceased her.

She leaves a sister, Marie I. Milioto of York Beach; a brother Henrick A. Osterlund Jr. of Malden, Mass.; a niece Teresa M. Catalano of Malden, Mass.; a nephew, Christopher M. Osterlund of Malden, Mass.; two grandnieces Nicole M. Catalano of Chicago and Lauren J. Catalano of Boston; a step-daughter Sandra Lorgeree of Massachusetts; a step-son James Rancati; two step-granddaughters Larissa Brogna and Lauren Lorgeree; a step-great-granddaughter, Ava Lorgeree.

Memorial contributions may be made to a charity of one's choice. Visit [lucaseaton-funeralhome.com](http://lucaseaton-funeralhome.com).

## COMMUNITY LISTINGS

### Send us your listings!

Let the community know about your group, service, or good cause. E-mail it to us at [yorkindependent@gmail.com](mailto:yorkindependent@gmail.com). Listings run on a space available basis.

### Worship services

• **Christ Church** at 6 Dane St., Kennebunk, will hold a weekly informal evening worship gathering to share the good news of the gospel every Wednesday at 7 p.m. Music will be contemporary, with easy-to-read projected words. It will be brief, no more than 45 minutes, non-denominational, welcoming, and designed to encourage and respectfully consider questions from those in attendance. Afterward, everyone is invited to reconvene at Duffy's Grill, 4 Main St., Kennebunk, for continued conversation. All are welcome, regardless of church affiliation or lack of church experience. Christ Church is handicap-accessible from the parking lot behind Town Hall, and also has a parking lot across Dane St.

• **St. George's Episcopal Church**, 407 York St. York Harbor: Sunday, 8 a.m., Holy Eucharist Rite II spoken service; Sunday, 9:15 a.m., Formation for all ages, 10:15 a.m., Holy Eucharist, Rite II with music, Thursday, 10 a.m. Holy Eucharist with optional laying on of hands for healing. Call 363-7376 or visit [www.stgeorgesyorkharbor.org](http://www.stgeorgesyorkharbor.org) for more information.

• Ogunquit Baptist Church, 157 Shore Rd., Ogunquit:

Sunday worship and Sunday School at 9:30 a.m.; nursery care available during worship. Fellowship time following worship; 11 a.m., adult class. [www.ogunquitbaptistchurch.org](http://www.ogunquitbaptistchurch.org).

• **Bahai'i Faith** meets Sunday morning for devotional meetings and fellowship. Call 363-4591.

• **Cape Neddick Baptist Church** schedule: Sunday School for all ages at 9 a.m.; Sunday worship service and Junior Church at 10:15 a.m.; choir rehearsal, 6 p.m. Wednesday prayer meetings, 7 p.m. Call 363-3566 or visit [www.cape-neddick-baptist.org](http://www.cape-neddick-baptist.org).

• **First Parish Church**, 180 York St., York, offers thought-provoking sermons, special music, child care and church school for all ages. Sunday worship services are held at 10 a.m. Call 363-3758.

• **Holy Cross Lutheran Church** - Informal worship service on Saturday afternoons at 4 p.m.; traditional worship service on Sunday mornings at 10:45 a.m. Modern Lutheran liturgy service at 8:15 a.m. on Sunday mornings. Free "Share the Bounty" supper of baked beans, hot dogs, and home-made pies is offered the first Saturday of every month from 4 to 6 p.m. The free Friendship Lunch is presented the

second Monday of every month at Noon, and Harvest Café will prepare a free dinner for the community at 5 p.m. on the third Thursday of each month. Holy Cross Lutheran Church is located on Storer St. in downtown Kennebunk, between Main St. and the roundabout, with handicap accessibility and two parking lots. For more information call 985-4803, or visit [www.kennebunklutheran.org](http://www.kennebunklutheran.org).

• **St. Christopher by the Sea Church** holds Masses at 6 p.m. Saturdays, 7:30 a.m. and 11 a.m. Sundays. Call 363-4177.

• **Trinity Episcopal Church**, at the corner of York St. and Woodbridge Rd., York, offers Mass on Sundays at 10:30 a.m. Call 363-5095.

• **Union Congregational Church**, Church St., York Beach, offers weekly worship services commencing at 10 a.m. on Sundays. Call 363-4821 or visit [www.ybcc.org](http://www.ybcc.org)

• **York-Ogunquit United Methodist Church**, 1026 Route 1, York, is a Reconciling Congregation. Sunday School is at 9:15 a.m. Sunday worship begins at 10:30 a.m., with refreshments and fellowship afterward. Nursery care provided. Handicapped accessible. Call 363-2749.

• **York Street Baptist Church**, 61 York St., York, holds Sunday morning service at 9 a.m.; Sunday School (for all ages) begins at 10:45 a.m. Call 363-2177.

## Horoscopes

By Rusty  
The southern Maine Coast's leading astrologer and ego management consultant for Donald Trump

**Aries** (March 21-April 19): Keep it simple. It's about time you lived up to what others really think of you.

**Taurus** (April 20-May 20): Time to stop doubting your feelings about life. Today, it becomes absolutely clear that yours has been a complete waste.

**Gemini** (May 21-June 20): Life is like a big carnival! And you're stuck at the top of the ferris wheel.

**Cancer** (June 21-July 22): Today is the day when you finally turn things around! After years of success, from now on you'll

experience nothing but failure.

**Leo** (July 23-Aug. 22): You're beloved, esteemed, and looked up to by all. Oh wait, I have you mixed up with Booker T. Washington.

**Virgo** (Aug. 23-Sept. 22): Today is the day you embrace the world! Unfortunately, the world has a headache.

**Libra** (Sept. 23-Oct. 22): The best things in life are free. Well, the best communicable diseases are, anyway.

**Scorpio** (Oct. 23-Nov. 21): Horoscope? Geez, I can't even find my keys today.

**Sagittarius** (Nov. 22-Dec. 21): Improve yourself by associating with people who are smarter than you. Oh, that's right, everyone is smarter than you.

**Capricorn** (Dec. 22-Jan. 19): Did you ever have one of those days when you felt everything was going your way? Me, neither.

**Aquarius** (Jan. 20-Feb. 18): The good news: you will get together with all the true friends you have in the world. That bad news: it will only require a table for two.

**Pisces** (Feb. 19-March 20): You will have a meeting with a person who will play an important role in your future. Unfortunately, it will be with a funeral director.

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## Donations, volunteers needed

- New volunteers are needed at Wells Reserve at Laudholm in Wells: Trail Rangers, Trail Stewards, Admission Booth Greeters, and Mowers. Beach opportunities: become part of a beach profiling team. Beach Profilers use a simple surveying technique to measure the contour of a beach, discovering first hand how it changes from month to month and year to year. Teams gather monthly from South Portland to York. Also needed are Maine Healthy Beaches Monitors - collecting water samples at one beach up or down the coast. Water samples are then analyzed for bacteria to determine whether swimming conditions are safe. The Laudholm Nature Crafts Festival, held the weekend after Labor Day each year, is a gathering of outstanding and creative artisans from around New England who come to display and sell their art. It is a visual feast for the eyes and the biggest fundraiser of the year — and it's organized and run by volunteers. New volunteers are needed to help head up areas such as sandwiches and smoothies, as well as to help staff the event. The dates this year are Saturday and Sunday, Sept. 10 & 11.

- Cluster Youth Mission Trip, Hamburg, N.Y., July 30-Aug. 6, 2011. High school youth travel with Group Work Camp to repair homes for the poor and needy. Spiritual and special trip for youth and their chaperones. Call for more info: Rose Cronin 337-0637, St. Christopher Church, York

- **York Hospital's Meal Delivery** program is looking for volunteer drivers with dependable vehicles and good driving records to deliver meals during the day. Drivers are reimbursed for mileage and also provided with a free meal. Anyone interested should contact Roberta Sullivan at 351-2224 or rsullivan@yorkhospital.com, or Leisa Smith at 351-3596 or lsmith@yorkhospital.com.

- **York Community Thrift Shop**, located at 1320 Route 1, Cape Neddick, requests donations of small furniture, small kitchen appliances, costume jewelry, summer hats and shoes. Proceeds from the shop benefit townspeople through the Food Pantry and Family Services. Call 363-2510.

- **York Harbor Inn** is collecting donations and supplies for the Animal Welfare Society and Safe Haven Cat Rescue. Visit the Inn's Ship's Cellar Pub on York Street in York Harbor for good eats, good fun and good company while supporting a great cause.

## Public meals

- **The York VFW** serves public meals at their 75 Cape Neddick Road, York, location. "Friday Night Dinners" are served each week at 5:30 p.m., followed by karaoke. Cost: \$7. "Chix Shoots" meals are served each first and third Saturday of the month at 6:45 p.m. Sunday breakfast is held each week from 8 a.m. to 11

a.m. For more information, call 363-9827.

- **Robert's Maine Grill**, Route 1, Kittery, offers a "Community Supper" every Tuesday night. The main focus of the supper is a \$12, 3 course menu; their mid-week "recession buster." A portion of proceeds from the Community Suppers is donated to a local non-profit. Community Suppers are open to the public, and reservations are strongly recommended. For more information about the Community Suppers, or for reservations, call 439-0300 or visit www.robertsmaine.grill.com.

- **Wells-Ogunquit Senior Center Coffee Shop** is open Monday through Friday, 9 to 11 a.m., serving regular or decaf coffee, pastries, Congdon's and Dunkin' Donuts, and their own blueberry muffins for \$1.50. Thursday's Coffee Club occasionally has a guest speaker.

## Local organizations

- **Eggs n' Issues** takes place the second Friday of each month from September through June at the York County Community College, 112 College Drive, Wells. Networking and breakfast begin at 7 a.m. and speakers begin at 7:30 a.m., with a Q&A to follow. \$10 pre-registration; \$15 at the door. For more information: 646-9282.

- **Catapult** is the Seacoast's first networking group specifically dedicated to young professionals. Catapult is a nonprofit organization, and membership is free. Visit www.catapultseacoast.org.

- **The Diverse Business Advantage Chapter of BNI** meets Thursdays at Sentry Hill at 2 Victoria Court, York Harbor. Meetings are held from 8 until 9:30 a.m. Visitors are welcome. Call Catherine Bosbach at 363-2418 for more information.

- **The International Women's Club of New England (IWCNE)** meets for lunch on the fourth Saturday of every month and features an international speaker. IWCNE is non-profit, non-political, non-sectarian, and its mission is to foster goodwill, friendship and understanding amongst members from different countries and to support charities which assist women and children. Call 985-7433 for more information.

- **The United States Coast Guard Auxiliary** is an all-volunteer nonprofit organization chartered by Congress in 1939 to assist the United States Coast Guard with all of its missions, excluding law enforcement. Members teach boating safety classes, provide free vessel safety checks, provide safety literature at boat shows, perform on the water safety patrols, and harbor watch patrols. The Saco Bay Flotilla meets the second Thursday of every month at the Saco Yacht Club at 7:30 p.m.

- **The Kittery Historical and Naval Society** meet the second Tuesday of the month at the Lions' Club Building on State Road at 7 p.m. The pub-

lic is welcome. For information contact Kittery Historical and Naval Society 439-3080, or call Barbara Estes at 439-1332.

- **York Lions Club** meets the first and third Tuesdays of each month at the Grant House on Route 1 in York, at 7 p.m. If you would like to meet new people, form lasting friendships and experience the joy of helping others, call 363-7382.

- **American Legion Post 56** holds bingo at 6 p.m. every Wednesday, call 363-0376.

- **Knit Awhile and Crochet** meets at York Village Marketplace, 10:30 a.m. to noon or 1 to 2:30 p.m. Fridays. Come alone or bring a friend, beginners to advance. Free. Call 363-4830.

- **The Nubble Lighthouse Keepers Square Dance Club** — dances are held at the Wells Activity Center, Sanford Road, Route 109, off Route 1, Wells.

- **The Ten No Trump Duplicate Bridge Club** meets at the Masonic Temple on Long Sands Road, York (located next to the Lucas & Eaton Funeral Home). Call 363-7415.

- **Yarn in the Barn** meets on the third Friday of each month. Please bring your own materials. Beginners are welcome. Sessions are held at the Remick Barn. Free. Snacks available for purchase.

- **York County Democratic Committee** meets at 6 p.m. on the third Thursday of every month at the Alfred Parish Church on the Alfred Village Square, Alfred. Call 284-2953 or visit www.yorkcountymain-edems.org.

- **York Diversity Forum**, a grassroots organization formed to honor, protect and defend the growing diversity of the York community meets at 8:30 a.m. the second Tuesday of each month at York Public Library. New members welcome; e-mail mainemullens@gmail.com.

- **The York Kiwanis Club** meets at 7 p.m. Thursdays at the York Harbor Inn, York. Guests welcome. Call 363-5110.

- **The York Rotary Club** meets at 7:30 a.m. Fridays at the York Harbor Inn, York. Call 363-5110.

## Support

- **Gamblers Anonymous** meets every Saturday morning 9 a.m. at York Hospital Hall House, the gray building next to the hospital's helipad. This is a 12 step meeting for people with a gambling problem who want help stopping gambling.

- **Gam-Anon** meets every Saturday morning 9 a.m. at York Hospital in the York Hospital building, Mulvihill Conference Room, next to the hospital cafeteria. Gam-Anon is a support group for family members and/or friends of people with a gambling problem. All persons are welcome to attend, whether or not their family member or friend attends.

- **A Safe Place**, a nonprofit agency, has been providing support services and emergency shelter to victims of domestic abuse for over 28 years with offices in Portsmouth, Rochester and Salem, N.H. Call (800) 854-3552.

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**WELLS - CELEBRATE SUMMER!** So close to Wells Beach. Move right into this upbeat open concept 2 bdrm Cottage condo with oak & tile flrs, granite counters, fully applianced and furnished, skylights, screened porch with distant ocean view. **\$184,500**



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## MOODY POINT



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**Joanne Stone 207-337-2359**

## YORK



Room for all in this spacious home bordering Josias River. 6 BR incl. bonus inlaw suite or 1BR rental. Beautiful lot w in-ground pool, lg garden, winter hockey rink. Walk to Ogunquit & all that it has to offer! **\$715,000**

**George Wilson 207-251-2941**

## WELLS



Spacious, well maintained ranch close to Wells' pristine beaches. 3-4 BRs, lg kitchen/dining rm opening to screen porch w/ lg. deck, above ground pool & lg. yard. 2 garages w/ plenty of space & storage. **\$297,900**

**Carolyn Weller 207-351-6717**

## YORK



Moonfleet -Timeless charm abounds! ca. 1747 colonial on 1.78 stonewalled acres. 4 BR, library, formal dining, art studio & indoor pool highlight this magnificent property. Gracious living/ modern amenities. **\$499,999**

**Carolyn Weller 207-351-6717**

## WELLS



Immaculate 3-4 bedroom cape blt. in 1998 w/ 1,857 sqft of pleasant living space, offers 1st floor master BR, 2 1/2 baths, HW flrs, gas FP, screen porch, full basement, landscaped lot, AND only 2 miles to beach! **\$339,900**

**Jean Kovacs 207-408-1822**

## WELLS BEACH



Kayak,Swim,Sunsets within Steps to Wells Beach! Spectacular water views surround - located directly on the Webhannet River, w/ 3 BR /2 BA. Gourmet kitchen, lg deck/yard & Great Rental History! **\$459,900**

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**George Wilson 207-251-2941**

## YORK



Walk to the Beach from Ridge Road property that needs a little TLC! The possibilities are endless and the lot is so pretty!! Call today!!! **\$218,900**

**Bill Conda 207-450-5030**

## OGUNQUIT



Opportunity to own business in busy location w/great foot & vehicle traffic. New insulation, windows & doors, sheetrock. It's a blank slate-make it your own! Currently a bike rental business. **\$379,000**

**Carolyn Weller 207-351-6717**

## CAPE NEDDICK



NEW PRICE - So Close to Beaches & Ogunquit! - Enjoy idyllic river views from this simply lovely home w/ Flowing & Open living spaces & 1st fl master. LIVE & RELAX! Great for entertaining & enjoying sweeping views of river and meadow. **\$659,000.**

**Mitch Picard 207-332-5290**

## YORK



Condo that can't be beat. Ready to move into 2-BR townhouse w/ Monitor heat, Swimming Pool and Tennis Court. Convenient, low maintenance for commuter. All offers invited & carefully considered. **\$139,900**

**Joanne Stone 207-337-2359**

## YORK



Nicely renovated Cape located just 1 mile from beaches in a quiet, friendly neighborhood: new carpeting & roof, fresh paint, lighting & skylights. 11'x 15' Sun deck. Handy storage shed. Priced under assessed value! **\$249,000**

**Joanne Stone 207-337-2359**